

# **Easter Seals Posey County**

Serving Posey County since 1984

# Summer 2016 Newsletter



News and information for persons with disabilities and their families, friends and employers

#### 2016 Schedule

### September 2016

Sept. 5 - Labor Day - Workshop CLOSED Sept. 11 - Patriot Day Sept. 17 - 18 - Kunstfest New Harmony, IN Sept. 20 - 26 - National Rehab Awareness Week Sept. 22 - Fall Begins

### October 2016

Disability Employment Awareness Month Down Syndrome Awareness Month Oct. 10 - Columbus Day Oct. 31 - Halloween

## November 2016

National Diabetes Month

National Alzheimer's Disease Month

Nov. 6 - Daylight Savings Time Ends - Turn Your Clocks BACK 1 Hour

Nov. 11 - Veteran's Day

Nov. 24 - 25 - Thanksgiving Holiday -Workshop CLOSED



**Easter Seals Posey County** 5525 Industrial Road Mt. Vernon IN, 47620



www.poseycountyrehab.org Phone: (812) 838-0636 Fax: (812) 838-0571

Smile on yowns Pakar Run
On August 27, 2016,
ESPC was once again a host location for the American Thunder Poker Run
for S.M.I.L.E. on Downs. The riders started out at Lowes on Evansville's
westside, making stops at Busler's, ESPC, Jacob's
Village and then ending back at Lowes. There
was a celebration with lots of good food, a live
band, clowns and best of all Star Wars characters!
Thanks to American Thunder of Mt. Vernon for
another fantastic event!

#### EMPLOYMENT OPPORTUNITIES WITH ESPC

#### **Rehabilitation Coordinator/Production**

Easter Seals Posey County is looking for a reliable team player to work in an industrial setting supervising persons with disabilities.

#### **Qualifications:**

High school diploma or G.E.D. and a valid driver's license. Some background in Industrial Services, working with persons with disabilities, and some fork truck experience and/or capabilities. Safety consciousness is essential. Must meet eligibility to work on site at SABIC, pass physical for production work and be available to work the Saturday SABIC rotation. SABIC Innovative Plastics is a major manufacturing facility in Mt. Vernon, IN. Easter Seals Posey County provides part time employees to work in their warehouse.

Traits Desired: Good interpersonal, oral, and written communication skills. Respectful of all persons regardless of position. Efficient in planning and organizing; accurate and thorough; safety and security conscious; punctual and dependable.

Physical requirements: Ability to assist clients in activities including kneeling, crouching, reaching and bending. Ability to lift and transfer, with assistance, individuals who weigh up to 250 lbs.. Ability to push large adults in wheelchairs. Ability to lift 70 lbs. occasionally and 40 lbs. routinely.

References, background checks, physical and TB test required. EOE/M/F/Vet/Person with disability

PLEASE SEND RESUME TO:
Chris Imes
Easter Seals Posey County
5525 Industrial Rd.
Mt. Vernon, Indiana 47620
Phone: 812-838-0636
Fax: 812-838-0571
Email: cimes@pcrsinc.org
You may also come in to our office to complete an application or go to our website:
www.easterseals.com/in-sw to submit an online application.

N.F.E.S. Information Page 2 Worker of the Month Page 3 **ESPC** Activities Page 3

## New Frontiers Employment Services (NFES) News

### We Accept Ticket to Work Clients

Ticket to Work is a Social Security Administration program for individuals who receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) and want to get back into the workforce. This program is locally managed by Easter Seals Posey County (ESPC) through a designation called an Employment Network (EN). As an EN, ESPC can assist individuals with determining a work goal, writing a comprehensive résumé, improving interview skills, applications and interviews, and follow along during employment to ensure continued success.

The idea behind the Ticket to Work program is for individuals to eventually work their way off of Social Security benefits. This is accomplished through the use of available work incentives that help individuals test their work skills and stamina while still receiving benefits. ESPC has an accredited staff to explain these work incentives to beneficiaries.

By participating in the Ticket to Work program individuals can learn how to get and keep a job, increase their income, explore work options, build their self-esteem, and feel more confident.

If you or someone you know receives either SSDI or SSI benefits and would like more information about the Ticket to Work program, please contact Cindy Eaton, Employment Services Case Manager at Easter Seals Posey County by calling 812-838-0636.



## WORK CENTER ACTIVITIES

#### 

#### **Cooking Class**

In August our cooking class learned to prepare cheesy squash casserole. The clients helped to prepare the ingredients by shredding the squash, crushing the crackers and slicing onion. Everyone enjoyed getting their hands messy and watching the recipe come together and of course, eating the reward for their hard work!









#### **Cheesy Squash Casserole**

#### Ingredients

- 1 tablespoon vegetable oil
- 6 medium yellow summer squash, thinly sliced
- 1 large Vidalia onion, thinly sliced
- 1 tablespoon butter
- 1/2 cup grated Parmesan
- 1 cup shredded sharp Cheddar
- 1/2 cup sour cream
- Salt and freshly ground black pepper
- 1 sleeve crackers, crushed medium to fine (recommended: Ritz)

#### Directions

Preheat the oven to 350 degrees F. Grease a 2-quart casserole dish. Heat the oil in a large skillet over medium heat. Saute the squash, onion, and butter until soft. Transfer to a bowl and stir in the Parmesan, Cheddar, and sour cream. Add salt and pepper, to taste. Place in the prepared <u>casserole dish</u> and sprinkle the cracker crumbs evenly over the top. Bake for 20 minutes or until the top is golden and bubbly.



May 2016 - Adam K. June 2016 - Tim W. July 2016 - Margie B.

Every month one to our worker is awarded the *Worker of the Month* award. Supervisors vote on who they believe is the *Worker of the Month*. The supervisors rate them on attendance, attitude, willingness to follow directions, working up to their abilities, relationships with others in the work center, number of injury reports, overall safety awareness, personal hygiene, and willingness to assume new responsibilities.

In our next cooking class, clients prepared delicious tacos! They learned to cook the beef mixture and then fill the taco shells and add lettuce and cheese on top. We made hard shell tacos as well as taco salads in bowl shells. Yum!







Easter Seals Posey County 5525 Industrial Road Mt. Vernon, IN 47620

Phone: 812-838-0636 Fax: 812-838-0571

## **Mission Statement**

Assist persons with disabilities to realize their goals of living, learning, and working in the community.

#### EASTER SEALS REHABILITATION CENTER POSEY COUNTY

#### Advisory Board 2016

Donna Neufelder - President Kim Steele - Vice President Juli Collins - Secretary/Treasurer Stan Billman Karl Dorff David Flanders Denny Hargett Tom Kopatich Steve Mitchell Keith Oeth John Raisor Angela Wannemuehler David Angermeier - Honorary Member Vicki Campbell - Honorary Member Frank Moll - Honorary Member Bill Newman - Honorary Member

> A United Way Agency Accredited by CARF for 5 programs.

#### New Frontiers

Employment Services a division of

Easter Seals Posey County

Serving individuals in Posey, Vanderburgh, & Warrick Counties

#### Our Mission

To help people with disabilities and disadvantages to realize their full potential and achieve their personal and vocational goals.

New Frontiers Employment Services has been accredited by CARF for the following Community Employment Services:

- Job Development
- Job Supports
- Job Site Training

#### ARE YOU READY TO WORK?

We accept Ticket to Work



Easter Seals Posey County (formerly Posey County Rehab Services) has been providing job opportunities and meaningful day activities to persons with intellectual and developmental disabilities in Posey County since 1984. We have a 7,000 square foot Production Area, warehouse space, a fleet of vehicles, and an amazing workforce that is ready and willing to serve you. In addition to paper shredding services, our capabilities include sorting, packaging, assembly of products, and performing recycling tasks.

#### Get on the List

Get on the email mailing list and receive important information about upcoming events, facility closings, schedule changes, and information about daily activities at Easter Seals Posey County.

Email Jerilyn Erwin at jerwin@pcrsinc.org or call 838-0636 to be added.