

## Therapeutic Pool Program Information

<p style="text-align: center;"><b>Open Swim Membership</b></p> <p>*Medical Release and Health History form are REQUIRED</p>	<p>Mon: 7:00-8:30am &amp; 12:00-1:30pm Tue: 7:00-8:30am &amp; 12:00-1:30pm Wed: 7:00-8:30am &amp; 12:00-1:30pm Thu: 7:00-8:30am &amp; 12:00-1:30pm Fri: 7:00-8:30am &amp; 12:00-1:30pm</p> <p style="text-align: center;"><b>Independent Exercise</b></p> <p style="text-align: center;">(Guest fee: \$5 per day)</p>	<p style="text-align: center;"><b>Prices:</b></p> <p><i>Individual</i> Monthly: \$30.00 Quarterly: \$75.00 Yearly: \$300.00</p> <p><i>Family</i> Monthly: \$40.00 Quarterly: \$110.00 Yearly: \$440.00</p>
<p><b>Swim Lessons</b> Individual/Group Special Needs</p> <p>*Swim Lesson Health History form must be filled out by parent or guardian</p>	<ul style="list-style-type: none"> <li>• 6 week sessions</li> <li>• 30 minutes once a week</li> <li>• Monday through Friday</li> <li>• Max of 3 kids per group</li> <li>• AM and PM options</li> </ul>	<p style="text-align: center;"><b>Prices:</b></p> <ul style="list-style-type: none"> <li>• Private lessons \$110</li> <li>• Group lessons \$90</li> </ul>
<p><b>B.A.T Class</b></p> <p>*Medical Release and Health History form are REQUIRED</p>	<ul style="list-style-type: none"> <li>• Buns, Abs, and Thighs</li> <li>• Light to moderate exercise</li> <li>• Strengthening and aerobics</li> <li>• Monday, Wednesday, Friday</li> <li>• 10:30am-11:30am</li> <li>• 6 week sessions</li> </ul>	<p style="text-align: center;"><b>Prices:</b></p> <p style="text-align: center;"><b>\$85.00</b> <b>Members:\$65.00</b> (to be a member you must also be a part of open swim)</p>
<p><b>T'n'T Class</b></p> <p>*Medical Release and Health History form are REQUIRED</p>	<ul style="list-style-type: none"> <li>• Trim and Tone</li> <li>• Muscle toning and aerobics</li> <li>• Moderate to heavy exercise</li> <li>• Monday, Wednesday, Friday</li> <li>• 5:00pm-6:00pm</li> <li>• 6 week sessions</li> </ul>	<p style="text-align: center;"><b>Prices:</b></p> <p style="text-align: center;"><b>\$85.00</b> <b>Members:\$65.00</b> (to be a member you must also be a part of open swim)</p>