

LOCATION:

- Ensure you are in a private location, free from the public, such as your home.
- Ensure that you are able to close a door to limit outside noise from another room.

CLEAN OUT THE ROOM:

- Remove distractions, pets or anything that may interrupt the therapy session.
- Please turn off the t.v. music, fans and mute your phone if connecting by computer.

FIND SEATING THAT WORKS FOR YOUR CHILD:

- Find a chair or area for your child to sit. If you will be working on the floor consider having a solid colored blanket on the floor for your child to sit on.
- We recommend that this be the same learning area for each therapy session.
- Leave some room for your child to move around if needed for the session.

SET-UP YOUR COMPUTER/PHONE:

- Download the VidyConnect Web Application prior to your appointment.
- Make sure there isn't a glare on the screen from uncovered windows or doors.
- Make sure the light from a window is in front of you and not behind you.
- Please disable notifications and be ready to go 10 minutes before your session so we can troubleshoot any technical difficulties before the session starts.

HAVE TOYS AND ACTIVITIES READY:

- Your therapist will let you know ahead of time what toys or materials will be needed before your session.
- Please make sure everything is in place before your session starts.

PREPARING YOUR CHILD:

- Change your child's diaper or take your child to the bathroom before the session starts.
- If necessary, feed your child before the session.

WHO CAN PARTICIPATE IN THE TELEHEALTH SESSION? This should be agreed upon with your therapist when scheduling your appointment. One parent/guardian/caregiver should be available to participate in the session.

CANCELLING AN APPOINTMENT: If you need to cancel your appointment please call our front desk prior to your appointment at 309-686-1177 or email your therapist.

QUESTIONS: Care Coordinators are available to help answer your questions.

Please contact **Peoria-** Sioban Goddard SGoddard@eastersealsci.com 309-686-7755 ext. 2261

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