



I am a Polio Survivor with  
**Post-Polio Sequelae (PPS)**  
unexpected midlife symptoms:

- Overwhelming Fatigue
- Muscle Weakness
- Muscle and Joint Pain
- Sleep Disorders and Cold Intolerance
- Difficulty Swallowing and Breathing
- Heightened Sensitivity to Anesthesia and Muscle Relaxants

## **ANESTHESIA WARNING!**

**I am a Polio Survivor...**

- CAUTION with MUSCLE RELAXANTS
- EASILY SEDATED, difficult to wake;
- Difficulty BREATHING and SWALLOWING with anesthesia;
- HYPERSENSITIVE to PAIN and COLD. Need heated blanket and increased pain medication post-op.

*For more information: 1-615-889-3007*