



Easterseals Adult Day Services  
Wauwatosa Activity Calendar



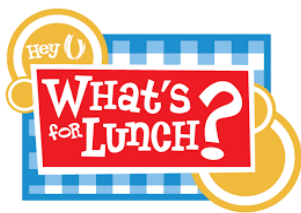
# september

This month you will find what outings you will be attending as indicated by a star next to the outing.

We continue to ask if your participant utilizes briefs/pull-up's, to please send them to program so we can ensure everyone is happy and healthy!  
**Happy Fall!**



Special Events:



We will be having hot lunch on September 14th & September 28th. Each lunch is \$4.00.

September 14th: BBQ Pulled Pork Sandwiches, Potato Salad, French Fries and a Drink.

September 28th: Grilled Cheese, Tomato Soup, Side Salad and a Drink.

| Monday                  | Tuesday   | Wednesday  | Thursday   | Friday  |
|-------------------------|---|--|--|---|
| 3                       | 4   | 5  | 6  | 7   |
|                         | Newspaper Day   | Cheese Pizza Day   | Read a Book Day  | Salami Day  |
|                         | <b>Sentry</b>   | <b>Westtown Farmer's Market</b>                            | <b>Milwaukee Art Museum</b>                              | <b>Indian Summer</b>                                  |
| <b>NO PROGRAM!</b>      | Paper Mache Seated Yoga<br>Walking Rainbow                  | Make Your Dream Pizza<br>Richard Simmons<br>Spelling Beads | Tye Dye Oatmeal<br>Billy Boot Camp<br>Number Matching    | Marker Dyed Fabric<br>Stretch and Flex<br>Sight Words |
| <b>HAPPY LABOR DAY!</b> | <b>Elmbrook Humane Society</b>                              | <b>JOMM</b>  | <b>Tosa Library</b>                                      | <b>Hike for Health</b>                                |
|                         | Balloon Teatherball<br>Get Up and Dance!<br>Newspaper Beads | Uno<br>Guess That Song<br>Magazine Collage                 | Ring Toss<br><b>Neighborhood Walk</b><br>Color By Number | Bingo<br>Keep the Beat<br>Puzzle Piece Name           |
|                         | <b>Wal-Mart</b>   | <b>Bethany-Calvary</b>                                     | <b>AMF Bowelro</b>                                       | <b>Neighborhood Walk</b>                              |
|                         | What is Personal Space<br>Baking Club                       | Taking Turns<br>Women's Wednesday                          | Apologies<br>Men's Club                                  | Listening Skills<br>Movie Friday                      |
|                         | <b>Animal Crackers</b>                                      | <b>Mini Pizzas</b>   | <b>Apple Slices</b>                                      | <b>Cheese &amp; Crackers</b>                          |
|                         | Address Practice  | What's My Full Name?                                       | Disagree with a Friend                                   | Phone Number Practice                                 |

| Monday                                   | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|--|---|---|--|
| 10<br>Sewing Machiene Day                | 11<br>9/11 Remembrance Day                     | 12<br>Chocolate Milkshake Day                           | 13<br>Positive Thinking Day                         | <b>HOT LUNCH 14</b><br>Cream Donut Day                 |
| <b>Apple Hollar</b>                      | <b>Sentry</b>                                  | <b>Sculpture Milwaukee</b>                              | <b>Milwaukee County Zoo</b>                         | <b>4-H Horse Expo</b>                                  |
| Geo Board<br>Fit Ball<br>Time Telling    | Tye Dye Rice<br>Fitness Marshall<br>Rock Candy | Summer Bucket List<br>Dance Cardio<br>Addition Families | Crayon SOS<br>Meditation Minute<br>Bananagram Words | Bulletin Board Redo<br>Billy Boot Camp<br>Bean Sorting |
| <b>10 Days of Tosa</b>                   | <b>Elmbrook Humane Society</b>                 | <b>JOMM</b>   | <b>Moorland Golf Center</b>                         | <b>Neighborhood Walk</b>                               |
| Balloon Cup Shooters                     | Parachute Games                                | Uno   | Chalkboard Games                                    | Bingo  |
| <b>Neighborhood Walk</b>                 | Outdoor Jams                                   | DIY Kazoos  | <b>Neighborhood Walk</b>                            | <b>Petro Mart</b>                                      |
| Watercolor Pillows                       | Flag Craft                                     | Paper Spinners  | This is Me Collage                                  | Paint Chip Chandaler                                   |
| <b>Walgreens</b>                         | <b>\$5 Movies</b>                              | <b>Sam's Club</b>                                       | <b>Tosa Village</b>                                 | <b>Baskin-Robbins</b>                                  |
| Teeth Brushing Review<br>Manicure Monday | Hand Washing<br>Baking Club                    | Before/After Eating<br>Women's Wednesday                | Morning Routine<br>Men's Club                       | Packers Party!!!<br>Movie Friday                       |
| <b>Pretzels</b>                          | <b>Brownies</b>                                | <b>Milk Shakes</b>                                      | <b>Veggies &amp; Dip</b>                            | <b>Donut Holes</b>                                     |
| Shoe Tying Practice                      | Carl B-Day!                                    | Pavieon & Lisa B-Day!                                   | Accepting Differences                               | What's My Birthday?                                    |

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
| 24<br>Cherry Jubilee Day                           | 25<br>Comic Book Day                                    | 26<br>Johnny Appleseed Day                           | 27<br>Crush a Can Day                                  | <b>HOT LUNCH 28</b><br>Good Neighbor Day                  |
| <b>Milwaukee County Zoo</b>                        | <b>Sentry</b>   | <b>Westown Farmer's Market</b>                       | <b>Green Meadows</b>                                   | <b>Hike for Health</b>                                    |
| Scrapbook Owl<br>Dance Cardio<br>Spelling Practice | DIY Comic Character<br>Seated Yoga<br>Mentos Experiment | Paper Plate Scarecrow<br>Billy Boot Camp<br>Tangrams | Can Wind Socks<br>Stretch and Flex<br>Magnet ABC Match | Homemade Cards<br>Richard Simmons<br>Complete the Pattern |
| <b>Sammy's Taste of Chicago</b>                    | <b>Elmbrook Humane Society</b>                          | <b>JOMM</b>  | <b>Enderis Park</b>                                    | <b>Adventure Rock</b>                                     |
| Parachute Games                                    | Target Bean Bags  | Uno  | Center Bowling   | Bingo   |
| Repeat the Beat<br>Water Beads                     | <b>Neighborhood Walk</b><br>Autumn Hairstyle            | Freeze Dance<br>Marble Painting Apple                | Best of the 90's<br>Tin Can Herb Garden                | <b>Petro Mart</b><br>Leaf Garland                         |
| <b>Van Wash</b>                                    | <b>Goodwill</b>   | <b>Sam's Club</b>                                    | <b>Yo Mama's</b>                                       | <b>Neighborhood Walk</b>                                  |
| Kitchen Safety<br>Manicure Monday                  | Using the Microwave<br>Baking Club                      | Measurments<br>Women's Wednesday                     | How to Read a Recipe<br>Men's Club                     | Health Eating<br>Movie Friday                             |
| <b>Cherry Torte</b>                                | <b>Banana Bread</b>                                     | <b>Apple Sauce</b>                                   | <b>Cheese Balls</b>                                    | <b>Popcorn</b>  |
| Using Good Manners                                 | Advocacy Group  | Shoe Tying   | Telling the Truth                                      | Asking for Help   |

| Monday  | Tuesday   | Wednesday                                    | Thursday  | Friday  |
|---|---|--|---|---|
| 17<br>Constitution Day                                      | 18<br>Cheeseburger Day                            | 19<br>Talk Like a Pirate Day                 | 20<br>National Punch Day  | 21<br>Mini Golf Day                                     |
| <b>10 Days of Tosa</b>                                      | <b>Helium</b>                                     | <b>Westown Farmer's Market</b>               | <b>Patterson Orchards</b>                                       | <b>Country Springs</b>                                  |
| Tye Dye Noodles<br>Richard Simmons<br>Subtraction Pracation | DIY Playdough<br>Yoga Flow<br>Elephant Toothpaste | Name Puzzle<br>Fit Ball<br>Money Recognition | Fall Paper Flowers<br>Fitness Marshall<br>Apple Letter Matching | Fall Decorations<br>Meditation Minute<br>Reading Circle |
| <b>East Troy Train Ride</b>                                 | <b>Elmbrook Humane Society</b>                    | <b>JOMM</b>                                  | <b>Walgreens</b>  | <b>Hike for Health</b>                                  |
| Balloon Teatherball   | Mystery Box                                       | Uno  | Center Bowling  | Bingo   |
| Paper Plate Tamborine                                       | <b>Neighborhood Walk</b>                          | Music Therapy                                | Today's Top Hits  | <b>Petro Mart</b>                                       |
| Popsicle Stick Bracelets                                    | Yarn Letters                                      | Dream Catchers                               | Window Painting   | Apple Stamping  |
| <b>Neighborhood Walk</b>                                    | <b>Sentry</b>                                     | <b>Bethany-Calvary</b>                       | <b>Center St Park</b>   | <b>Enderis Park</b>                                     |
| Sweeping Practice<br>Manicure Monday                        | Laundry<br>Baking Club                            | Washing Dishes<br>Women's Wednesday          | Oragnization<br>Men's Club                                      | Sorting<br>Movie Friday                                 |
| <b>Pigs in a Blanket</b>                                    | <b>String Cheese</b>                              | <b>Cuties</b>                                | <b>Apples &amp; PB</b>  | <b>Granola Bar</b>                                      |
| Address Review  | Full Name Review                                  | Birthday Review                              | Rita & Emyle B-Day!   | Phone Number Review                                     |

