



Weekend Respite Suggested Packing List

Weekend Respite is a great place to wear old clothes because we spend a lot of time outdoors. Please be sure to clearly label all of the clothing and personal items brought to weekend respite.

Suggested items to bring:

Item	Qty	Notes
Face masks	3	
Reusable water bottle	1	
Underwear/bras	3	
T-shirts	2	
Socks	3	
Long pants	2	
Pajamas	1	
Sweatshirts	1	
Sweat pants	1	
Raincoat/poncho	1	
Sneakers	1	
Sleeping bag	1	
Pillow	1	
Twin sheet set	1	For making up bed
Flat twin sheet	1	To serve as a partition
Towels	1	For showering
Windbreaker	1	
Adaptive equipment		If needed, please be sure to review items with counselor at check-in.
Wheelchair		If needed, please be sure to review items with counselor at check-in. Include charger if electric

Please be sure to bring: toiletries, soap, shampoo, toothbrush, toothpaste, feminine care items, comb, deodorant, laundry bag.

Do not bring ANY expensive or irreplaceable items. Leave all jewelry, electronics, DVDs and video games at home. Easterseals will not be responsible for any lost or broken items.