



***Covid 19 Easterseals Western and Central Pennsylvania
Camping and Recreation Covid-19 Plan***

2550 Kingston Rd. Ste 219
York, PA 17402
717-741-3891
www.eastersealswcpenna.org

Guiding Principles:

Easterseals of Western and Central Pennsylvania offers a variety of recreational programs and camping opportunities for individuals of all ages and abilities. We use an array of facilities, spread across the region. The duration of programs ranges from 1-day clinics and weekly sessions to weekend retreats and week-long camps. Registration maximums are put in place to adequately provide support to the individuals attending and to follow the facility capacity regulations. The goal is to encourage participation while decreasing the risk of spreading Covid-19 to individuals and staff. Easterseals and the contracted facilities adhere to current state, county, and local regulations.

Behaviors to Reduce Spread:

- Employees and volunteers are required to wear a face covering while at work.
- Participants are encouraged to wear a face covering while attending a program or camp.
- Easterseals encourages all staff, volunteers, and participants to schedule a Covid-19 test prior to coming to camp.
- Employees and volunteers are required to report if they test positive for Covid-19.
- Employees, volunteers, and participants must stay home if they are feeling sick, if they show symptoms of Covid-19, if they have been in close contact with a positive person, or if they test positive.
- Employees and volunteers who test positive may return to work 7 days after their positive test.
- Informational posters can be found throughout facilities as reminders for proper handwashing, coughing/sneezing etiquette, and mask use.
- Read and be familiar with educational materials on signs/symptoms/prevention. You will find some helpful information below:

Handwashing:

Washing hands is one of the best ways to protect yourself and others from getting sick. To prevent the spread of germs, wash your hands with soap and water. If soap and water are unavailable, hand sanitizer with a 60% alcohol solution can be used. Key times to wash hands:

- Before, during, and after preparing food
- Before and after eating food
- Before and after caring for someone at home who is sick
- Before and after treating a cut or wound
- After using the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal feed, or animal waste
- After handling pet food or pet treats
- After touching garbage

Follow these five steps every time:

1. Wet your hands with clean, running water
2. Apply soap and lather your hands by rubbing them together. Lather the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds. Need a timer? Hum the “Happy Birthday” song from beginning to end twice.
4. Rinse your hands under clean, running water.
5. Dry your hands using a clean towel and use it to turn off the tap.

Coughing and Sneezing:

Covering coughs and sneezes will help to prevent the spread of respiratory illnesses. To help stop the spread of germs:

1. Cover your mouth and nose with a tissue when you cough or sneeze
2. Cough or sneeze into your elbow, not your hands
3. Wash hands immediately after. If soap and water are not available, use a hand sanitizer that contains at least 60 percent alcohol.

Mask/Face Coverings:

All Easterseals employees must wear a mask that covers their nose and mouth during the entirety of their shift, except for while eating, drinking, and sleeping. Participants and parents are also encouraged to wear a mask while attending a program or camp. The mask must be a cloth covering, procedure mask, or a respirator such as the N95. For staff, plastic face shields are not acceptable. Face coverings should:

1. Fit snugly but comfortably against the side of the face
2. Be secured with ties or ear loops
3. Include multiple layers of fabric
4. Allow for breathing without restriction and,
5. Be able to be laundered and machine dried without damage or change to shape

Mask Considerations:

Young children, individuals with disabilities, and those with medical conditions may not be able to wear a mask or may have difficulty with tolerance. The following may help an individual adjust to wearing a mask:

- Ensure that the individual knows they can breathe while wearing a mask.
- Wear a mask that suits your personality to make it fun and creative.

- Wear a clear mask or face shield as an alternative.

Screenings:

Upon arrival to camp, staff, volunteers, and campers will be asked to answer a few screening questions to mitigate the possibility of Covid-19. Temperatures will also be taken to ensure there is no fever.

Screening Questions

1. Do you have, or have you had, a fever of higher than 100.4 degrees in the past 72 hours?
2. Any new or worsening symptoms: cough, shortness of breath, sore throat, chills, body aches, muscle pain, headache, loss of taste/smell, diarrhea, nausea, vomiting, or runny nose?
3. In the past 14 days, have you been exposed to someone who tested positive for Covid-19?
 - A potential exposure means a household contact or having close contact with an individual with COVID-19 for more than 15 minutes within a 24-hour period.
 - The timeframe for having close contact with an individual includes the period of 2 days before the individual became symptomatic or, if asymptomatic, 2 days before the positive test was collected.
4. Are you currently awaiting the results from a Covid-19 test?

Additional screening considerations for individuals with Intellectual Disabilities/Autism (ID/A):

- In addition to the typical symptoms of Covid-19 as identified by the CDC, ODP providers have noted that for individuals with ID/A, COVID-19 has caused muscle aches and weakness, or a change in baseline behavior. These symptoms have occurred both without and prior to respiratory symptoms emerging. Providers should closely observe individuals for these changes as it that may be an indication of infection.

Screening Actions will include:

- Temperature checks and health screening completed by caregivers can be accepted but does not eliminate the need to be performed by staff. Asymptomatic participants with a satisfactory health screening will perform hand hygiene and enter the program area.
- When a direct support professional answers “yes” to any of the above screening questions, the direct support professional should not render face-to-face services and back-up plans should be implemented.
- When an individual receiving services answers “yes” to any of the screening questions, the individual should not participate in any community activities and appropriate steps should be taken to ensure follow-up if COVID-19 is suspected because of the screening. The individual’s health care professional will provide additional guidance on the appropriate timeframe to return to community activities.
- If a participant does not clear the health screening, the emergency contact person will be contacted and instructed that the symptomatic participant must be transported home immediately. While waiting for transportation, participant will remain in nurse’s

station with door closed. If a participant displays signs or symptoms of COVID-19 during their time at program, the participant will go to nurse's station to wait while their emergency contact person is notified that they must be picked up immediately. Surgical mask will be provided to be worn while waiting for pick-up.

- Area used by symptomatic person are to be closed off and not used before it has been cleaned and disinfected. Staff wait 24 hours before cleaning and disinfecting. Application of disinfectants will be performed in a safe and correct manner.
- Those who have had close contact to a person diagnosed with COVID-19 will be informed to stay home and self-monitor for symptoms and to follow CDC guidance if symptoms develop. Sick participants are advised not to return until they have met the CDC criteria to discontinue home isolation.

Maintaining Healthy Environments:

1. Shared spaces will be sprayed/wiped down after every use with cleaning supplies and disinfectants that meet EPA Certification Standards.
2. Doors will remain open, when applicable, to allow for proper ventilation and to reduced touching. Areas where privacy is needed that do not allow for "open doors" will be cleaned and disinfected after each use.
3. Sufficient PPE will be available for any needs that may arise, both for staff and participants while attending camp. Extra supplies will be stored in the nurse's station.

Physical Site:

Easterseals uses a variety of facilities for its programs. Easterseals requirements and those established by community partners will be followed.

- Physical barriers/guides will be utilized, when applicable, to ensure social distancing.
- Staff will not rotate between groups or cabins, when feasible.
- Hand sanitizer can be found at all building entrances.
- Outside visitors will be limited.
- All belongings are to be placed in individual cubbies/spots, away from other campers' belongings.
- Sleeping positions will alternate "head to toe".
- To assist with ventilation, fans will be turned on and windows will be open (weather permitted).
- Staff will be assigned to a group of individuals. This group will remain in their "Cohort" when possible, for the duration of camp. Certain activities may not allow for this, but other mitigation efforts will be implored at this these times.
- Staggered scheduling will be utilized throughout the camping experience, whenever possible, to mitigate the potential spread of illness.
- Personal items will not be left on shared spaces such as sinks and showers.

Camp Victory:

The Nicholas Wolff Foundation, also known as Camp Victory, is a facility we use for our camping programs. Camp Victory has established the following protocols to ensure the health and well-being of employees, campers, visitors, vendors, and the broader community:

- All Camp Victory staff, Partner Group staff, volunteers, and campers are mandated to be fully vaccinated.
- Upon arrival to camp, staff, volunteers, and campers will have temperatures checked to ensure no fever is present.
- Staff, volunteers, and campers will be asked to answer a series of standard screening questions on whether they are experiencing Covid-19 symptoms.
- Vaccinated staff, volunteers, and campers will only need to be screened at check in.
- All staff, volunteers, and campers who are unvaccinated and have a medical exemption, will need to administer a rapid test upon arrival to camp.
- Staggered check in and check out times will be established.
- Parents will only have access to the Welcome Center which will be used for dropping off and picking up.

*The policies stated above reflect the viewpoints of Camp Victory. Easterseals uses this facility to operate its Club Lily and Project Beacon camps and is required to follow these regulations.

Dining:

- Assigned seating will occur to ensure the group does not cross over with other groups.
- Avoid buffet style eating, when possible.
- Avoid using condiment or beverage dispensers, when possible.
- Staggered scheduling will take place, when necessary.
- Cleaning of hands and surfaces will take place before and after meals.

Shared Objects:

- Discourage sharing of items that are difficult to clean, sanitize, or disinfect.
- Keep each camper's belongings separated from others' and in individually labeled containers, cubbies, or areas.
- Ensure adequate supplies to minimize sharing of high-touch materials to the extent possible (e.g., assign art supplies or other equipment to a single camper).
- Limit use of supplies and equipment to one group of campers at a time and clean and disinfect in between each use.
- Avoid sharing electronic devices, toys, books, and other games, or learning aids.

Maintaining Healthy Operations:

- Club Lily participants are part of a higher risk population. Mitigation efforts will be utilized to include cohorts, staggered scheduling, increased handwashing, and availability of hand sanitizer at all activities and locations.
- Small Groups and Cohorts – Campers will be placed in groups and maintain those same group for the duration of the camp to limit the contact between individuals.
- Easterseals will have extra face coverings, sanitizer, and EPA disinfecting supplies. Camp staff members are to always have hand sanitizer and extra face coverings with them.
- Off site visits will be limited.
- Camp usage varies by location. Easterseals may use a camp that does involve interaction with another group of campers outside of Easterseals. If a shared facility is utilized, proper cleaning and staggered scheduling will be used to minimize the risk of exposure.

- The Camp Director will serve as the Designated Point of Contact for all safety items, including Covid-19 concerns and mitigation efforts. Concerns should be immediately reported to the director. If an issue arises, family members, medical personnel, and the Department of Health will be notified.
- Staff at camp will utilize 3-way radios to communicate with each other, as it relates to concerns of possible exposures, illness, etc. of individuals.
- The Camp Director will be responsible for the communication system, related to staff and families reporting if they have tested positive for COVID19, have been in contact with someone who tested positive, or has symptoms of COVID19. This also includes post-camp communication if a positive case become known and contact tracing become necessary. While at camp, if a confirmed case of Covid is reported, contact tracing will begin with all potentially exposed individuals, families of the individuals will be notified, and the individual(s) will be isolated. Campers may need to be picked up and camp may end early if there are positive cases while at camp.
- Club Lily staff will try to not use shared common space, if possible. If there are shared spaces, sanitizing protocols as well as social distancing, and staggered scheduling will be utilized. Shared spaces will be sprayed/wiped down after every use with cleaning supplies and disinfectants that meet EPA Certification Standards.
- All camp staff is trained on COVID19 protocols and regulations, which includes recognizing symptoms, handwashing, sneezing/coughing etiquette, proper mask wearing, health screenings, and cleaning protocols. Staff will perform a self-health assessment prior to coming to camp and will complete a health screening and temperature check upon arrival.

Staff exhibiting symptoms:

- Staff will notify the Camp Director immediately if they show symptoms.
- Staff will self-administer a Rapid test on site.
- If testing positive, the staff member will be instructed to leave camp and go home.
- If fever free for 24 hours and not exhibiting other symptoms, staff may return to work.
- If fever continues, and/or other symptoms are exhibited, staff cannot return to work until they have been cleared by a physician or have documentation of a negative COVID-19 test.
- Staff may use the following options to test for Covid-19:
 - Could utilize Med Express/Concentra
 - Geisinger Hotline for COVID: 570-284-3657
 - Primary care physician
- If staff is showing symptoms or have tested positive for Covid-19, the camp facility, co-workers, families, and individuals will be notified. Requirements dictated by the CDC/DOH/DHS will be followed and it may include a facility shut down for 24 hours to properly clean and sanitize.
- Increased screenings and temperature checks throughout the day to monitor possible exposure.
- Staff will immediately increase sanitization efforts.

Individuals exhibiting symptoms:

- Staff will notify the Camp Director immediately if an individual is displaying symptoms.
- Campers will take a Rapid Test on site.
- If testing positive, the Camp Director will call parents/guardians immediately for pick-up.
- Individual must stay outside the building or in a secluded area with a staff member until parents are notified and the individual is picked up.
- If environmental factors do not allow for an individual to stay outside or in an isolated area, the nurse's station will be utilized. All other nursing needs will be moved to a back-up location.
- Staff providing care to an individual will wear full PPE including medical masks, gowns, face shield, and gloves.
- An individual may not return to camp/program until they are fever free for 72 hours. However, given the typical duration of respite camps, it is unlikely they would be able to return.
- Director will send out COVID-19 letter to corresponding groups confirming positive COVID-19 case.
- Follow protocols listed by CDC for sanitizing common spaces at the facility.

THRESHOLDS FOR COMMUNITY SPREAD – Community Transmission**Camps will take place in adherence with PCR:**

- The PCR percent positivity provides the threshold for the three levels of community transmission by county (low, moderate, substantial).
- The PCR will guide decision making on further modifying operation or temporary closure if the county is found to meet the Moderate or Substantial threshold for community spread.
- Director of Recreation and Camping will be responsible for maintaining awareness of PCR as it relates to physical camp location and necessary mitigation needs to assure the safety of staff and individuals in attendance at camp.
- Director of Recreation and Camping will coordinate increased mitigation needs with physical camp management, staff, and individuals in attendance.

Training:

- Easterseals staff will receive training on the Camping and Recreation Covid Plan, including all subsequent revisions prior to working with individuals.
- Additional trainings will be provided as it relates to Covid Protocols and Universal Precautions.
- Training on proper handwashing, sneezing/coughing etiquette will take place.
- This plan shall be placed on Easterseals website.

02/2022