



easterseals
Camp Merry Heart

There's something for everyone!

No matter your age or level of ability, whether you like long or short stays, like to stay local or have a desire to travel abroad, we have a recreation program *just for you!*



eastersealsnj.org/camp

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SWIMMING



ZIP LINING



CANOEING



& MORE!



Offering Fun and Exciting Recreational Experiences for People of All Ages and All Levels of ABILITY!

Since 1954

OUR PROGRAMS



Overnight Camp *(Available for ages 6 - 96 +)*

Stay for a weekend, a week, or longer! Year-round programs offer a host of recreational activities that build the participants' confidence and self-esteem. These getaways also provide much-needed respite and peace of mind for family caregivers.



Hotel Respite *(Available for ages 18 +)*

Enjoy area attractions with our New Jersey-based Hotel Respite, approved for funding from DDD Family Support Services and Real Life choices. Designed to accommodate adults of varying abilities who require minimal to mild support and assistance with community based activities.



Travel Respite *(Available for ages 18 +)*

Journey to exciting out-of-state destinations with our hotel-based Travel Respite, also designed to accommodate adults of varying ability levels who require minimal to mild support and assistance with community based activities.



Facility Rental

Camp Merry Heart, tucked into northern New Jersey's rolling hills, boasts year-round heated cabins with indoor restrooms. Able to host groups up to 175 persons, we invite you to join us in our dining hall or pavilion for nutritious meals, at the lake for boating and fishing, or on the grounds for team building activities. The added bonus of a seasonal pool and recreation fields make our Camp ideal for teens, families, corporate teams, and religious or community groups alike.

ACTIVITIES

swimming, fishing, boating, splash pad, games, biking, hiking, challenge courses, nature studies, zip line, arts & crafts, gardening, team sports, climbing tower, karaoke, music, dancing, talent shows and more!



Opportunities for meaningful recreation and social interaction are more than just "fun" - they are a necessary part of maintaining a healthy state of mind and lifestyle for everyone!

What is meaningful recreation?

- It's inclusive (that means everyone can join!)
- It increases confidence and self esteem
- It's socially interactive and builds relationships
- It benefits one's physical health and overall wellbeing
- It promotes self-determination
- It provides opportunities for growth and accomplishment
- It teaches tolerance and acceptance