All About Social Distancing
A lot of people are talking about a new virus called COVID-19 or Coronavirus.
Everyone is working hard to feel safe and be healthy.
The Coronavirus germs spread VERY easily and VERY quickly.
These germs can be spread by touching common objects, coughing, or sneezing.
I need to wash my hands A LOT so that I can stay healthy and keep everyone around me healthy.
When I wash my hands, I can sing "Happy Birthday," or count to 20!
This will make sure my hands are clean and I stay healthy.
Another thing I can do to stay healthy and safe is called social distancing.
Social distancing means I cannot be close to other people.
A lot of places in the community are closed right now so they can be cleaned.
Social distancing also means that crowded public spaces like restaurants, libraries, theaters, and other places might be closed.
While places in the community are closed, I may not be able to go to school, adult programs, or work.
Fun activities or events might be canceled. This is so we can all stay healthy and safe.
These are some things that I CAN do!
Social distancing might make me feel worried, sad, or upset.
If I feel this way, I can always talk to someone that will help make me feel better.
This will be over soon!
Social distancing will help keep everyone happy, healthy, and safe!
To download "My Coronavirus Story," please scan here or visit: https://l.ead.me/bbPKG6

To download "All About Coronavirus," please scan here or visit: https://l.ead.me/bbTQxC

To download "School Closure Toolkit," please scan here or visit: https://l.ead.me/bbTE3n

To download "My Social Distancing Story," please scan here or visit: https://l.ead.me/bbTQW1

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Illinois Autism Partnership builds the capacity of school districts statewide so they may provide effective programming for students with an autism spectrum disorder. All photos used in this story were retrieved from Google Images. Easterseals Chicago does not own the rights to these images.