

Community Impact NEWS

HENRY LONG

A generous, respected community member, leaves a lasting legacy with Easterseals

Easterseals of Greater Waterbury, Central and Northwest Connecticut was recently the recipient of an incredibly generous planned gift from Henry L. Long, Jr. of Watertown.

Henry Long was a generous, respected community member who served on Easterseals Board of Directors from 1974-1980. He enthusiastically helped to lead Easterseals fundraising efforts from the mid 1970's through the 1990's. He served as chairman of many Easterseals major fundraising initiatives, including the Waterbury Area Easter Seal Telethon and the Ham-O-Shanter Golf Tournament. In June of 1994, Easterseals was honored to recognize Mr. Long for 20 years of outstanding volunteer service. He was known for his constant, sometimes wild, sense of humor and had a very special way of engaging members of the community to become involved with and give back to support Easterseals mission.

Henry Long wished to extend his generosity beyond



his lifetime and included Easterseals in his estate

plans, leaving a \$38,500 gift to help Easterseals touch the lives of individuals and families in the community facing disability, the way that it helped his own family.

Easterseals had a personal impact on the Long family in the early 1970's and left a lasting impression on their lives. One of Mr. Long's daughters was in a serious motor vehicle accident and received therapy services at Easterseals. The therapy helped her regain mobility, improve her memory, breathing and speech. Easterseals helped her to regain strength and confidence in her abilities again and be able to live a healthy prosperous life.

Mr. Long's impact on Easterseals throughout his lifetime was immeasurable and his legacy will live on with this remarkable gift to help the organization continue its mission. Mr. Long's planned gift will directly help individuals and families facing challenges and those in need of support to recover or achieve personalized goals.

Have you considered leaving a lasting legacy by including Easterseals of Greater Waterbury in your estate plans? Your planning now could provide individuals with disabilities opportunities to live, learn, work and play in their communities beyond your lifetime. We would love to speak with you if you're interested in discussing supporting Easterseals with a planned gift. Please contact Elizabeth Szymanoski, Director of Development, by calling 203-754-5141 ext. 243 or email eszzymanoski@eswct.com.

We are pleased to recognize the following major sponsors and supporters of Easterseals 2021 Golf Classic

PLATINUM SPONSOR



CART SPONSOR



LUNCH SPONSOR



RECEPTION SPONSORS



GOLD SPONSORS



SILVER SPONSORS

Dunkin'
Ion Bank
Waterbury Health

BRONZE SPONSORS

American Copy Service Center
Bank of America
Carling Technologies
Drew Marine
Edward Segal, Inc.
Expeditors International
H.D. Segur
Litchfield Bancorp
Lorensen Auto Group
Masotti Electric
Navarro Trucking
Resolute Point Private Wealth
Slavin, Stauffacher & Scott LLC
Attorneys at Law
Steadfast Staffing Solutions
The Schuster Group
Thomaston Savings Bank
Traver IDC
Washington Trust
WEICHERT, Realtors - Briotti Group

PUTTING SPONSORS

Albert Bros Cornerstone Realty, Inc.
Bercham Moses PC Attorneys at Law
Bozzuto Associates
C-B Manufacturing & Tool Co. Inc.
Dave and Judith Long, In
Remembrance of Henry L. Long, Jr.
E.S. Metal Fabrication, Inc
Gem Manufacturing
Lindley Food Service
Neubert, Pepe & Monteith, P.C.
Production Components
Savings Bank of Danbury

FOOD & BEVERAGE IN-KIND SUPPORT

Adams Hometown Market
Dichello Distributors
Dunkin'
LaBonne's Market
Napoli
Pepsi Cola of Bristol

SIGN SPONSOR

Connecticut Signcraft

PRINT SPONSOR

Republican American

HOLE-IN-ONE SPONSOR

Blasius Chevrolet



Easterseals 2021 Golf Classic Raises Over \$75,000 in Essential Funding



Pictured left to right, speaking at the tournament, Raechaell Corbett (left) and Fran Mooney (right).

The tournament, held on Tuesday, September 14, 2021, raised vital funds to support Easterseals programs and services and directly help individuals and families in our community facing disability.

Fran Mooney, a participant of Easterseals Driver Assessment Program, shared his story during the tournament dinner. Fran was hurt while golfing and sustained a traumatic brain injury. He needed to relearn how to complete many tasks, including how to drive. After working closely with Raechaell Corbett MS, OTR/L, CDRS, Fran successfully completed his Driver Assessment and was able to drive again.

SAVE THE DATE: Easterseals 2022 Annual Golf Classic In Memory of Barry S. Lerman

Tuesday, September 13, 2022
Watertown Golf Club
246 Guernseytown Road, Watertown, CT
Registration: 10 AM • Tee off: 11 AM

For more information or to sponsor contact Liz Szymanoski: 203-754-5141 ext. 243 or email eszymanoski@eswct.com
Or visit <https://esgolfclassic22.eventbrite.com>

Barry S. Lerman was a long-standing board member and supporter of Easterseals. Barry passed away unexpectedly in February of 2022. Barry was a successful business executive, co-founding his companies Lerman Container and Custom Bottle in Naugatuck, Connecticut. He was a caring and generous person, who touched many lives, personally and professionally, and always found time to give back to his community. In celebration of Barry's memory, we are holding the 2022 Golf Classic in his name as a tribute to a dedicated community supporter and friend of Easterseals.



Thank You for Supporting Easterseals Sweeten Your Spring Fundraiser!

During the month of March, Easterseals held an exclusive "sweet" fundraiser! For a limited time, donors who gave a gift of \$65 received an exclusive chocolate sampler box filled with delicious treats donated by CC's Chocolates, Fascia's Chocolates, Sweet Maria's and Thompson Chocolate.



sweet·maria's

more than just another pretty cake.



Thank you to the generous businesses who made this fundraiser possible! And to each supporter of the fundraiser and to our Presenting Sponsor, Comcast Universal, for helping to raise over \$7,300 for Easterseals!



Suffering from Vertigo? Easterseals Medical Rehabilitation Program can help

Liz is a driven, goal-oriented woman who has overcome many challenges in her life. At a very young age she was diagnosed with intellectual disabilities which impaired her cognitive functioning. She has worked hard for many years to learn to live independently and gain meaningful employment at a job that she loves. When Liz suddenly started to feel dizzy all the time, she was extremely worried about how this would affect her daily work routine. Liz said, "I love my job, but I had a hard time working when I was dizzy." In November 2021, Liz was struggling to stand for long periods of time at her retail job. She would feel dizzy anytime she bent over to pick up something and was struggling to sleep through the night. Having worked so hard to finally find a job she loved, Liz was at risk of losing it if she was unable to perform her tasks. She thought her dizziness might have been related to seizures that she had in the past, recalls Liz. Her primary physician diagnosed her with vertigo, a sensation that the environment around you is spinning in circles. He referred Liz to Easterseals Medical Rehabilitation Program in Meriden.

Mindy Fricke, a Physical Therapist and Certified Vestibular Therapist with Easterseals is expertly trained to treat vertigo. Liz and her mom came to her first appointment unsure of what to expect. "Mindy flipped me upside down!" says Liz. Mindy was actually performing

the Epley maneuver, which is a series of movements to dislodge crystals from the tubes in the inner ear so that you can regain balance. Part of this procedure has the patient lying flat on their back with their head suspended off the back of a medical table, or upside down.

After three visits with Mindy, Liz no longer experiences the symptoms of vertigo. She has been able to keep her job at Good Cause gifts, has been sleeping well at night, and is enjoying a life without dizziness. Liz says, "Mindy is a miracle worker! I have no issues and I am so thankful my vertigo hasn't returned."



Mindy Fricke (left) treating Liz (right).



Serving Greater Waterbury, Central and Northwest Connecticut

**22 Tompkins Street, Waterbury, CT 06708
203.754.5141**

If you would like to be removed from our mailing list, please contact us by emailing eszymanoski@eswct.com

For information about Easterseals, go to www.easterseals.com/waterburyct



Easterseals is leading the way to full equity, inclusion, and access through life-changing disability and community services. Easterseals of Greater Waterbury has worked tirelessly with our stakeholders in the community to enhance quality of life and expand local access to healthcare, education, and employment opportunities. We are committed to see that everyone is valued, respected, and accepted. Together, we're empowering people with all abilities and their families to be full and equal participants in their communities.