



ART WITH HEART WORKSHOP

EVENT INFORMATION

Date:

Saturday, December 14, 2019

Time:

10:30 AM - 12:00 PM

Registration Required:

Contact Mallary Lass at mlass@eseal.org or 240.847.7500

*Learn more about upcoming events at <http://bit.ly/CohenClinicEvents>

Join us for our monthly Art with Heart Workshop at The Steven A. Cohen Military Family Clinic at Easterseals. Art is proven to be therapeutic for the mind, body and soul. During this workshop for all ages, our team will teach you how to paint beautiful holiday ornaments for the whole family. Come relax and create with us! Benefits of art include:

- ▶ Creative thinking
- ▶ Emotional release
- ▶ Stress relief

LOCATION



The Steven A. Cohen
Military Family Clinic
at Easterseals

1420 Spring Street,
2nd Floor Conference Room
Silver Spring, MD 20910

Parking: Turn on Second Ave and the parking garage is directly under the Easterseals building.

- ★ **Open to Veterans and Military Families**
- ★ **No Cost**
- ★ **Child Care Provided**
- ★ **Free Onsite Parking**
- ★ **Metro Accessible**