

Resources For Real Kids With Real Needs



A Project of Easter Seals Central Texas

Susan Hawkins Sager, Editor

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Acknowledgements

It's been said that it takes a village to raise a child. In the same spirit, it takes a community effort to pull off a project like this.

First and foremost, I want to thank Easter Seals Central Texas. They have supported this project from the very beginning. "Creating Solutions ... Changing Lives" is not just a motto for them. It is the heart of their mission. I will always be grateful to Sharon Miller, the retired CEO; to Kevin Coleman, the current CEO; and to past president of the Board, Derrick Chubbs. My thanks go to Tami Andres who was there to assist me at every turn, and also, to Miriam Nisenbaum and Debbie Hobratchik. Dale Clowers has been the force behind the ESCT website and his advice and assistance were invaluable in making this project happen.

Next, I want to acknowledge the New Milestones Foundation, part of Austin Travis County Mental Health and Mental Retardation. Early on, they recognized the importance of this project and donated generously towards its development. I want to thank the Board, and most especially, Beverly Scarborough, for her leadership and vision.

Judith Loseff Lavin is the author of *Special Kids Need Special Parents* and a widely recognized authority on disability issues. Her listing of national resources served as the jumping off point for my own research. Judy's work has touched the lives of thousands of parents; I know that I'm one of them. Judy also created a series of "Timely Topics" that appears on the Easter Seals Central Texas website. Just go to their homepage and click the "Resources" link on left-hand side of the page. Then click the link for the homepage for Resources for Real Kids with Real Needs and there you will find a listing for "Timely Topics."

In the first edition of this guide, I thanked a number of organizations for their willingness to either share resources and/or review various drafts of the guide. There is no expiration date for gratitude, so once again let me thank the Austin Independent School District, the Austin Child Guidance Center, the Learning Disabilities Association of Texas, March of Dimes, and most especially, Mildred Vuris from the New Milestones Foundation. All of us owe a debt of gratitude to United Way Capital Area for their efforts in maintaining an outstanding database on a wide range of community resources.

The individuals involved in the production of this directory deserve special mention. The technical editor, Ty Getterman, was the godsend this project needed, what with his computer expertise, gentle humor and patience. My talented research associate, Kathy Kemp, spent long hours checking facts and transcribing data. Ruby Cook and Jessica Sager were also a tremendous help. Of course, I will always be grateful to Retta Kelley and The Austin American-Statesman for underwriting the initial print version of this guide. Many, many thanks to John Barbieri and Digital City Graphics for the role they played in that edition.

Many others, whose names I'll never know, helped by providing information during countless phone calls and emails to local and national organizations. They are the unsung heroes of this project and I am most grateful to them.

And, of course, I want to extend my very heartfelt gratitude to my husband, Alan, and to our four children, Erica, Jessica, Rebecca and Jacob. Their love and support are what make everything in my life worthwhile!

Introduction

What you're reading right now is the guide I wish I'd had on hand when we were raising our four kids. When your child has special needs, finding the right resource can be a challenge. When you're overwhelmed or anxious about a diagnosis, it's often difficult to know exactly where to start looking.

That's where this guide comes in. It's a starting place for your efforts. For Easter Seals Central Texas, it is part of a two-phase project aimed at connecting parents with the resources their kids need. The first phase was the hard copy edition of this guide. The second phase is the on-line version, which also includes a section entitled "Timely Topics" which features a number of short articles geared to parents of kids with special needs.

There are three special things you'll notice about this guide. The first is the breadth of the coverage. The directory deals with a wide range of physical, psychological and cognitive disabilities. For example, when the subject of learning disabilities is raised, most people can identify Attention Deficit Disorder as one, but that is all. This guide defines fourteen distinct learning disabilities.

Second, it offers short, parent-friendly definitions for the terms. At some point, you may read one of these definitions and recognize a problem your own child is having. I know that happened to me. Years ago, I stumbled upon a definition of "auditory processing disorder" and recognized the struggles our youngest daughter had in school.

Third, it offers a number of resources: Advocacy organizations, support groups, books, magazines, hotlines, websites and so on. When it comes to resources, one size definitely does not fit all.

Naturally, you'll be motivated to zero in on those sections that specifically relate to your child. Nevertheless, I hope you'll take the time to browse through the rest of the guide. It offers a treasure trove of information. Start out by checking the "Topic Index" at the front of the guide. For example, look up "Recreational Opportunities for Young People with Special Needs." You'll discover that Austin finally has a specially-adapted playground for kids with disabilities and their friends. It is called Archer's Place and is a project of Easter Seals Central Texas.

Keep in mind that there are limitations to any directory. It is impossible to list every single need, much less every resource that might be out there. Hopefully, having an online version will allow us to keep the guide more current and comprehensive. Of course, we will need your feedback to do that. Please feel free to email us at resourceguide@eastersealstx.com.

Finally, this guide is dedicated to the memory of Robert V. Miller, the son of retired Easter Seals Central Texas CEO, Sharon Miller and her husband, Jerry, and also, to the memory of my cousin, Joanne Lewis. Their young lives were cut short by disability. However, what defined them in the end was not their disabilities, but rather, a very real ability to touch the hearts of those around them.

One final thought: We are all in this together! So here's to us ... and our kids!

Susan Hawkins Sager
January, 2008

Adjustment Disorder

A psychiatric condition characterized by an abnormal and excessive reaction to stress, such as starting school, family conflicts or school problems; usually lasts no longer than six months. (see also "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

Adrenaleukodystrophies

A group of nervous system disorders that result in progressive deterioration of sensory, neural and muscular development and function.

Resources: see "Disability," "Early Childhood Intervention," "Parent Resources," "Sibling Resources"

AIDS

The acronym for Acquired Immunodeficiency Syndrome; a group of conditions caused by the human immunodeficiency virus (HIV).

Local Resources: For a complete listing of local resources, contact the United Way help line at 2-1-1 or visit their website, <http://www.unitedwaycapitalarea.org>.

- AIDS Services of Austin
 - Address: 7215 Cameron Rd., Austin, Texas 78765
 - Phone: (512) 458-2437
 - Website: <http://www.asaustin.org>
 - E-mail: asa.mail@asaustin.org
 - Description: Provides varied support services to people living with HIV/AIDS, including direct care volunteer services, nurse aide care, wellness education, case management, nutritional consultations, legal services and dental services, clothing closet, food pantry, eyeglasses.

Alopecia Areata

An auto-immune disease that affects the skin and results in hair loss and baldness. (see also "Auto-Immune Disorders")

Resources: see "Disability;" also "Wigs" in "Equipment/Supplies"

- National Alopecia Areata Foundation
 - Address: P.O. Box 150760, San Rafael, California 94915-0760
 - Phone: (415) 472-3780
 - Website: <http://www.naaf.org>
 - E-mail: info@naaf.org

Angelman Syndrome

A rare inherited disease that causes neurological problems, including developmental delays, speech limitations and problems with walking and staying upright. (see also "Orphan Disorders")

Resources: see "Disability;" also "Wigs" in "Equipment/Supplies"

- Angelman Syndrome Foundation
 - Address: 3015 E. New York St., Suite A2265, Aurora, Illinois 60504
 - Phone: (630) 978-4245 / Toll Free: (800) 432-6435
 - Website: <http://www.angelman.org>

Anorexia Nervosa

An eating disorder characterized by the individual's unrealistic body image and extreme methods, such as self-starvation, to lose or maintain weight. (see also "Eating Disorders")

Antisocial Personality Disorder

A psychiatric condition characterized by a long-term, pervasive pattern of disregarding others and their rights. (see also "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

Anxiety and Panic Disorders

A class of psychiatric conditions characterized by excessive fear, worry and unease that interfere with the individual's everyday life for extended periods. (see also "Mental Illness")

Local Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with anxiety, panic disorders, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

National Resources:

- Anxiety Disorders Association of America
 - Phone: (301) 231-3950 / (202) 363-1010
 - Website: <http://www.adaa.org>
- NIMH Hotline for Depression and Panic Disorder
 - Toll Free: (800) 421-4211

Aphasia

A condition characterized by either partial or total loss of the ability to communicate verbally or using written words; may be caused by brain injury, stroke, tumor or disease such as encephalitis.

Resources: see "Disability," "Parent Resources," "Speech Impairments," "Sibling Resources"

Arthrogryposis

A rare disorder that involves an infant being born with contracted joints that are locked into position. (see also "Orphan Disorders")

Resources: see "Disability," "Early Childhood Intervention," "Orphan Disorders," "Parent Resources," "Sibling Resources"

Asperger's Syndrome

A type of Pervasive Developmental Disorder, characterized by significant deficiencies in social and communication skills, but normal language and cognitive development. (see also "Pervasive Developmental Disorders")

Local Resources: see "Disability," "Early Childhood Intervention," "Pervasive Developmental Disorder," "Parent Resources," "Sibling Resources"

- Thoughtful House Center for Children
 - Address: 3001 Bee Caves Road, Austin, Texas 78746
 - Phone: (512) 732-8400 / Fax: (512) 732-8353
 - E-mail: info@thoughtfulhouse.org
 - Website: <http://www.thoughtfulhouse.org>
 - Description: The Center provides a range of services for individuals with autism spectrum disorders, as well as PDD and ASHD, including: one-to-one therapy and supervision, parent training, school shadowing, diagnosis and assessment, IEP assistance and nutritional services.

National Resources: see "Disability," "Early Childhood Intervention," "Pervasive Developmental Disorder," "Parent Resources," "Sibling Resources"

- A Mind Apart: Understanding Children and Adults with Autism and Asperger's Syndrome (Book)
 - Author: Peter Szatmori, M.D.
 - Toll Free: (800) 233-9273 (ADD Warehouse)
 - Description: A book that gives parents a real understanding of the striking ways in which these kids' minds work differently.

Asthma

A chronic disease of the lungs that is characterized by a tightening of the bronchial tubes and difficulty with breathing.

Local Resources: see "Disability," "Parent Resources," "Sibling Resources"

- The Asthma Services Program at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team offers comprehensive and coordinated care for young patients and their families.

National Resources: see "Disability," "Parent Resources," "Sibling Resources"

- American Lung Association of Texas – Central Region
 - Address: 5926 Balcones Dr., Suite 100, Austin, Texas, 78731
 - Toll Free: (800) 548-8252

Ataxia Telangiectasia

A rare disease that involves progressive degeneration of the brain and results in deterioration of motor and mental functions. (see also "Orphan Disorders")

Resources: see "Disability," "Early Childhood Intervention," "Orphan Disorders," "Parent Resources," "Sibling Resources"

Attention Deficit Disorder (ADD)

A learning disorder that is characterized by poor concentration and lack of focus. (see also "Learning Disabilities")

Local Resources: see also "Learning Disabilities," "Schools for Special Needs"

- Children and Adults with Attention Disorders
 - Address: 2616 Winding Brook Dr., Austin, Texas 78748
 - Phone: (512) 292-1518
- Thoughtful House Center for Children
 - Address: 3001 Bee Caves Road, Austin, Texas 78746
 - Phone: (512) 732-8400 / Fax: (512) 732-8353
 - E-mail: info@thoughtfulhouse.org
 - Website: <http://www.thoughtfulhouse.org>
 - Description: The Center provides a range of services for individuals with autism spectrum disorders, as well as PDD and ADHD, including: one-to-one therapy and supervision, parent training, school shadowing, diagnosis and assessment, IEP assistance and nutritional services.

National Resources: see also "Learning Disabilities," "Parent Resources," "Sibling Resources"

- ADDitude Magazine
 - To Order: (800) 762-8475
 - Website: <http://www.additudemag.com>
 - Description: Bi-monthly magazine dedicated to improving academic, vocational and social outcomes for people with ADD.
- The A.D.D. Warehouse
 - Toll Free: (800) 233-9273
 - Website: <http://addwarehouse.com>
 - Description: The leading resource for the understanding and treatment of all developmental disorders including ADHD; offers support, advocacy, links and a bookstore with books and tapes for parents, kids and educators.
- Children and Adults with Attention Deficit Disorder (C.H.A.D.D.)
 - Address: 8181 Professional Place, Suite 150, Landover, Maryland 20785
 - Phone: (301) 306-7070 / Toll Free: (800) 233-4050
 - Website: <http://www.chadd.org> / <http://www.help4adhd.org>

Attention Deficit / Hyperactivity Disorder (ADHD)

A learning disorder characterized by poor concentration and lack of focus as well as over activity and impulsivity. (see also "Learning Disabilities")

Local Resources: see also "Learning Disabilities," "Schools for Special Needs"

- Children and Adults with Attention Disorders
 - Address: 2616 Winding Brook Dr., Austin, Texas 78748
 - Phone: (512) 292-1518
- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with ADHD, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

National Resources: see also "Learning Disabilities," "Parent Resources," "Schools for Special Needs"

- The A.D.D. Warehouse
 - Toll Free: (800) 233-9273
 - Website: <http://www.addwarehouse.com>
 - Description: The leading resource for the understanding and treatment of all developmental disorders including ADHD; offers support, advocacy, links and a bookstore with books and tapes for parents, kids and educators.
- Identifying and Treating Attention Deficit Hyperactivity Disorder: A Resource for School and Home (Book)
 - To Order: (877) 433-7827 / Fax: (301) 470-1244
 - Website: <http://www.ed.gov/about/reports/annual/osep/index.html#ad/hd-res>
 - Description: A free guidebook created by the U.S. Department of Education to help families navigate the special education system and work with students with AD/HD.
- Parenting Children with AD/HD: 10 Lessons that Medicine Can't Teach (Book)
 - Author: Vincent J. Monastra (American Psychological Association)
 - Description: A clinical psychologist uses the knowledge gained from treating thousands of patients with AD/HD and related learning and behavioral disorders to produce a practical and informative guide.
- Teaching Children with Attention Deficit/Hyperactivity Disorder
 - Website: <http://www.ed.gov/about/reports/annual/osep/index.htm#ad/hd-res2>

Auditory Processing Disorder

A type of learning disability characterized by significant difficulties making sense of what is heard, even though the hearing is normal. (see also "Learning Disabilities")

Local Resources: see "Learning Disabilities," "Parent Resources," "Schools for Special Needs"

Autism

A type of Pervasive Developmental Disorder that affects how a child processes and perceives information; causes significant difficulties in the child's ability to communicate with and relate to others; may cause delayed cognitive development in other areas. (see also "Pervasive Developmental Disorder")

Local Resources: see "Camps for Special Needs," "Disability," "Early Childhood Intervention," "Parent Resources," "Schools for Special Needs," "Sibling Resources"

- Autism Support Group – meets in Austin
 - Phone: Pat Martin (ATCMHMR): (512) 414-0118 / Colleen Horton (AISD): (512) 232-0754
- Helping Autism Through Learning and Outreach (HALO)
 - Address: P.O. Box 303399, Austin, Texas 78703
 - Phone: (512) 465-9595 / Fax: (512) 465-9598
 - Website: <http://www.halo-soma.org>
 - Description: The non-profit program offers innovative academic instruction that leads towards communication for persons with autism. The program was originally developed by

- o a mother for the needs of her own son with autism.
- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - o Address: 4900 Mueller Blvd., Austin, Texas 78723
 - o Phone: (512) 324-0000
 - o Website: <http://www.dellchildrens.net>
 - o Description: An interdisciplinary team that offers comprehensive and coordinated care for young patients and their families.
- Thoughtful House Center for Children
 - o Address: 3001 Bee Caves Road, Austin, Texas 78746
 - o Phone: (512) 732-8400 / Fax: (512) 732-8353
 - o E-mail: info@thoughtfulhouse.org
 - o Website: <http://www.thoughtfulhouse.org>
 - o Description: The Center provides a range of services for individuals with autism spectrum disorders, as well as PDD and ADHD, including: one-to-one therapy and supervision, parent training, school shadowing, diagnosis and assessment, IEP assistance and nutritional services.
- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - o Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - o Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - o Description: A free class for parents of children with autism, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

National Resources: see "Camps for Special Needs," "Disability," "Pervasive Developmental Disorder," "Parent Resources," "Sibling Resources"

- A Mind Apart: Understanding Children and Adults with Autism and Asperger's Syndrome (Book)
 - o Author: Peter Szatmori, M.D.
 - o Toll Free: (800) 233-9273 (ADD Warehouse)
 - o Description: A book that gives parents a real understanding of the striking ways in which these kids' minds work differently.
- Autism Society of America
 - o Address: 7910 Woodmont Ave., Suite 300, Bethesda, Maryland 20814-3067
 - o Phone: (301) 657-0881 / Toll Free: (800) 327-8476
 - o Website: <http://www.autism-society.org>
- National Autism Hot Line/Autism Service Center
 - o Address: 929 4th Ave., Huntington, West Virginia 25710-0507
 - o Phone: (304) 525-8014
 - o Website: <http://www.autismservices.org>

Auto-Immune Disorders

A group of 80 diseases which cause the body's immune system to produce antibodies to attack itself; e.g., Juvenile Diabetes, and Juvenile Rheumatoid Arthritis.

Resources: see "Disability," "Parent Resources," "Sibling Resources"

Batten Disease

An inherited disorder of the nervous system characterized by progressive loss of sight and motor skills, seizures and mental impairment.

Resources: see "Disability," "Early Childhood Intervention," "Parent Resources," "Sibling Resources"

- Batten Disease Support and Research Association
 - o Address: 120 Humphries Dr., Suite 2, Reynoldsburg, Ohio 43068
 - o Toll Free: (800) 448-4570
 - o Website: <http://www.bdsra.org>

Bipolar Disorder

Also known as manic-depressive illness; a psychiatric disorder that causes severe fluctuations in a person's moods, energy, and ability to function. (see also "Mental Illness," "Mood Disorders")

Local Resources: see "Counseling," "Mental Illness," "Schools for Special Needs"

- Depression and Bipolar Support Alliance, Austin Chapter
 - Address: 7701 N. Lamar, Suite 519, Austin, Texas 78752
 - Phone: (512) 371-7744 (Message Line; Not a Hotline)
- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with autism, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

National Resources: see "Mental Illness," "Parent Resources," "Sibling Resources"

- If Your Child is Bipolar: The Parent-to-Parent Guide to Living and Loving Your Bipolar Child (Book)
 - Authors: Cindy Singer and Sheryl Gurrentz (Perspective Publishing)
 - Description: This book helps parents with everyday challenges, everything from getting homework done to dealing with siblings.

Birth Defect

An abnormality present from birth, although it may not be detected at first. These abnormalities range from minor to major and may be accompanied by mental or physical disabilities. Not all birth defects are passed down from one generation to another. (see also "Congenital Abnormality," "Hereditary Disorder")

Resources: see "Disability," "Early Childhood Intervention," "Parent Resources," "Sibling Resources"

- Birth Defect Research for Children
 - Address: 930 Woodstock Rd., Suite 225, Orlando, Florida 32803
 - Phone: (407) 895-0802 / Fax: (407) 895-0824
 - Website: <http://www.birthdefects.org>
 - E-mail: staff@birthdefects.org
 - Notes: Ask about their video "Why My Child?"
- March of Dimes Birth Defects Foundation, Fulfillment Center
 - Address: P.O. Box 1657, Wilkes-Barre, Pennsylvania 18703
 - Toll Free: (800) 367-6630
- March of Dimes Birth Defects Foundation
 - Address: 1275 Mamaroneck Ave. White Plains, New York 10605
 - Phone: (914) 428-7100 / Toll Free: (888) 663-4637
 - Website: <http://www.modimes.org>
- March of Dimes – Austin Division
 - Address: 901 S. Mopac, Suite 195, Austin, Texas 78746
 - Phone: (512) 477-3221
 - Website: <http://www.marchofdimes.com>
 - Description: Their mission is to improve the health of babies by preventing birth defects and infant mortality through parent education

Blindness and Visual Impairment

The partial or total inability to see with one or both eyes.

Local Resources: see *Camps for Special Needs*," "Disability," "Early Childhood Intervention," "Schools for Special Needs"

- Prevent Blindness, Sight for Students Voucher Program
 - Address: 1100 W 45th St., Austin, Texas 78756
 - Phone: (512) 459-8936 / Fax: (512) 459-8937
 - Website: http://www.preventblindness.org/vision_screening/vsp.html
 - Email: pbtxaustin@ev1.net

- Description: Provides vouchers for free eye exams and glasses for low-income youth. As of October 2004, this program is temporarily suspended but should be operating again soon. Please check back to inquire about services or visit the national website listed above.
- Recording for the Blind and Dyslexic
 - Address: 1314 W.45th Street, Austin, Texas 78756
 - Phone: (512) 323-9390 / Toll Free: (877) 246-7321 / Fax: (512) 323-939
 - Description: Provides recordings for those who cannot effectively read standard print because of dyslexia, visual impairment or other disabilities; offers individual or institutional memberships. Programs through the Outreach Program. Open Monday-Friday, 8:00 AM – 5:00 PM.
- Texas Commission for the Blind: Blind & Visually Impaired Children's Program
 - Address: 7517 Cameron Rd. #120, Austin, Texas 78752
 - Phone: (512) 459-8575 / Toll Free & TDD: (800) 687-7008 / Local TDD: (512) 533-7147 / Fax: (512) 459-0200
 - Website: <http://www.tcb.state.tx.us>
 - Description: Provides assistance to children who are blind and visually impaired to develop their individual potential for independent living and financial self-sufficiency. Emphasis is placed on restoring vision, reducing dependency, and preparing for enhanced vocational success. Includes glasses, eye medical care, surgery, hospitalization, prosthetic appliances and developmental toys. Also provides counseling and guidance, so parents are better able to meet the needs of their children, and cope with the anxieties and misconceptions that accompany the loss of sight.
- Texas School for the Blind & Visually Impaired
 - Address: 1100 West 45th St., Austin, Texas 78756
 - Phone: (512) 454-8631 / Toll Free: (800) 872-5273 / TDD: (512) 206-9451 / Fax: (512) 206-9450
 - Website: <http://www.tsbvi.edu>
 - Description: Provides residential educational programs. Includes classroom instruction and remedial instruction on independent living skills. Provides infant/preschool classes.

National Resources: see “Camps for Special Needs,” “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- American Foundation for the Blind
 - Address: 11 Penn Plaza, Suite 300, New York, New York 10001
 - Phone: (212) 502-7600 (Information Line) / Toll Free: (800) 232-5463
 - Website: <http://www.afb.org>
 - E-mail: afbinfo@afb.net
- Lighthouse International
 - Address: 111 E. 59th St., New York, New York 10022-1202
 - Phone: (212) 821-9200 / Toll Free: (800) 829-0500 / TTY: (212) 821-9713
 - Website: <http://www.lighthouse.org>
- National Association for Parents of Children with Visual Impairment
 - Address: P.O. Box 317, Watertown, Massachusetts 02471
 - Phone: (617) 972-7441 / Toll Free: (800) 562-6265
 - Website: <http://www.spedex.com/napvi>
- National Organization of Parents with Blind Children
 - Website: <http://www.nfb.org/nopbc.htm>

Brain Aneurysm Disease (BAD)

A condition characterized by the weakening and abnormal widening of a vein or artery in the brain; may result from a birth defect, head trauma, high blood pressure or arteriosclerosis.

Local Resources: see “Parent Resources,” “Sibling Resources”

- The Missy Project
 - Address: 111303 Dead Oak Ln., Austin, Texas 78759
 - Phone: (512) 257-9680 (Ask for Mary Magel)

- Website: <http://www.themissyproject.com>
- Description: Dedicated to raising awareness of Brain Aneurysm Disease in children through education, outreach and detection.

Brain Injury

A traumatic incident that damages the brain and affects its functioning.

Local Resources: see “Disability,” “Parent Resources,” “Sibling Resources”

- Texas Neuro Rehab Center
 - Address: 1106 W. Dittmar Rd., Austin, Texas 78745
 - Phone: (512) 444-4835 / Toll Free: (800) 252-5151 / Fax: (512) 462-6749
 - Website: <http://www.texasneurerehab.com>
 - E-mail: smcdaniel@psysolutions.com
 - Description: Provides inpatient and residential rehabilitation and neurobehavioral treatment programs for children, ages 8 and above, and adults with post-traumatic brain injury and other neurological impairments.
- The Pediatric Neurosurgery Program at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team offers comprehensive and coordinated care for young patients and their families. Spasticity causes tightness or stiffness of the muscles, especially in the arms and legs and is associated with conditions such as cerebral palsy and brain and spinal cord injuries.

National Resources: see “Disability,” “Parent Resources,” “Sibling Resources”

- Brain Injury Association
 - Website: <http://www.biausa.org/Pages/splash.html>
- Traumatic Brain Injury Technical Assistance Center
 - Website: <http://www.nashia.org>

Bulimia

An eating disorder characterized by binges of over-eating, followed by attempts to counteract the effects by purging, whether by self-induced vomiting, laxatives, prolonged exercise and fasting. (see also “Eating Disorders”)

Resources: see “Counseling,” “Mental Illness,” “Parent Resources,” “Sibling Resources”

Camps for Special Needs

Local Resources:

- Adaptive Summer Day Camps
 - Address: 2401-A Columbus Dr., Austin, Texas 78746
 - Phone: (512) 327-6498
 - Website: <http://www.ci.austin.tx.us/parks/rec-centers.htm>
 - E-mail: amycollins@ci.austin.tx.us
 - Description: Information on city-run camps for young people, age 7 to 22, with disabilities.
- Camp Agape Bereavement Camp for Children
 - Address: Confidential Location in Texas
 - Phone: (512) 756-7353
- Camp Brave Heart (Hospice Austin)
 - Address: 4107 Spicewood Springs Rd., Suite 100, Austin, Texas 78759
 - Phone: (512) 342-4700 / Toll Free: (800) 445-3261 / Fax: (512) 795-9053
 - Website: <http://www.hospiceaustin.org>
 - E-mail: info@hospiceaustin.org
 - Description: Every summer provides two free, 3-day, 2-night camps for grieving youth.
- Camp C.A.M.P.
 - Address: 2525 Ladd St., Bldg. 3850, San Antonio, Texas 78227
 - Phone: (210) 292-3566 / (210) 292-3567

- Website: <http://www.campcamp.org>
 - E-mail: tinal@c-a-m-p.org
 - Description: Provides respite care on weekends during the year and summer camping for youth ages 5-21 with and without developmental disabilities and chronic illness. Siblings may attend.
- Camp Discovery (American Cancer Society)
 - Address: 2433-B Ridgepoint Dr., Austin, Texas 78752
 - Phone: (512) 919-1910 / Fax: (512) 919-1846
 - Website: <http://www.cancer.org>
 - Description: Week-long camp for ages kids 7-16 diagnosed with cancer and not able to attend other camps or live in an area where no camps are available. Not held in Austin.
- Camp Eskimo (Easter Seals Central Texas)
 - Address: 1611 Headway Circle - Bldg.2, Austin, Texas 78754
 - Phone: (512) 615-6842
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Provides a therapeutic day camp for young people 5-15 with special needs, as well as their siblings.
- Camp Shining Stars
 - Address: 2400 Augusta, Suite 252, Houston, Texas 77057
 - Phone: (713) 952-5499 / Toll Free: (800) 961-5683
 - Website: <http://www.nkfset.org>
 - Description: Provides week-long camp for children with kidney disease, kidney cancer or transplants.
- Camp Sign
 - Address: 4800 N. Lamar, Suite 2169, Austin, Texas 78756
 - Phone: (512) 407-3250 / TDD (512) 407-3251 / Fax: (512) 407-3299
 - Website: <http://www.dars.state.tx.us/dhhs/camp.shtml>
 - E-mail: ann.horn@dars.state.tx.us
 - Description: Provides a communication barrier-free, week-long summer for youth 8-17 who are deaf or hard of hearing. Camp is located in Conroe, Texas.
- Camp Sweeney
 - Address: 10687 FM 678, Whitesboro, Texas 76273
 - Phone: (940) 665-2011 / Fax: (940) 665-9467
 - Website: <http://www.campsweeney.org>
 - E-mail: infor@campsweeney.org
 - Description: Provides summertime residential camp for youths ages 6-18 with diabetes.
- Down Home Ranch
 - Address: 20250 FM 619, Elgin, Texas 78621
 - Phone: (512) 856-2246 / Fax: (512) 856-2246
 - Website: <http://www.downhomeranch.com>
 - Description: Offers summer and weekend camps for young people 13 and older with mental retardation.
- Epilepsy Foundation of Central and South Texas
 - Address: 10615 Perrin Beitel, Suite 602, San Antonio, Texas 78217
 - Phone: (210) 653-5353 / Toll Free: (888) 606-5353 / Fax: (210) 653-5355
 - Website: <http://www.efcst.com>
 - E-mail: staff@efcst.com
 - Description: Offers Camp Spike'n'Wave, a week-long, residential camp for children with epilepsy ages 8-14, and Kamp Kaleidoscope, a week-long residential camp for teens, ages 15-19, with epilepsy.
- Magic Camp
 - Address: Camp is held at various locations around Austin.
 - Phone: (512) 288-1596
 - Website: <http://www.magiccamp.com>
 - Description: A life skills camp for ages 6-12 that uses the fascination and fun of magic to

raise self-esteem, improve self-confidence, instill positive values, increase eye-hand coordination and recognize the benefits of reading. Approximately one fourth of the campers have special needs.

- **McBeth Recreation Center**
 - Address: 2401-A Columbus Dr., Austin, Texas 78746
 - Phone: (512) 974-9011 / TDD: (512) 327-6662 / Fax: (512) 327-6585
 - Website: http://www.ci.austin.tx.us/parks/rec_centers.htm
 - E-mail: amy.collins@ci.austin.tx.us
 - Description: Provides various year-round recreational activities, classes and pro-grams for children with and without disabilities.
- **Muscular Dystrophy Association**
 - Address: 3701 Executive Center Dr., Suite111, Austin, Texas 78731
 - Phone: (512) 345-3800 / Fax: (512) 345-3888
 - Website: <http://www.mdausa.org>
 - E-mail: austindistrict@mdausa.org
 - Description: Provides recreational summer camps for youth affected by muscular dystrophy.
- **Sunshine Camp at Lake Travis**
 - Address: P.O. Box 684980, Austin, Texas 78768
 - Phone: (512) 472-8107 / Fax: (512) 472-8123
 - Website: <http://www.sunshinecamps.org>
 - E-mail: sunshinecamps57@hotmail.com
 - Description: Provides week-long, overnight camp for at-risk youth, ages 12-15.
- **Sunshine Camp at Zilker Park**
 - Address: P.O. Box 684980, Austin, Texas 78768
 - Phone: (512) 472-8107 / Fax: (512) 472-8123
 - Website: <http://www.sunshinecamps.org>
 - E-mail: sunshinecamps57@hotmail.com
 - Description: Provides a 5-day, overnight camp for at-risk children, ages 7-11.
- **Texas Elks Camp**
 - Address: 1963 FM 1586, Gonzales, Texas 78626
 - Phone: (830) 875-2425 / Toll Free: (800) 880-7561 / Fax: (830) 875-5455
 - E-mail: txelks@gvec.net
 - Description: Provides a free, 6-week camp for 50 children, ages 7-15, with disabilities.
- **Texas School for the Blind and Visually Impaired**
 - Address: 1100 W.45th St., Austin, Texas 78756
 - Phone: (512) 454-8631 / Toll Free: (800) 872-5273 / TDD: (512) 206-9451 / Fax: (512) 206-9450
 - Website: <http://www.tsbvi.edu>
 - E-mail: philhatlen@tsbvi.edu
 - Description: Offers summer camps and summer school enrichment for blind and visually impaired young people, ages 6-21.
- **Texas School for the Deaf**
 - Address: 11-2 S. Congress Ave., Austin, Texas 78704
 - Phone: (512) 462-5353 / Toll Free: (800) 332-3873 / Fax: (512) 462-5666
 - Website: <http://www.tsd.state.tx.us>
 - E-mail: ercad@tsd.state.tx.us
 - Description: Provides 4-week summer camps for deaf and hard of hearing youth.

National Resources:

- **Guide to Summer Camps and Summer School and The Directory for Exceptional Children, a Listing of Educational and Training Facilities** Porter Sargent Publishers, Inc.
 - Address: 11 Beacon St., Suite 1400, Boston, Massachusetts 02108
 - Phone: (617) 523-1670 / Fax: (617) 523-1021
 - Website: <http://www.portersargent.com>
 - E-mail: info@portersargent.com

Cancer

A group of 100-plus diseases characterized by the uncontrolled growth and spread of abnormal cells.

Local Resources: see “Camps for Special Needs,” “Parent Resources,” “Sibling Resources”

- American Cancer Society (Central Texas)
 - Address: 2433-B Ridgepoint Dr., Austin, Texas 78754
 - Phone: (512) 919-1800
- American Cancer Society-National Cancer Info Center
 - Address: 2525 Ridgepoint Dr., Suite 100, Austin, Texas 78754
 - Toll Free: (800) 227-2345
- Candle Lighters Childhood Cancer Foundation
 - Address: 1121 E. 7th St., Austin, Texas 78702
 - Phone: (512) 454-3743 / Toll Free: (800) 672-0238 / Fax: (512) 454-0205
 - Website: <http://www.candlelightersaustin.org>
 - E-mail: info@abcaus.org
 - Description: Provides counseling and support groups to families with a child with a diagnosis of cancer. Also offers parent mentors, school based services, holiday celebrations, bereavement services, and education materials.
- The Childhood Cancer and Blood Disorders Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team offers comprehensive and coordinated care for young patients and their families.
- Lance Armstrong Foundation
 - Address (Mailing): P.O. Box 161150, Austin, Texas 78716
 - Phone: (512) 236-8820
 - Website: <http://www.livestrong.org>
 - Description: A local legend has inspired cancer patients around the world to “Live Strong!” Armstrong’s Foundation supports people in managing and surviving cancer through education, advocacy, public health information and research.
- Leukemia and Lymphoma Society
 - Address: 8500 N. Mopac, Suite 401, Austin, Texas 78759
 - Phone: (512) 343-7073 / Fax: (512) 345-8470
 - Website: <http://www.lls.org>
 - Description: Provides free support group and individual counseling to people with leukemia. Provides financial assistance and reimbursement for those in need.

National Resources: see “Parent Resources,” “Sibling Resources”

- American Cancer Society
 - Address: 1599 Clifton Rd., NE, Atlanta, Georgia 30329
 - Phone: (404) 320-3333 / Toll Free: (800) ACS-2345
 - Website: <http://www.cancer.org>
- Leukemia and Lymphoma Society
 - Website: <http://www.leukemia-lymphoma.org/hm-lis>

Cerebral Palsy

A group of chronic conditions affecting body movement and muscle coordination; caused by faulty development of the brain or by damage to it during or after birth.

Local Resources:

- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary program that offers comprehensive and coordinated care

for young patients diagnosed with a number of conditions such as cerebral palsy, and muscular dystrophy.

National Resources: see “Camps for Special Needs,” “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- United Cerebral Palsy Association, Inc.
 - Address: 1660 L. St. NW, Suite 700, Washington, DC 20036
 - Phone: (202) 973-7197 / Toll Free: (800) 872-5827 / TTY: (202) 973-7197 / Fax: (202) 776-0414
 - Website: <http://www.ucp.org>
 - E-mail: webmaster@ucp.org

CHARGE Syndrome

A rare congenital disorder that results from a specific pattern of birth defects and affects several organ systems of the body; one of the leading causes of combined sensory impairment (deaf-blindness). (see also “Orphan Disorders”)

Resources: see “Deaf-Blind,” “Disability,” “Early Childhood Intervention,” “Orphan Disorders,” “Parent Resources,” “Sibling Resources”

Children's Medical Central of Central Texas, The Dell

Resources:

- The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: The only free-standing pediatric facility serving a 46-county area; its services will position it as a world-class leader in simple and complex pediatric care.

Chromosome 9P Minus

Also known as Alfi's Syndrome or 9p-; an extremely rare inherited disorder where part of the ninth chromosome is missing, resulting in physical and mental disabilities. (see also “Orphan Disorders”)

Resources: see “Disability,” “Early Childhood Intervention,” “Orphan Disorders,” “Parent Resources,” “Sibling Resources”

- Chromosome 9P Network
 - Address: 393 N. Grass Valley Rd., Pine Valley, Utah 84781
 - Phone: (435) 574-1121
 - Website: <http://www.9pminus.org>

Cleft Palate

The congenital abnormalities that affect the upper lip and the hard and soft palate of the mouth; causes disfigurement as well as feeding difficulties, speech problems and ear infections. (see also “Craniofacial Abnormalities”)

Local Resources: see “Disability”

- The Cranofacial and Reconstructive Plastic Surgery program at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team provides comprehensive and coordinated care for children with cleft lip and palate and their families.

National Resources: see “Disability,” “Parent Resources,” “Sibling Resources”

- Cleft Palate Foundation
 - Address: 1504 East Franklin St., Suite 102, Chapel Hill, North Carolina 27514-2820
 - Phone: (919) 933-9044 / Toll Free: (800) 242-5338
 - Website: <http://www.cleftline.org>
 - E-mail: info@cleftline.org

- CLEFT-TALK Wide Smiles Magazine
 - Address: P.O. Box 5153, Stockton, California 95205-0153
 - Phone: (209) 942-2812 / Fax: (209) 464-1497
 - Website: <http://www.widesmiles.org>
 - Notes: Use website to access CLEFT-TALK. Ask about "Thumper, the Cleft Affected Bunny."

Conduct Disorder

A class of psychiatric conditions characterized by a persistent pattern of behavior that involves aggression to people or animals, destruction of property, deceitfulness or theft, and serious violations of rules. (see also "Mental Illness")

Local Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with a conduct disorder, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

Congenital Abnormality

A defect present at birth that is not considered to be inherited. (see also "Birth Defect")

Cornelia de Lange Syndrome

A rare inherited disorder that causes a particular facial appearance, limb abnormalities, feeding and bowel problems and developmental delays. (see also "Orphan Disorders")

National Resources: see "Disability," "Early Childhood Intervention," "Orphan Disorders," "Parent Resources," "Sibling Resources"

- Cornelia de Lange Syndrome Foundation
 - Address: 302 W. Main St., #100, Avon, Connecticut 06001
 - Phone: (860) 676-8166 / Toll Free: (800) 223-8355 / Fax: (860) 676-8337
 - Website: <http://www.cdlsoutreach.org>
 - E-mail: info@cdlsusa.org

Counseling

The congenital abnormalities that affect the upper lip and the hard and soft palate of the mouth; causes disfigurement as well as feeding difficulties, speech problems and ear infections. (see also "Craniofacial Abnormalities")

Referrals: In addition, check with the local mental health associations to get referrals for clinical social workers, licensed professional counselors, psychologists, psychiatrists and psychotherapists.

- Capital Area Psychological Association, Information & Referral Service
 - Phone: (512) 451-4983
- Therapy Referral Network
 - Website: <http://www.therapy-referral.com>

Services: A complete listing of local MHMR centers can be found under "Mental Illness."

- Austin Academy for Individual and Relationship Therapy
 - Address: 4201 Bee Cave Rd., Suite C-213, Austin, Texas 78746
 - Phone: (512) 329-6611
 - Description: Provides counseling for children, adults, couples and families. Services are provided by supervised, post-graduate counselors-in-training.
- Austin Child Guidance Center
 - Address: 810 West 45th St., Austin, Texas 78751
 - Phone: (512) 451-2242 / Fax: (512) 454-9204
 - Website: <http://www.austinchildguidance.org>

- Description: Provides individual, group, and family counseling. Areas of specialization include emotional, social or behavioral problems, low self-esteem, depression, sexual/physical abuse, neglect, school adjustment problems, at-risk youth, victims or witness to violence. Also provides psychiatric evaluation, psychological & neuropsychological assessments, assessments for learning disabilities and attention deficit disorders, intelligence testing, play therapy, and outdoor experiential activities for children and their families.
- Austin ISD – Guidance and Counseling
 - Address: 1111 West 6th St., Suite A-300, Austin, Texas 78703
 - Phone: (512) 414-0713
 - Website: <http://www.austin.isd.tenet.edu>
 - Description: Provides personal, social and educational counseling for students in K-12.
- Austin Travis County MHMR Center – Child & Family Services
 - Address: 6207 Sheridan Ave., Austin, Texas 78723
 - Phone: (512) 472-4357 / TDD: (512) 703-1395 / Administrative: (512) 447-4141
 - Description: Provides mental health services for children and their families, including outpatient counseling, home-based counseling, group therapy for adolescents, care coordination, medication management and family counseling for youth involved in the juvenile justice system.
- Bluebonnet Trails Community MHMR Center – Round Rock Office
 - Address: 1009 N. Georgetown St., Round Rock, Texas 78664
 - Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (512) 255-1720
 - Description: Provides mental health services for children and youth with serious and persistent mental illness or emotional disturbances. Offers individually designed diagnosis and treatment services, which may include but are not limited to, diagnostic assessment, psychiatric medication, partial hospitalization, counseling, service coordination and crisis intervention.
- Boys and Girls Club of Highland Lakes
 - Address: 1701 Broadway, Marble Falls, Texas 78654
 - Phone: (830) 798-2582
 - Website: <http://www.bcg-hl.com>
 - Description: Offers counseling for at-risk youth.
- Capital Area Mental Health Center
 - Address: 1106 Clayton Lane, #105 West, Austin, Texas 78723
 - Phone: (512) 302-1000 / Fax: (512) 302-0850
 - Website: <http://www.camhc.org>
 - E-mail: camhc@camhc.org
 - Description: Provides low-cost, long-term counseling to individuals, couples, and families in a variety of areas. Includes anxiety, depression, anger, relationship issues, stress, communication, sexual abuse, etc. Day and evening appointments are available 7 days a week.
- Cedar Creek Associates
 - Address: 101 Uland Rd., Suite 202, San Marcos, Texas 78666
 - Phone: (512) 394-8540
 - Website: <http://www.cedarcreekassociates.com>
 - Description: Provides individual, family and group psychotherapy for children, adolescents and adults.
- Children's Advocacy Center Serving Bastrop, Fayette, & Lee Counties
 - Address: 1002 Chestnut St., Bastrop, Texas 78602
 - Phone: (512) 321-6161
 - Website: <http://www.childrensadvocacycenter.org>
 - E-mail: cacbastrop@austin.rr.com
 - Description: Provides counseling, interviewing and crisis intervention for children who are victims of physical or sexual abuse, witnesses of violent crime and at-risk.

- El Buen Samaritano
 - Address: 7000 Woodhue Drive, Austin, Texas 78745
 - Phone: (512) 439-0742
 - Website: <http://www.elbuen.org>
 - Description: Works with the Hispanic community to provide counseling and referrals for families in need.
- Hays County Star Services
 - Address: 402 I-H 35 North, San Marcos, Texas 78667
 - Phone: (512) 754-0500
 - Website: <http://www.gsmyc.org>
 - Description: Provides short-term, solution-focused counseling for at-risk youth and their families.
- Insight Center, The
 - Address: 2308 Lake Austin Boulevard, Austin, Texas 78703
 - Phone: (512) 469-0392
 - Description: Provides individual and group counseling for adolescents and adults for body image issues and eating disorders, anxiety and depression.
- Intervention Services – School Based Services
 - Address: 605 East University, Georgetown, Texas 78626
 - Phone: (512) 763-0478
 - Website: <http://www.interventionservices.org>
 - E-mail: isutex@earthlink.net
 - Description: Provides outpatient psychotherapy for children, adolescents and adults; also offers play therapy and group therapy.
- K-Star Youth and Family Services – Runaway Program (Blanco/Llano)
 - Address: 1110 Mesquite St., Blanco, Texas 78606
 - Phone: (830) 833-2138 / Toll Free: (800) 381-4617
 - Website: <http://www.kstar.org>
 - E-mail: kstaryfs@kfc.com
 - Description: Provides short-term services to youth 7-17 to prevent runaway and truancy problems, and reduce risk of abuse and neglect.
- K-Star Youth and Family Services – Runaway Program (Burnet County)
 - Address: 1200 CR 342 C, Marble Falls, Texas 78654
 - Phone: (830) 798-2330 / Toll Free: (800) 381-4617
 - Website: <http://www.kstar.org>
 - E-mail: kstaryfs@kfc.com
 - Description: Provides short-term services to youth 7-17 to prevent runaway and truancy problems, and reduce risk of abuse and neglect.
- Kyle Family Preservation (Hill Country Community MHMR Center)
 - Address: 105 Center St., Kyle, Texas 78640
 - Phone: (512) 268-2624 / Fax: (512) 268-1574
 - Website: <http://www.hillcountry.org>
 - Description: Provides psychiatric services to young people 4-17. Initial assessment determines eligibility.
- LifeWorks – Street Outreach
 - Address: 408 West 23rd St., Austin, Texas 78705
 - Phone: (512) 474-5606 / Fax: (512) 474-7815
 - Website: <http://www.lifeworksweb.org>
 - Description: Provides outreach for homeless, at-risk, runaway youth, ages 10-23.
- LifeWorks – Youth and Adult Counseling
 - Address: 1221 West Ben White Boulevard, Suite 108-A, Austin, Texas 78704
 - Phone: (512) 251-3298
 - Website: <http://www.lifeworksweb.org>
 - Description: Provides short-termed, strength-based counseling for youth ages 7-17, adults and families with concerns about family conflict, runaway behavior, truancy, delin-

- quency, abuse and abandonment.
- Morning Glory Treatment Center for Children
 - Address: 1207 Pigeon Forge Rd., Pflugerville, Texas 78660
 - Phone: (512) 251-3298 / Fax: (512) 251-3298
 - Website: <http://www.playtherapygames.com>
 - E-mail: webmaster@playtherapygames.com
 - Description: Provides telephone crisis counseling; individual, group and family counseling; play therapy for youth ages 3-17; parenting education and teacher training.
 - New Life Institute
 - Address: 4001 Speedway, Austin, Texas 78765
 - Phone: (512) 469-9447
 - Website: <http://www.newlifetexas.org>
 - E-mail: newlifetexas@cs.com
 - Description: Provides individual, couple and family counseling to people regardless of faith or practice.
 - New Pathways, Inc.
 - Address: 800 E. Main St., Round Rock, Texas 78664
 - Phone: (512) 716-0001
 - E-mail: newpathways@austin.rr.com
 - Description: Provides counseling for adolescents and adults; specializes in working with at-risk youth, juvenile offenders and the special needs community, including those who are deaf and hard of hearing.
 - People's Community Clinic – Center for Adolescent Health
 - Address: 2909 North I-35, Austin, Texas 78722
 - Phone: (512) 478-4939
 - Website: <http://www.pcclinic.org>
 - E-mail: peoples@austinpcc.com
 - Description: Provides a confidential, full-service health clinic for adolescents, ages 11-19 with a focus on treating the whole person.
 - Round Rock ISD – Student & Family Support Counseling Program
 - Address: 1311 Round Rock Ave., Round Rock, Texas 78681
 - Phone: (512) 464-5089
 - Website: <http://www.roundrockisd.org>
 - Description: Provides individual and family counseling, as well as support groups, for students in K-12.
 - SafePlace – Expect Respect School-Based Programs
 - Address: 1515-A Grove Blvd., Austin, Texas 78741
 - Phone: (512) 267-7233 / TTY: (512) 927-9616
 - Description: Offers counseling and peer support for students who have experienced domestic violence, sexual abuse or dating violence. Also provides in-school programs for early intervention and prevention of domestic violence, sexual assault and harassment.
 - Samaritan Center for Counseling and Pastoral Care (Austin)
 - Address: 5425-A Burnet Rd., Austin, Texas 78756
 - Phone: (512) 451-7337
 - Website: <http://www.samaritan-center.org>
 - Description: Provides counseling to individuals, couples and families. Counselors are trained in the behavioral sciences and spirituality. Religious resources available.
 - Samaritan Center for Counseling and Pastoral Care (San Marcos)
 - Address: 129 W. Hutchinson, San Marcos, Texas 78666
 - Phone: (512) 302-7091
 - Website: <http://www.samaritan-center.org>
 - Description: Provides counseling to individuals, couples and families. Counselors are trained in the behavioral sciences and spirituality. Religious resources available.
 - SIMS Foundation
 - Address: 54 Chicon St., Austin, Texas 78702

- Phone: (512) 396-7241
 - Website: <http://www.simsfoundation.org>
 - E-mail: sims@austin.rr.com
 - Description: Offers mental health services for local musicians and their families.
- Springs, The: Center for Counseling and Supervision
 - Address: 1205 Hwy. 123, Suite 302, San Marcos, Texas 78666
 - Phone: (512) 396-7241
 - Description: Provides counseling and psychotherapy for children and adults.
- STAR (Bastrop and Lee Counties)
 - Address: 1106 College, Suite D, Bastrop, Texas 78602
 - Phone: (512) 321-2130 / Toll Free: (800) 532-8192
 - Website: <http://www.connectionsnonprofit.com>
 - Description: Provides short-term, solution-focused counseling for at-risk youth and their families.
- STAR (Caldwell County)
 - Address: 215 Bufkin, Lockhart, Texas 78644
 - Phone: (512) 398-6833 / Toll Free: (800) 532-8192
 - Website: <http://www.connectionsnonprofit.com>
 - Description: Provides short-term, solution-focused counseling for at-risk youth and their families.
- STAR (Fayette County)
 - Address: 228 N. Main, La Grange, Texas 78945-2234
 - Phone: (979) 732-8355 / Toll Free: (800) 256-7321
 - Website: <http://www.connectionsnonprofit.com>
 - Description: Provides short-term, solution-focused counseling for at-risk youth and their families.
- Starlite Recovery Center
 - Address: 230 Mesa Verde Drive East, Center Point, Texas 78010
 - Toll Free: (800) 292-0148
- STARRY, Inc. – Services to At-Risk and Runaway Youth
 - Address: 1300 N. Mays, Round Rock, Texas 78664
 - Phone: (512) 388-8290
 - Website: <http://www.starryonline.org>
 - Description: Provides individual, family and group counseling using a skills-based model for at-risk youth.
- Texas Baptist Children's Home, Inc. – Campus Life Program
 - Address: 1101 N. Mays, Round Rock, Texas 78664-4203
 - Phone: (512) 255-3682
 - Website: <http://www.tbch.org>
 - E-mail: info@tbch.org
 - Description: Provides a family-like environment for young people experiencing a family crisis. Minimum stay is six months; students attend Round Rock ISD.
- Williamson County Crisis Center
 - Address: 211 Commerce Blvd., #103, Round Rock, Texas 78664
 - Toll Free: (800) 460-7233
 - Website: <http://www.wccc.info>
 - E-mail: wccc@aol.com
 - Description: Provides crisis hotline, emergency shelter, counseling and various support groups for domestic violence and sexual abuse and assault.
- Williamson County Crisis Center Outreach
 - Address: 500 S. Main St., Taylor, Texas 78664
 - Toll Free: (800) 460-7233
 - Website: <http://www.wccc.info>
 - E-mail: wccc@aol.com
 - Description: Provides crisis hotline, emergency shelter, counseling, legal advocacy and

other services to survivors of domestic violence, sexual assault and abuse.

- YWCA – YW Counseling and Referral Center
 - Address: 2015 South I-35, Suite 110, Austin, Texas 78741
 - Phone: (512) 326-1222
 - Website: <http://www.ywcaAustin.org>
 - E-mail: info@ywcaAustin.org
 - Description: Provides a maximum of 10 sessions of counseling per calendar year related to such issues as stress, depression, self-esteem, anxiety, anger management, communication problems, suicide, and relationship problems.

Cranial Stenosis

A condition that results from the premature joining of certain bones in the skull and affects the shape of the head and face. (see also “Crouzon’s Disease”)

Resources: see “Disability,” “Parent Resources,” “Sibling Resources”

Craniofacial Abnormalities (CFA)

A group of congenital deformities, ranging from mild to severe, involving the growth of the skull and facial bones.

Local Resources: see “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- The Craniofacial and Reconstructive Plastic Surgery Center at The Dell Children’s Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team that offers comprehensive and coordinated care for young patients and their families.

National Resources: see “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- Children’s Craniofacial Association
 - Address: 13140 Coit Rd., Suite 307, Dallas, Texas 75240
 - Phone: (214) 570-9099 / Toll Free: (800) 535-3643
 - Website: <http://www.childrenscraniofacial.com>
 - E-mail: cca@ccakids.com
- Let’s Face It
 - Address: P.O. Box 29972, Bellingham, Washington 98228-1972
 - Phone: (360) 676-7325
 - Website: <http://www.faceit.org>
 - E-mail: letsfaceit@faceit.org / information@docworks.com
 - Notes: For a free copy of the “Let’s Face It” annual resource guide, send a 9”x12”, \$3.20 stamped envelope to them with a note about your situation.

Crouzon’s Disease

A rare congenital condition characterized by a premature joining of certain bones in the skull that affects the shape of the head and face. (see also “Cranial Stenosis,” “Orphan Disorders”)

Resources: see “Craniofacial Abnormality,” “Disability,” “Orphan Disorders,” “Parent Resources,” “Sibling Resources”

Cystic Fibrosis (CF)

A rare inherited disease that affects sodium channels in the body and causes respiratory and digestive problems.

Local Resources: see “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- Children with Special Health Care Needs (CSHCN)
 - Address: 1109 W 49th St., Austin, Texas 78756

- Phone: (512) 458-7111, ext. 3110 / Toll Free: (800) 252-8023 / Fax: (512) 458-7417
- Website: <http://www.tdh.state.tx.us/cshcn/default.htm>
- Description: This Texas Department of Health program is for anyone of any age with cystic fibrosis or for children under 21 with muscle, bone, or joint disabilities, and a variety of medically handicapping diseases. May pay for hospital, corrective surgery, prosthesis, medications, etc. if not already covered by CHIP, Medicaid, or private insurance.
- Cystic Fibrosis Foundation – Central Texas Chapter
 - Address: 505-B West Lynn, Austin, Texas 78703
 - Phone: (512) 338-1744
- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team provides comprehensive and coordinated care for young people with cystic fibrosis and their families.

National Resources: see “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- Cystic Fibrosis Foundation
 - Address: 6931 Arlington Rd., Bethesda, Maryland 20814
 - Phone: (301) 951-4422 / Toll Free: (800) 344-4823
 - Website: <http://www.cff.org>
 - E-mail: info@cff.org
- Brass Ring Society
 - Address: 500 Macaw Lane #5, Fern Park, Florida 32730
 - Toll Free: (800) 666-9474
 - Website: <http://www.brassring.org/brassring>
 - E-mail: brassring@brassring.org
 - Description: Fulfills wishes for children with cystic fibrosis between the ages of 4 and 17 who have not had wishes fulfilled by other organizations.

Deaf-Blind / Nonverbal

The multiple disabilities that result in the individual being unable to hear or see and often speak; often accompanied by impaired cognitive functioning.

Resources: see “Blindness,” “Deafness and Hearing Impairments,” “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- "D-B Link" National Information Clearinghouse on Children who are Deaf/Blind
 - Address: 345 N. Monmouth Ave., Monmouth, Oregon 97361
 - Toll Free: (800) 438-9376 / TTY: (800) 854-7013
 - Website: <http://www.tr.wou.edu/dblink>
 - E-mail: dblink@tr.wou.edu
 - Description: Provides information and referrals for services available to children from birth to 21 years of age who are deaf/blind. Website provides up to date information on research, state resources, etc.
- Helen Keller National Center for Deaf-Blind Youths and Adults
 - Address: 141 Middle Neck Rd., Sands Point, New York 11050
 - Phone: (516) 944-8900 / TTY: (516) 944-8637 / Fax: (516) 944-7302
 - Website: <http://www.helenkeller.org>
 - E-mail: hkncinfo@rcn.com
- National Technical Assistance Consortium for Children and Youth who are Deaf-Blind
 - Website: <http://www.tr.wou.edu/ntac>

Deafness and Hearing Impairments

The partial or total inability to hear sound in one or both ears.

Local Resources: see “Camps for Special Needs,” “Disability,” “Early Childhood Intervention,” “Equipment/Supplies,” “Parent Resources,” “Schools for Special Needs,” “Sibling Resources”

- Communication Sciences & Disorders Program – UT Speech & Hearing Center
 - Address: CMA, Space 2.200, Austin, Texas 78712
 - Phone: (512) 471-3841 / TDD: (512) 471-3841 / Fax: (512) 232-1804
 - Website: <http://csd.utexas.edu/UTSHC.html>
 - Description: Provides services including assessment of hearing, speech and language disorders; fitting and dispensing of hearing aids; training for parents of children with language delays; and treatment of communication disorders. Also provides support groups. Services provided by supervised graduate students in English or Spanish.
- Easter Seals Central Texas – Auditory Services
 - Address: 1611 Headway Circle- Bldg.2, Austin, Texas 78754
 - Phone: (512) 478-2581/ Fax: (512) 476-1638
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Provides the following audiological services: Diagnose the type and severity of hearing loss; determine the capacity for hearing aids and other assistive devices; provides counseling for the whole family on communication disorders; determine the need for medical referral; provide hearing aid fittings and follow-up services.
- Texas School for the Deaf – Educational Resource Center on Deaf
 - Address: 1102 S. Congress Ave., Austin, Texas 78704
 - Phone: (512) 462-5329 / TDD: (800) 332-3873 / Spanish TDD: (800) 662-4954 / Fax: (512) 462-5661
 - Website: <http://www.tsd.state.tx.us>
 - Description: Provides free hearing screenings. Provides educational services for youth who are deaf or hard of hearing. Includes residential school for children aged 5-22 and day school for children to age 22. Provides infant-parent program for newborns to 3 years old. Also provides summer programs for children and adults.
- Deaf Advocacy Project offered by Advocacy, Inc.
 - Address: 7800 Shoal Creek Blvd. #171-E Austin, Texas 78757
 - Phone: (V/TDD) (512) 454-4816
 - Toll Free: (V/TDD) (800) 252-9108
 - Website: <http://www.advocacyinc.org>
 - Email: infoai@advocacyinc.org

National Resources: see “Blindness,” “Deafness and Hearing Impairments,” “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- Alexander Graham Bell Association for the Deaf and Hard of Hearing
 - Address: 3417 Volta Place, Washington, DC 20007-2778
 - Phone: (202) 337-5220 / (202) 337-5221 / TTY: (866) 337-5220 / Fax: (202) 337-8314
 - Website: <http://www.agbell.org>
- National Deaf Education Network and Clearinghouse
 - Address: Laurent Clerc National Deaf Education Center / Gallaudet University
800 Florida Ave., NE, Washington, DC 20002-3695
 - Phone: (202) 651-5000 (Voice & TTY) / Fax: (202) 651-5054
 - Website: <http://www.clerccenter.gallaudet.edu>
 - E-mail: clearinghouse.infotogo@gallaudet.edu
 - Description: Provides services for young people from birth to 21.
- National Speech-Language-Hearing Association
 - Website: <http://www.asha.org>
- Self-Help for Hard of Hearing People
 - Website: <http://www.shhh.org>

Dental

Anything having to do with the proper structure and functioning of the teeth, gums and mouth.

Local Resources:

- Stephen M. Sherwood, D.D.S.
 - Address: 1111 W. 34th St., Suite 204, Austin, Texas 78705
 - Phone: (512) 454-6936 / Fax: (512) 454-0437
 - Description: Dentistry for Children and Adolescents. Dr. Sherwood did his training in a pediatric hospital setting and has experience working with children with disabilities, including Down syndrome, autism, and cerebral palsy. Medicaid is no longer accepted.

Depression

A psychiatric disorder in which pervasive feelings of sadness, anger, loss and frustration interfere with everyday life for an extended period. (see also *"Mental Illness," "Mood Disorders"*)

Local Resources: see *"Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"*

- Depression and Bipolar Support Alliance, Austin Chapter
 - Address: 7701 N. Lamar, Suite 519, Austin, Texas 78752
 - Phone: (512) 371-7744 (message line; not a hot line)
- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with depression, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.
- NIMH Hotline for Depression and Panic Disorder
 - Toll Free: (800) 421-4211

National Resources: see *"Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"*

- More Than Moody: Recognizing and Treating Adolescent Depression (Book)
 - Author: Harold Kaplewicz, M.D. (Putnam)
 - Description: This book provides a practical guide to a problem that affects one out of five teens.
- National Depression Screening Day
 - Address: One Washington St., Suite 304, Wellesley, Massachusetts 02481
 - Phone: (781) 230-0071
- Depression Website sponsored by Johns Hopkins School of Medicine
 - Website: <http://www.depressedteens.com>

Developmental Arithmetic Disorder

A type of learning disability characterized by significant difficulties in recognizing numbers and symbols, memorizing facts, aligning numbers and understanding abstract concepts like place and fractions. (see also *"Learning Disabilities"*)

Resources: see *"Learning Disabilities," "Schools for Special Needs"*

Developmental Articulation Disorder

A type of learning disability characterized by significant difficulties controlling the rate of speech or learning to make language sounds. (see also *"Learning Disabilities," "Speech Impairment"*)

Resources: see *"Learning Disabilities," "Schools for Special Needs," "Speech Impairment"*

Developmental Delay

The inability of an infant or child to reach a specific developmental milestone within the particular time frame.

Resources: see *"Disability," "Early Childhood Intervention"*

Developmental Disability

A condition that affects a child's cognitive, motor or social development; these conditions limit and/or delay a child's normal growth or development.

Resources:

- The A.D.D. Warehouse
 - Toll Free: (800) 233-9223
 - Website: <http://addwarehouse.com>
 - Description: The leading resource for the understanding and treatment of all developmental disorders including ADHD; offers support, advocacy, links and a bookstore with books and tapes for parents, kids and educators.

Developmental Expressive Language Disorder

A type of learning disability characterized by significant difficulties expressing oneself through speech; can take many forms such as a four year old who speaks only two word phrases or a six year old who cannot answer simple questions. (see also "Learning Disabilities")

Resources: see "Learning Disabilities," "Schools for Special Needs," "Speech Impairment"

Developmental Reading Disorder

A type of learning disability characterized by significant difficulties with one or more of the six tasks associated with reading: Focusing attention on printed material and controlling eye movements, recognizing sounds associated with letters, understanding words and grammar, building ideas and images, and comparing new ideas to previous learning. (see also "Learning Disabilities")

Resources: see "Learning Disabilities," "Schools for Special Needs"

Developmental Receptive Language Disorder

A type of learning disability characterized by significant difficulties making sense of certain sounds, words or sentences, even though one's hearing is normal. (see also "Learning Disabilities")

Resources: see "Learning Disabilities," "Schools for Special Needs," "Speech Impairment"

Developmental Spelling Disorder

A type of learning disability characterized by significant difficulties in correctly putting letters together to form words. (see also "Learning Disabilities")

Resources: see "Learning Disabilities," "Schools for Special Needs"

Developmental Writing Disorder

A type of learning disability characterized by significant difficulties expressing oneself through writing; involves problems with vocabulary, grammar, hand movement and/or memory. (see also "Learning Disabilities")

Resources: see "Learning Disabilities," "Schools for Special Needs"

Diabetes, Juvenile

A chronic disease of the endocrine system characterized by high levels of sugar in the blood; Type 1 (Juvenile Diabetes) is categorized as an auto-immune disorder. (see also "Auto-Immune Disorders")

Local Resources: see "Camps for Special Needs," "Disability," "Parent Resources," "Sibling Resources"

- American Diabetes Association (Capital Area Chapter)
 - Address: 2499 Capital of Texas Hwy. South, Bldg. A #105, Austin, Texas 78746
 - Phone: (512) 472-9838
- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team provides comprehensive and coordinated care for young people with diabetes and their families.

National Resources: see "Disability," "Parent Resources," "Sibling Resources"

- Juvenile Diabetes Association International (JDF)
 - Website: <http://www.jdrf.org>

Disability

An impairment that substantially limits a young person's ability to perform one or more basic activities within the range considered normal.

Local Resources: see "Camps for Special Needs," "Early Childhood Intervention," "Equipment/Supplies," "Financial," "Legal Resources for Families with Special Needs," "Lodging," "Parent Resources," "Recreational Opportunities," "Respite," "Rights for Young People with Special Needs," "Schools for Special Needs," "Sibling Resources"

- Advocacy, Inc.
 - Address: 7800 Shoal Creek Blvd. #171-E Austin, Texas 78757
 - Phone: (V/TDD) (512) 454-4816
 - Toll Free: (V/TDD) (800) 252-9108
 - Website: <http://www.advocacyinc.org>
 - Email: infoai@advocacyinc.org
 - Description: The mission is to advocate for, protect and advance the legal, human and service rights of people with disabilities.
- Any Baby Can – Child and Family Resource Center
 - Address: 1221 E. 7th St., Austin, Texas 78702
 - Phone: (512) 454-3743 / Toll Free: (800) 672-0238 / Fax: (512) 454-0205
 - E-mail: info@abcaus.org
 - Description: Provides services to families with a disabled or chronically ill child. Services include case management, prenatal education, advocacy support, community classes, food, clothing, bus passes, glasses, diapers, wheelchair, car seat, formula, medical equipment, and more.
- Arc of Texas, The
 - Address: 8001 Centre Park Dr., Austin, Texas 78754
 - Phone: (512) 454-6694 / Toll Free: (800) 252-9729 / Fax: (512) 454-4956
 - Website: <http://www.thearcoftexas.org>
 - E-mail: secretary@thearcoftexas.org
 - Description: Provides referrals to programs that serve people with mental retardation and other developmental disabilities; offers information packets on guardianship and estate planning, community living, employment, insurance, and inclusive education; also provides The Arc of Texas Master Pooled Trust that allows individuals with disabilities to maintain their eligibility for government benefits and use the trust for supplemental needs. Houses CLASS waiting list.
- Arc of the Capital Area, The
 - Address: 2818 San Gabriel St., Austin, Texas 78705
 - Phone: (512) 476-7044
- ARCIL, Inc. (Austin Resource Center for Independent Living)
 - Address: 825 E. Rundberg Ln., Suite A-1, Austin, Texas 78753
 - Phone: (512) 832-6349 / Fax: (512) 832-1869
 - Website: <http://www.arcil.com>
 - E-mail: arcil@arcil.com
 - Description: Provides advocacy services, training, information, referrals, peer counseling, and support groups for individuals, families, and caregivers of persons with disabilities.
- ARCIL, Inc. (Round Rock)
 - Address: 301 Hester's Crossing, Suite 210, Round Rock, Texas 78681
 - Phone: (512) 828-4624
- ARCIL, Inc. (San Marcos)
 - Address: 618 S. Guadalupe, #103, San Marcos, Texas 78666
 - Phone: (512) 396-5790
- Community Living Assistance & Support Services Program (CLASS)
 - Address: 701 W. 51st St., Austin, Texas 78751 (Physical)

- Mailing Address: P.O. Box 149030, Austin, Texas 78714 (Mailing)
- Phone: (512) 438-5658 / Toll Free: (877) 438-5658
- Website: <http://www.dhs.state.tx.us/programs/Elderly/CLASS.html>
- Description: Provides an array of in-home, individualized services to people with physical disabilities to maximize independence. Includes case management, nursing, attendant care, habilitation, adaptive aids, home modification, respite, speech therapy, occupational therapy, physical therapy, etc. Services provided ONLY to current clients. Call to schedule eligibility intake & to get on waiting list. Case management services are offered through The Arc of the Capital Area.
- Department of Assistive and Rehabilitative Services (DARS)
 - Address: 4800 N. Lamar Blvd., 3rd floor, Austin, Texas 78756
 - Phone: (512) 377-0500
 - Website: <http://www.dars.state.tx.us>
 - Description: Provides services to children with developmental delays and those who are disabled. Provides assistance for vision and hearing impairments, disability rehabilitation services, and early childhood intervention services. Also provides assistive technology and counseling for parents.
- Disability Services ASAP (A Safety Awareness Program) at SafePlace
 - Phone: (512) 267-7233
 - Website: <http://www.austin-safeplace.org>
 - Description: Abuse prevention and education for teachers, parents and students with disabilities.
- Easter Seals Central Texas
 - Address: 1611 Headway Circle- Bldg.2, Austin, Texas 78754
 - Phone: (512) 615-6800
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Provides interdisciplinary services to children with disabilities or special needs. Offers the only nationally accredited Early Childhood Intervention Program in Central Texas, as well the only federally certified Comprehensive Outpatient Rehabilitation Program with pediatric, specialty care provider status in Central Texas plus workforce development. Services include: Education; Physical, Occupational and Speech therapy; audiology; case management; parent support and training groups; assistive technology and transportation; limited respite care.
- First Call for Help (United Way)
 - Notes: For those with a 512 area code, dial 2-1-1 for comprehensive, confidential information and referral from a computerized database of services in the Austin area.
- GAFE (Grupo De Apoyo Para Familias Especiales)
 - Phone: (512) 385-8839
 - Description: Advocacy and support services to Spanish-speaking families.
- In-Home & Family Support Program
 - Address: 5225 N. Lamar, Austin, Texas 78751
 - Phone: (512) 483-5895 / MHMR Hotline: (512) 472-HELP / Referral and Intake: (512) 703-1370
 - Website: http://www.dhs.state.tx.us/programs/elderly/in_home.html
 - Description: Provides financial grants for the purchase of goods or services that will help relieve some of the physical, emotional, or economic stresses on families who have a member with disability living at home. May assist with counseling or training for caregivers, attendant care, respite care, special equipment, supplies, medical bills, utilities, dental care, glasses, barrier removal etc. This is a funding source of last resort, and all other possible resources must be exhausted. Program is administered through the Austin Travis County MHMR. Must be at least 4 years of age.
- Partners Resource Network and PATH Project
 - Address: 1090 Longfellow, Suite B, Beaumont, Texas 77706
 - Toll Free: (800) 866-4726 / Fax: (409) 898-4869
 - Website: <http://www.partnerstx.org>

- E-mail: partners@partnerstx.org
- Description: Provides free training, information, referrals and emotional support to parents of children with all sorts of disabilities. The goal is to help parents better understand their child's disabilities, understand the laws, provide follow-up support for educational programs and participate in educational decisions.
- Texas Parent to Parent
 - Phone: (512) 456-8600 / Toll Free: (866) 896-6001
 - Website: <http://www.main.org/txp2p>
 - Description: A state-wide non-profit for parents by parents; provides parent-to-parent matches, support, information, website, resources, newsletter, training.

National Resources: see "Camps for Special Needs," "Equipment/Supplies," "Funding Sources for Children with Special Needs," "Legal Resources for Families with Special Needs," "Lodging," "Parent Resources," "Recreational Opportunities," "Rights for Young People with Special Needs," "Schools for Special Needs," "Sibling Resources," "Travel Help"

- Disability Resource Compilation for Texas
 - Website: <http://www.state.us/category.jsp?language=eng.&categoryId=7.3>
 - Description: Provides a compilation of resources and materials on disability serving programs through the State of Texas.
- Exceptional Parent Magazine
 - Toll Free: (800) 247-8080
 - Website: <http://www.eparent.com>
 - Description: Monthly magazine for parents and professionals; national website includes resources for parent-to-parent programs informational and referral centers, disability library, services, products and much more.
- Family Village
 - Website: <http://www.familyvillage.wisc.edu>
 - Description: A global community that integrates information, resources, disabilities library and communication opportunities on the internet.
- National Information Center for Children and Youth with Disabilities (NICHY)
 - Address: P.O. Box 1492, Washington, DC 20013-1492
 - Toll Free: (800) 695-0285
 - Website: <http://www.nichy.org>
 - Description: Disability library and information on related services; produces state resource sheet. Information is also available in Spanish.
- National Rehabilitation Information Center (NARIC)
 - Address: 4200 Forbes Boulevard, Suite 202, Lanham, Maryland 20706
 - Toll Free: (800) 346-2742
 - Website: <http://www.naric.com>
 - Description: NARIC provides information and referrals for all areas of rehabilitation and disability.
- Special Kids Need Special Parents (Book)
 - Author: Judith Loseff Lavin (Berkeley Books)
 - Website: <http://www.parentingchallenges.com>
 - Description: A warm, down-to-earth guide on the practical and emotional challenges that parents face who have kids with special needs. A lifesaver!

Dissociative Disorders

A class of psychiatric conditions characterized by an individual's responding to an extreme threat by disconnecting from their identity and often creating alternative identities. (see also "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

Down Syndrome

Down syndrome is a genetic condition that occurs in approximately one in every 733 to 800 live births. It affects people of all ages, races and economic levels equally and is the most frequently occurring chromosomal abnormality. It occurs when there are three, rather than two, number 21 chromosomes present in every cell in the body. Instead of the usual 46 chromosomes, a person with Down syndrome has 47. Recent advances in our understanding of Down syndrome have resulted in dramatic improvements in the life span and potential for those who are affected. (see also "Mental Retardation")

Local Resources: see "Camps for Special Needs," "Disability," "Early Childhood Intervention," "Mental Retardation," "Parent Resources," "Recreational Opportunities," "Sibling Resources"

- Down Syndrome Toddlers/Babies
 - Phone: (512) 892-5087
- Down Syndrome Association of Central Texas
 - Address: 3710 Cedar Street, Box 3, Austin, Texas 78705
 - Phone: (512) 323-0808
 - Website: <http://www.dsact.com>
 - Email: info@dsact.com
 - Description: DSACT provides support and resources to individuals with Down syndrome, their families, professionals and the community. For more information about speaker series, education, health care, lending library, or age-specific playgroups, contact DSACT at (512) 323-0808 or see our website for a current listing of commit-tee chairs.
- Craniofacial Integration
 - Address: Attn: Dr. Hellmuth Hinz
The Arcturus Foundation, 4103 Westbank Drive, Austin, Texas 78746
 - Telephone: (512) 627-3016
 - Description: Offers specialized massage that in one or two sessions helps infants and children with Down Syndrome hold their tongues normally instead of thrusting them.
- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team that offers comprehensive and coordinated care for young patients and their families.

National Resources: see "Disability," "Mental Retardation," "Parent Resources," "Recreational Opportunities," "Sibling Resources"

- National Down Syndrome Congress
 - Address: 1370 Center Dr., Suite 102, Atlanta, Georgia 30338
 - Toll Free: (800) 232-6372
 - Website: <http://www.ndsccenter.org>
- National Down Syndrome Society
 - Address: 666 Broadway, Suite 180, New York, New York 10012
 - Phone: (212) 460-9330 / Toll Free: (800) 221-4602
 - Website: <http://www.ndss.org>
 - E-mail: info@ndss.org

Dysgraphia

A type of learning disability characterized by significant difficulties expressing thoughts in handwriting; the poor handwriting interferes with the student's overall academic progress. (see also "Learning Disabilities")

Resources: see "Learning Disabilities," "Schools for Special Needs"

Dyslexia

A specific learning disability that is categorized as a developmental reading disorder; characterized by difficulties with accurate word recognition, as well as poor spelling and decoding skills. (see also "Developmental Reading Disorder," "Learning Disabilities")

Local Resources: see also "Learning Disabilities," "Schools for Special Needs"

- Austin Area Branch of the International Dyslexia Association

- Address: P.O. Box 92604, Austin, Texas 78709
- Phone: (512) 452-7658
- Dyslexia Lending Library
 - Address: Family Connections/Family Place Library 825 E. 53 ½ St., Bldg. E., Suite 101, Austin, Texas 78751
 - Phone: (512) 478-5725
- Recording for the Blind and Dyslexic
 - Address: 1314 W. 45th Street, Austin, Texas 78756
 - Phone: (512) 323-9390 / Toll Free: (877) 246-7321 / Fax: (512) 323-939
 - Description: Provides recordings for those who cannot effectively read standard print because of dyslexia, visual impairment or other disabilities; offers individual or institutional memberships.
- Scottish Rite Learning Center of Austin, Inc.
 - Address: 12871 Research Blvd., Austin, Texas 78750
 - Phone: (512) 472-1231 / Fax: (512) 326-1877
 - Description: Provides tutoring for dyslexic students and parents support groups; also maintains a nationally accredited teacher training institute. Plans are underway to move the Center to the Robert Mueller airport location at 51st Street and I-35.

National Resources: see also “*Learning Disabilities*”

- Dyslexia Research Institute
 - Address: 4745 Centerville Rd., Tallahassee, Florida 32308
 - Phone: (904) 893-2216 / Fax: (904) 893-2440
 - E-mail: pthard@aol.com
- The International Dyslexia Association
 - Address: 8600 LaSalle Rd., Chester Building, Suite 382, Baltimore, Maryland 21286
 - Phone: (410) 296-0232 / Toll Free: (800) 222-3123 / Fax: (410) 321-5069
 - E-mail: info@interdys.org

Dysthymia

A psychiatric condition characterized by a chronic state of mild depression that interferes with the individual's ability to participate in, and enjoy life. (see also “*Depression*,” “*Mental Illness*”)

Resources: see “*Counseling*,” “*Mental Illness*,” “*Parent Resources*,” “*Sibling Resources*”

Early Childhood Intervention

A special array of services designed for infants and children between birth to age 3 who have various disabilities and developmental delays; professional intervention aimed at helping children reach their potential. (see also “*Developmental Delays*”)

Local Resources: see “*Camps for Special Needs*,” “*Disability*,” “*Recreational Opportunities*,” “*Schools for Special Needs*”

- Any Baby Can / Candlelighters – Early Childhood Intervention Program
 - Address: 1121 E. 7th St., Austin, Texas 78702
 - Phone: (512) 454-3743 / Toll Free ECI Helpline: (800) 250-2246
 - Description: Provides services for children under age 3 who have disabilities or developmental delays. Services are provided in both home and community settings and help children learn basic skills as part of their family's routine. Services may include: assistive technology, audiology, family counseling, family education, health services, medical services, nutrition, occupational therapy, physical therapy, psychological services, service coordination, speech-language therapy, transportation, and vision services.
- Austin Travis County MHMR Center – Child & Family Services, Infant Parent Program
 - Address: 1717 W. 10th St., Austin, Texas 78703
 - Phone: (512) 472-4357 / TDD: (512) 703-1395
 - Description: Provides services for children under age 3 who have disabilities or developmental delays. Services are provided in both home and community settings and help children learn basic skills as part of their family's routine. Services may include: assistive technology, audiology, family counseling, family education, health services, medical ser-

vices, nutrition, occupational therapy, physical therapy, psychological services, service coordination, speech-language therapy, transportation, and vision services.

- Bluebonnet Trails Community MHMR Center – ECI P.R.I.D.E. (Bastrop, Caldwell, Fayette)
 - Address: 104 Loop 150, Suite 101, Bastrop, Texas 78602
 - Phone: (512) 581-7745 / TDD: (800) 735-2989
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Bluebonnet Trails Community MHMR Center – ECI P.R.I.D.E. (Giddings)
 - Address: 898 Richmond Ste. 101, Giddings, Texas 78942
 - Toll Free: (800) 841-1255 / Phone: (979) 542-3042
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Bluebonnet Trails Community MHMR Center – ECI P.R.I.D.E. (Marble Falls)
 - Address: 701 Hwy. 281, Suite G, Marble Falls, Texas 78654
 - Phone: (830) 693-3790
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Bluebonnet Trails Community MHMR Center – ECI P.R.I.D.E. (Round Rock)
 - Address: 1009 N. Georgetown St., Round Rock, Texas 78664
 - Phone: (830) 693-3790
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Bluebonnet Trails Community MHMR Center – ECI P.R.I.D.E. (Taylor)
 - Address: 601-A Mallard Ln., Taylor, Texas 76574
 - Phone: (512) 352-6339 / TDD: (800) 735-2989
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Easter Seals Central Texas – Early Childhood Development
 - Address: 1611 Headway Circle- Bldg.2, Austin, Texas 78754
 - Phone: (512) 615-6896/ Fax: (512) 615-7123
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Offers the only nationally accredited Early Childhood Intervention Program in Central Texas. Provides services for children under age 3 who have disabilities or developmental delays. Services are provided in both home and community settings and help children learn basic skills as part of their family's routine. Services may include: Education, Occupational, Physical and Speech Therapy, audiology; assistive technology; family counseling; family education; health services; medical services; nutrition, psychological services; service coordination; transportation; and vision services.
- Hill Country Community MHMR Center – Blanco Office (ECI Homespun)
 - Address: 814 11th St., Blanco, Texas 78606
 - Toll Free: (888) 827-7063 / Phone: (830) 833-5567 / Administrative: (512) 558-2024
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Hill Country Community MHMR Center – Llano Special Opportunity Center (ECI Homespun)
 - Address: 206 E. Main St., Llano, Texas 78643
 - Phone: (830) 997-9503 / Administrative: (830) / 792-3300 / Fax: (325) 247-3400
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Hill Country Community MHMR Center – San Marcos Office (ECI Homespun)
 - Address: 1901 Dutton Dr., Suite D, San Marcos, Texas 78666
 - Phone: (512) 396-2058
 - Description: For a basic summary of ECI services offered by local MHMR Centers, see the “Description” for Austin Travis Country MHMR Center.
- Texas Department of Assistive and Rehabilitative Services (DARS)
 - Address: 4900 N. Lamar Blvd. Suite 2100, Austin, Texas 78751

- Toll Free: (800) 250-2246 / TDD: (512) 424-6770 / Administrative: (512) 424-6745
- Description: Provides services for children under age 3 who have disabilities or developmental delays. Services are provided in both home and community settings and help children learn basic skills as part of their family's routine. Services may include: assistive technology, audiology, family counseling, family education, health services, medical services, nutrition, occupational therapy, physical therapy, psychological services, service coordination, speech-language therapy, transportation, and vision services.

Eating Disorders

A class of psychiatric conditions characterized by an unhealthy obsession with food and body image that negatively affects a person's health and well-being. (see also "Anorexia Nervosa," "Bulimia")

Local Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- Eating Disorders Anonymous
 - Phone: (512) 442-7076
- Insight Center, The
 - Address: 2308 Lake Austin Boulevard, Austin, Texas 78703
 - Phone: (512) 469-0392
 - Description: Provides individual and group counseling for adolescents and adults for body image issues and eating disorders, anxiety and depression.
- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with an eating disorder, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

National Resources:

- Eating Disorders Awareness and Prevention, Inc.
 - Toll Free: (800) 931-2237
 - Website: <http://www.edap.org>

Ectodermal Dysplasia

A group of 150 related conditions that are inherited and involve abnormalities of two or more ectodermal structures, such as the hair, teeth and nails.

Resources: see "Disability"

- National Foundation of Ectodermal Dysplasia
 - Address: 410 E. Main, P.O. Box 114, Mascoutah, Illinois 62258-0114
 - Phone: (618) 566-2020 / Fax: (618) 566-4718
 - Website: <http://www.nfed.org>
 - E-mail: info@nfed.org

Endocrine Disorders

Those problems related to the network of ductless glands that secrete hormones directly into the bloodstream, affecting the function of specific target organs. Common diagnoses include hyperthyroid, hypothyroid, congenital adrenal hyperplasia, growth hormone deficiency and precocious puberty.

Local Resources:

- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team offers comprehensive and coordinated care for young patients and their families.

Epilepsy

A common neurological disorder that results in recurrent, spontaneous seizures. (see also "Seizure Disorders")

Local Resources: see "Camps for Special Needs," "Disability"

- Epilepsy Foundation of Central and South Texas
 - Address: 10615 Perrin Beitel, #602, San Antonio, Texas 78217
 - Toll Free: (888) 606-5353
 - Description: Provides a range of services for 77 counties in central south Texas, including support groups.
- Epilepsy Program
 - Address: 1100 W. 9th St. Austin, Texas 78756
 - Phone: (512) 794-5185
- Epilepsy Support Group (Austin)
 - Address: Brackenridge Hospital, North Conference Room
601 E. 15th St., Austin, Texas 78701
 - Phone: (210) 653-5353
 - Notes: The Epilepsy Foundation in San Antonio coordinates Austin groups.
- South Texas Epilepsy Clinic
 - Address: 519 West Houston, 2nd Floor, San Antonio, Texas 78217
 - Toll Free: (888) 606-5353

National Resources: see "Camps for Special Needs," "Disability," "Parent Resources," "Sibling Resources"

- Epilepsy Foundation
 - Address: 4351 Garden City Drive Landover, Maryland 20785-7223
 - Phone: (301) 459-3700 / Toll Free: (800) 332-1000
 - Website: <http://www.epilepsyfoundation.org>
- Epilepsy Parent Group
 - Toll Free: (888) 606-5353

Equipment/Supplies

Assistive Technology Devices/Toys:

Local Resources:

- Therapy Equipment Lending Program (through Sammy's House)
 - Address: 4814 Red River, Austin, Texas 78751
 - Phone: (512) 453-5258
 - Website: <http://www.sammyshouse.org>
 - E-mail: sammyshousedirector@yahoo.com
 - Description: Provides short-term loan of adaptive toys and therapeutic equipment for children 0-5 with documented needs and limited resources.

National Resources:

- Enabling Devices and Toys for Special Children
 - Address: 385 Warburton Ave., Hastings-on-Hudson, New York 10706
 - Phone: (914) 478-0960 / Toll Free: (800) 832-8697/ Orders: (914) 478-7030 /
Fax: (914) 479-1369
 - Website: <http://www.enablingdevices.com>

Communication Aids:

Local Resources:

- Specialized Telecommunications Devices Assistance Program
 - Address: 4800 N. Lamar Blvd., Suite 100, Austin, Texas 78756
 - Phone: (512) 407-3250 / TDD: (512) 407-3251 / Fax: (512) 451-9316
 - Website: <http://www.tcdhh.state.tx.us>
 - Description: Provides vouchers for telecommunication devices. The devices include: TTY/TDD (Telecommunication Device for the Deaf), TTY/TDD modem and software, VCO (Voice carry-Over telephone), HCO (Hearing Carry-Over telephone), and Cochlear

Adapter Cords.

National Resources:

- AT&T National Special Needs Center
 - Toll Free: (800) 233-1222
 - Website: <http://www.ssgroup.com>
 - E-mail: info@ssgroup.com
 - Description: Provides information regarding products for the deaf, hard of hearing, blind and visually impaired.

Medical Equipment/Supplies:

Local Resources:

- National Registry of Rehabilitation Technology Suppliers
 - Phone: (512) 267-6832

National Resources:

- Zip-n-Squeeze
 - Website: <http://www.zip-n-squeeze.com>
 - Description: Bag for liquid nutrition and oral hygiene. This easy-to-use feeding bag has been a lifesaver for many, particularly after craniofacial or plastic surgery. It was designed by a registered nurse.

Mobility Assistance:

National Resources:

- National Resource on Assistive Mobility Devices
 - Website: <http://www.ableproject.org/ableproject>
 - Description: Provides a network where people can research, compare, locate and obtain mobility assistive devices.

Wigs:

National Resources:

- Locks of Love
 - Address: 2925 10th Ave. North, Suite 102, Lake Worth, Florida 33461
 - Phone: (561) 963-1677 / Toll Free: (888) 896-1588 / Fax: (561) 963-9914
 - Website: <http://www.locksoflove.org>
 - E-mail: hair@locksoflove.org
 - Description: Not-for-profit organization that provides custom-made vacuum hair pieces to children with long-term and permanent hair loss.

Familial Dysautonomia

A rare inherited disorder of the autonomic nervous characterized by symptoms such as reduced sensitivity to pain, unusual fluctuations in temperature, unstable blood pressure. (see also "Orphan Disorders")

National Resources: see "Disability," "Orphan Disorders," "Parent Resources," "Sibling Resources"

- Dysautonomia Foundation
 - Address: 315 West 39th St., Suite 701, New York, New York 10018
 - Phone: (212) 279-1066
 - E-mail: info@familialdysautonomia.org

Fragile X Syndrome

A rare inherited condition that causes wide range of mental impairments from mild learning disabilities to severe retardation; also associated with a number of other physical and behavioral characteristics as well. (see also "Orphan Disorders")

Resources: see "Disability," "Early Childhood Intervention," "Orphan Disorders," "Parent Resources," "Sibling Resources"

- National Fragile X Foundation
 - Address: P.O. Box 190488, San Francisco, California 94119
 - Phone: (925) 938-9300 / Toll Free: (800) 688-8765 / Fax: (925) 938-9315

- Website: <http://www.fragilex.org>
- E-mail: natlfx@fragilex.org

Funding Sources for Children with Disabilities

Local Resources:

- In-Home & Family Support Program
 - Address: 5225 N. Lamar, Austin, Texas 78751
 - Phone: (512) 483-5895 / MHMR Hotline: (512) 472-HELP / Referral and Intake: (512) 703-1370
 - Website: http://www.dhs.state.tx.us/programs/elderly/in_home
 - Description: Provides financial grants for the purchase of goods or services that will help relieve some of the physical, emotional, or economic stresses on families who have a member with disability living at home. May assist with counseling or training for caregivers, attendant care, respite care, special equipment, supplies, medical bills, utilities, dental care, glasses, barrier removal etc. This is a funding source of last resort, and all other possible resources must be exhausted. Program is administered through the Austin Travis County MHMR. Must be at least 4 years of age.

National Resources:

- Disabled Children's Relief Fund
 - Address: P.O. Box 7420, Freeport, New York 11520
 - Phone: (516) 377-1605 / Fax: (516) 377-3978
 - Website: <http://www.dcrf.com>
 - Description: Focuses on assisting those with disabilities who do not have health insurance. Applicants should not submit more than one application per year.

Gaucher's Disease

A rare, inherited disorder that causes a wide range of mental impairments from mild learning disabilities to severe retardation; also associated with a number of other physical and behavioral characteristics as well.

Resources: see "Disability", "Genetic Disorders," "Hereditary Disorders," "Mental Retardation," "Parent Resources," "Sibling Resources"

Genetic Disorders

Any abnormalities caused by absent or defective genes, or by genetic mutations; not all genetic disorders are passed from one generation to another. Some of the more common genetic diseases are Down syndrome, Tay-Sachs, PKU, sickle cell anemia, fetal alcohol syndrome, spina bifida, cystic fibrosis, and hemophilia. (see also "Birth Defects," "Hereditary Disorder")

Local Resources: see "Parent Resources," "Sibling Resources"

- Texas Department of Health – Genetic Services
 - Toll Free: (800) 422-2956
 - Website: <http://http://www.tdh.state.tx.us/genetics/home.htm>
- Genetics Institute of Austin
 - Address: Debra Freedenberg, MD, 900 E. 30th St., Suite 220, Austin, Texas 78705
 - Phone: (512) 419-1000 / Fax: (512) 419-0191
 - Description: Provides information about genetic diseases, and provides referrals to genetic services. Services include genetic counseling, amniocentesis, ultrasounds, fetal blood sampling, and DNA testing.
- The Genetics Program at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: Provides information about genetic diseases; early detection and diagnosis.

National Resources: see "Parent Resources," "Sibling Resources"

- National Foundation for Jewish Genetic Diseases
 - Address: 250 Park Ave., Suite 1000, New York, New York 10177
 - Phone: (212) 371-1031

- E-mail: nfjgd@aol.com

Grief Counseling

The process by which people seek professional assistance to help them understand and cope with issues related to death and loss.

Local Resources: see also “*Counseling*,” “*Parent Resources*,” “*Sibling Resources*” “*Wish Organizations*”

- Candle Lighters Childhood Cancer Foundation
 - Address: 1121 E. 7th St., Austin, Texas 78702
 - Phone: (512) 454-3743 / Toll Free: (800) 672-0238 / Fax: (512) 454-0205
 - Website: <http://www.candlelightersaustin.org>
 - E-mail: info@abcaus.org
 - Description: Provides counseling and support groups to families with a child with a diagnosis of cancer. Also offers parent mentors, school based services, holiday celebrations, bereavement services, and education materials.
- Hospice Austin
 - Phone: (512) 342-4700
 - Description: Provides support groups for grieving parents and children.
- Jewish Family Services
 - Phone: (512) 250-1043
 - Description: Counseling and support groups for all denominations.
- Wonders and Worries
 - Address: 923 Westbank Dr., Suite C, Austin, Texas 78746
 - Phone: (512) 329-5757 / Fax: (512) 329-5767
 - Website: <http://www.wondersandworries.org>
 - Description: Provides therapeutic programs free of charge for children, youth and families coping with a chronic or life-threatening illness. Check with your house of worship about grief support groups. They also provide information about genetic diseases; early detection and diagnosis.

Hearing Impairments

(see “*Deafness and Hearing Impairment*”)

Heart Disorders

The conditions affecting the functioning of the heart or blood vessels near the heart; may be congenital or caused by injury or infection.

Local Resources: see “*Disability*,” “*Parent Resources*,” “*Sibling Resources*”

- The Children's Regional Heart Program at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team offers comprehensive and coordinated care for young patients and their families.
- American Heart Association (Capital Area Division)
 - Address: 1700 Rutherford Lane, Austin, Texas, 78754
 - Phone: (512) 443-4000
- Milagros Children's Heart Support Group
 - Phone: (512) 324-8028
 - Description: Support groups for families with children with heart defects.

National Resources: see “*Disability*,” “*Parent Resources*,” “*Sibling Resources*”

- American Heart Association National Center
 - Address: 7272 Greenville Ave., Dallas, Texas 75231-4596
 - Phone: (214) 373-6300 / Toll Free: (800) AHA-USA1
 - Website: <http://www.americanheart.org>

Hemophilia

An inherited disorder, primarily affecting males, that causes uncontrolled bleeding.

Resources: see “Disability,” “Parent Resources,” “Sibling Resources”

- National Hemophilia Foundation
 - Address: 116 West 32nd St., 11th Floor, New York, New York 10001
 - Phone: (212) 328-3700 / Toll Free: (800) 424-2634 / Fax: (212) 328-3777
 - Website: <http://www.hemophilia.org>
 - E-mail: info@hemophilia.org / handi@hemophilia.org

Hereditary Disorders

Any inherited diseases; those genetic disorders that are passed down from one generation to the next; e.g., Sickle Cell Disease. (see also “Birth Defects,” “Genetic Disorders”)

Resources: see “Birth Defects,” “Disability,” “Genetic Disorders,” “Parent Resources,” “Sibling Resources”

- Hereditary Disease Foundation
 - Address: 1303 Pico Boulevard, Santa Monica, California 90405
 - Phone: (310) 450-9913
 - Website: <http://www.hdfoundation.org>

Hospital of Austin, The Children’s

(see “Children’s Medical Center of Central Texas, The Dell”)

Huntington’s Disease (HD)

An inherited disorder that causes brain degeneration, resulting in uncontrolled movements, loss of mental functioning and emotional disturbance.

Resources: see “Disability,” “Genetic Disorders,” “Hereditary Disorders,” “Orphan Disorders,” “Parent Resources,” “Sibling Resources”

- Huntington’s Disease Society of America, Inc.
 - Address: 158 W. 29th Street, 7th Floor, New York City, New York 10001-5300
 - Phone: (212)242-1968 / Toll Free: (800) 345-4372 / Fax: (212) 239-3430
 - Website: <http://www.hdsa.org>
 - E-mail: hdsainfo@hdsa.org

Hydrocephalus

A condition caused by spinal fluid collecting on the brain that can result in abnormally rapid growth of the head.

Resources: see “Disability,” “Parent Resources,” “Sibling Resources”

- Hydrocephalus Association
 - Address: 870 Market St., Suite 705, San Francisco, California 94102
 - Phone: (415) 732-7040 / Toll Free: (888) 598-3789
 - Website: <http://www.hydroassoc.org>
 - E-mail: info@hydroassoc.org
- Hydrocephalus Support Group, Inc (HSG)
 - Address: P.O. Box 4236, Chesterfield, Missouri 63006-4236
 - Phone: (636) 532-8228

Impulse Control Disorders

A class of psychiatric conditions characterized by failure or extreme difficulty in regulating one’s own behavior, despite negative consequences; includes violent behavior, sexual acting out, self-mutilation, fire starting, stealing and self-abusive behaviors. (see also “Self-Mutilation,” “Mental Illness”)

Resources: see “Counseling,” “Mental Illness,” “Parent Resources,” “Sibling Resources”

Learning Disabilities

An umbrella term describing disorders, which affect a child's ability to listen, think, speak, read, write, spell and do mathematical calculations. Learning disabilities are distinct from learning problems which are the primary result of visual, hearing or motor disabilities, mental retardation, or environmental, cultural or economic disadvantage. (see also "Attention Deficit Disorder," "Attention Deficit/Hyperactivity Disorder," "Auditory Processing Disorder," "Developmental Arithmetic Disorder," "Developmental Articulation Disorder," "Developmental Expressive Language Disorder," "Developmental Reading Disorder," "Developmental Receptive Language Disorder," "Developmental Spelling Disorder," "Developmental Writing Disorder," "Dysgraphia," "Dyslexia,"; also related, see "Social Skills Deficit")

Local Resources: see "Disability," "Parent Resources," "Schools for Special Needs," "Sibling Resources"

- Counseling: Family Treatment Program, Austin Travis County MHMR
 - Address: 105 W. Riverside, Suite 120, Austin, Texas 78704
 - Phone: (512) 448-0187 / Fax: (512) 323-9051
 - Description: Counseling for children and families experiencing ADHD and developmental issues.
- Austin Child Guidance Center
 - Address: 810 West 45th St., Austin, Texas 78751
 - Phone: (512) 451-2242 / Fax: (512) 454-9204
 - Website: <http://www.austinchildguidance.org>
 - Description: Among the many services the Center offers in addition to individual, group and family psychological & neuropsychological assessments, assessments for learning disabilities and attention counseling, are deficit disorders, intelligence testing, play therapy, and outdoor experiential activities for children and their families.
- Learning Disabilities Association of Texas
 - Address: 1011 W. 31st St., Austin, Texas 78705
 - Toll Free: (800) 602-7500
 - Description: An excellent resource that provides information and advocacy; and also offers statewide referrals for diagnosis and treatment.

National Resources: see "Disability," "Parent Resources," "Schools for Special Needs," "Sibling Resources"

- Learning Disabilities On Line (Website)
 - Website: <http://www.ldonline.org>
 - Description: Provides information and advocacy; website includes yellow pages for referral, online store and more.
- National Center for Learning Disabilities (Website)
 - Address: 381 Park Ave. South, Suite 1401, New York, New York 10016
 - Phone: (212) 545-7510 / Toll Free: (888) 575-7373 / Fax: (212) 545-9665
 - Website: <http://www.nclld.org>
- Smart Kids with Learning Disabilities (Website)
 - Website: <http://smarkidswithld.org>
 - Description: Devoted to helping parents help their children succeed.
- The Misunderstood Child: Understanding and Coping with Your Child with Learning Disabilities (Book)
 - Author: Larry B. Silver, M.D. (Three Rivers Press)
 - Description: This best-selling guide gives parents a full understanding of different disabilities and effective treatment strategies to use at home and at school.

Legal Resources

Local Resources:

- Advocacy, Inc.
 - Address: 7800 Shoal Creek Blvd., Suite 171-E, Austin, Texas 78757-1024
 - Phone: (512) 454-4816 / Toll Free: (800) 252-9108 / Fax: (512) 323-0902
 - Website: <http://www.advocacyinc.org>
 - E-mail: infoai@advocacyinc.org
 - Description: Advocates for the legal rights of people of all ages with disabilities. The

agency provides information about what child's rights are in the school system and can help resolve disputes and provide representation, investigation, negotiation, mediation, and legal advice, as well as referrals.

- The Arc of Texas
 - Address: 8001 Centre Park Dr., Austin, Texas 78754
 - Phone: (512) 454-6694 / Toll Free: (800) 252-9729 / Fax: (512) 454-4956
 - Website: <http://www.thearcoftexas.org>
 - E-mail: secretary@thearcoftexas.org
 - Description: Provides information packets on guardianship and estate planning, community living, employment, insurance, and inclusive education. Also provides The Arc of Texas Master Pooled Trust that allows individuals with mental retardation and other disabilities to maintain their eligibility for government benefits and use the trust for supplemental needs. Houses CLASS waiting list.

National Resources:

- Consortium for Appropriate Dispute Resolution in Special Education
 - Website: <http://www.directionservice.org/cadre/index.cfm>
- Council for Disability Rights
 - Address: 30 East Adams, Suite #1130, Chicago, Illinois 60606-1820
 - Phone: (312) 444-9484 / TTY: (312) 444-1967 / Fax: (312) 444-1977
 - Website: <http://www.disabilityrights.org>
 - E-mail: webmaven@disabilityrights.org
- The National Center on Education, Disability and Juvenile Justice (EDJJ)
 - Website: <http://www.edjj.org>
- National Legal Center for the Medically Dependent and Disabled, Inc.
 - Address: 7 South 6th St., Suite 208, Terra Haute, Indiana 47807
 - Phone: (812) 238-0769

Lodging

National Resources:

- National Association of Hospital Hospitality Houses
 - Address: P.O. Box 18087, Asheville, North Carolina 28814-0087
 - Phone: (828) 253-1188 / Toll Free: (800) 542-9730 / Fax: (828) 253-8082
 - Website: <http://www.nahhh.org>
 - Description: Provides a home-like environment to people getting services away from home. Also locates organizations like Ronald McDonald Houses, American Cancer Society's Hope Lodges, Fisher Houses and other volunteer groups. Publishes an annual directory of hospitality houses.

Manic-Depressive Disorder

(see "Bipolar Disorder")

Marfan Syndrome

A rare inherited disorder of the connective tissue that affects the skeleton, lungs, eyes, heart and blood vessels. (see also "Orphan Disorders")

National Resources: see "Disability," "Orphan Disorder," "Parent Resources," "Sibling Resources"

- National Marfan Foundation
 - Address: 22 Manhasset Ave., Port Washington, New York 11050
 - Phone: (516) 883-8712 / Toll Free: (800) 826-7326 / Fax: (516) 883-8040
 - Website: <http://www.marfan.org>
 - E-mail: staff@marfan.org

Mental Illness

An umbrella term for a wide range of psychiatric disorders that impair the individual's ability to think, feel, behave and relate to others in an optimal fashion. Mental illness is distinct from mental impairment which includes such conditions as mental retardation, pervasive developmental disorder and learning disabilities. (see also "Adjustment Disorders," "Anxiety and Panic Disorders," "Bipolar Disorder," "Depression," "Dissociative Disorders," "Eating Disorders," "Impulse Control Disorders," "Mood Disorders," "Obsessive-Compulsive Disorder," "Oppositional Defiant Disorder," "Personality Disorders," "Phobias," "Post-Traumatic Stress Disorder," "Psychotic Disorders," "Reactive Attachment Disorder," "Schizophrenia," "Self-Mutilation," "Sexual Disorders," "Substance Abuse," "Suicide Prevention")

Local Resources: see "Counseling," "Disability," "Resources for Parents," "Resources for Siblings"

- 24-Hour Crisis Hotline
 - Phone: (512) 472-4357

National Resources: see "Disability," "Parent Resources," "Sibling Resources"

- NAMI (National Alliance for the Mentally Ill)
 - Toll Free: (800) 950-6264
- National Mental Health Association
 - Toll Free: (800) 969-6640
- Youth Crisis Hotline
 - Toll Free: (800) 448-4663

Advocacy:

- Mental Health Association in Texas
 - Address: 8401 Shoal Creek Blvd., Austin, Texas 78757
 - Phone: (512) 454-3706
 - Website: <http://www.mhatexas.org>
 - E-mail: mhainfo@mhatexas.org
- NAMI Austin (National Alliance for the Mentally Ill)
 - Address: P.O. Box 50434, Austin, Texas 78763
 - Phone: (512) 420-9810
 - Website: <http://www.austinnami.org>
 - E-mail: namiaustin@hotmail.com
- NAMI Texas (National Alliance for the Mentally Ill)
 - Address: 611 S. Congress Ave., Suite 430, Austin, Texas 78704
 - Phone: (512) 693-2000
 - Website: <http://www.namitexas.org>
 - E-group: http://www.egroups.com/group/nami_texas
- NAMI Williamson County (National Alliance for the Mentally Ill)
 - Contact: Giselle Schaefer
 - Address: 2003 Woods Cove, Round Rock, Texas 78681
 - Phone: (512) 388-2506
 - E-mail: puttnfunn@juno.com

Referrals:

- Capital Area Psychological Association, Information & Referral Service
 - Phone: (512) 451-4983
- Therapy Referral Network
 - Website: <http://www.therapy-referral.com>

Treatment: Look in the yellow pages or contact the local mental health associations to get referrals for clinical social workers, licensed professional counselors, psychologists, psychiatrists and psychotherapists.

- Austin State Hospital
 - Address: 4110 Guadalupe St., Austin, Texas 78751
 - Phone: (512) 452-0381 / Fax: (512) 419-2163
 - Description: Offered the first Child and Adolescent Psychiatric Services (CAPS) in the Austin area. Provides in-patient treatment of complex psychiatric disorders, often in combination with developmental disorders and mental retardation.
- Austin Travis County MHMR Center – Child & Family Services

- Address: 6207 Sheridan Ave., Austin, Texas 78723
 - Phone: (512) 472-4357 / TDD: (512) 703-1395 / Administrative: (512) 447-4141
 - Description: Provides mental health services for children and their families, including out-patient counseling, home-based counseling, group therapy for adolescents, care coordination, medication management and family counseling for youth involved in the juvenile justice system.
- Austin Travis County MHMR Center – Service Coordination MR – Pflugerville Office
 - Address: 2700 West Pecan St., Suite 203, Pflugerville, Texas 78660
 - Phone: (512) 472-4357 / TDD: (512) 703-1395 / Administrative: (512) 447-4141
 - Description: Provides mental health services for children and their families, including out-patient counseling, home-based counseling, group therapy for adolescents, care coordination, medication management and family counseling for youth involved in the juvenile justice system.
- Bluebonnet Trails Community MHMR Center – Bastrop Office
 - Address: 150 Settlement Dr., Suite E, Bastrop, Texas 78602
 - Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (512) 303-3963
 - Description: Provides mental health services for children and youth with serious and persistent mental illness or emotional disturbances. Offers individually designed diagnosis and treatment services, which may include but are not limited to, diagnostic assessment, psychiatric medication, partial hospitalizations, counseling, service coordination and crisis intervention.
- Bluebonnet Trails Community MHMR Center – Burnet Office
 - Address: 1008 N. Water St., Burnet, Texas 78611
 - Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (512) 756-6343
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Bluebonnet Trails Community MHMR Center-Bastrop Office.
- Bluebonnet Trails Community MHMR Center – Georgetown Office
 - Address: 605 E. University, Georgetown, Texas 78626
 - Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (512) 868-5959
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Bluebonnet Trails Community MHMR Center-Bastrop Office.
- Bluebonnet Trails Community MHMR Center – Giddings Office
 - Address: 898 E. Richmond, Suite 101, Giddings, Texas 78942
 - Phone: (979) 542-3042 / Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989
 - Description: Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Bluebonnet Trails Community MHMR Center-Bastrop Office.
- Bluebonnet Trails Community MHMR Center – La Grange Office
 - Address: 275 Ellinger Rd., La Grange, Texas 78945
 - Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (979) 968-3711
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Bluebonnet Trails Community MHMR Center-Bastrop Office.
- Bluebonnet Trails Community MHMR Center – Luling Office
 - Address: 510 E. Pierce St., Luling, Texas 78648
 - Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (979) 968-3711
 - Description: For a basic summary of services offered by local MHMR Centers, see the

"Description" listed under the Bluebonnet Trails Community MHMR Center-Bastrop Office.

- Bluebonnet Trails Community MHMR Center – Round Rock Office
 - Address: 1009 N. Georgetown St., Round Rock, Texas 78664
 - Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (512) 255-1720
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Bluebonnet Trails Community MHMR Center-Bastrop Office.
- Hill Country Community MHMR Center – Kyle Family Preservation
 - Address: 105 Center St., Kyle, Texas 78640
 - Phone: (512) 268-2624 / Fax: (512) 268-1574
 - Description: Provides psychiatric services for children and adolescents, ages 4-17. Initial visit determines eligibility. Offers service coordination, rehabilitation for behavior skills training and counseling.
- Hill Country Community MHMR Center – Llano County Mental Health Clinic
 - Address: 1447 E. Hwy. 71, Suite C, Llano, Texas 78643
 - Crisis Line: (800) 682-7382 (Daytime) / (800) 833-5155 (Nights & Weekends) / Administrative: (325) 247-5895
 - Description: Provides psychiatric services for children and adolescents, ages 4-17. Initial visit determines eligibility. Offers service coordination, rehabilitation for behavior skills training and counseling.
- Oaks Treatment Center, The
 - Address: 1407 Stassney Lane, Austin, Texas 78745
 - Phone: (512) 464-0200 / Toll Free: (800) 843-6257
 - Website: <http://www.theoakstc.com>
 - Description: Provides both short and long-term residential treatments that offer psychiatric and behavioral services for young people, ages 5-18, with neuropsychiatric, neurobehavioral or dual diagnosis, and/or developmental delays.
- San Marcos Treatment Center
 - Address: 120 Bert Brown Rd., San Marcos, Texas 78666
 - Phone: (512) 396-8500
 - Website: <http://www.psysolutions.com/facilities/sanmarcos>
 - Description: Provides long-term residential treatment for adolescents 11-17 with IQs of 50 and above. Many require social treatment for multiple psychiatric disorders, neurodevelopmental disorders and/or neuro-psychiatric disorders.
- Schieb Mental Health Center
 - Address: 1200 N. Bishop, San Marcos, Texas 78666
 - Crisis Line: (888) 648-3947 (Daytime) / (888) 833-5155 (Nights & Weekends) / Administrative: (512) 558-2000
 - Description: Provides psychiatric outpatient services for children and adults with severe mental illness. Services include crisis intervention, psychiatric evaluation and consultation, service coordination, and more.

Mental Retardation

A disability characterized by significant limitations both in intellectual functioning and adaptive behavior; caused by any number of conditions, e.g., Down Syndrome, Fragile X Syndrome, Rett's Syndrome.

Local Resources: see "Camps for Special Needs" "Disability," "Early Childhood Intervention," "Parent Resources," "Recreational Opportunities," "Schools for Special Needs," "Sibling Resources"

- Arc of Texas, The
 - Address: 8001 Centre Park Dr., Austin, Texas 78754
 - Phone: (512) 454-6694 / Toll Free: (800) 252-9729 / Fax: (512) 454-4956
 - Website: <http://www.thearcoftexas.org>
 - E-mail: secretary@thearcoftexas.org
 - Description: Provides referrals to programs that serve people with mental retardation and

other developmental disabilities; offers information packets on guardianship and estate planning, community living, employment, insurance, and inclusive education; also provides The Arc of Texas Master Pooled Trust that allows individuals with disabilities to maintain their eligibility for government benefits and use the trust for supplemental needs. Houses CLASS waiting list.

- Arc of the Capital Area, The
 - Address: 2818 San Gabriel St., Austin, Texas 78705
 - Phone: (512) 476-7044
- Austin State Hospital
 - Address: 4110 Guadalupe St., Austin, Texas 78751
 - Phone: (512) 452-0381 / Fax: (512) 419-2163
 - Description: Offered the first Child and Adolescent Psychiatric Services (CAPS) in the Austin area. Provides in-patient treatment of complex psychiatric disorders, often in combination with developmental disorders and mental retardation.
- Austin Travis County MHMR Center – Child & Family Services
 - Address: 6207 Sheridan Ave., Austin, Texas 78723
 - Phone: (512) 472-4357 / TDD: (512) 703-1395 / Administrative: (512) 303-3963
 - Description: Offers a number of services including information and referral, diagnosis and evaluation, client and family support, respite, service coordination and more.
- Austin Travis County MHMR Center – Service Coordination MR – Pflugerville Office
 - Address: 2700 West Pecan St., Suite 203, Pflugerville, Texas 78660
 - Phone: (512) 472-4357 / TDD: (512) 703-1395 / Administrative: (512) 303-3963
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Bluebonnet Trails Community MHMR Center – Bastrop Office
 - Address: 150 Settlement Dr., Suite E, Bastrop, Texas 78602
 - Phone: (512) 303-3963 / TDD: (800) 735-2989
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Bluebonnet Trails Community MHMR Center – Burnet Office
 - Address: 1008 N. Water St., Burnet, Texas 78611
 - Phone: (512) 756-6343 / TDD: (800) 735-2989
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Bluebonnet Trails Community MHMR Center – Georgetown Office
 - Address: 605 E. University, Georgetown, Texas 78626
 - Phone: (512) 868-5959 / TDD: (800) 735-2989
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Bluebonnet Trails Community MHMR Center – Giddings Office
 - Address: 898 E. Richmond, Suite 101, Giddings, Texas 78942
 - Phone: (979) 542-3042 / TDD: (800) 735-2989
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Bluebonnet Trails Community MHMR Center – La Grange Office
 - Address: 275 Ellinger Rd., La Grange, Texas 78945
 - Phone: (979) 968-3711 / TDD: (800) 735-2989
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Bluebonnet Trails Community MHMR Center – Luling Office
 - Address: 510 E. Pierce St., Luling, Texas 78648
 - Phone: (979) 968-3711 / TDD: (800) 735-2989
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Bluebonnet Trails Community MHMR Center – Round Rock Office

- Address: 1009 N. Georgetown St., Round Rock, Texas 78664
- Toll Free: (800) 841-1255 (24-hour Crisis Hotline) / TDD: (800) 735-2989 / Administrative: (512) 255-1720
- Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Hill Country Community MHMR Center – Kyle Family Preservation
 - Address: 105 Center St., Kyle, Texas 78640
 - Phone: (512) 268-2624 / Fax: (512) 268-1574
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- Hill Country Community MHMR Center – Llano County Mental Health Clinic
 - Address: 1447 E. Hwy. 71, Suite C, Llano, Texas 78643
 - Phone: (325) 247-5895
 - Description: For a basic summary of services offered by local MHMR Centers, see the "Description" listed under the Austin Travis County MHMR Center.
- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team that offers comprehensive and coordinated care for young patients and their families.

National Resources: see "Disability," "Early Childhood Intervention," "Parent Resources," "Recreational Opportunities," "Sibling Resources"

- The Arc of the United States
 - Address: 1010 Wayne Ave., Suite 650, Silver Springs, Maryland 20910
 - Phone: (301) 565-3842 / Toll Free: (800) 433-5255, ext. 5460 or 5452
 - Website: <http://www.thearc.org>

Microencephaly

A rare neurological condition in which the circumference of the child's head is much smaller than average; along with the smaller head size, frequently, the brain size is also reduced, resulting in developmental delays. (see also "Developmental Delays")

Resources: see "Disability," "Early Childhood Intervention," "Parent Resources," "Sibling Resources"

Mood Disorders

A class of psychiatric conditions characterized by severe emotional disturbances that negatively affect everyday functions over an extended period of time; e.g., bipolar disorder, depressive disorders. (see also "Bipolar Disorders," "Depression," "Mental Illness")

Local Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with a mood disorder, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

Muscular Dystrophy

A group of several inherited diseases involving the muscular system, characterized by weakness and wasting of the skeletal muscles.

Local Resources: see *Camps for Special Needs*," "Disability," "Early Childhood Intervention," "Parent Resources," "Sibling Resources"

- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000

- Website: <http://www.dellchildrens.net>
- Description: An interdisciplinary program that offers comprehensive and coordinated care for young patients diagnosed with a number of conditions such as cerebral palsy, and muscular dystrophy.
- Muscular Dystrophy Association
 - Address: 3701 Executive Center Dr., Suite 111, Austin, Texas 78731
 - Phone: (512) 345-3800 / Fax: (512) 345-3888
 - Website: <http://www.mdausa.org>
 - E-mail: austindistrict@mdausa.org
 - Description: Provides assistance and support to people with neuromuscular diseases. Includes assistance with purchase and repair of wheelchairs and braces, support groups, recreational summer camps for youth, and limited transportation. There are two clinics where patients receive evaluation, diagnosis, and follow up care from specialists in neuromuscular disease.

National Resources: see “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- Muscular Dystrophy Association – USA: National Headquarters
 - Address: 3300 E. Sunrise Dr., Tucson, Arizona 85718
 - Phone: (520) 529-2000 / Toll Free: (800) 572-1717
 - Website: <http://www.mdausa.org>
 - E-mail: mda@mdausa.org

Musculo-Skeletal Disorders

A broad umbrella term for a wide variety of conditions relating to the joints and the soft tissue involved in moving those joints.

Local Resources: see also “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”

- Children with Special Health Care Needs (CSHCN)
 - Address: 1109 W. 49th St., Austin, Texas 78756
 - Phone: (512) 458-7111, ext. 3110 / Toll Free: (800) 252-8023 / Fax: (512) 458-7417
 - Website: <http://www.tdh.state.tx.us/cshcn/default.htm>
 - Description: This Texas Department of Health program is for children under 21 with muscle, bone, or joint disabilities, and a variety of medically handicapping diseases or anyone of any age with cystic fibrosis. May pay for hospital, corrective surgery, prosthesis, medications, etc. if not already covered by CHIP, Medicaid, or private insurance.

Neurofibromatosis (Nf)

A rare inherited disorder of the nervous system that often appears around puberty, causing tumors to form on the nerves. (see also “Orphan Disorders”)

Resources: see “Disability,” “Orphan Disorders,” “Parent Resources,” “Sibling Resources”

- National Neurofibromatosis Foundation, Inc.
 - Address: 95 Pine St., 16th Floor, New York, New York 10005
 - Toll Free: (800) 323-7938 / Fax: (212) 747-0004
 - Website: <http://www.nf.org>
 - E-mail: nnff@nf.org

Nonverbal Communication

The act of giving or exchanging information without using the spoken word; relies on body language, facial expressions, posture, gestures and glances.

National Resources:

- Nonverbal Learning Disorders Association (NLDA)
 - Address: 2446 Albany Ave. W., Hartford, CT. 06117
 - Phone: (860) 570-0217
 - Website: <http://www.nlda.org>
 - E-mail: nlda@nlda.org

- NLDA/Share Support
 - Phone: (925) 820-4079
 - Website: <http://www.nldline.com>
- Nonverbal Learning Disorders
 - Website: <http://www.nldontheweb.org>
- Teaching Your Child the Language of Social Success (Book)
 - Authors: Marshal P. Duke, Stephen Nowicki and Elizabeth A. Martin (Peachtree Publishers)
 - Description: Easy-to-use guide explains nonverbal communications, with exercise for home and school.

Obesity

A condition of extreme overweight estimated to affect 11% of American children.

Local Resources: Check with a pediatrician to identify an appropriate weight loss program for your child.

Obsessive-Compulsive Disorder (OCD)

A psychiatric condition that causes people to focus on unwanted thoughts (obsessions) and repeat certain behaviors (compulsions) over and over again. (see also "Mental Illness," "Personality Disorders")

Local Resources: see "Counseling," "Mental Illness"

- Obsessive-Compulsive Self Help Support Group
 - Address: Confidential location, Austin, Texas
 - Phone: (512) 292-9308
- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with OCD, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

National Resources: see "Mental Illness," "Parent Resources," "Sibling Resources"

- Obsessive Compulsive Disorder: Help for Children and Adolescents (Book)
 - Author: Mitzi Waltz
 - Phone: Available from A.D.D Warehouse – (800) 233-9273
 - Description: A guide to help parents understand and deal with the problems and challenges associated raising kids with OCD.

Oppositional Defiant Disorder (ODD)

A psychiatric condition characterized by negativistic, hostile and defiant behavior that has lasted for at least six months and affected the individual's everyday functioning. (see also "Conduct Disorder," "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- Obsessive-Compulsive Self Help Support Group
 - Address: Confidential location, Austin, Texas
 - Phone: (512) 292-9308
- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with ODD, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

Orphan Disorders

Those rare diseases that affect relatively few people, such as Tay-Sachs and Williams Syndrome; the rarity of the disease often makes it difficult for parents to find the support they need.

Resources: see "Disability," "Parent Resources," "Sibling Resources"

- Mothers United for Moral Support (MUMS)
 - Phone: (909) 336-5333
 - Website: <http://www.netnet.net/mums>
 - Description: National parent-to-parent network which provides information and emotional support to parents whose child has an orphan disorder.
- National Organization for Rare Disorders (NORD)
 - Address: 55 Kenoshia Ave., P.O. Box 1968, Danbury, Connecticut 06813-1968
 - Phone: (203) 744-0100 / Toll Free: (800) 999-6673 / Fax: (203) 798-2291
 - Website: <http://www.rarediseases.org>
 - Description: Provides information and referrals on orphan disorders.

Orthopedic Disorders

Those problems related to the formation and functioning of the bones and skeleton.

Local Resources: see "Disability," "Resources for Parents," "Resources for Siblings"

- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team offers comprehensive and coordinated care for young patients and their families for problems such as clubfoot and hip dysplasia.

Osteogenesis Imperfecta

Also known as "brittle bone" disease; an inherited disorder characterized by bones that break easily and without a specific cause.

Resources: see "Disability," "Parent Resources," "Sibling Resources"

- Children's Brittle Bone Foundation
 - Address: 7701 95th St., Pleasant Prairie, Wisconsin 53158
 - Phone: (262) 947-0724 / Toll Free: (866) 694-2223
 - Website: <http://www.cbbf.org>
 - E-mail: info@cbbf.org

Panic Attack

(see "Anxiety and Panic Disorders")

Parent Resources

National Resources: see "Funding Sources for Children with Disabilities," "Legal Resources," "Lodging," "Travel Help," "Wish Organizations"

- Dad's Newsletter, Full-Time
 - Address: P.O. Box 12773, St. Paul, Minnesota 55112-1773
 - Description: For stay-at-home fathers who do or do not have children with special needs.
- Exceptional Parent Magazine
 - Address: 65 E. Route 4, River Edge, New Jersey 07661
 - Toll Free: (800) 372-7368
 - Website: <http://www.eparent.com>
 - Description: Monthly magazine for parents and professionals. National website includes resources for parent-to-parent programs, informational and referral centers, disability library, services, products and much more.
- Family Village
 - Website: <http://www.familyvillage.wisc.edu>
 - Description: A global community that integrates information, resources, disabilities library

and communication opportunities on the internet.

- Keshet – Jewish Parents of Children with Special Needs
 - Address: 425 Huel Rd., Suite 13B North Brook, Illinois 60062-1234
 - Phone: (847) 205-1235
 - Website: <http://www.keshet.org>
- National Center for Education in Maternal and Child Health (NCEMCH)
 - Address: 2115 Wisconsin Ave., N.W. Suite 601, Washington, DC 20007-2292
 - Phone: (202) 784-9770 / Fax: (202) 784-9777
 - Website: <http://www.ncemch.org>
 - E-mail: mchlibrary@ncemch.org
 - Description: Gives information and/or referrals to national organizations.
- National Father's Network Kindering Center
 - Address: Attn: James May, Director
16120 NE 8th St., Bellevue, Washington 98008-397
 - Phone: (425) 747-4004, ext. 4286 / Fax: (425) 747-1069
 - Website: <http://www.fathersnetwork.com>
 - E-mail: cmorris@fathersnetwork.org
- Special Kids Need Special Parents (Book)
 - Author: Judith Loseff Lavin (Berkeley Books)
 - Website: <http://www.parentingchallenges.com>
 - Description: An invaluable resource that offers down-to-earth advice on the practical problems and emotional challenges that parents face who have kids with special needs.
- Uncommon Fathers: Reflections on Raising a Child with a Disability (Book)
 - Toll Free: (800) 843-7323
 - Description: A collection of essays from a father's perspective.
 - Notes: Edited by Donald Meyer / Woodbine House

Personality Disorders

A class of psychiatric conditions characterized by a pervasive pattern of experience or behavior that is abnormal with respect to any two of the following – thinking, mood, personal relations and control of impulses; e.g., obsessive-compulsive disorder, anti-social disorder. (see also *Mental Illness*,” “*Obsessive-Compulsive Disorders*”)

Resources: see “*Counseling*,” “*Mental Illness*,” “*Parent Resources*,” “*Sibling Resources*”

- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press ‘4’ /
Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with a personality disorder, other brain disorders, or mental health issues to better understand how to advocate for their children’s best interests and understand what is happening in their lives.

Pervasive Developmental Disorder (PDD)

A class of disorders usually evident by age two that can have a severe and widespread impact on language, nonverbal communication, and play; may involve delayed cognitive development in other areas; includes Autism, Asperger's Syndrome, Rett's Syndrome, and PDD-NOS (Not Otherwise Specified). (see also “*Asperger's Syndrome*,” “*Autism*,” “*Rett's Syndrome*”)

Resources: see “*Disability*,” “*Early Childhood Intervention*,” “*Parent Resources*,” “*Sibling Resources*”

- Thoughtful House Center for Children
 - Address: 3001 Bee Caves Road, Austin, Texas 78746
 - Phone: (512) 732-8400 / Fax: (512) 732-8353
 - E-mail: info@thoughtfulhouse.org
 - Website: <http://www.thoughtfulhouse.org>
 - Description: The Center provides a range of services for individuals with autism spectrum disorders, as well as PDD and ADHD, including: one-to-one therapy and supervision, parent training, school shadowing, diagnosis and assessment, IEP assistance and nutri-

tional services.

- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with PDD, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

Phenylketonuria (PKU)

An inherited metabolic disorder that prevents the normal breakdown of an amino acid found in most protein foods; can be screened soon after birth; if left untreated, it can result in mental retardation and other neurological problems.

Resources: see "Prevention"

Phobias

Anxiety disorder characterized by extreme and irrational fears of specific things and social situations. (see also "Anxiety and Panic Disorders," "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- Visions for Tomorrow – A Class for Parents, Sponsored by NAMI Austin
 - Location: Community Room, Cedar Park Police Department, Cedar Park, Texas
 - Phone: Kathryn (VFT Teacher): (512) 257-7517, Press '4' / Lynn (VFT Teacher): (512) 218-4798
 - Description: A free class for parents of children with PDD, other brain disorders, or mental health issues to better understand how to advocate for their children's best interests and understand what is happening in their lives.

Post-Traumatic Stress Disorder (PTSD)

A psychiatric condition that occurs in response to witnessing or experiencing a life-threatening or otherwise terrifying event; symptoms may include flashbacks, sleep and appetite disturbances, feelings of detachment, anxiety and depression. (see also "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- National Center for Post Traumatic Stress Disorder
 - Toll Free: (800) 296-5132
 - Website: <http://www.ncptsd.org>
 - Description: Provides information, support and advocacy.
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Premature Infants

Those infants born before the end of the 37 week period of gestation; may experience a range of developmental delays as a result of their early birth. (see also "Developmental Delays," "Early Childhood Intervention")

Resources:

- American Association for Premature Babies
 - E-mail: admin@aapi-online.org
- Mothers United for Moral Support (MUMS)
 - Address: 150 Custer Ct., Green Bay, Wisconsin 54301
 - Phone: (920) 336-5333
 - Description: Covers all rare disorders in addition to preemies.

- Prevent Blindness in Premature Babies
 - Website: <http://www.preventblindness.org>
 - E-mail: info@preventblindness.org

Prevention

Local Resources:

- March of Dimes – Austin Division
 - Address: 901 S. Mopac, Suite 195, Austin, Texas 78746
 - Phone: (512) 477-3221
 - Description: Provides education, research and advocacy to aid prevention of birth defects.

National Resources:

- Birth Defect Research for Children
 - Address: 930 Woodstock Rd., Suite 225, Orlando, Florida 32803
 - Phone: (407) 895-0802 / Fax: (407) 895-0824
 - Website: <http://www.birthdefects.org>
 - E-mail: staff@birthdefects.org
 - Notes: Ask about their video "Why My Child?"
- National Health Information Center / Office of Disease Prevention
 - Address: P.O. Box 1133, Washington, DC. 20013-1133
 - Toll Free: (800) 336-4797 / Fax: (301) 984-4256
 - Website: <http://www.health.gov/nhic>
 - E-mail: info@nhic.org
- March of Dimes Birth Defects Foundation
 - Address: 1275 Mamaroneck Ave. White Plains, New York 10605
 - Phone: (914) 428-7100 / Toll Free: (888) 663-4637
 - Website: <http://www.modimes.org>
- National Vaccine Information Center
 - Address: 421 E. Church St., Vienna, Virginia 22180
 - Toll Free: (800) 909-SHOT
 - Website: <http://www.909shot.com/richie.htm>
 - Description: Nonprofit organization dedicated to preventing vaccine injuries and deaths.

Psychotic Disorders

A class of psychiatric conditions characterized by delusions and hallucinations that affect an individual's ability to function; e.g., schizophrenia. (see also "Mental Illness," "Schizophrenia")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

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Reactive Attachment Disorder (RAD)

A psychiatric condition characterized by severe difficulties in trusting or bonding with others; caused by a traumatic disruption or interruption of emotional and physical care during infancy. (see also "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

Recreational Opportunities for Young People with Special Needs

Statewide / Local Resources:

- Animal Therapy Association at Our Farm
 - Address: 1140 C.R. 405, Taylor, Texas
 - Phone: (512) 365-7665
 - Website: <http://www.ourfarmschool.org>
- Archer's Place
 - Address: 1611 Headway Circle- Bldg.2, Austin, Texas 78754
 - Phone: (512) 615-6800
 - Description: A specially adapted playground for children with disabilities and their friends, available to Easter Seals clients and by special arrangement.
- H.A.R.T.S.
 - Address: 3915-B Crawford Road Spicewood, Texas 78669
 - Phone: (512) 264-2973
 - Email: dstoffa@yahoo.com
 - Description: Provides therapeutic riding and hippotherapy for children and adolescents with disabilities.
- R.O.C.K.
 - Address: 25 County Road 110, Georgetown, Texas 78626
 - Phone: (512) 960-7625 / Fax: (512) 863-9231
 - Email: rock@thegateway.net
 - Website: <http://www.rockride.org>
 - Description: Provides therapeutic riding and hippotherapy for children and adolescents with disabilities.
- Special Olympics Texas
 - Address: 7715 Chevy Chase Drive, Ste. 12, Austin, TX 78752
 - Phone: (512) 835-09873 / Toll Free (800) 876-5646
 - Website: <http://www.sotx.org>
 - Email: info@sotx.org
 - Description: Offers competitions and clinics throughout the year in 20 different sports.

National Resources:

- Dolphin Research Center
 - Address: 58901 Overseas Highway, Grassy Key, Florida 33050-6019
 - Phone: (305) 289-1121 / Fax: (305) 743-7627
 - Website: <http://www.dolphins.org>
 - Description: Children and adults with special needs receive individual recreation or a therapy program with the dolphins in the Gulf of Mexico.
- Wheelchair Sports USA
 - Address: 1668 320th Way, Earlham, Iowa 50072
 - Phone: (515) 833-2450
 - Website: <http://www.wsusa.org>
 - E-mail: wsusa@aol.com

Rehabilitation, Physical

The treatment of disease or physical disability by physical or mechanical means, such as massage, regulated exercise, water, heat, light, etc.

Resources:

- Easter Seals Central Texas – Outpatient Rehabilitation
 - Address: 1611 Headway Circle- Bldg.2, Austin, Texas 78754
 - Phone: (512) 478-2581/ Fax: (512) 476-1638
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Provides the only federally certified Comprehensive Outpatient Rehabilitation Program with pediatric specialty care provider status in Central Texas; offers Occupational, Physical and Speech Therapy; hydrotherapy in a heated weather-controlled environment with access via wheelchair ramp and chair lift. Transportation for clients is avail-

able. Medicaid, private insurance accepted with sliding fee scale option.

- Outpatient Rehabilitation for Seton Medical Center
 - Address: 5555 N. Lamar Blvd., Austin, Texas 78751
 - Phone: (512) 324-1875
 - Website: <http://www.seton.net>
 - Description: Provides outpatient rehabilitation services including Physical, Occupational and Speech Therapy.
- Pediatric Outpatient Rehabilitation Program at Children's Hospital of Austin
 - Address: One Children's Place, 1400 IH 35, Austin, Texas 78701
 - Phone: (512) 324-8000
 - Website: <http://www.childrenshospital.com>
 - Description: Provides outpatient rehabilitation services including Physical, Occupational and Speech Therapy.
- Pediatric Program at the Hancock Center (through St. David's Hospital)
 - Address: 1000 East 41st St., Austin, Texas 78751
 - Phone: (512) 451 – 7258
 - Website: <http://www.stdavids.com>
 - Description: Provides outpatient rehabilitation services including Physical, Occupational and Speech Therapy for children up to age 18.
- Rehabilitation Program at St. David's Hospital at Lakeway
 - Address: 1927 Lohman's Crossing, Ste.202, Austin, Texas 78734
 - Phone: (512) 261-9544
 - Website: <http://www.stdavids.com>
 - Description: Provides outpatient rehabilitation services including Physical, Occupational and Speech Therapy.
- Rehabilitation Services at Round Rock Medical Center (St. David's)
 - Address: 2400 Round Rock Medical Center, Round Rock, Texas 78681
 - Phone: (512) 341-6125
 - Website: <http://www.stdavids.com>
 - Description: Provides outpatient rehabilitation services including Physical, Occupational and Speech Therapy.
- Rehabilitation Outpatient Clinic at St. David's Hospital at Sun City
 - Address: 404 Del Webb Blvd. Ste. 105, Georgetown, Texas 78628
 - Phone: (512) 931-2791
 - Website: <http://www.stdavids.com>
 - Description: Provides outpatient rehabilitation services including Physical, Occupational and Speech Therapy.
- Rehabilitation Outpatient Clinic at Seton Cedar Park
 - Address: 801 E. Whitestone Drive, Cedar Park, Texas 78613
 - Phone: (512) 324-5300
 - Website: <http://www.seton.net>
 - Description: Provides outpatient rehabilitation services, including Physical, Occupational and Speech Therapy.
- Round Rock Outpatient Rehabilitation Center
 - Address: 2120 North Mays, Suite 110, Round Rock, Texas 78664
 - Phone: (512) 478-2581 / Fax: (512) 341-0831
 - Website: <http://centraltx.easterseals.com>

Rehabilitation, Vocational

The training programs designed to help disable individuals get and keep jobs.

Local Resources:

- Department of Assistive and Rehabilitative Services: Vocational Rehabilitation
 - Address: 4900 N. Lamar Blvd., Austin, Texas 78751
 - Phone: (512) 424-4000 / Toll Free: (800) 628-511
 - Description: Offers vocational rehabilitation programs, independent living services and

- centers, and a rehabilitation technology program.
- Easter Seals Central Texas – Supported Employment
 - Address: 1611 Headway Circle- Bldg.2, Austin, Texas 78754
 - Phone: (512) 615-6900
 - Website: <http://www.centraltx.easterseals.com>
- Easter Seals Central Texas – Workforce Development Center
 - Address: 315 East Elmo Street, Austin, Texas 78745
 - Phone: (512) 440-7819/ Fax: (512)441-6632
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Provides paid job training, specialized training, job placement, transition support and supported employment.
- Easter Seals Central Texas – Workforce Development Center North Austin
 - Address: 911 McPhaul Street, Austin, Texas 78753
 - Phone: (512) 821-3383/ Fax: (512) 821-3826
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Provides paid job training, specialized training, job placement, transition support and supported employment.
- Easter Seals Central Texas – Workforce Development Center San Marcos
 - Address: 1770 Redwood Road, San Marco, Texas 78666
 - Phone: (512) 392-5062/ Fax: (512) 392-5056
 - Website: <http://www.centraltx.easterseals.com>
 - Description: Provides paid job training, specialized training, job placement, transition support and supported employment.
- Goodwill Industries of Central Texas
 - Address: 1015 Norwood Park Blvd., Austin, Texas 78753
 - Phone: (512) 637-7100 / Toll Free: (877) 464-4660
 - Website: <http://www.austingoodwill.org>
 - Description: Supports individuals in finding and keeping jobs through assistance with resume writing, job interviews and referrals.

Respite Resources

A temporary, short-term relief from care giving for parents of children with special needs who require on-going care.

Local Resources:

- Arc of Texas, The
 - Address: 8001 Centre Park Dr., Austin, Texas 78754
 - Phone: (512) 454-6694 / Toll Free: (800) 252-9729 / Fax: (512) 454-4956
 - Website: <http://www.thearcoftexas.org>
 - E-mail: secretary@thearcoftexas.org
 - Description: Provides respite care on some Saturdays at a cost for each child, in addition to offering many other programs and services for people with mental retardation and other developmental disabilities.
- C.A.M.P.
 - Address: P.O. Box 27086 San Antonio, Texas 78227
 - Phone: (210) 292-3566 / Fax: (210) 292-3576
 - Website: <http://www.campcamp.org>
 - Description: Provides respite care and camping for children with and without disabilities. Program available during the summer and on weekends. Siblings may attend the same session.

National Resources:

- National Information Center for Children and Youth with Disabilities
 - Address: P.O. Box 1492, Washington, DC 20013-1492
 - Toll Free: (800) 695-0285 / Fax: (202) 884-8441
 - Website: <http://www.nichcy.org>
 - Description: Will send you a copy of “Respite Care: A Gift of Time” and a resource list for

your state.

Rett Syndrome

A pervasive developmental disorder of the nervous system that is found almost exclusively among females; one of the most common causes of profound mental retardation in girls. (see also *“Pervasive Developmental Disorder”*)

Resources: see *“Disability,” “Early Childhood Intervention,” “Mental Retardation,” “Parent Resources,” “Sibling Resources”*

- International Rett Syndrome Association
 - Address: 9121 Piscataway Rd., #2B, Clinton, Maryland 20735
 - Phone: (301) 856-3334 / Toll Free: (800) 818-RETT / Fax: (301) 856-3336
 - Website: <http://www.rettsyndrome.org>
 - E-mail: irsa@rettsyndrome.org

Rheumatoid Arthritis, Juvenile

An auto-immune disorder that causes inflamed, swollen joints and often results in impaired mobility. (see also *“Auto-Immune Disorder”*)

Resources: see *“Disability,” “Parent Resources,” “Sibling Resources”*

Rights for Young People with Special Needs

National Resources: see *“Legal Resources for Families with Special Needs”*

- Council for Disability Rights
 - Address: 30 East Adams, Suite #1130, Chicago, Illinois 60606-1820
 - Phone: (312) 444-9484 / TTY: (312) 444-1967 / Fax: (312) 444-1977
 - Website: <http://www.disabilityrights.org>
 - E-mail: webmaven@disabilityrights.org

Schizoid Personality Disorder

A psychiatric condition characterized by a pervasive pattern of detachment from social relationships and a restricted range of emotions in social interactions. (see also *“Personality Disorder,” “Mental Illness”*)

Resources: see *“Mental Illness,” “Parent Resources,” “Resources for Parents,” “Sibling Resources”*

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Schizophrenia

A psychiatric illness characterized by delusions, hallucinations, disordered thinking and social withdrawal. (see also *“Psychotic Disorders,” “Mental Illness”*)

Resources: see *“Counseling,” “Mental Illness,” “Parent Resources,” “Sibling Resources”*

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Schools for Special Needs

Local Resources:

School Placement:

- Alternatives in Education
 - Address: 2407 N. Mopac Expwy. #100, P.O. Box 340, Austin, Texas 78758
 - Phone: (512) 472-0152 / Fax: (512) 310-1688
 - Website: <http://www.ceoaustin.org>
 - E-mail: info@ceoaustin.org
 - Description: Assists parents in identifying the best school setting for their child; offers need-based scholarships.

Pre-Schools:

- Brentwood Preschool
 - Address: 11908 N. Lamar, Austin, Texas 78753
 - Phone: (512) 835-5984 / Fax: (512) 835-5982
 - Description: Serves children from 2 years to kindergarten age. Some slots on a sliding fee scale and some slots for children with mild disabilities.
- Capital School of Austin, The
 - Address: 2011 W. Koenig Lane, Austin, Texas 78756
 - Phone: (512) 467-7006 / Fax: (512) 467-7025
 - Website: <http://www.capitolschool.com>
 - Description: Provides a variety of programs for all ages including: summer camps, occupational therapy, music therapy, and art and drama. Must apply, tuition based.
- Ebenezer Child Development Center
 - Address: 1014 E. 10th St., Austin, Texas 78702
 - Phone: (512) 478-6709
 - Description: Accepts children from 0-5 years of age. Sliding fee scale, usually a waiting list.
- Generations Child Development Center/Night Care Solutions
 - Address: 8203 Sam Rayburn, Austin, Texas 78753
 - Phone: (512) 832-5045
 - Description: Provides childcare for children with all types of disabilities. Open from 6:45 AM to 9:30 PM Monday through Friday.
- Head Start/Early Childhood Education/Child Inc.
 - Address: 818 East 53rd St., Austin, Texas 78751
 - Phone: (512) 451-7361 / Toll Free: (800) 222-4051
 - Website: <http://www.childinc.org>
 - Description: Provides free early childhood development services. Includes education, nutrition, health, dental, special education, mental health services to family members, including daycare for parents who are working, or in school/training. Services are provided at multiple locations in Travis County.
- Kids Space Day Care
 - Address: 1401 South IH-35, Suite 210, Austin, Texas 78664
 - Phone: (512) 244-7774
 - Description: Provides drop-in childcare. Call ahead to guarantee space.
- Little Dudes Learning Center (Location 1)
 - Address: 205 Sandra St., Austin, Texas 78744
 - Phone: (512) 442-0405 / Fax: (512) 447-1093
- Little Dudes Learning Center (Location 2)
 - Address: 4905 Maufrais, Austin, Texas 78746
 - Phone: (512) 447-7906 / Fax: (512) 326-3578
- Little Dudes Learning Center (Location 3)
 - Address: 6201 Crow Lane., Austin, Texas 78745
 - Phone: (512) 442-0021 / Fax: (512) 447-1093
- Little Dudes Learning Center (General Information)
 - Website: <http://www.littledudes.com>

- Description: Provides childcare for children with all types of disabilities ages 1 to 5 years. Provides before/after school care and 2-day programs for ages 5-11 years.
- Mainspring Schools
 - Address: 1100 W. Live Oak St., Austin, Texas 78704
 - Phone: (512) 442-2301 /Fax: (512) 912-1731
 - Website: <http://www.mainspringschools.org>
 - E-mail: exd@mainspringschools.org
 - Description: Serves children age 6 weeks to 5 years, with and without disabilities. Children are screened for disabilities and the school partners with Any Baby Can to provide the appropriate intervention. Tuition based on sliding fee scale.
- Open Door Preschool (Central)
 - Address: 1717 W. 19th St., Austin, Texas 78703
 - Phone: (512) 477-9632
- On Door Preschool (South)
 - Address: 603 Bouldin, Austin, Texas 78704
 - Phone: (512) 445-2698
- Open Door Preschool (East)
 - Address: 3804 Cherrywood Rd., Austin, Texas 78722
 - Phone: (512) 481-0775
- Open Door Preschool (General Information)
 - Website: <http://www.opendoorpreschool.org>
 - E-mail: elsner@opendoorpreschool.org
 - Description: Provides day care to children with & without disabilities in three locations. East and Central locations serve children from infancy to 5 years and the South location starts at age 2 years. Includes screening for health, physical, and psychological needs in cooperation with other agencies. Experienced with feeding tubes and has a licensed social worker on site.
- Rise School, The
 - Address: 4226 Monterey Blvd., Austin, Texas 78749
 - Phone: (512) 891-1680 / Fax: (512) 891-1682
 - Website: <http://www.riseschoolaustin.org>
 - E-mail: director@riseschoolaustin.org
 - Description: Provides early childhood program for children 18 months to 6 years with and without developmental disabilities.

Private Schools:

- Capital School of Austin, The
 - Address: 11 W. Koenig Ln., Austin, Texas 78756
 - Phone: (512) 467-7006 / Fax: (512) 467-7025
 - Website: <http://www.capitolschool.com>
 - Description: Austin's first private, non-profit organization for young children with language and learning differences. Offers pre-school through 3rd grade.
- Harvard School
 - Mailing Address: P.O. Box 1427, Pflugerville, Texas 78691
 - Phone: (512) 459-9191 / Fax: (512) 251-6996
 - Website: <http://www.austinharvardschool.org>
 - Email: austinharvard@cox.net
 - Description: Provides the first school nationwide for students with ADD and Bi-polar disorder.
- Moore-Weis Children's Center
 - Address: 1303 Lorrain St. Austin, Texas 78703
 - Phone: (512) 472-6080 / Fax: (512) 472-6662
 - Website: <http://www.moore-weis.com>
 - Description: Provides a therapeutic experience for children ages 2-8 with mild to severe communication disorders, including speech delays, autism, ADD/ADHD, learning disabilities, sensory integration dysfunction and auditory processing disorders.

- Odyssey School
 - Address: 831 Houston St., Austin, Texas 78756
 - Phone: (512) 472-2262
 - Website: <http://www.odysseyschool.com>
 - Description: Offers grades 3 through 8 for students with ADD, AD/HD, dyslexia, dysgraphia, auditory processing and other learning disabilities.
- Rawson-Sanders School
 - Address: 2600 Exposition Blvd., Austin, Texas 78703
 - Phone: (512) 476-8328
 - Website: <http://www.rawson-saunders.org>
 - Description: Offers grades 3 through 8 for students with dyslexia.

Public Schools:

- Austin Independent School District (AISD)
 - Address: 11 West 6th St., Austin, Texas 78703
 - Phone: (512) 414-1731 (Initial contact for all special services) / Fax: (512) 474-7338
 - Website: <http://www.austin.isd.tenet.edu>
 - Description: Provides extensive services for children with physical, mental or emotional disabilities, based on an assessment of their specific needs. Services include infant and early childhood programs; hospital/housebound program; regular classroom support; self-contained services; resource services; occupational and physical therapy; speech and language services; behavioral support; assistive technology and much more.
- Rosedale School (part of AISD)
 - Address: 2117 W. 49th St., Austin, Texas 78756
 - Phone: (512) 414-2400 (OT/PT Program) / (512) 414-2434 (Visual Impairments) / (512) 414-2066 (Visual Infant Program)
 - Description: A special campus for medically fragile students as well as students with multiple disabilities.
- Eanes Independent School District (EISD)
 - Address: 601 Camp Craft Rd., Austin, Texas 78746
 - Phone: (512) 732-9000
 - Website: <http://www.eanes.k12.tx.us>
 - Description: In addition to the special education services offered to students in grades K-12, EISD also offers a free pre-school for children with disabilities. The pre-school uses An Early Learning Together Model is utilized in which includes students with and without disabilities.
- Leander Independent School District (LISD)
 - Address: 204 W. South St., Leander, Texas 78641
 - Mailing Address: P.O. Box 218, Austin, Texas 78746
 - Phone: (512) 434-5000 / Fax: (512) 434-5398
 - Website: <http://www.leanderisd.org>
 - Description: Provides free programs for children with disabilities, ages 3-5, before they start kindergarten. Services include special programs for children who are visually or hearing impaired, or have learning problems. Special Education Department also offers individualized program for older students with special needs.
- Pflugerville Independent School District (PISD)
 - Address: 1401 West Pecan St., Pflugerville, Texas 78660
 - Phone: (512) 594-0000 / Fax: (512) 594-0005
 - Website: <http://www.pflugervilleisd.net>
 - Description: Provides free programs for children with disabilities before they start kindergarten. Services include special programs for children who are visually or hearing impaired. Special Education Department also offers individualized program for older students with special needs.

State Schools:

- Texas School for the Blind & Visually Impaired
 - Address: 1100 West 45th St., Austin, Texas 78756

- Phone: (512) 454-8631 / Toll Free: (800) 872-5273 / TDD: (512) 206-9451 / Fax: (512) 206-9450
- Website: <http://www.tsbvi.edu>
- Description: Provides residential educational programs. Includes classroom instruction and remedial instruction on independent living skills. Provides infant/preschool programs through the Outreach Program. Open Monday-Friday, 8:00 AM – 5:00 PM.
- Texas School for the Deaf – Educational Resource Center on Deaf
 - Address: 1102 S. Congress Ave., Austin, Texas 78704
 - Phone: (512) 462-5329 / TDD: (800) 332-3873 / Spanish TDD: (800) 662-4954 / Fax: (512) 462-5661
 - Website: <http://www.tsd.state.tx.us>
 - Description: Provides educational services for youth who are deaf or hard of hearing. Includes residential school for children aged 5-22 and day school for children to age 22. Provides infant-parent program for newborns to 3 years old. Also provides summer programs for children and adults.

National Resources:

- Advocacy
 - It's a New IDEA – The Manual for Parents and Students about Special Education in Texas. (An online guide offered by Advocacy, Inc.)
 - Website: <http://www.advocacyinc.org>
- A National Directory of Four Year Colleges, Two Year Colleges and Post High School Training Programs for Young People with Learning Disabilities
 - Address: Partners in Publishing, P.O. Box 50347, Tulsa, Oklahoma 74150
 - Phone: (918) 835-8258
- The Directory for Exceptional Children, a Listing of Educational and Training Facilities
 - Address: Porter Sargent Publishers, Inc.
11 Beacon Street Suite 1400, Boston, Massachusetts 02108
 - Phone: (617) 523-1670 / (617) 523-1021
 - Website: <http://www.portersargent.com>
 - E-mail: info@portersargent.com
- Guide to Summer Camps and Summer Schools
 - Address: Porter Sargent Publishers, Inc.
11 Beacon St. Suite 1400, Boston, Massachusetts 02108
 - Phone: (617) 523-1670 / Fax: (617) 523-1021
 - Website: <http://www.portersargent.com>
 - E-mail: info@portersargent.com

Screening

Those procedures designed to detect the potential for, or diagnose the early stages of, a particular disease or condition. (see also "Prevention")

Resources: see "Prevention." Check with your pediatrician or local clinic for screenings.

Seizure Disorders

Those conditions caused by an electrical discharge of brain cells that result in changes in a person's usual consciousness, behavior, movement and sensation.

Resources: see "Epilepsy," "Parent Resources," "Sibling Resources"

Self-Mutilation

A psychiatric disorder characterized by any form of self harm that inflicts injury or pain to one's self; examples include cutting, burning oneself, excessive hair pulling and picking at skin. (see also "Impulse Control Disorders," "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

Sensory Integration Dysfunction (SID)

A neurological disorder in which sensory input is not processed properly, resulting in over-sensitivity to touch, movement, sight or sound that subsequently affects motor skills, coordination, and/or other aspects of behavior.

Resources: see “Disability,” “Early Childhood Intervention,” “Parent Resources,” “Schools for Special Needs,” “Sibling Resources”

- The Out-of-Sync Child Has Fun: Activities for Kids with Sensory Integration Dysfunction (Book)
 - Author: Carol Stock Kranowitz (Perigee Books)
 - Description: Activities that parents can do with kids at home to strengthen their abilities and have fun doing it.
- The Out-of-Sync Child: Recognizing and Coping with Sensory Integration Dysfunction (Book)
 - Author: Carol Stock Kranowitz (Perigee Books)
 - Description: The author has created an excellent resource for parents to use.
- Sensory Integration Network
 - Website: <http://www.spdnetwork.org>
 - Description: Offers information and support. Includes a new national resource directory where parents can access local physicians, occupational therapists, mental health professionals and more.

Sexual Disorders

A class of psychiatric conditions characterized by disturbing and repetitive sexual fantasies, urges and behaviors that interfere with everyday functioning over a significant period of time. (see also “Mental Illness”)

Resources: see “Counseling,” “Mental Illness,” “Parent Resources,” “Sibling Resources”

Short Stature

Refers to any person who is significantly below the average height for a person of the same gender and sex; may be a normal variant and not indicate any medical condition.

Resources:

- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: Provides coordinated care for the child and family in collaboration with the primary care physician. Growth hormone deficiency is one of the areas addressed by this program.
- Human Growth Foundation
 - Address: 997 Glen Cove Ave., Suite 5, Glen Head, New York 11545
 - Toll Free: (800) 451-6434 / Fax: (516) 671-4041
 - Website: <http://www.hgfound.org>
 - E-mail: hgf1@hgfound.org
- Little People of America, Inc.
 - Address: 5289 NE. Elam Young Parkway, Suite F-700, Hillsboro, Oregon 97124
 - Phone: (503) 846-1562 / Toll Free: (888) 572-2001
 - Website: <http://www.lpaonline.org>
 - E-mail: info@lpaonline.org

Sibling Resources

National Resources:

- Living with a Brother or Sister with Special Needs
 - Toll Free: (800) 441-4115
 - Description: For young readers.
 - Notes: By Donald Meyer and Patricia Vadasy, University of Washington Press
- Sibshops: Workshops for Siblings of Children with Special Needs

- Toll Free: (800) 638-3775
- Description: Resource for starting “sibshops” and other information.
- Notes: By Donald Meyer, Paul H. Brookes Publishing
- Views from Our Shoes: Growing Up with a Brother or Sister with Special Needs
 - Toll Free: (800) 843-7323
 - Description: A collection of essays by four-to eighteen-year-old brothers and sisters.
 - Notes: Edited by Donald Meyer/ Woodbine House
- Sibling Support Project
 - Address: Children's Hospital and Regional Medical Center
4800 Sand Point Way NE, Seattle, Washington 98105
 - Phone: (206) 987-2000 / TTY: (206) 987-2280
 - Website: <http://www.seattlechildrens.org/sibsupp>
 - E-mail: dmeyer@chmc.org
 - Description: Look for their listservs, SibNet for adult brothers and sisters, and SibKids for younger brothers and sisters. Subscription is free.

Sickle Cell Disease

An inherited blood disorder that affects the normal production of red blood cells.

Resources: see “Disability,” “Parent Resources,” “Sibling Resources”

- Sickle Cell Disease Association of America, Inc.
 - Address: S. Calvert St., Suite 600, Baltimore, Maryland 21202
 - Phone: (410) 528-1555 / Toll Free: (800) 421-8453 / Fax: (410) 528-1495
 - E-mail: scdaa@sicklecelldisease.org

Social Skills Deficit

An array of problems affecting an individual's interactions with others, including difficulties interpreting cues and understanding the feelings of others; associated with Asperger's Syndrome; frequently found in children with learning disabilities. (see also “Asperger's Syndrome”)

Resources: see “Counseling”

- Teaching Your Child the Language of Social Success (Book)
 - Authors: Marshal P. Duke, Stephen Nowicki and Elizabeth A. Martin (Peachtree Publishers)
 - Description: Easy-to-use guide explains nonverbal communications, with exercise for home and school.

Speech Impairment

A problem or combination of problems related to talking, such as articulation, voice quality, fluency and forward flow.

Local Resources: see “Therapy, Speech”

- Communication Sciences & Disorders Program
 - Address: Speech & Hearing Center CMA, Space 2.200, Austin, Texas 78712
 - Phone: (512) 471-3841 / TDD: (512) 471-3841 / Fax: (512) 232-1804
 - Website: <http://csd.utexas.edu/utshc.html>
 - Description: Provides services to people with communication disorders. Services include assessment of hearing, speech and language disorders; fitting and dispensing of hearing aids; training for parents of children with language delays; and treatment of communication disorders. Also provides support groups for people with problems with stuttering, aphasia, and hearing loss. Services provided by supervised graduate students in English or Spanish.
- Speak Up Texas! (Part of Technology and Inclusion)
 - Address: 1011 Meredith Dr., Suite 2, Austin, Texas 78748 (Physical)
 - Mailing Address: P.O. Box 150878, Austin, Texas 78715
 - Phone: (512) 282-7161 / Toll Free: (800) 787-6346 / TTY: (512) 280-9428 / Fax: (512) 291-1113
 - Website: <http://www.speakuptexas@taicenter.com>

- E-mail: taicenter@taicenter.com
- Description: Provides specialized training at home for people with speech-related disabilities who need help using communication devices.

National Resources:

- National Speech-Language-Hearing Association
 - Website: <http://www.asha.org>

Spina Bifida

A congenital disorder in which the backbone and/or spinal canal fails to form properly and fully close before birth.

Resources: see *“Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”*

- Spina Bifida Association of America
 - Address: 90 MacArthur Boulevard NW, Suite 250, Washington, DC 20007-4226
 - Phone: (202) 944-3285 / Toll Free: (800) 621-3141
 - Website: <http://www.sbaa.org>
 - E-mail: sbaa@sbaa.org
- The Specialty Care Center at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team that offers comprehensive and coordinated care for young patients and their families.

Spinal Cord Injuries

The traumatic incidents that damage the spinal cord and affect its functioning may result in varying degrees of paralysis.

Resources: see *“Disability,” “Parent Resources,” “Sibling Resources”*

- The Pediatric Neurosurgery Program at The Dell Children's Medical Center of Central Texas
 - Address: 4900 Mueller Blvd., Austin, Texas 78723
 - Phone: (512) 324-0000
 - Website: <http://www.dellchildrens.net>
 - Description: An interdisciplinary team offers comprehensive and coordinated care for young patients and their families.
- National Spinal Cord Injury Association Resource Center
 - Address: 01 Democracy Blvd., Suite 300-9, Bethesda, Maryland 20817
 - Phone: (301) 214-4006 / Fax: (301) 881-9817
 - Website: <http://www.spinalcord.org>
 - E-mail: info@spinalcord.org

Sturge-Weber Syndrome

A congenital disorder characterized by a port wine birthmark as well as a range of neurological abnormalities.

Resources: see *“Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”*

- Sturge-Weber Foundation
 - Address: P.O. Box 418, Mt. Freedom, New Jersey 07970-0418
 - Phone: (973) 895-4445 / Toll Free: (800) 627-5482 / Fax: (973) 895-4846
 - Website: <http://www.sturge-weber.com>

Stuttering

A condition characterized by various behaviors that affect the fluency and forward flow of speech. (see also *“Speech Impairments”*)

Resources: see *“Disability,” “Early Childhood Intervention,” “Parent Resources,” “Sibling Resources”*

- National Center for Stuttering
 - Website: <http://www.stuttering.com>

Substance Abuse

Any chemical dependency involving alcohol, illegal or prescription drugs that impairs the person's normal functioning. (see also "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

For more detailed listing, call United Way's Help Line at 2-1-1 or check their website, <http://www.unitedwaycapitalarea.org>

Suicide Prevention

A range of intervention strategies aimed at keeping young people from killing themselves; suicide is the 3rd leading cause of death for young people between 15 and 24. (see also "Mental Illness")

Resources: see "Counseling," "Mental Illness," "Parent Resources," "Sibling Resources"

- National Suicide Prevention Lifeline
 - Toll Free: (800) 273-8255
 - Website: <http://www.suicidepreventionlifeline.org>

Tay-Sachs Disease

A rare inherited disorder that affects lipid (fat) metabolism and causes the accumulation of lipids in nervous tissue; primarily affects people of Eastern European Jewish heritage.

Resources: see "Disability," "Genetic Disorder," "Orphan Disorder"

- National Tay-Sachs and Allied Diseases Association
 - Address: 2001 Beacon St., Suite 204, Brighton, Massachusetts 02135
 - Phone: (617) 277-4463 / Toll Free: (800) 906-8723 / Fax: (617) 277-0134
 - Website: <http://www.ntsad.org>
 - E-mail: info@ntsad.org

Tetralogy of Fallot

A congenital heart condition characterized by several defects occurring at once.

Resources: see "Disability," "Parent Resources," "Sibling Resources"

Therapy, Animal

The therapeutic use of animals to empower young people to overcome emotional, social and physical challenges.

Local Resources:

- Hooves and Hearts
 - Address: 608 W 12th. Street, Austin, Texas 78701
 - Phone: (512) 376-7667 / Fax: (512) 472-1662
 - Website: <http://www.heartsandhooves.org>
 - Email: quietswanmover@juno.com
 - Description: A program that uses trained miniature horses as pet therapy for people who are homebound or in institutional settings.
- R.O.C.K. (Rock On Center for Kids)
 - Address: P.O. Box 2427, Georgetown, Texas 7862
 - Phone: (512) 930-ROCK
 - Website: <http://www.rockride.org>
 - Email: info@rockride.org
 - Description: A therapeutic horse-riding program designed for children with disabilities.

Therapy, Art

The therapeutic use of art activities to empower young people to understand and express their feelings more effectively.

Statewide Resources: for referrals, check with disability and early childhood programs.

- The Art Therapy Institute
 - Address: 8340 Meadow Road, #136, Dallas, Texas 75231
 - Phone: (214) 696-4278

- Website: <http://www.arttherapy-institute.com>

Therapy, Music

The therapeutic use of music-related activities to strengthen emotional, social, communication, motor and academic skills.

Local Resources: for referrals, check with disability and early childhood programs

- The Music Therapy Center
 - Address: 4106 Marathon Blvd., Ste. C., Austin, Texas 78756
 - Phone: (512) 472-5016 / Fax: (512) 42-9029
 - Website: <http://www.centerformusictherapy.com>
 - Email: info@centerformusictherapy.com
 - Description: Provides consultation and assessment: services include neurological music therapy, psychosocial music therapy, movement disorders exercise group, and more.

Therapy, Occupational

A therapeutic program that involves work, play and self-care activities to increase independent functioning and enhance the quality of life.

Local Resources: the listings under "Rehabilitation, Physical" also provide occupational therapy. For specific referrals, check with disability and early childhood programs; also check the yellow pages under "Occupational Therapist"

Therapy, Physical

A therapeutic program designed to treat disease or disability by physical or mechanical means, such as massage, regulated exercise, water, heat, light, etc. (see also "Rehabilitation, Physical")

Local Resources: see "Rehabilitation, Physical." For specific referrals, check with disability and early childhood programs; also check the yellow pages under "Therapists, Physical"

Therapy, Speech

A therapeutic program designed to diagnosis and treat problems associated with spoken language. (see "Speech Impairment")

Local Resources: the listings under "Rehabilitation, Physical" also provide speech therapy. For specific referrals, check with disability and early childhood programs; also check the yellow pages under "Speech and Language Pathologists"

Tourette Syndrome

A neurological disorder characterized by facial grimaces and tics, as well as uncontrolled movements and speech.

Local Resources: see "Therapy, Speech"

- Communication Sciences & Disorders Program
 - Address: Speech & Hearing Center CMA, Space 2.200, Austin, Texas 78712
 - Phone: (512) 471-3841 / TDD: (512) 471-3841 / Fax: (512) 232-1804
 - Website: <http://csd.utexas.edu/utshc.html>
 - Description: Provides services to people with communication disorders. Services include assessment of hearing, speech and language disorders; fitting and dispensing of hearing aids; training for parents of children with language delays; and treatment of communication disorders. Also provides support groups for people with problems with stuttering, aphasia, and hearing loss. Services provided by supervised graduate students in English or Spanish.
- Speak Up Texas! (Part of Technology and Inclusion)
 - Address: 1011 Meredith Dr., Suite 2, Austin, Texas 78748 (Physical)
 - Mailing Address: P.O. Box 150878, Austin, Texas 78715
 - Phone: (512) 282-7161 / Toll Free: (800) 787-6346 / TTY: (512) 280-9428 / Fax: (512) 291-1113
 - Website: <http://www.speakuptexas@taicenter.com>

- E-mail: taicenter@taicenter.com
- Description: Provides specialized training at home for people with speech-related disabilities who need help using communication devices.

National Resources: see “Disability,” “Counseling,” “Parent Resources,” “Sibling Resources”

- Hi, I’m Adam: A Child’s Book About Tourette’s Syndrome (Book)
 - Author: Adam Buchrons
 - Website: <http://www.tourette-syndrome.com>
 - Description: A first person account of what the author’s experience with Tourette’s Syndrome.
- Tourette Syndrome Association
 - Address: 4240 Bell Boulevard, Bayside, New York 11361-2820
 - Phone: (718) 224-2999 / Toll Free: (800) 237-0717
 - Website: <http://www.tsa-usa.org>
 - E-mail: ts@tsa.usa.org

Toys, Adapted

(see “Equipment/Supplies”)

Travel Help

National Resources:

- Angel Flight
 - Address: 10 Amelia Drive. Addison, Texas 75001
 - Phone: (972) 458-0700
 - Website: <http://www.angelflightsc.org>
 - Description: Provides air transportation for financially needy patients.
- Hotline for Air Travelers with Disabilities
 - Address: U.S. Department of Transportation, 400 7th St. SW, Washington, D.C. 20590
 - Toll Free: (800) 778-4838.
- National Patient Travel Center
 - Address: 4620 Haygood Rd., Suite 1, Virginia Beach, Virginia 23455
 - Toll Free: (800) 296-1217
 - Website: <http://www.patienttravel.org>
 - Description: Helps find free or reduced rates for air travel for medical purposes.

Turner Syndrome

A rare chromosomal disorder found in females; marked by dwarfism, heart abnormalities and under-developed sex organs. (see also “Orphan Disorders”)

Resources: see “Disability,” “Genetic Disorder,” “Orphan Disorders,” “Parent Resources,” “Sibling Resources”

- Turner Syndrome Society
 - Address: 14450 TC Jester, Ste. 260, Houston, Texas 77014
 - Phone: (832) 249-9988 / Toll Free: (800) 365-9944 / Fax: (832) 249-9987
 - Website: <http://www.turner-syndrome.us.org>
 - Description: Provides information, advocacy, support, and an online store.

Velo-Cardio-Facial Syndrome (VCFS)

A common genetic disorder, also known as the Shprintzen Syndrome, DiGeorge Sequence and Catch 22, characterized by cleft palate, heart abnormalities, learning disabilities, and over 180 other conditions.

National Resources: see “Disability,” “Genetic Disorder,” “Orphan Disorders,” “Parent Resources,” “Sibling Resources”

- Velo-Cardio-Facial Syndrome Educational Foundation
 - Address: P.O. Box 874, Milltown, New Jersey 08850
 - Phone: (732) 238-8803 or (866) 823-7335
 - E-mail: info@vcfsef.org

- Web: <http://www.vcfsef.org>

Visual Impairments

(see "Blindness and Visual Impairments")

Williams Syndrome

A rare inherited disorder characterized by mild mental retardation, distinctive facial appearance, problems with calcium balance and blood vessel disorder. (see also "Orphan Disorders")

Resources: see "Disability," "Genetic Disorders," "Mental Retardation," "Orphan Disorders," "Parent Resources," "Sibling Resources"

Wish Organizations

Those groups whose primary mission is to transform the desires of chronically or terminally ill children into reality.

Resources:

- Children's Wish Foundation International
 - Address: 8615 Roswell Rd., Atlanta, Georgia 30350-7526
 - Phone: (770) 393-WISH / Toll Free: (800) 323-WISH / Fax: (770) 393-0683
 - Website: <http://www.childrenswish.org>
 - E-mail: contact@childrenswish.org
 - Description: Fulfills the favorite wish of children under the age of eighteen with life-threatening illnesses.
- Grant-a-Wish Foundation
 - Address: 6601 Frederick Rd., Baltimore, Maryland 21228
 - Phone: (410) 744-1032 / Toll Free: (800) 933-5470
 - Website: <http://www.grant-a-wish.org>
 - E-mail: wish@grant-a-wish.org
 - Description: Programs include support groups, wilderness retreats, in-hospital entertainment and granting of wishes.
- Make-a-Wish Foundation of Central and South Texas
 - Address: 2224 Walsh Tarlton Lane, Suite 200, Austin, Texas 78746
 - Phone: (512) 329-9474 / Toll Free: (800) 880-9474 / Fax: (512) 328-3326
 - Website: <http://www.centralandsouthtexas.wish.org>
 - Description: Grants wishes of children with life-threatening illnesses in Central and South Texas.
- Sunshine Foundation Corporate Office
 - Address: 1041 Mill Creek Drive, Feasterville, Pennsylvania 19053
 - Phone: (215) 396-4770 / Toll Free: (800) 767-1976 / Fax: (215) 396-4774
 - Website: <http://www.sunshinefoundation.com>
 - E-mail: philly@sunshinefoundation.org
 - Description: Answers dreams of physically challenged, seriously-ill and abused children.

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The Austin American-Statesman
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Easter Seals Central Texas is a local 501 (c) (3) non-profit that has offered a lifetime commitment to people with disabilities in the Austin Community for more than 50 years. Easter Seals provides community services that improve the quality of life for more than 2900 children and adults with disabilities and their caregivers in 21 Central Texas Counties.

Our programs are Early Childhood Intervention (ECI), Comprehensive Outpatient Rehabilitation, and Workforce Development. Each program offers core services that include nationally accredited services. Our ECI program is the only nationally accredited ECI provider in Central Texas, and we are the only federally certified Comprehensive Outpatient Rehabilitation program with pediatric, specialty care provider status in Central Texas.

Highlights from FY 2007:

- Participants surveyed reported over 96% satisfaction with services.
- Nearly 78% of all clients demonstrated measurable Functional Skills improvement.
- Nearly 90% of all participants demonstrated progress in everyday activities.
- More than 1200 children were able to receive Early Childhood Intervention (ECI) Services.
- Approximately 670 people participated in Easter Seals Central Texas' Workforce Development Programs.
- Easter Seals Central Texas helped more than 1076 people with Rehabilitation service needs.

Mission:

Easter Seals Central Texas provides exceptional services so people with disabilities and their families can fully participate in their communities.

Vision:

We envision all people enjoying access, opportunities, and independence.

Core Values:

- **Integrity:** we conduct business ethically with a commitment to high moral standards.
- **Excellence:** we create individualized and innovative solutions.
- **Respect:** we recognize and honor the value of each individual.
- **Independence:** we create opportunities to enhance the independence of people with disabilities.
- **Caring:** we understand and accommodate the needs of the people we serve.