

# You Got It!

## Primary Objectives

1c. Takes care of own needs appropriately

## Why It's Important

As children learn what behavior is expected of them, it helps if they have reminders of those expectations. Personalized books with photos of your child demonstrating what to do during different times of the day provides her with individualized prompts.

## Materials

Colored construction paper; photographs of your child (photos with friends or relatives, pictures from a family trip or special event, etc.); markers; tape; fasteners such as stapler, brads, rings

## What You Do

1. Determine which routines or experiences you want your child to focus on. Select ones that she performs regularly, particularly those with multiple steps. Take pictures of your child engaged in each step of the selected routines and experiences.
2. Tape a single picture to each piece of construction paper. Arrange the pages in sequential order and bind them together.
3. Explain to your child what you are making a book about (playing with blocks, getting ready for nap, etc.).
4. Flip through the pictures with your child. Ask her to tell you what she is doing in each picture.
5. Record her thoughts in a sentence underneath each photograph. For example, if your child says, *washing hands*, you might write, *I wash my hands*.
6. When finished, read the book with your child. Tell her that the book will be available for her to look at whenever she would like.