

IN-HOME ABA TIPS AND TRICKS



Some tips for helping your kids at home



Plan the day with your child

Here are a variety of options of schedules to try with your child. Choose the one that fits best with your day and activities you will be doing.

www adayinourshoes.com/free-printable-visual-schedules-for-home-and-daily-routines/

For children under 6...

These are a few examples of tasks that can be worked on from home:

- name items/objects in the environment
- ask for things verbally or with alternative communication
- matching objects/pictures
- potty training
- imitate motor movements
- responding to their name



For children over 6...

These are a few examples of tasks that can be worked on from home:

- tying shoes
- independent reading
- academic worksheets
- copying letters/writing
- playing a cooperative game with siblings and/or parents

Use free resources

The school will provide the lessons, but you can also make use of other resources like worksheets available online to support or expand it.

- www.worksheetfun.com
- www.nationalautismassociation.org/covid-19-resources-for-families/
- www.littlepuddins.ie/category/free-printables/

Have fun!

Change can be hard so make sure you take time to have fun with your child!

- do a spring scavenger hunt
- take breaks
- play outside
- draw a picture



Be flexible

Learning from home can be difficult, new, and frustrating.

Use your child's visual schedule, but be flexible to change it up based on your child's learning tendencies and emotional state at the time.

