# SEAL OF APPROVAL This winter, Easterseals MORC compiled a list of activities & events to do and

This winter, Easterseals MORC compiled a list of activities & events to do and visit throughout the state of Michigan. To receive the Easterseals MORC Seal of Approval, the activity, event, or location must be (or have accommodations for) sensory and/or disability friendly.

# ATTEND A GRAND RAPIDS GRIFFINS HOCKEY GAME 130 W. FULTON ST. GRAND RAPIDS, MI

Join the Grand Rapids Griffins (AHL Affiliate of the Detroit Red Wings) for Hockey Without Barriers & Sensory Friendly Game on January 7th, 2023, presented by Comerica Bank. Puck drop is slated for 7:00 PM. Learn more about this game or purchase your tickets <u>**HERE**</u>

# **SENSORY FRIENDLY SANTA VISITS**

#### VILLAGE OF ROCHESTER HILLS, GREAT LAKES CROSSING, TWELVE OAKS MALL, OAKLAND MALL, WHITE LAKES BANQUET CENTER, OXFORD RECOVERY CENTER (BRIGHTON & TROY)

Sensory Friendly Santa opportunities are for children with ASD symptoms, mental or physical impairments. These events include Santa visits that make the holiday season easier for parents of children with mental or physical impairments or special needs. To learn more about these events, click <u>HERE</u>!

#### EASTERSEALS MORC - 1420 W. UNIVERSITY AVE. FLINT, MI

On December 15th at 5:30 PM the Easterseals MORC Flint office will also be hosting an in person and virtual event (LIVE on our **Facebook**!) for children and individuals with autism to take pictures with Santa, let him know what's on their list this year, and have loads of fun! To learn more, stay tuned on **www.EastersealsMORC.org**!

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# **SEAL OF APPROVAL**

#### **LEGO LAND DISCOVERY CENTER** 4240 BALDWIN RD. AUBURN HILLS, MI

During <u>Sensory Friendly Mornings</u>, LEGO Land Discovery Center reduces the lighting, turns off the music & disables distracting stimuli for an hour before opening to the general public. (9am-10am) Sensory sensitive adults are also welcome to visit during Sensory Friendly mornings without a child (age 16 or under) in the party until the attraction opens to the general public at 10 am. Wheelchairs are available to be rented from the Great Lakes Crossing Outlets Security Desk in District 2 on a first -come, first-served basis. Tickets for attraction entry must be purchased ahead of time on their <u>website</u>.

# PEPPA PIG WORLD OF PLAY

#### 4326 BALDWIN RD. AUBURN HILLS, MI

During Sensory Friendly Mornings, Peppa Pig World of Play reduces the lighting, turns off music & disables distracting stimuli for an hour before opening to the general public. The attraction will open to the general public with normal lighting, sound, etc. at 10 am, but guests with sensory sensitive needs are welcome to stay as long as they would like and do not have to leave when the event concludes at 10am. We recommend purchasing tickets online to guarantee admission to the attraction. Tickets can be purchased **HERE** 

## **GREAT WOLF LODGE** 3575 N. US 31 S. TRAVERSE CITY, MI

Great Wolf Lodge stands ready to ensure guests with specific accessibility and sensory needs are met. Each property has made hotels, water park areas, and other attractions accessible for all guests to enjoy. Their facilities also permit service animals (other than in or near pools) and a limited number of waterproof wheelchairs are available for use at no charge at specific locations. To learn more about accessibility at Great Wolf Lodge, click **HERE** 

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#### **AUTISTIC PLAY PLACE** 39337 MOUND RD. STERLING HEIGHTS, MI

Play Place is open to all ages, all cognitive levels, and all special needs Wednesday - Saturday 12pm - 6pm and Sunday 12pm - 4pm. Through a unique play-powered environment, combining education and recreation with a variety of social, occupational and physical therapeutic overtones. Parents/guardians are required to remain with their children at all times and siblings are welcome to visit too. Admission can be purchased in advance via membership or at the door. For more information, click <u>HERE</u>

# **SENSORY FRIENDLY MOVIES** VARIOUS THEATRES & LOCATIONS IN MICHIGAN

#### Where "shhhh!" isn't allowed!

**Family Hope Foundation** and **Celebration Cinema** present a unique movie experience for individuals with special needs and their families. Enjoy a movie with brighter lights, lower sound, limited previews, open captions, and a group of guests and staff who understand your family's needs. Celebration Cinemas theaters in Grand Rapids, Portage, and Lansing (more locations to come) are offering sensory friendly movies beginning at 11 am on selected showtimes. To learn more about Sensory Showtimes at Celebration Cinema, click <u>HERE</u>

Our friends at Emagine also offer Sensory Friendly Showings, as well as Open Caption Showings to ensure that all guests are able to enjoy their moviegoing experience. To learn more, click <u>**HERE**</u>.

## **CHALLENGE MOUNTAIN** 2205 SPRINGBROOK RD N, BOYNE FALLS, MI

Challenge Mountain adaptive programs are designed to promote each person's potential while spending time with friends and family, learning new things, and having fun! Starting in January and running through March (weather dependent), Challenge Mountain Lodge and Ski Area will be offering downhill skiing, sit-skiing (bi-ski and mono-ski), snowboarding, cross country skiing, snowshoeing, and sledding for individuals living with disabilities. These programs will occur on Tuesdays and Thursdays from 9:30 am - 2:00 pm for groups and classrooms and by appointment on select Saturdays from 10:00 am - 3:00 pm for individuals and families. Special sessions can also be scheduled at local ski resorts upon request. To learn more or register for a winter adventure, click **HERE**!

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# **SEAL OF APPROVAL**

#### HAVE A SPA DAY YOUR HOME (DIY STYLE) OR VISIT A LOCAL SPA/SALON

If you really want to relax, treat yourself to a spa day, either at a salon or in the comfort of your own home.

If you chose a DIY style spa day, we recommend soaking your feet in warm water, lying down with a warm towel over your eyes, listening to calming music or meditations (check out the **<u>Calm</u>** app or free radio stations on various streaming apps) to create a tranquil. When you're done chilling out, lather yourself in lotion your favorite smelling lotion and give yourself (or ask someone to help give you) a manicure or pedicure. End your day with a warm bath or shower, and you're guaranteed to be feeling luxurious!

#### **TRAVEL VIRTUALLY** YOUR HOME VIA GOOGLE TRAVEL OR YOUTUBE LIVE CONTENT CREATORS

For some individuals with disabilities, travel at this time is simply not feasible due to transportation issues and COVID spikes. Below are some tips on how to create a vacation-like feel in your own home or town!

- Did you know you can still see the sights at different travel destinations with <u>Google</u> <u>Maps</u>? By using street view, you'll be transported to a first-person view of the city. You can explore different areas, "walk" down the street, and in some cases – go inside buildings. Some must see places on Google Maps include Venice, The Metropolitan Museum art, the White House, and the Great Barrier Reef!
- There are also many live content creators on YouTube, including the **<u>Urbanist</u>**, who takes you along with them as they walk the streets of cities around the world.

DO YOU KNOW A BUSINESS OR EVENT THAT SHOULD BE CONSIDERED FOR THE EASTERSEALS MORC SEAL OF APPROVAL? CLICK <u>HERE</u> TO SEND YOUR SUGGESTION!