



GLADIOLA

ACE-IT Gazette!



PERIODOT

*Content provided, typed, and approved by the consumers of the ACE-IT Editorial Team:
Managing Editor **Lisa** and Associate Editors **Lizzy, Sam, Patty, Tasi, K.K., Duncan, David, Elean, Chuck, Linda, Don B., Justin, Maria, Xavier, Ron, Frank G, Frank T, Roseline, Earline, Dante, Nic, Maricella, Joshua, Melanie, Michael, Phillip, Marquis, and LaTisha.**
*Circulation provided by ACE-IT | **Pony Express Team!**

2018

ANOTHER VOLUNTEER DAY AT NATOMAS HIGH SCHOOL

This time, we helped in **Joey's Locker** by sorting and bagging huge quantities of corn on the cob, apples, and potatoes. We filled several large bins by the time we were through! We also had time to enjoy some board games and socialize with our friends before we all shared a lunch of chili dogs, chips, and baked beans. Some of us helped prepare the food, and our friends from NHS served the lunch to everyone and helped pass out the beverages. **We brought along a yummy selection of cookies for dessert!**



NEW STAFF!
Clay just joined our program and he will be working with us as an **On-Call Community Skills Trainer** while he continues with his education. **Welcome to the team!**



FINISHED SEWING PROJECT

With a little help from **Janelle, Linda** finally completed the lovely apron that she had been planning for some time. The beautiful fabric should wear well and she's very happy with the way it fits her. She was meticulous with the details, and it shows in the finished garment. **Well done, Linda!**





GLADIOLA

ACE-IT Aug Gazette!



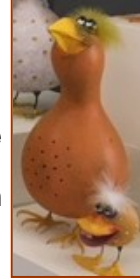
PERIODOT

*Content provided, typed, and approved by the consumers of the ACE-IT | Editorial Team: Managing Editor *Lisa* and Associate Editors *Lizzy, Sam, Patty, Tasi, K.K., Duncan, David, Elean, Chuck, Linda, Don B., Justin, Maria, Xavier, Ron, Frank G, Frank T, Roseline, Earline, Dante, Nic, Maricella, Joshua, Melanie, Michael, Phillip, Marquis, and LaTisha.*
*Circulation provided by ACE-IT | *Pony Express Team!*



NEW ART SHOWS IN DAVIS

Ken drove us over to *The Artery Co-op Gallery*, where we saw a couple of fun new exhibits. The first was called *Unraveled: 7 Threads*, and it was an interesting showcase of contemporary fiber art work. The second exhibit was called *Jen's Wild Gourds*, and it was a hilarious collection of whimsical sculptures made from dried gourds which were turned into wacky, silly birds and other weird, fantastical creatures. We had a great time at the gallery and we came away inspired with some new ideas for future art projects at program. *Stay tuned for further developments!*



VISITING THE BUILDING ON "R" STREET

There is so much to see here! First, we posed with the large *Fox and Goose* sculptures outside the public house of the same name. Then, we went inside to check out all the fun yarn, knitting, crocheting, and spinning supplies at *Rumplestiltskin*. Next door, we found *Tea Cozy*, a cute little artisan loose-leaf tea purveyor where they also sell some tasty tea-themed snacks. We tried the hand-made, tea-infused caramels, which were absolutely delicious! Across the hall, we were treated to a contemporary art show called *Wildfire* at *Sparrow Gallery* featuring a beautiful selection of encaustics by local artist *Jaya King*. Our only disappointment was that we were unable to access even more of the artwork on display upstairs because there were no ramps or elevators available.





GLADIOLA

ACE-IT Aug Gazette!



PERIODOT

*Content provided, typed, and approved by the consumers of the ACE-IT Editorial Team: Managing Editor *Lisa* and Associate Editors *Lizzy, Sam, Patty, Tasi, K.K., Duncan, David, Elean, Chuck, Linda, Don B., Justin, Maria, Xavier, Ron, Frank G, Frank T, Roseline, Earline, Dante, Nic, Maricella, Joshua, Melanie, Michael, Phillip, Marquis, and LaTisha.*
*Circulation provided by ACE-IT | *Pony Express Team!*

Page
Three

2018



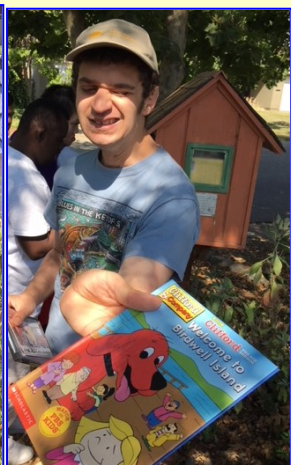
ANTIQUUE CLOCKS AND MUSIC

We visited a cool little place on Fulton Avenue called *The Clock Shop*. They specialize in repair and restoration of vintage clocks, and they also display some fascinating artwork created from old license plates, including a giant mural of the United States. Owner *Mike* showed us around the place and told us that if we like music, we could try out the grand piano in the back of the store. We said, *"heck yeah!"* and got right down to tickling the ivories. With time ticking away and one of the big old grandfather clocks chiming out the lunch hour, we tore ourselves away and got back to program just in time for some tasty vittles!



LITTLE FREE LIBRARIES QUEST

We packed a couple of large bags full of surplus books, and went on a search around town exploring more of these fun little "honor-system" libraries. Most of them are set up in the front yards of private homes and they are restocked by the people who live there as well as by grateful folks like us who come by to find new reading material and faithfully adhere to the *"Take a Book, Leave a Book"* rule. We had a wonderful time and found lots of great new titles to keep us busy for a while! *Fun times!!*





GLADIOLA

ACE-IT I Gazette!



PERIODOT

*Content provided, typed, and approved by the consumers of the ACE-IT I Editorial Team: Managing Editor *Lisa* and Associate Editors *Lizzy, Sam, Patty, Tasi, K.K., Duncan, David, Elean, Chuck, Linda, Don B., Justin, Maria, Xavier, Ron, Frank G, Frank T, Roseline, Earline, Dante, Nic, Maricella, Joshua, Melanie, Michael, Phillip, Marquis, and LaTisha.*
*Circulation provided by ACE-IT I *Pony Express Team!*

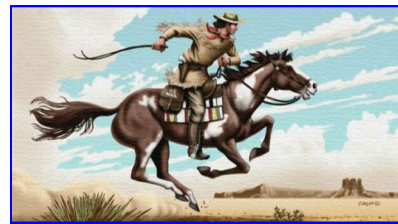
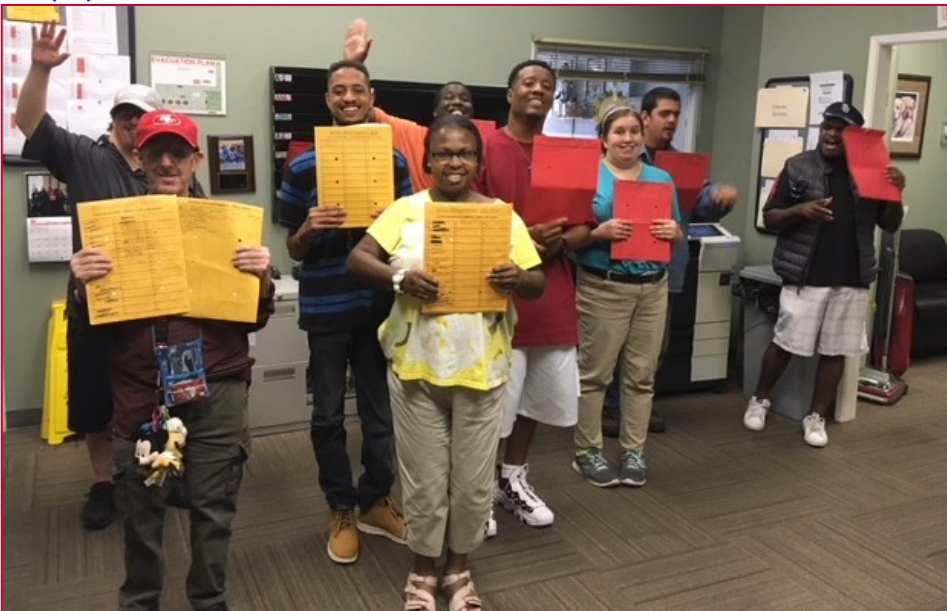
Page Four

2018



THE MAIL MUST GO THROUGH!

Our title above was the motto of the original and iconic *Pony Express* of Wild West fame. The brave riders of the Pony Express helped spread important news, shrink a continent, and bind a nation that was being torn apart by civil war. The Pony Express has fascinated Americans since its first riders hit the leather in April of 1860. It travelled 1,966 miles between Missouri and California in ten days or less! Did you know that this speedy and innovative mail service only lasted for a mere nineteen months? It soon became obsolete with the expansion of the telegraph and transcontinental railroad systems. Regardless, these courageous mail carriers won a permanent place in the history of the American West! Members of our own *Pony Express Crew* at ACE-IT I don't face quite such an arduous challenge, but we still do a thorough job delivering the inter-office mail for our local Easter Seals programs. *We are a little disappointed that we don't actually get to ride ponies, but we get the mail out on time anyway!*



MEOW...NEW BARN KITTENS!

On one of our excursions to *Project Ride*, we were pleasantly surprised by some adorable new additions! Most of the kitties will be found other good homes, but they decided to keep a little rascal they named *Mike*. It was hard for us to pull ourselves away, but we did actually manage to get some real volunteer work done that day!



UPDATE: On our last visit, *Marisa* told us that when they took "*Mike*" to be neutered, they found out...*she's a girl*, so she got spayed instead. *Oops!!*



Stephanie's Stumpers!

Put on your thinking cap and your *smarty pants* and win a \$10 gift certificate!

In what article can you locate our vocabulary word of the month?

Be the first to email or call ACE IT I at 916-564-6117 and let us know the answer and what page it's on and you will fatten your wallet with a \$10 gift certificate!



GLADIOLA

ACE-IT Gazette!



PERIODOT

*Content provided, typed, and approved by the consumers of the ACE-IT | Editorial Team:
Managing Editor **Lisa** and Associate Editors **Lizzy, Sam, Patty, Tasi, K.K., Duncan, David, Elean, Chuck, Linda, Don B., Justin, Maria, Xavier, Ron, Frank G, Frank T, Roseline, Earline, Dante, Nic, Maricella, Joshua, Melanie, Michael, Phillip, Marquis, and LaTisha.**
*Circulation provided by ACE-IT | **Pony Express Team!**

Page
Five

2018

ATTENDANCE NEWS



ACE-IT | COOKING ACADEMY "Independence With a Spicy Twist!"



EVERY DAY COUNTS!
Congratulations to the following consumers for their excellent year-to-date attendance records!!

100%: DON B, ELL, DAVID, MICHAEL

MAGDALENA 99%, FRANK G. 99%, RON 99%,
THERESA 99%, PATTY 99%, ROBERT 99%, LISA 99%,
NICKY B. 99%, ROSELINE 99%, LATISHA 98%, K.K. 98%,
ROBERT 98%, SHENITA 98%, EARLINE 98%, CHUCK 98%,
JUSTIN 97%, DANTE 97%, MELANIE 97%, LIZZY 97%,
JANICE 96%, DUNCAN 96%, NICOLE 96%, MARIA 95%,
NGOC 95%, TASI 95%, MARQUIS 95%, MARIKO 94%,
CHILLON 94%, FRANK T. 94%, XAVIER 93%,
NIC Y. 93%, LINDA 93%, SAM 93%, DON S. 93%,
RENEE 92%, LORENZO 92%,

Thanks, Everyone!

VOCABULARY WORD: *Whimsical*

"Playfully quaint or fanciful, especially in an appealing and amusing way"

Words of Wisdom

"Deep summer is when laziness finds respectability".

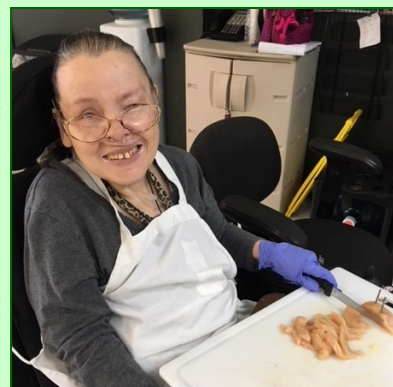
~Sam Keen



TRYING EXOTIC NEW FLAVORS

Indian Curry, Thai Curry, and Japanese Curry are each a little bit different. **Kimiko** showed us how to make a traditional version from her culture; a nostalgic taste of delicious family curry from her childhood! We did a good job chopping the vegetables and we persevered when it was a little difficult. Some of us tried curry for the very first time and were perplexed by the mysterious tastes! Curry is one of those dishes that has as many variations as there are families and cultural traditions. If you're feeling a bit adventurous, you can add all sorts of spice combinations and special ingredients such as yogurt, butter, honey, coconut, milk, soy sauce, etc. Thanks for the lesson, Kimiko!

It was delicious!!



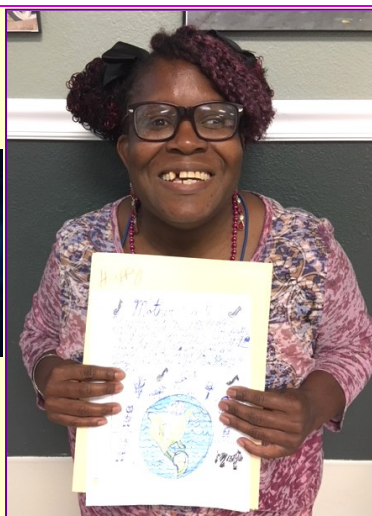
CREATIVE CLIENTS: *LaTisha*

New client **LaTisha** wrote and illustrated a beautiful poem for us about love for the earth, and she gave us permission to print it in the *Gazette*.

Here it is!

MOTHER EARTH

*This a poem of Mother Earth.
Its big, its blue, its pretty and neat.
The sun is shining and the Earth is blue.
Nevertheless, I'd kick it with you.
You are Mother Earth, and you are my friend.
Yeah! You go, Mother Earth!!!*



AUGUST BIRTHDAYS

LaTisha	August 2nd
Nicky B.	August 15th
Theresa	August 19th
K.K.	August 20th
Mariko	August 30th

SEPTEMBER BIRTHDAYS

Nicole	September 15th
Latia	September 23rd
Shenita	September 29th

