Our Locations

Peoria Center

- 507 East Armstrong Avenue
  Peoria, IL 61603
- 309.686.1177
- 309.686.7722
- programs@ci.easterseals.com

Bloomington Center

- 2404 East Empire Street
  Bloomington, IL 61704
- 309.663.8275
- 309.662.7872
- programs@ci.easterseals.com

Timber Pointe Outdoor Center

- 20 Timber Pointe Lane
  Hudson, IL 61748
- 309.365.8021
- 309.365.8934
- tpoc@ci.easterseals.com

ci.easterseals.com

Easterseals is accredited by CARF.
Achieving accreditation demonstrates our commitment to ensure our services are of the highest possible quality. We have undergone an extensive review process and have been recognized for our commitment to provide exceptional, personalized care to our clients.
Welcome to Easterseals

Thank you for choosing Easterseals.
Easterseals is the champion for abilities, opening new pathways to opportunities, so that every child can reach for and realize their full potential. We take a complete approach to therapy, working with the whole family to help children with disabilities, autism, cerebral palsy, developmental delays and other special needs reach new milestones each and every day.

About Easterseals
Our mission is to provide exceptional services to ensure that children with disabilities and their families have equal opportunities to live, learn, work, play and act in their communities. We are the most comprehensive provider of pediatric developmental services in the Central Illinois area, providing specialized therapies to help children communicate, improve their mobility, interact with others, and cope with their differences.

Easterseals provides services for children from birth through age 21. Our credentialed and licensed therapists specialize in pediatric services and are enrolled as providers for Early Intervention and major insurance companies.
our philosophy

Disabilities touch us all, and we work with members of the community to achieve extraordinary results.

Taking on disability together.

All treatment and intervention services are based on focused, functional outcomes, or clear statements about skills and activities that reflect the changes that you and your child want to see as a result of therapy. Functional outcomes are designed to maximize your child’s practical skills such as movement, eating, communicating, getting dressed, interacting with others, or joining in family and community activities.

The first five years of development lay the foundation for a child’s success.

Make the First Five Count

As a parent you want what’s best for your child. Because children learn and grow at different rates, monitoring your child’s development can be confusing.

Easterseals is here to be your partner in raising a healthy and happy child. As a leading provider of child developmental services, we offer free access to a comprehensive and confidential online screening tool, to help guide you through these crucial years.

Five growth areas to monitor include: Relationships, Exploring and Learning, Communication, Moving and Playing

We encourage all parents and caregivers to understand their child’s developmental progress. Take a free screening at: makethefirstfivecoun.org.
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- Developmental Therapy 6
- Speech Therapy 6
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* indicates programs for children with and without disabilities
pediatric services

Physical Therapy
Improves strength, range of motion, balance, coordination and mobility. Not only will your child’s range of motion, balance and coordination improve, he/she will also become more independent at school, at home and in every facet of life.

Occupational Therapy
Focuses on helping your child with the roles they play in every day life. Each child will develop confidence in self care, sensory processing and fine motor skills, and increase their abilities in things such as mobility, play, eating, dressing and enjoying life to its fullest.

Developmental Therapy
Helps children birth to three meet milestones by supporting the whole family. This therapy addresses all areas of a child’s development by integrating all therapies in individual and group settings. Caregivers are provided home therapy strategies to help the child make progress.

Speech Therapy
Develops the unique strengths of every child no matter their communication style. This service is specific to your child’s ability and focuses on helping them convey their needs, feelings and thoughts.

Feeding Therapy
Turns meal time into an enjoyable experience... not a fight, not a struggle. Children work to handle their solid foods, overcome picky eating and can work on oral sensory or motor skills. You can see the progress happening at your dinner table.

Counseling
Helps your child achieve quality of life and increase their happiness. Our licensed clinical professional counselors work with any child experiencing fears about the future, poor self-esteem, anxiety, social barriers and more. This critical service can work with an individual or a family unit. Screening and counseling services are available for infants through young adults and their families.
specialty services

Our highly trained and experienced staff sets Easterseals apart from other providers.

BrainPaint
A treatment option provided by our counselors that enhances the brain’s function through its regulation of thoughts, feelings and focus. Children that have benefited from BrainPaint include those with depression, anxiety, insomnia, trauma, ASD, ADHD, ADD and/or OCD.

Constraint Induced Movement Therapy
A therapeutic approach for the treatment of children with hemiplegia that typically results in significant improvement in the use of the impaired arm.

Cortical Visual Impairment (CVI)
CVI is caused by damage to the visual centers of the brain, the eyes are able to see, but the brain is not interpreting what is being seen. Intervention can be divided into three phrases where it is our goal to help children to learn to see and support the caregivers who love them.

Prechtl’s General Movement Assessment (GMA)
Easterseals physical therapists are on the cutting edge of assessments for infants. Prechtl’s GMA has a large body of research supporting its use and predictive value to evaluate at risk infants earlier than ever before. Interventions to reduce the effects of cerebral palsy can be started early while the brain is growing and changing at the fastest rate during a lifespan.

Serial Casting
A procedure that involves a series of casts used to stretch soft tissue contractures and/or inhibit abnormal muscle tone. New casts are applied every 1-2 weeks until the desired position or range of motion is achieved.

Sequential Oral Sensory (SOS) Feeding
Easterseals speech language pathologists and occupational therapists have extensive training in SOS Feeding therapy. Our therapists work closely with families and other providers to develop individualized strategies so feeding can be an enjoyable event for all.
About our Autism Services

We pave the way... opening pathways to opportunity and creating a more inclusive world.

Easterseals provides a wide array of individualized programs and services to support children with autism and their families. Our services are spread through this program guide, from pediatric services, to specialty clinics and supportive programs. Easterseals fits the needs of children throughout the spectrum.

A comprehensive list of autism services:
- Autism Diagnostic Clinic
- PLAY Project®
- Autism Learning Center
- Applied Behavioral Analysis (ABA)
- Autism Resource Centers
- Occupational Therapy
- Speech Therapy
- Counseling Services
- Sequential Oral Sensory (SOS) Feeding Therapy
- Autism 101 / New Diagnosis Orientation
- Adaptive Swim Lessons
- Residential Day Camp

Autism Toll-Free Helpline 1.855.511.3773
specialty clinics

Easterseals helps children find and embrace confidence in their own abilities.

**Autism Diagnostic Clinic**
Easterseals is here for you at all stages of your child’s autism journey.

Being one of the very few organizations in Illinois that offers an Autism Spectrum Disorder (ASD) Diagnostic Team Clinic, Easterseals starts with your family at the earliest phase: diagnosing children who may have an Autism Spectrum Disorder.

Our common goal is to diagnose early, provide the most comprehensive assessment and treatment plan possible and provide families with the support they need to best care for their child. Diagnostic clinic may result in a diagnosis of autism, in addition to other diagnoses that are warranted through the evaluation process. Your family will leave clinic with treatment options to help your child reach his or her maximum potential.

Easterseals performs more than 220 autism diagnostic evaluations each year, getting each child ready to take on autism together.
Cerebral Palsy Clinic (CP)
Cerebral Palsy refers to any one of a number of neurological disorders that appear in infancy or early childhood and permanently affect body movement and muscle coordination. Easterseals therapists work with you and your child to help with movement and posture to develop skills like walking, climbing stairs, running, feeding themselves and getting dressed.

Assistive Technology Clinic & Resource Services
Providing evaluations and fittings for positioning and mobility devices such as bath chairs, customized wheel chairs and seating systems, feeder seats, standers, strollers, and walkers.

Orthotics Clinic
Easterseals provides custom fitted, prescription orthotic braces to provide stability, support and proper positioning of the feet and ankles during standing and walking. Serial Casting is a specialized strategy used to address decreased movement in the ankles or legs and muscle tightness.

Augmentative & Alternative Communication (AAC) Evaluation and Treatment
AAC improves a child’s ability to communicate wants and needs through high-tech devices such as a DynaVox® or an iPad®, and low-tech strategies such as the Picture Exchange Communication System.

Center for Neuro Assessment & Development
Neurodevelopmental Assessments provide evaluations for children ages 3 to 22. A detailed learning profile of your child’s unique process for learning is developed. Children who are typically referred have concerns with learning difficulty, dyslexia, attention and behavior challenges.

Central Illinois Orofacial Anomalies (CIOA) Clinic
The CIOA team provides a multidisciplinary approach to the diagnosis, evaluation, and management of individuals with cleft lip or palate, speech problems, ear deformities, or other conditions. The team works with the Division of Specialized Care for Children (DSCC) and other Central Illinois area agencies.
supportive programs

Programs designed to strengthen your child's abilities through activities and education.

Autism Programs
As the leading provider of autism services in Central Illinois, Easterseals offers a selection of autism programs that achieve extraordinary results.

PLAY Project ®
The PLAY Project is a family focused, intensive and effective intervention for young children with autism. This program is a parent/caregiver implemented model that uses a developmental and relationship based approach. PLAY provides caregivers ways to engage with their child by targeting social interactions, shared attention, communication, and logical thinking.

Applied Behavior Analysis (ABA)
ABA is based on the science of learning and behavior. We aim to understand and modify an individual’s behavior as it relates to their environment. ABA therapy and treatments will help to increase desired behaviors and reduce behaviors that may be harmful or interfere with learning. Through ABA therapy, we can increase your child’s language and communication skills. We aim to improve attention, focus, social skills, memory and academics. A Board Certified Behavior Analyst (BCBA) will create an individualized behavior plan to target certain behaviors specific to your child and family.

The Autism Learning Center (ALC)
The ALC is an intensive therapeutic autism program for children ages 2-6 who have a medical diagnosis of Autism Spectrum Disorder. Children receive occupational therapy, speech and ABA therapy in a preschool-type environment that is developed and monitored by a Board Certified Behavior Analyst. Children gain cognitive, social and language skills through guided functional play. The ALC is located at the Peoria Center.
New Diagnosis Family Orientation
(Peoria and Bloomington Centers)
The orientation is an introductory training session designed to assist caregivers and community providers in the understanding of Autism Spectrum Disorders. Sessions are free of charge but registration is required.

For more information, dates, and times, call the Autism Toll-Free Helpline 1.855.511.3773

Autism programs are partially funded by:

ASD Trust
United Way
Heart of Illinois United Way
McLean County
THE AUTISM PROGRAM of Illinois
TAP

Autism Resource Centers

Easterseals supports the entire community to spread resources and information about autism.

The resource centers in Peoria and Bloomington support families, service providers, educators, caregivers and the general community by providing ASD information, referral support and overall assistance. The centers also contain a variety of items (visual supports, books, DVDs, learning aids and more) that can be borrowed for additional support and information.
developmental programs

Providing children with and without disabilities opportunities to learn and grow.

Toddler Talk
An early intervention group offered in Peoria and Bloomington for families to learn new ways to support their child’s language and growth development. Classes are ongoing throughout the year and are typically held on Thursday mornings.

Pre-Walkers & Eager Explorers
This Peoria based early intervention program helps children ages birth to 3 years develop and best utilize motor skills to promote play, safe environment exploration and interaction with others. This program meets Tuesday afternoons at Jump Start Gymnastics in Peoria.

For more information visit our website ci.easterseals.com or call 309.686.1177
Rise and Shine Yoga
Rise and Shine Yoga is a Peoria based pediatric yoga program designed to promote strength, motor planning, flexibility and peer relationships for all children ages 4-10 years old. Classes are typically held in 6 week sessions on Thursday afternoons. Cost: $90

Heart to Hands Infant Massage
Infant Massage is a simple and meaningful practice of purposeful touch. Focused sessions include prenatal infant massage instruction and parent and baby massage instruction. Group classes and private in-home instruction are available.

iCan Bike
A special once a year program, iCan Bike uses adapted bicycles, a specialized instructional program and trained staff to help individuals with special needs to learn to ride a two-wheel bicycle. Participants are children ages 8 through 22 that are able to walk without an assistive device. Each participant will attend a 75 minute session each day for five consecutive days where they will learn to ride while accompanied and encouraged by a volunteer "spotter". Over the course of the week, the bicycles will be adjusted to appropriately challenge and encourage riders as they gradually discover the skill and joy of riding.

Visit our website for more information, schedules and online registration • ci.easterseals.com or call 309.686.1177
Aquatic Programs (Available at the Peoria Center)
The uniquely designed warm water therapy pool at Easterseals is fully accessible with depths ranging from three to five feet, and a temperature maintained at 92 degrees fahrenheit. The warm water and small environment eases fears associated with water. Allowing muscles to relax, the warm water provides easier movement and exercise, which can be therapeutic for certain medical conditions. Therapy sessions and swim lessons are offered year round by our American Red Cross certified instructors.

Adaptive Swim Lessons
Swim lessons are a way for children with disabilities ages 4 years and older to learn to swim in a warm water pool. Lessons are adapted for each child’s individual needs and led by a certified swim instructor with a background in pediatric therapy. Lessons are scheduled one time per week for 30 minutes.
Cost: $90 for semi private and $150 for private lessons.

Splashercize
Splashercize is a warm water exercise class for children with special needs ages 6-18. The class is led by a licensed therapist focusing on age-appropriate strengthening, range of motion, stretching, weight bearing, balance and endurance activities.
Classes meet Tuesdays 5:15-6:00pm.
Cost is $65 per 6 week sessions.

Visit ci.easterseals.com or call 309.686.1177 for more information.
Parent-Tot
Parent Tot Classes are designed to introduce your tot to the water environment. Classes involve water adjustment, readiness skill instruction, songs and games and a positive interactive activity between parent(s) and tot. A physician consent form may be required. There are eight children per class; classes meet one time per week for 30 minutes. Cost is $50.00 for eight-week sessions.

Learn to Swim
Learn to Swim Classes are designed for children 4 through 10 years old who are not quite ready to explore the bigger pools. There are six children per class and parents may join their child in the water. Classes meet one time per week for 30 minutes. Cost is $50.00 for eight-week session. (A $5.00 discount will be offered for additional siblings.)
Level 1 - Introduction to Water Skills - No Prerequisites
Level 2 - Fundamental Aquatic Skills - Prerequisites*
Level 3 - Stroke Development - Prerequisites*
*visit ci.easterseals.com for prerequisite information

Semi-private & Private Lessons
Semi-private and private swim lessons are available for children 4 through 10 years of age. Lessons will address skill levels and are based upon the American Red Cross swimming progression. Our instructors are certified through the American Red Cross. Cost is $90.00 for semi-private and $150.00 for private. Lessons are 30 minutes each and will be scheduled one time per week, for eight weeks, according to instructor availability

Rentals
Available for private rentals, the warm water pool is a great place to host your next event. The 2 hour rental includes use of the pool, locker rooms, a conference room and a lifeguard.

Visit our website for more information, schedules and online registration • ci.easterseals.com
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Timber Pointe Outdoor Center (TPOC)
Owned and operated by Easterseals Central Illinois, TPOC is located on Lake Bloomington. The Center is recognized as a premier resource in the state of Illinois for providing specialized programming for individuals with disabilities and illnesses in a fun, safe and accessible environment. TPOC is accredited by the American Camp Association.

Residential Day Camp
Each session includes traditional camp activities such as swimming, fishing, hiking, canoeing, pontoon boat rides, arts and crafts, target sports, barnyard animals, high ropes, zip lining and horseback riding. Camp provides an all inclusive experience that might otherwise seem impossible due to physical limitations, developmental delays or illness.

Adventure Day Camp
Adventure Day Camp is designed for parents who are seeking an alternative to Summer Day Care, and for kids who are looking for an experiential learning adventure in the great outdoors. Camp takes place over 10 weeks with a new theme each week. Campers can choose any combination of weeks or join for the whole summer!

Facility Rentals
Timber Pointe is a wonderful location to hold an event, conference or retreat. Overnight rentals in the cabins and lodge are available as well as day rentals for corporate meetings and events. Team building exercises are also available, including the high and low ropes courses that enhance cooperation and communication.

Visit our website for more information, schedules and online registration • ci.easterseals.com
referring a patient

Navigating through the referral process is easy. Here’s what you need to know...

**Are you a medical provider with patients that could benefit from Easterseals services?**

Complete and fax a referral form (either your practice’s form or Easterseals form) to:

- Peoria 309.686.7722
- Bloomington 309.662.7872

Upon receipt of the referral form, an Easterseals coordinator will reach out to the family for in-take and information gathering. Once your patient receives their initial evaluation, Easterseals will send a follow up report to your office.

**Are you a parent or caregiver looking to connect with us?**

For the Autism Diagnostic Clinic:
Call our Peoria Center
Ask to speak with the ASD Coordinator

For all other programs and services:
Call either the center
Peoria 309.686.1177
Bloomington 309.663.8275

Ask to speak with the Rehab Coordinator

**Demographics**

- Easterseals accepts most major commercial medical group insurances and out-of-pocket payers.
- Some services and clinics are available for patients with medicaid.
- As an Illinois early intervention provider, children birth to three have access to services at Easterseals.

Your referrals are the best compliment you can give. Thank you for your trust and confidence.
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Are you a parent or caregiver looking to connect with us? For the Autism Digest Clinics:
Call either the center:

P 309.686.7722

Ask to speak with the ASD Coordinator

Call our Peoria Center:
Ask to speak with the Rehab Coordinator

"My daughter has been with Easterseals for a year now, and that year has made a huge difference. The people that Easterseals has in place are amazing and so caring. They help families like us to take this head on and never give up. I cannot say enough about Easterseals. Thank you from the bottom of my heart!"

- A Mom of an Easterseals Champion