



For Immediate Release

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Easterseals Central Illinois Is Expanding Counseling Services

Easterseals Central Illinois is expanding its counseling services with the addition of a third counselor in the Peoria Service Center, Charlotte Uteg, LCPC. Charlotte is a Bradley University Graduate with over five years of experience. She joins Dee Anne Reimers, LCPC and Laura Gibbs, LCPC.

Easterseals Central Illinois provides exceptional services to ensure that children with developmental delays and disabilities can reach their full potential. We are the most comprehensive provider of pediatric developmental services in the Central Illinois region. Through family centered care, Easterseals provide specialized services which include: care coordination; occupational, speech, and physical therapy; applied behavior analysis; diagnostic clinics and counseling.

The mission of the counseling team at Easterseals is to provide developmentally appropriate, individualized and evidence-based services that will support children and young adults, age's birth through 21, and their families. Our counseling team is able to provide therapy services for individuals with social/emotional delays, diagnosed disabilities, medically complex issues, or those who may have a mental or behavioral health concern. Counselors at Easterseals can help individuals and families build on their abilities and strengths, learn positive coping methods, assist with challenging parenting tasks and enhance social and behavioral skills in a comfortable and fun environment.

Commonly identified issues that may benefit from counseling include: coping with a new diagnosis or serious illness; grief and loss; poor self-esteem; anxiety, inattention or depression; challenges related to a disability or illness; marriage or family stress; a need for effective parenting strategies and developmentally appropriate expectations; and fear for the future.

One of the exciting counseling services offered by Easterseals Central Illinois is BrainPaint. BrainPaint is a neurofeedback program that trains the brain to function more efficiently and effectively. Real-time EEG data analyzes brain activity through the use of video and sound to create more balanced brain functioning.

There are immediate openings for counseling evaluations and ongoing appointments in our Peoria center. Please call (309)686-1177 for more information.