Nature Art

Happy Rocks

Supplies needed: rocks, paint, markers
Painting and Drawing

Optical Illusion Drawing

Supplies needed: paper, paint, paintbrushes, markers, color pencils, ruler
2-D Paper Art

Paper Weaving

Supplies needed: tape, glue stick, paper, scissors or X-acto knife, ruler
Collage Art

Stained Glass Butterflies

Supplies needed: glue, tissue paper, scissors, black paper for outline
Textile Art and Printmaking

Yarn Printmaking
Supplies needed: yarn, rope or string, scissors, block of wood, paint and paper.

OR

Wrapped Yarn Resist Birch Tree Painting
Supplies needed: paper, yarn, watercolor paints, paintbrushes
Cardboard Art

Toilet Paper Roll Owls

Supplies needed: scissors, markers, paint, paintbrushes, glue sticks and paper.
Art Therapy Journaling

Happy Hands
Supplies needed: markers, color pencils, paper, magazine scraps, glue sticks, paint, paintbrushes