

Building Routines

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Students with autism thrive on routines. Teaching and following routines will help to decrease transition time and increase predictability in the classroom and beyond! Routines can also be used to help teach flexibility, build independence, and increase understanding of the environment and expectations. When students are able to trust that there will be a routine to follow, they are able to understand what comes next and tolerate inevitable schedule changes.

At Easterseals, we use visually-supported routines to build skills across all environments. The Universal Routine Builder is a tool that educators can use to set up color-coded routines and minischedules throughout the school day. This universal tool helps teachers to develop consistent routines across all environments. Click below for a **FREE** downloadable PDF of our Universal Routine Builder.

[FREE Universal Routine Builder- Click Here!](#)



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