



Team Captain Kit





THANK YOU FOR SUPPORTING EASTERSEALS' MISSION & CREATING YOUR TEAM. WITHOUT YOUR SUPPORT, OUR WORK WOULD NOT BE POSSIBLE.

ABOUT WALK WITH ME STATE COLLEGE

Walk With Me State College is a 1-mile fundraising walk/wheel that everyone can participate in. Registration includes an Official Walk With Me T-shirt and event admission. The Top Fundraising Team and Top Fundraising Individual will receive a prize!

RECRUITING YOUR TEAM FOR WALK WITH ME

- **Get your company involved!** Let your co-workers know that you are participating in a great fundraising event.
- **Connect with past teammates!** Let them know you are participating and encourage them to join you for this fun-filled day to support children and adults with disabilities.
- **Make a list!** Invite people from your holiday card list, family members, friends, and neighbors and ask them to join your team!
- **Ask online!** Promote the Walk on Facebook, Twitter, or Instagram and encourage people to join you or make donations to your team.

QUESTIONS?

Contact Colleen Felentzer at
cfelentzer@eastersealswcpenna.org.



WALK WITH ME STATE COLLEGE 2024 TEAMMATE TRACKING FORM

Team Captain _____

Team Name _____

Email _____

Phone Number _____

PLEASE MAKE SURE ALL CHECKS ARE PAYABLE TO: EASTERSEALS WESTERN & CENTRAL PENNSYLVANIA.
ENCOURAGE YOUR DONORS TO SPONSOR YOU ONLINE AND THROUGH FACEBOOK AND OTHER SOCIAL
MEDIA, TOO! TO MANAGE ALL OF YOUR DONATIONS, VISIT WWW.WALKWITHME.ORG/STATECOLLEGE AND
LOG INTO YOUR PARTICIPANT CENTER.

Teammate	Email	Address	Cty, St, Zip	Payment Type	Total
I.E.) ESWCPA	development@eastersealwcpenna.org	6 Parkway Ctr, Ste 150 875 Greentree Rd	Pittsburgh, PA 15220	CASH	\$500

Questions? Contact Colleen Felentzer at Cfelentzer@eastersealswcpenna.org
or call 412.281.7244 ext. 1263

The official registration and financial information of Easterseals Western and Central Pennsylvania may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania 1.800.732.0999. Registration does not imply endorsement.

FUNDRAISING TIPS FOR YOUR TEAM

Make your own donation. Encourage your team members to do the same.

Share your story! Utilize social media to share all of the wonderful reasons you are participating! Ask for donations to help reach your goal.

Create a fitness challenge. Challenge yourself & teammates to a fitness challenge & collect pledges for each milestone you perform. Whether it is dancing, cycling, or running, encourage friends to participate & collect pledges with you. Track your donations & notify Sarah Powell at spowell@easterealswcpenna.org.

Host a happy hour with games. Gather some peers or coworkers to host a happy hour filled with activities like murder mysteries or trivia. Ask for suggested donations to attend & throughout the happy hour.

Declutter! Host a yard sale. Clear your closet, book shelves, & cabinets & sell your unwanted items. Donate proceeds to your team!

Fundraise At Work. Ask your employer if they have a matching gift program. Encourage coworkers to donate and participate in Casual Fridays, Sub Sales, Chocolate Fundraisers or other fun community activities.

Use The Ask 5 Rule. To get \$500 in 5 days, you just have to use the ask 5 rule.

Day 1 (\$100):	Ask 3-4 family members to sponsor you or sponsor yourself for \$25
Day 2 (\$100):	Ask 5 friends and 5 coworkers for \$10 each
Day 3 (\$50):	Ask 5 neighbors for \$10 each
Days 4 & 5 (\$250):	Ask 5 businesses you often visit for \$50 each



WALK WITH ME STATE COLLEGE 2024 DONATION TRACKING FORM

Team Captain _____

Team Name _____

Email _____

Phone Number _____

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Easterseals of Western & Central Pennsylvania is leading the way to 100% equity, inclusion, and access for people with disabilities, families, and communities. We offer a wide variety of program and resources across 47 counties in Pennsylvania. For more information, visit www.eastersealswcpenna.org.

Programs and Services Include:

- Adult Day Services
- Inclusive Employment Opportunities
- Approved Private School Program
- Inclusive Child Development Center
- Therapeutic Recreation & Adventure Sports Programs
- Military Family Programs
- Residential Services
- ASL Interpreting Services
- Outpatient Speech & Hearing
- Residential, Day, & Respite Camps



Connect With Us Online

Website: www.eastersealswcpenna.org

Facebook: @EasterSealsWCPA

LinkedIn: Easterseals Western and Central Pennsylvania

Instagram: @eswcpa

Youtube: Easterseals Western and Central Pennsylvania

Email: development@eastersealswcpenna.org