Our Locations

**Peoria Center**
- 507 East Armstrong Avenue
  Peoria, IL 61603
- 309.686.1177
- 309.686.7722
- programs@ci.easterseals.com

**Bloomington Center**
- 2404 East Empire Street
  Bloomington, IL 61704
- 309.663.8275
- 309.662.7872
- programs@ci.easterseals.com

**Timber Pointe Outdoor Center**
- 20 Timber Pointe Lane
  Hudson, IL 61748
- 309.365.8021
- 309.365.8934
- tpoc@ci.easterseals.com

Easterseals is accredited by CARF.
Achieving accreditation demonstrates our commitment to ensure our services are of the highest possible quality. We have undergone extensive, detailed review process and have been recognized for our commitment to provide exceptional, personalized care to our clients.
Welcome to Easterseals

Thank you for choosing Easterseals. Easterseals is the champion for abilities, opening new pathways to opportunities, so that every child can reach for and realize their full potential. We take a complete approach, working with the whole family to help children with disabilities, autism, developmental delays and other special needs reach new milestones each and every day.

About Easterseals

Our mission is to provide exceptional services to ensure that children with disabilities and their families have equal opportunities to live, learn, work, play, and act in their communities. We are the most comprehensive provider of pediatric developmental services in the central Illinois area, providing specialized therapies to help children communicate, improve their mobility, interact with others, and cope with their differences.

Easterseals provides services for children from birth through age 21. Our credentialed and licensed therapists specialize in pediatric services and are enrolled as providers for Early Intervention and major insurance companies.
**our philosophy**

Disabilities touch us all, and we all work with members of the community to achieve extraordinary results

**Taking on disability together.**

All treatment and intervention services are based on focused, functional outcomes, or clear statements about skills and activities that reflect the changes that you and your child want to see as a result of therapy. Functional outcomes are designed to maximize your child’s practical skills such as movement, eating, communicating, getting dressed, interacting with others, or joining in family and community activities.

**The first five years of development lay the foundation for a child’s success.**

**Make the First Five Count**

As a parent you want what’s best for your child. Because children learn and grow at different rates, monitoring your child’s development can be confusing.

Easterseals is here to be your partner in raising a healthy and happy child. As a leading provider of child developmental services, we offer free access to a comprehensive and confidential online screening tool, to help guide you through these crucial years.

Five growth areas to monitor include **Relationships, Exploring and learning, Communication, Moving and Playing**

We encourage all parents and caregivers to understand their child’s developmental progress. Take a free screening at: [makethefirstfivecount.org](http://makethefirstfivecount.org).
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* indicating programs for children with and without disabilities!
At Easterseals, every child will set goals unique to their abilities. Together, we are determined, inspired, personal, honest and fearless.

Physical Therapy
Improves strength, range of motion, balance, coordination and mobility. Not only will your child’s range of motion, balance and coordination improve, he/she will become more independent at school, at home and in every facet of life.

Occupational Therapy
Focused on helping your child with the roles they play in every day life. Each child develops confidence in self care and fine motor skills and will increase their abilities in things such as mobility, play, eating, dressing and enjoying life to its fullest.

Developmental Therapy
Meeting milestones for children birth to age three by supporting the whole family. Learning critical skills in the early stages of life, babies and toddlers enhance feeding, communication and social skills. Children are poised for success and care givers are empowered with home therapy strategies to make progress.

Speech Therapy
Developing the unique strengths of every child no matter their communication style. This service is specific to your child’s ability and focuses on helping them convey their needs, feelings and thoughts. Enhancing all kinds of communication for everyone: verbal, written, social, attention and memory.
Feeding Therapy
Turning meal time into an enjoyable experience... not a fight, not a struggle. Children work to handle their solid foods, overcome picky eating and can work on oral sensory or motor skills. You can see the progress happening at your dinner table.

Counseling
Helping your child achieve quality of life and increase their happiness. Our licensed clinical counselors work with any child experiencing fears about the future, poor self-esteem, anxiety, social barriers and more. This critical service can work with an individual or a family unit. Screening and counseling services are available for infants/toddlers, school-aged children, young adults and their families.

specialty services

Unique and critical services that set us apart from any other provider. A highly trained and experienced staff can offer specific and dependable services in addition to programs and clinics like:

BrainPaint
A part of our counseling service! It enhances the brain’s function through its regulation of thoughts, feelings and focus. Children have benefited from BrainPaint include those with depression, anxiety, insomnia, trauma, ASD, ADHD, ADD and/or OCD.

Constraint Induced Movement Therapy
A therapeutic approach for the treatment of children with hemiplegia that typically results in significant improvement in the use of the impaired arm.

Cortical Visual Impairment (CVI)
CVI is caused by damage to the visual centers of the brain, the eyes are able to see, but the brain is not interpreting what is being seen. Intervention can be divided into three phrases where it is our goal to empower parents and children to learn to see.
About our Autism Services

We pave the way... opening pathways to opportunity and creating a more inclusive world.

Easterseals provides a wide array of individualized programs and services to support children with autism and their families. Our services are spread through this program guide, from pediatric services, to specialty clinics and supportive programs, Easterseals can fit the needs of all children throughout the spectrum.

A comprehensive list of autism services:

- Autism Diagnostic Clinic
- PLAY Project
- Autism Learning Center
- Applied Behavioral Analysis (ABA)
- Autism Resource Center(s)
- Occupational Therapy
- Speech Therapy
- Counseling services
- Autism 101 / New Diagnosis Orientation
- Residential day camp
specialty clinics

Easterseals helps your child find and embrace confidence in their own abilities.

Autism Diagnostic Clinic
Easterseals is here for you at all stages of your child’s autism journey.

Being one of the very few organizations in Illinois that offers an Autism Spectrum Disorder (ASD) Diagnostic Team Clinic, Easterseals starts with your family at the earliest phase: diagnosing children who may have an Autism Spectrum Disorder.

Our common goal is to diagnose early, provide the most comprehensive assessment and treatment plan possible and provide families with the support they need to best care for their child. Diagnostic clinic may result in a diagnosis of autism in addition to other diagnosis that are warranted through the evaluation process. Your family will leave clinic with treatment options to help your child reach their maximum potential.

Easterseals performs more than 150 autism diagnostic evaluations each year, getting each child ready to take on autism together.
Cerebral Palsy Clinic (CP)
Cerebral Palsy refers to any one of a number of neurological disorders that appear in infancy or early childhood and permanently affect body movement and muscle coordination. Easterseals therapists work with you and your child to help with movement and posture to develop skills like walking, climbing stairs, running, feeding themselves and getting dressed.

Assistive Technology Clinic & Resource Services
Providing evaluations and fittings for positioning and mobility devices such as bath chairs, car seats, customized wheel chairs and seating systems, feeder seats, standers, strollers, and walkers.

Orthotics Clinic
Easterseals provides custom fitted, prescribed orthotic braces to provide stability, support and proper positioning of the feet and ankles during standing and walking. Serial Casting is a specialized strategy used to address decreased movement in the ankles or legs and muscle tightness.

Augmentative and Alternative Communication (AAC) Evaluation and Treatment
AAC improves a child’s ability to communicate wants and needs through high-tech strategies such as DynaVox® and the iPad®, and low-tech strategies such as Picture Exchange Communication.

The Center for Neuro Assessment & Development
Neuro Assessments provide evaluations for children ages 3 to 22. A detailed learning profile of your child’s unique process for learning is developed. Children who are typically referred have concerns with learning difficulty, dyslexia, attention and behavior challenges.
supportive programs

Programs designed to strengthen your child’s abilities through activities and education.

Therapeutic Fitness Center
The fitness center is for school-age children and older individuals with disabilities. Programs are designed and supervised by the Easterseals physical therapy staff.
- **Location:** Peoria Center
- **Day and time:** Thursdays from 4:00 - 6:00pm
- **Cost:** $50 per month for one hour a week or $75 per month for two hours a week.

Autism Programs
As the leading provider of Autism Services in central Illinois, Easterseals offers a selection of Autism programs that achieves extraordinary results for every child.

**P.L.A.Y Project**
Play and Language for Autistic Youngsters (PLAY) is a family focused intensive intervention for young children diagnosed with ASD. The group is designed to help your child gain skills in communication, relating, thinking and problem-solving.

**Applied Behavior Analysis (ABA)**
ABA is based on the science of learning and behavior. We aim to understand and modify an individual’s behavior as it relates to their environment. ABA therapy and treatments will help to increase desired behaviors and reduce behaviors that may be harmful or interfere with learning. Through ABA therapy, we can increase your child’s language and communication skills. We aim to improve attention, focus, social skills, memory and academics. A Board Certified Behavior Analyst (BCBA) will create an individualized behavior plan to target certain behaviors specific to your child and family.
The Autism Learning Center (ALC)
The ALC is an intensive therapeutic autism program for children ages 3-6 who have a medical diagnosis of Autism Spectrum Disorder. Children receive occupational therapy, speech and ABA therapy in a preschool-type environment that is developed and monitored by a Board Certified Behavior Analyst. Children gain cognitive, social and language skills through structure guided functional play. The ALC is located at the Peoria Center and is covered by most insurance providers.

Spring: Monday, Wednesday
January 9 - May 17, 2017
8:30 - 11:30 a.m. or 1:30 - 4:30 p.m.

Summer: Monday, Tuesday, Wednesday, Friday
June 5 - July 21, 2017
8:30 - 11:30 a.m. or 1:30 - 4:30 pm
New Diagnosis Family Orientation
The orientation is an introductory training session designed to assist caregivers and community providers in the understanding of Autism Spectrum Disorders. Sessions are free of charge and registration is required. This class meets from 9:00-11:00am.

Peoria Center
Saturday, April 22, 2017
Friday, June 16, 2017
Saturday, August 12, 2017

Bloomington Center
Friday, May 5, 2017
Saturday, July 29, 2017

Call the Autism Toll-Free Helpline to register. 1.855.511.3773

Autism programs partially funded by:

Autism Resource Centers

Easterseals supports the entire community to spread resources and information about autism.

The resource centers in Peoria and Bloomington support families, service providers, educators, caregivers and the general community by providing ASD information, referral support and overall assistance. The centers also contain a variety of items (visual supports, books, DVDs, learning aids and more) that can be borrowed for additional support and information.
developmental programs

For every child, with and without disabilities, learn, grow, experience.

Toddler Talk
An early intervention group offered at the Peoria and Bloomington Centers for families to learn new ways to support their child’s language and growth development. Class is ongoing throughout the year and is held on Thursday mornings 9:00 - 10:30am.

Rise and Shine Yoga
Rise and Shine Yoga is a Peoria based pediatric yoga program designed to promote strength, motor planning, flexibility and peer relationships for children with developmental ages of 4-10 years old. Classes are held in 6 week sessions.

Pre-Walkers & Eager Explorers
This Peoria based program consists of early intervention motor groups that assist children ages birth to 3 years to develop and best utilize individual motor skills to promote play, safe environment exploration and interaction with others. This program meets Tuesday afternoons at Jump Start Gymnastics in Peoria.

Heart to Hands Infant Massage
Infant Massage is a simple and meaningful practice of purposeful touch. Focused sessions include prenatal infant massage instruction and parent and baby massage instruction. Group classes and private in-home instruction are available.
Aquatic Programs  (Available at the Peoria Center)
The uniquely designed warm water pool at the Peoria Center is fully accessible with water depths ranging from three to five feet and a water temperature maintained at 92 degrees. Therapy sessions and swim lessons offered year round.

The warm water pool is also available for private rental and a great place to host your next party. Rental includes use of the pool, locker room facilities and a lifeguard. Perfect for birthday parties, family gatherings, celebrations and more!

Adaptive Swim Lessons
Swim lessons are a way for children with disabilities ages 4 years and older to learn to swim in a warm water pool. Lessons are adapted for each child’s individual needs, led by a certified swim instructor with a background in pediatric therapy. Lessons are scheduled one time per week. Cost is $90 for semi private and $150 for private lessons.

Splashercize
Splashercize is a warm water exercise class for children with disabilities or specific diagnoses ages 6-18. The class is led by a licensed therapist who will focus on age-appropriate strengthening, range of motion, stretching, weight bearing, balance and endurance activities. Cost is $65 per 6 week sessions. Classes meet Tuesdays 5:15-6:00pm.

Visit our website for class descriptions, schedules and online registration
recreation

Timber Pointe Outdoor Center
Owned and operated by Easterseals Central Illinois, accredited by the American Camp Association, and located on the shoreline of Lake Bloomington, Timber Pointe Outdoor Center is the premier resource in the state of Illinois for providing specialized outdoor recreational, experiential and family programs for individuals with disabilities and illnesses in a fun, safe and accessible environment.

Residential Day Camp
Each session includes traditional camp activities such as swimming, fishing, hiking, canoeing, a pontoon boat ride, arts and crafts, target sports, barnyard animals, high ropes, zip lining and horseback riding. Camp provides an all inclusive experience that might otherwise seem impossible due to physical limitations, developmental delays or illness.

Adventure Day Camp
Adventure Day Camp is designed for parents who are seeking an alternative to Summer Day Care, and for kids who are looking for an experiential learning adventure in the great outdoors. Takes place over 10 weeks with a new theme each week, campers can choose any combination of weeks or join for the whole summer!

Facility Rentals
Timber Pointe is a wonderful and unique resource available to enhance the quality of life in our community. Offering overnight rentals in cabins and lodges as well as day use for corporate meetings and events. Team building exercises include high ropes and low ropes course to enhance cooperation and communication.

Visit our website for class descriptions, schedules and online registration • ci.easterseals.com
iCan Bike
A special, once a year program, iCan Bike uses adapted bicycles, a specialized instructional program and trained staff to enable individuals with disabilities to learn to ride a two-wheel bicycle. Participants are children ages 8 through adulthood who have a diagnosed disability and are able to walk without an assistive device. They attend one 75-minute session each day for five consecutive days where they learn to ride while accompanied and encouraged by a volunteer “spotter.” Over the course of each week we continually adjust the bikes in an effort to challenge riders appropriately as they gradually discover the skill and joys of riding.

Location: Eastside Centre, East Peoria
Dates: Monday, July 10 - Friday, July 14, 2017
Information: ci.easterseals.com or 309.686.1177 to register or for additional information
“My daughter has been with Easterseals for a year now, and that year has made a huge difference. The people that Easterseals has in place are amazing and so caring. They help families like us to take this head on and never give up. I cannot say enough about Easterseals. Thank you from the bottom of my heart!”

- A Mom of an Easterseals Champion
Are you a medical provider that has patients who could benefit from an Easterseals service?

Are you a parent or caregiver looking to connect with us?

Thank you for choosing Easterseals. Navigating through the referral process is easy. Here’s what you need to know...

Getting started
Access the Easterseals referral form online at ci.easterseals.com or utilize your own practice’s form and fax it to:
- 309.662.7872 - Bloomington
- 309.686.7722 - Peoria

Direct your families to the in-take packet available online at ci.easterseals.com. They can fill this out ahead of their time at Easterseals if they prefer.

Demographics
- Easterseals accepts all major commercial medical group insurances and out-of-pocket payers.
- Evaluations and select clinics are available for patients with Medicaid.
- An early intervention provider for Illinois, children birth to three have access to services at Easterseals.

Next steps
Upon receipt of the referral form, an Easterseals coordinator will reach out to the family for in-take and information gathering. Once your patient receives their initial evaluation, Easterseals will send a follow up report to your office.