



HOP-A-THON



HULA HOOP-A-THON



PAJAM-A-THON



YOG-A-THON

Participate in an Easterseals-A-Thon! Which one is right for your Class?



Hop-A-Thon

Children will have the opportunity to hop on 1 or 2 feet for an entire minute (or however long you wish). Each child is decorated with a 'bunny ears' headband where the number of hops will be recorded. A Sponsor Form is sent home prior to the event for family members and friends to sponsor their child and pledge an amount per hop.



Hula Hoop-A-Thon

Family members and friends will pledge a set amount for how many continuous minutes the child will be able to hula-hoop in order to complete the event. Hula-hoops must be provided by the school.



Pajam-A-Thon

Children of all ages can enjoy a Pajama Day! Students and Staff would donate \$2 to participate and the whole school can get involved.



Yog-A-Thon

If your school offers a Yoga program for the kids, consider hosting a class as a fundraiser for people living with disabilities! Children can donate \$3 to participate on your chosen day in an effort to raise funds for these individuals and families in your local community!

You Choose the activity, you choose the date!

For more information or to sign up to participate, please contact Shirley Goodman, Development Coordinator, at 732-812-6135 or sgoodman@nj.easterseals.com. Once an activity and date are scheduled, we will mail you a kit containing the necessary items to complete the fundraiser of your choice one (1) month prior to the event.

Participating in an **Easterseals Hop, Hula Hoop, Pajama, or Yoga-A-Thon** fundraiser helps make a difference in the lives of people and families with disabilities or other special needs while teaching children to understand, accept and embrace the characteristics that make us all **special and unique individuals**.

Easterseals New Jersey | 25 Kennedy Blvd, Suite 600, East Brunswick NJ 08816 | 732.257.6662 | www.eastersealsnj.org