

Transitioning to Adult Services

Our Family Support Team of social workers and psychologists understands how challenging this transition can be. When you/your child turns 18, they will provide information and contacts to support your family's future plans. At this time we will also coordinate a team meeting to identify goals and build a transition plan. Resources and discussion topics may include:

- Guardianship/Power of Attorney
- Social Security Income and Medicaid
- Transitioning to the Adult Healthcare System
 - Identifying a physician skilled in treating adults with disabilities
- Adult Service Options: Setting Measurable and Attainable Goals

Reasons for Episodic Care

- a. Pre-Post Operative Care
 - b. Short term intensives for a specific goal
 - c. Short term home programming and problem solving. This may include teletherapy which allows us to support clients in their home environment.
 - Pain Management. We also will be referring to one of our partner organizations who may have the modalities to better serve your needs.
- Questions to Consider:
 - Do you have a stretching program in place to maintain range of motion and mobility?
 - Are you able to complete transfers in a safe manner and as independent as possible, with or without caregiver help?
 - Does your home environment have the equipment necessary to complete activities of daily living as independently as possible i.e., bath seat, feeding utensils, toilet chair, etc.
 - Can you call for help if necessary?
 - Do you need help with nutrition?
 - Are you aware of available resources on sexuality?

To request this information (prior to age 18) please contact <insert email address>/phone.

Team meetings are required prior to a client's 21st birthday. To best help your family, team meetings with clients, caregivers and your therapists will be critical to ensure we provide the correct therapies to meet your needs.