

Be a Part of a New Study Focused on the Outcomes that Matter Most to Autistic Adults



The study is led by AASPIRE (www.aaspire.org)
—a group of autistic and non-autistic scientists and
community members

This Project will help us:

- ★ See how the outcomes that are important to autistic adults change over time
- ★ Better understand what supports and services may help autistic adults thrive

You may be able to participate in the study if you:

- ★ Are at least 18 years old
- ★ Live in San Diego and have SDRC or DOR services
- ★ Identify as being autistic or on the autism spectrum (with professional or self-diagnosis)

If you join the study, you will take part in a series of surveys.

- ★ Each survey may take about 1-2 hours to complete
- ★ You can take the survey on your own or with help, in a variety of ways

Examples of Outcomes:

- ★ Freedom to Make Choices
- ★ Access to Communication
- ★ Community Participation
- ★ Depression
- ★ Anxiety
- ★ Employment
- ★ Autistic Burnout
- ★ Wellbeing

Each time you
complete a survey,
you will get a
\$30 gift card
(\$120 - \$180 over
the first year)

To learn more, contact:
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