

# 2022 Respite Themes

**R1 Under the Sea**—This weekend, learn about all the fun happening under the sea. Join us for water themed activities and make your very own ocean in a bottle!

**R2 Mission Impossible**—Challenge yourself and your cabin to achieve the impossible this weekend. Learn to de-code secret messages, and make invisible ink which will help your cabin complete our escape room!

**R3 Futuristic Fun**—This weekend, make a time travel machine and travel through time! Travel back to meet the dinosaurs, soar through time to flying cars, you name it!

**R4 Jungle Safari**—This weekend, channel your inner Tarzan and Jane. Join us for a fun-filled safari weekend, but be sure to watch out for animals lurking in the trees!

**R5 Circus Extravaganza**—The circus is in town! Join us for Camp Sunnyside's very own carnival, with fair food, circus games, and a talent show.

**R6 Camp Sunnyside Olympics**—Bring your inner athlete to camp for the weekend. Become a gold medalist in our wide array of games and activities offered, including swimming and the rock wall.

**R7 Shipwrecked**—Oh no! You've been shipwrecked at camp! Complete treasure hunts, search for gold, and learn survival skills to "get back on shore."

**R8 Shark Week(end)**—Baby Shark Doo-Doo! Join us for shark week(end) where we will play lots of fun shark games and activities and learn about many different sharks. Watch out for shark attacks!

**R9 Survivor**—The tribe has spoken: Survivor has come to Camp Sunnyside. Make your very own tribal "torch" and enjoy cabin challenges and outdoor cooking during this survivor's weekend.

**R10 Spring Fling**—Get ready for our annual Spring Formal and celebrate the arrival of Spring. Enjoy music, learn some new moves, and dance the night away!

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**R11 Slime Time**—Let's get ready for some slime time! Make some goop and slide down our "banana split and slide." Plan for a super fun, ooey gooey mess!

**R12 Splash Off**—Join us for plenty of fun water activities! Go down our slip and slide, take a cruise on Lake Cheerio, and have a water fight with other cabins!

**R13 Stars and Stripes**—Celebrate America's Independence with a Stars and Stripes celebration. Walk in our Camp Sunnyside Parade, and participate in many red, white, and blue activities.

**R14 Color War**—Join us for our fifth annual Color War. Each cabin will compete against each other in cabin challenges throughout the weekend and compete in the ultimate tie dye paint war.

**R15 To Infinity and Beyond**—This weekend we'll go to space! Join us for a weekend filled with an alien exploration, learning about the galaxies, and building rocketships!

**R16 Camp Sunnyside Luau**—Aloha! This weekend, we are bringing Hawaii to Iowa. Get ready for a luau, limbo, cooking dinner over the camp fire, and much more!

**R17 Myth Busters**—Truth or Myth: A Sasquatch (Big Foot) resides at Camp Sunnyside. Help us bust this mystery after an evening Sasquatch hunt and join us for other myth busting activities!

**R18 Wild West**—Step into the wild, wild west with us as we enjoy a fall carnival, horseback riding, a rodeo, and a barn dance!

**R19 Animal Planet**—Learn about the any different animals that visit us from Blank Park Zoo, and join us as we go on a safari adventure. Let's see what we can find!

**R20 Monster Mash**—Join us for some fun fall-related activities, including pumpkin carving, a few tricks, and a few treats! Dress up for our Halloween Dance and boogie to the Monster Mash!

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**R21 Pancakes and Pajamas**—Pack two extra pairs of pajamas, because we will stay cozy in PJs all weekend while eating lots of pancakes. Cabin leaders better watch out for Kangaroo Court!

**R22 Fall Fest**— What are you thankful for? Join us as we celebrate Thanksgiving with a turkey dinner, bowling tournament, and The Gratitude Challenge.

**R23 Winter Wonderland**—Hopefully we will have some snow at camp to work with, or we will make our own! We'll make snowmen and then warm up inside while creating paper snowflakes.

**R24 Holiday Bash**—This weekend we'll celebrate all sorts of holidays. Join us for a dash of winter cheer, hot chocolate, and The Polar Express!