



# KINDNESS

## CALENDAR FOR FAMILIES

	WEEK 1	WEEK 2	WEEK 3	WEEK 4
MON	Go on a garbage pick-up Scavenger Hunt	Give away a sheet of your favorite stickers	Make secret kindness notes	Make a hug coupon for someone special
TUE	Take cookies to a friend	Put bookmarks inside books at the library	Take flowers to a teacher	Make a bird feeder
WED	Pick a few toys to donate	Heart attack a friend's door	Donate canned food to a Food bank	Help clean up something
THU	Make some heart art for a neighbor	Choose a book or two to donate	Share something with a friend	Invite someone new to play
FRI	Read a book with someone you love	Make a card for a service person	Put smiley face post-it notes on mirrors	Make a kindness love note puzzle