



## Guide to Taking the Online Screening *Ages and Stages Questionnaires ® developmental screening*

Congratulations on taking the next step to ensure your child's success for years to come. The ASQ has helped over 30,000 parents, grandparents and other loved ones to date in taking this free, comprehensive health-screening tool to help all children reach their full potential. We are here to be your expert partner in navigating child development monitoring. We have created a comprehensive guide to help you through each age and stage. Just scroll down to your child's closest age range for simple instructions and handy tips.

These sample questions and tool checklists will provide you—whether this is your first introduction to the ASQ, or you are a seasoned screener—with the confidence you need to ensure your child is meeting his or her developmental milestones.

### ***If your child is two months...***

Sample questions:

- Communication:* Does your baby make cooing sounds such as “ooo”, “gah” and “aah”?
- Motor:* After holding her head up while on her tummy, does your baby lay her head back down on the floor, rather than let it drop or fall forward?
- Problem solving:* When you move a small toy up and down slowly in front of your baby's face (about 10 inches away), does your baby follow the toy with his eyes?
- Personal-social:* When you smile at your baby, does she smile back?

Materials you may need:

- A small toy

### ***If your child is six months...***

Sample questions:

- Communication:* Does your baby make sounds like “da,” “ga,” “ka” and “ba”?
- Motor:* Does your baby grab a toy you offer and look at it, wave it about, or chew on it for about 1 minute?
- Problem solving:* Does your baby pass a toy back and forth from one hand to the other?
- Personal-social:* When in front of a large mirror, does your baby reach out to pat the mirror?

Materials you may need:

- A large mirror
- A small toy
- Crumb or cheerio

### ***If your child is 12 months...***

Sample questions:

- ☒ *Communication*: Does your baby follow one simple command, such as “Come here,” “Give it to me,” or “Put it back” *without* your using gestures?
- ☒ *Motor*: After one or two tries, does your baby pick up a piece of string with his first finger and thumb? (*The string may be attached to a toy*)
- ☒ *Problem solving*: Does your baby poke at or try to get a crumb or Cheerio that is inside a clear bottle (such as a plastic soda-pop bottle or baby bottle)?
- ☒ *Personal-social*: When you dress your baby, does she lift a foot for her shoe, sock or pant leg?

Materials you may need:

- ☒ Two small toys
- ☒ Crumb or cheerio
- ☒ Clear bottle
- ☒ A string
- ☒ A small ball
- ☒ A book
- ☒ A piece of paper/cloth
- ☒ A bowl or box
- ☒ A crayon/pencil/pen
- ☒ Doll/stuffed animal

### ***If your child is 18 months...***

Sample questions:

- ☒ *Communication*: Does your child imitate a two-word sentence? For example, when you say a two-word phrase, such as “Mama eat,” “Daddy play,” “Go home” or “What’s this?” does your child say both words back to you? (Mark as “yes” even if her words are difficult to understand)
- ☒ *Motor*: Does your child stack three small blocks or toys on top of each other by himself?
- ☒ *Problem solving*: Does your child drop several small toys, one after another, into a container like a bowl or box? (*You may show him how to do it*)
- ☒ *Personal-social*: When looking at herself in the mirror, does your child offer a toy to her own image?

Materials you may need:

- ☒ A large mirror
- ☒ Several small toys, one of which is familiar
- ☒ Blocks or toys that are able to be stacked
- ☒ Pictures of a cat and dog
- ☒ A chair
- ☒ A small and large ball
- ☒ A piece of paper and a crayon/pen/pencil
- ☒ A book
- ☒ A spoon
- ☒ A crumb or Cheerio
- ☒ A clear bottle
- ☒ A doll/stuffed animal
- ☒ A cup/glass

***If your child is 24 months...***

Sample questions:

- ☒ *Communication*: If you point to a picture of a ball (or kitty, cup, hat, etc) and ask your child, "What is this?" does your child correctly *name* at least one picture?
- ☒ *Motor*: Does your child jump with both feet leaving the floor at the same time?
- ☒ *Problem solving*: While your child watches, line up four objects like blocks or cars in a row. Does your child copy or imitate you and line up *four* objects in a row?
- ☒ *Personal-social*: Does your child push a little wagon, stroller or other toy on wheels, steering it around objects and backing out of corners if he cannot turn?

Materials you may need:

- ☒ Common pictures (ball, kitty, cup, hat, etc)
- ☒ A small toy
- ☒ A book
- ☒ A large ball

- ☒ A spoon
- ☒ A jar with a lid
- ☒ Seven small blocks or toys that can be stacked
- ☒ A string and beads/pasta
- ☒ A piece of paper and a pencil/pen/crayon
- ☒ A crumb/Cheerio
- ☒ A clear bottle
- ☒ A chair
- ☒ A cup
- ☒ A fork
- ☒ A wagon or stroller

***If your child is 36 months...***

Sample questions:

- ☒ *Communication:* When you ask your child to point to her nose, eyes, hair, feet, ears and so forth, does she correctly point to at least seven body parts? (*She can point to parts of herself, you, or a doll. Mark "sometimes" if she correctly points to at least three body parts*)
- ☒ *Motor:* Does your child try to cut paper with child-safe scissors? He does not need to cut the paper but must get the blades to open and close while holding the paper with the other hand (*You may show your child how to use scissors. Carefully watch your child's use of scissors for safety reasons.*)
- ☒ *Problem solving:* When you say, "Say 'seven three,'" does your child repeat just the two numbers in the same order? *Do not repeat the numbers.* If necessary, try another pair of numbers and say, "Say 'eight two.'" (*Your child must repeat just one series of two numbers for you to answer "yes" to this question.*)
- ☒ *Personal-social:* Using these exact words, ask your child, "Are you a girl or a boy?" Does your child answer correctly?

Materials you may need:

- ☒ A book
- ☒ Your child's coat
- ☒ A large and small ball
- ☒ A piece of paper and a pencil/pen/crayon

☒ A piece of string and beads/pasta

☒ Child-safe scissors

☒ Four blocks

☒ A chair

☒ A spoon

☒ A small wagon/stroller

☒ A large mirror

### ***If your child is 48 months...***

Sample questions:

☒ *Communication*: Without your giving help by pointing or repeating, does your child follow three directions that are *unrelated* to one another? Give all three directions before your child starts. For example, you may ask your child, "Clap your hands, walk to the door, and sit down," or "Give me the pen, open the book, and stand up."

☒ *Motor*: Does your child catch a large ball with both hands? (*You should stand about 5 feet away and give your child two or three tries before you mark the answer*)

☒ *Problem solving*: Without your giving help by pointing, does your child follow three different directions using the words "under," "between," and "middle"? For example, ask your child to put the shoe "*under* the couch." Then ask her to put the ball "*between* the chairs" and the book "in the *middle* of the table."

☒ *Personal-social*: Does your child serve herself, taking food from one container to another using utensils? For example, does your child use a large spoon to scoop applesauce from a jar into a bowl?

Materials you may need:

☒ A large and small ball

☒ A 5-7 piece interlocking puzzle (or cut a picture into 5-7 pieces)

☒ Child-safe scissors

☒ A piece of paper and a pen/pencil/crayon

☒ A book

☒ Objects of five different colors

☒ A food container, a bowl and a spoon

### ***If your child is 60 months...***

Sample questions:

*Communication:* Does your child repeat the sentences shown below back to you, without any mistakes? (Read the sentences one at a time. You may repeat each sentence on time. Mark "yes" if your child repeats both sentences without mistakes or "sometimes" if your child repeats one sentence without mistakes.)

Jane hides her shoes for Maria to find.

Al reads the blue book under his bed.

*Motor:* Ask your child to draw a picture of a person on a blank sheet of paper. You may ask your child, "Draw a picture of a girl or a boy." If your child draws a person with head, body, arms *and* legs, mark "yes." If your child draws a person with only three parts (head, body, arms or legs), mark "sometimes." If your child draws a person with two or fewer parts (head, body, arms or legs), mark "not yet." Be sure to include the sheet of paper with your child's drawing with this questionnaire.

*Problem solving:* When shown objects and asked, "What color is this?" does your child name five different colors like red, blue, yellow, orange, black, white, or pink? (Mark yes only if your child answers the question correctly using five colors)

*Personal-social:* Does your child dress and undress himself, including buttoning medium-size buttons and zipping front zippers?

Materials you may need:

A large and small ball

Several pieces of paper and a pencil

Child-safe scissors

Objects of five different colors

A food container, a bowl and a spoon