A Note from our CEO:  
A Year to Count Our Blessings

As I look back on the last year and a half of life during a pandemic, I want to reflect on the many blessings we received at Easterseals. While the world prepped for the onslaught of COVID-19 our staff began preparing for the many contingencies that could occur. Their plans often had contingency plans. They found innovative ways to serve and engage our participants. I am very grateful for their commitment to those we serve.

Standing Strong Amidst Uncertainty
Additionally, we are thankful to the over 14,000 individuals and families we served. They stood beside us during the uncertain times. For many of our programs and services that were mandated to not operate during shut down, these individuals and families trusted us to keep them healthy and safe when it was time to return to our physical locations. We are grateful.

Our Supporters Make Our Work Possible
We would be remiss if we did not thank those of you who shared your time, talent, or treasure with Easterseals. So, whether you are a volunteer, board member, donor, or corporate sponsor.... THANK YOU for believing in Easterseals. Your support has made it possible for Easterseals to assist individuals with disabilities and their families to live, learn, work and play in our community.

Our Work Continues
While the pandemic is still amongst us, know Easterseals staff are working hard for those we serve and need your continued support. Likewise, if you see any of our Easterseals staff please thank them for all they do!

Pandora Shaw-Dupras  
CEO  
Easterseals Central & Southeast Ohio
On August 5th, we hosted our inaugural Bourbon & BBQ fundraiser at Heritage Golf Club in Hilliard. Our ears were delighted by the sounds of The Devil Doves and our taste buds were treated to the delights provided by Sweet Designs Specialty Cakes. Our guests were provided with a special surprise from Greg Mauer with Heidelberg Distributing, a premium wine tasting.

This intimate event hosted around 170 attendees as we celebrated a return to a “normal” in-person event.

The impact of our services has proven to be immeasurable as many families face an uncertain future. The hope and confidence gained help our clients and their families, realize dreams and reach obtainable goals. For those that enjoyed the evening, thank you for attending our event.

We could not do our work, without you.

Mark your calendars!
The date for next year’s Romancing the Grape has been set! April 30, 2022
Advocating for Long-Term Care Patient’s Rights During the Pandemic

Long Term Care Ombudsman Advocates for Patient’s Rights and Needs, Now

Guest contributor, Alexis Simpson, Ombudsman Program Director - Region 6 and 8, shares the value and importance of the Ohio Ombudsman Program.

What is it?
The Long-Term Care Ombudsman Program (LTCOP) advocates for the residents that live in nursing home, assisted living facilities, and group-home like settings. At least 90% of residents living within these settings have a disability.

Why it matters?
Over the years, the LTCOP has helped improve the quality of care of individuals in these various settings receive in many ways. To name a few, the LTCOP has done things such as providing In-Services to facilities, held consultations, helped develop and work with resident councils within these facilities. Specifically, over the past two years, the LTCOP has assisted with the relocation of residents from recent facility closures.

What can be done to help?
Along with the paid Ombudsman Specialist, the LTCOP relies heavily on the work of our volunteers. Over the past year, the LTCOP has significantly grown our volunteer base. This has ultimately allowed the program to reach and advocate for more individuals. The Ombudsman volunteers have contributed tremendously to the program’s overall regular presence in facilities. This is one of the program’s key core services; being present to help advocate and educate. Our volunteers ultimately bring more program awareness and its mission on a needed and consistent basis.

What impact does the program have?
The LTCOP is such a meaningful and impactful resource for so many because the program prides itself on being client focused and truly encourages residents to expect excellence in the care they are receiving, at all times.

If you or a loved one need help filing a nursing home complaint, or need more information, contact our Ombudsman at 1-800-536-5891.

Nursing Home Resident’s Rights

- Participate in planning your care and making choices about your daily life.
- Adequate and appropriate care.
- Be treated with dignity and respect, regardless of where you make your home.
- Be free from physical, verbal, mental and emotional abuse.
- Be free from physical and chemical restraints.
- Receive reasonable notice before a room or roommate change.
- Not be discharged except for reasons specified in the law and to have a hearing.
- Be free from financial exploitation and to manage your personal affairs.
- Participate in community activities of your own choosing.
- Receive visitors at any reasonable hour.
- Control who has access to your medical records.

A family tradition for almost 40 years!

Join us Thanksgiving Day for the Original Columbus Turkey Trot that takes walkers, rollers and runners through Upper Arlington. Participants are able to choose from a 5-mile run, a 2.5 mile “Walk-n-Talk”, Kids “Tot Trot” 100-yard dash, or virtually!

Every in-person participant receives the traditional pumpkin pie to help get the meal festivities going!

Register at: www.ChaseTurkeyTrot.com

Participation in this event directly supports our Early Intervention Make the First Five Count Initiative.

2021 Chase Turkey Trot Artist, Ellie
Ways to Make an Impact

**Ways to Give**

Donate: Make a contribution online at www.eastersealscentralohio.org, over the phone, or mail us a check:

Attn: Development Department  
3830 Trueman Ct.  
Hilliard, OH 43026

*Donations made to this address stay 100% local in our community.*

Join us at an Event

**Clays for a Cause** – October 15
Take aim and shoot for Easterseals at Cardinal Shooting Center in Marengo at our Clay Shoot Sporting Event.

**Romancing the Grape** – April 30, 2022
Our premier event that allows attendees to sample foods from Columbus’ finest restaurants and taste fine wines from all of the world and other types of spirits.

Register for all events at:
www.easterseals.com/centralohio/get-involved/events/

Host an event benefiting Easterseals!
Contact Kristy Emch-Roby at 614.228.5523 or kroby@easterseals-cseohio.org

Shop at Kroger: Register your Kroger Plus Card in the Community Rewards program in support of Easterseals. Our ID is IT726 or look up: “Easter Seals” www.krogercommunityrewards.com

Shop on Amazon: Shop on smile.amazon.com and designate Easterseals as your Amazon Smile charity. Easterseals will receive a portion of the purchases you make on Amazon.

Volunteer

At an event:

**Romancing the Grape** – assist with set-up, silent auction, and wine pouring.

**Turkey Trot** – assist with registration, medals, and water.

**Office**: Assist with mailings, filing, etc.

Easterseals changes the way the world defines and views disability by making profound, positive differences in people’s lives every day.

Contact us!
P: 800.860.5523  
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