

APRIL 2019



Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Auto Museum	Disc Golf	Deseret	RED HAWK	Foster Hope
Sunrise Mall	Library	99 cent /Target	Grange Hall	Target
Bowling	Plan/Shop for cooking	IHOP	Galleria	Sunrise Mall
Sewing	Art	Reading / Writing	Art	Sensory
Board Games	Calender Planning	Cooking	Banking Skills	Baking
Math Skills	Woodworking	Woodworking	Reading	Salon
Karaoke	Salon	Sewing	Woodworking	Advocacy
Work Crew Don	Work Crew	Work Crew Detra	Work Crew	Work Crew Detra
6	7	10	11	12
OLD SAC	Bass Pro Shop	Deseret	Sunsplash	Foster Hope
Sunrise Mall	Library	99 cent /Target	Grange Hall	Sunrise Mall
Bowling	Plan/Shop for cooking	KP Market	Galleria	Target
ART	Advocacy	Reading / Writing	Art	Sensory
Board Games	Walk to Library	Cooking	Banking Skills	Baking
Math Skills	Woodworking	Woodworking	Reading	Salon
Karaoke	Reading / Writing	Sewing	Woodworking	Work Crew
Work Crew	Work Crew	Work Crew Meeting	Work Crew	Work Crew
15	16	17	18	19
Railroad Museum	Disc Golf	Deseret/Swim	Sunsplash	Foster Hope
Bowling	Library	99 cent /Target	Grange Hall	Target
Sunrise Mall	Plan/Shop for cooking	IHOP	Galleria	Sunrise Mall
Art	Plan Gardening	Reading / Writing	Art	Sensory
Plan Cooking	Calender Planning	Cooking	Gardening	Baking
Math Skills	Woodworking	Woodworking	Woodworking	Salon
Karaoke	Salon	Sewing	Banking Skills	Advocacy
Work Crew	Work Crew	Work Crew Meeting	Work Crew	Work Crew
22	23	24	25	26
OLD SAC	Thunder Valley	Deseret/Swim	Galleria	BBQ IN HOUSE
Sunrise Mall	Library	99 cent /Target	Grange Hall	Foster Hope
KP Market	Plan/Shop for cooking	KP Market	Galleria	BBQ Park
ART	Advocacy	Reading / Writing	Art	Dance Party
Board Games	Calender Planning	Cooking	Life Skills	Baking
Math Skills	Woodworking	Woodworking	Woodworking	Salon
Karaoke	Salon	Sewing	Reading	Gardening
Work Crew	Work Crew	Work Crew Meeting	Work Crew	Work Crew
29	30			
Crocker Art Mus.	Bass Pro Shop			
Bowling	Library			
Sunrise Mall	Plan/Shop for cooking			
Art	Plan Gardening			
Plan Cooking	Calender Planning			
Math Skills	Woodworking			
Karaoke	Salon			
Work Crew	Work Crew			





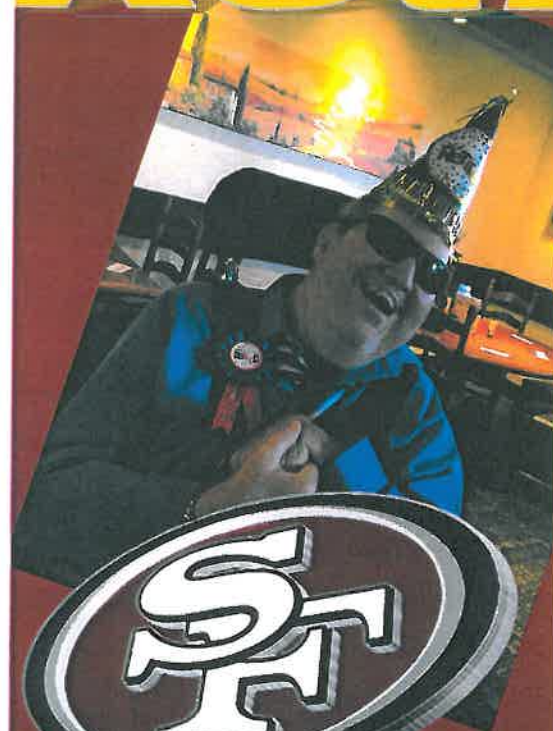
# The ACE-IT II 2019 NEWSLETTER Spring



# Happy Retirement



After Years of service our friend Jan Sumka has decided to retire from Easter Seals to enjoy his "Golden Years" at home. But we all know he will rarely be home. He has Games to attend and predictions to make. He promises to visit from time to time. We will miss him and wish all the best.





# COOKING



In this cooking class Stephanie and Crystal taught us how to make BBQ chicken in the oven with rice and corn. It was good . We are learning to make many different things and can't wait to plan the next meal.

## Things we have cooked

Tacos

Chicken Quesedillas

Waffels

Chicken alfrado

LASAGNS

Spaghetti Squash

Chilli

Spaghetti

Grilled Cheese sandwich

Beef stew

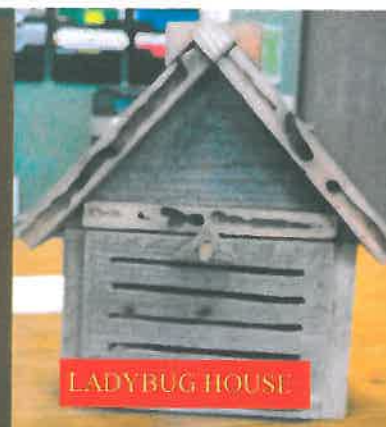


In the future we would like to learn  
how to make..  
Vegetables  
Spare Ribs  
Stir Fry  
Pork Chops

THANK YOU  
RICK FOR OUR  
NEW  
LOCKERS!







**The New Year Celebration of wooden "cut-outs" and sequins were a hit. Group members exercised their artistic capabilities with the random placement and spread of the multi-colored, shining decorations. This was true for the Valentine hearts, as well; beautiful cuts of heart shaped, 2x6 red wood. The hearts were then personalized with special notes and clich'es, stamped on to the sanded smooth surfaces. Many beautiful expressions of the holiday.**

**The Wood Working groups have been designing and safely assembling wind chimes and bird houses, as the seasons change. We are currently tracing Shamrocks onto thin particle board; to cut out, file down, and sand smooth, before painting. (Green) for St. Pattie's Day.**

**The group is also planning the layout of the ACE IT II Garden Area, for which we will be designing and exhibiting this years, Raised Planter Boxes. Thanks to the generous donations of material and hardware, we are receiving.**



# **SEWING**

## **SEWING IS BACK**

**We have made pillows and plan to make table cloths and laundry bags ,**

## **On Memory of old Freinds**



## **DISC GOLF**



**We have been lucky to have nice weather to get back to FRISBEE golf at Orangevale Community Park**



# OLD SACRAMENTO



# SCANDIA



**RICKY AND DFOOTBALL**

David Davis



Our St' Patty's Day-  
BIRTHDAY

