



Dear Easterseals Central Illinois Families,

We hope this letter finds you well. As we reflect on the past year, we are excited to share an important update with you.

Throughout the month of January, we will be fully implementing the Focused Treatment Model of care which will now include episodic care. An episode of care focuses on a specific goal(s) to be worked on within a specific time period, followed by a break / discharge from therapy.

Research shows that therapy sessions are most effective when children have periods of treatment followed by therapy breaks. A break from therapy allows a child time to relax, practice skills at home, and participate in school or community activities which often lead to new progress.

The time period for your episode of care could be several weeks or several months. Your therapist will develop a plan for how long your episode of care will last and how often she/he would like you to come to therapy. At the end of an episode of care, your therapist will recommend discharge and may recommend your child return to therapy in the future.

Your child's therapist will discuss their plan for your child throughout the month of January.

Thank you for the opportunity to partner with your child and family. These changes will improve our ability to serve your child and all children throughout Central Illinois.

Sincerely,

Eric Glow, PT  
Vice President of Clinical Services