

**EVERYONE
NEEDS A BREAK!**

**RESPITE CARE CAN
HELP!**



Easterseals is offering a **"FREE"** Respite Day for Older Adults in Mahoning and Trumbull Counties. If you are a caregiver you may need a break from caregiving tasks and your loved one may need a break from their daily routine and could benefit from a new environment. This program is being offered every Monday from 9am to 2pm.



ASK YOURSELF...

- ✓ **Is my family member with dementia unsafe by themselves?**
- ✓ **Am I becoming overwhelmed?**
- ✓ **Am I neglecting myself?**
- ✓ **Would the structure and social interaction benefit my family member?**

ABOUT US:

A Nurse on site ensures that your loved one's personal health and care needs are met. Your loved one will enjoy the day as our staff will create a varied experience to meet your needs.

CALL TODAY TO REGISTER OR FOR MORE INFO: 330-599-5503

Location: 299 Edwards St., Youngstown, Oh 44502