

Color Sorting Activity: Using Items in Your Kitchen

Set-up Time: 5-10 minutes

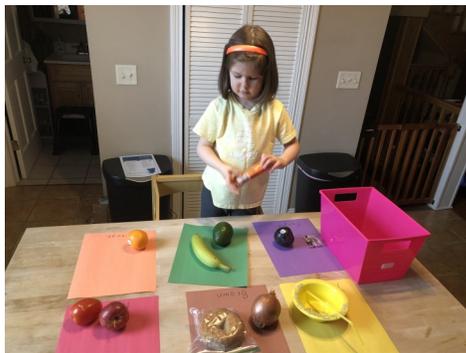
* Take different colors of construction paper (like red, yellow, orange, green, purple, and brown- or whatever colors you have in your kitchen). If you have a child that is beginning to read, add the color word to each piece of paper.

Note: If you don't have construction paper, use whatever you have- take white paper and use crayons or markers to partially color it.

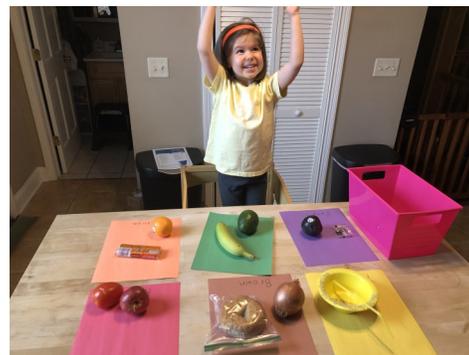
* Place the papers on a flat surface like a table or floor (see picture for set-up).



* Go around your kitchen to find different colored items. Place those items in a box or other large container, and place this to the left of the papers. This activity will work left to right. The child picks up a food item in the box on the left, and they place it on the color on the right.



You are now ready to start this activity with your child.



The activity is done when there are no more items in the box!

Adapt Activity for Your Child

If you're still learning what your child knows, start out with only two colors, like red and green. Look for about 4 different items in your kitchen with those colors. Have your child sort the red and green items. Then, once they've mastered these colors, add one color at a time. You can also start to add more items to sort as your child is able to keep their attention longer with the activity.

Teaching Your Child

If your child is new to this color sorting activity, teach the activity by physically (hand over hand) and then gesturally (pointing) prompting them. Start by placing your hand over your child's hand and physically prompting them to take one item from the container and place it on the colored paper. Make sure they are only taking one item and you are physically prompting them to place it on the correct paper. Remember, our children tend to learn their mistakes, rather than learning from their mistakes. Let's make sure we teach it to them correctly the first time!