

## **ART WITH HEART WORKSHOP**

## **EVENT INFORMATION**

Date:

Saturday, September 28, 2019

**Time:** 10:30 AM - 12:00 PM

## **Registration Required:**

Contact Mallary Lass at mlass@eseal.org or 240.847.7500

\*Learn more about upcoming events at http://bit.ly/CohenClinicEvents

## LOCATION

The Steven A.Cohen Military Family Clinic at Easterseals

1420 Spring Street, 2nd Floor Conference Room Silver Spring, MD 20910

**Parking:** Turn on Second Ave and the parking garage is directly under the Easterseals building.

Join us for our monthly Art with Heart Workshop at The Steven A. Cohen Military Family Clinic at Easterseals. Art is proven to be therapeutic for the mind, body and soul. During this workshop for all ages, our team will teach you how to make lanterns and other fun projects for the whole family. Come relax and create with us! Benefits of art include:

- Creative thinking
- Emotional release
- Stress relief
- **\*** Open to Veterans and Military Families
- 🖈 No Cost
- ★ Child Care Provided
- Free Onsite Parking
- Metro Accessible