



CARNATION

# ACE-IT Gazette!



GARNET

\*Content provided, typed, and approved by the consumers of ACE-IT | Editorial Team: Managing Editor *Lisa* and associate editors *Lizzy, Sam, Patty, Tasi, K.K., Duncan, David, Elean, Chuck, Linda, Don B., Justin, Maria, Xavier, Kim, Ron, Frank, Roseline, Earline, Dante, Nic, Maricella, Joshua, Melanie, Mariko, Michael, and Phillip.*  
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2018

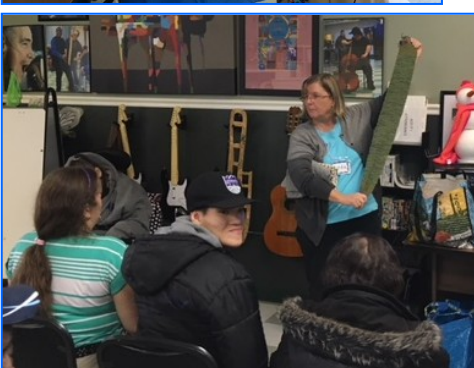


## FEATURED SPEAKER: SEWING & FABRICS

*Janelle* has a friend named *Linda* who is a professional sewing teacher. Linda recently agreed to come and address our morning meeting group with an exciting talk about fabrics, sewing tools, and different construction methods. She brought lots of fun samples to show us, including knits and various different woven fabrics. We learned which type of fabric might be best suited for different projects and how to use all the tools in a compact sewing kit.

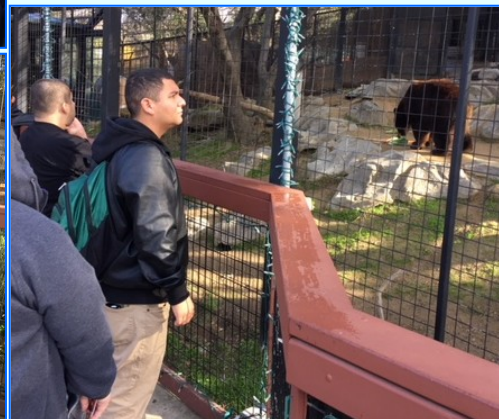
Very informative!

**Thanks, Linda!**



## MONKEYS & TIGERS & BEARS, OH MY!

We love animals, so the *Folsom Zoo Sanctuary* is one of our favorite places to visit regularly. This interesting little local zoo is within easy driving distance, inexpensive, and very accessible for our groups. We also like the fact that all of the animals and birds are "rescued" from either injuries or mistreatment of some kind. We're always ready to learn more about the natural world, and it sure is fun to get up close and personal with our beastly buddies!







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Page  
Two

2018



## HEALTHY FRUITS AND VEGETABLES

We headed down to South Sacramento to visit the *Florin Road Farmer's Market*. We found quite a wide selection of interesting and exotic produce! *Lizzy* and *Frank* enjoyed the big pomellos while *Linda* and *Mariko* got navel oranges. *Don S.* bought a tasty bag of his favorite cherry tomatoes. Later, *Frank* found a fun, huge piece of real sugar cane! One of the nice vendors even gave each of us a small mandarin orange to try. *Yummy!*



## NEW GAZETTE EDITOR

*Extra! Extra! Read all about it!*

On his very first week with our program, new client *Michael* quickly demonstrated that he is really quite talented with computer and typing skills! The entire Gazette Newsletter team, led by *Managing Editor Lisa*, welcomed him aboard with open arms and he got right to work on the latest edition of our paper.

*Way to go, Michael!*



## LISA'S MOVIE REVIEW

*"I saw a magnificent new movie this month. It was called Jumanji, and it was a remake of the original Robin Williams vehicle from 1994. It was really exciting and the acting was first-rate! It starred Dwayne, "The Rock" Johnson and Jack Black. It was really funny and the special effects were absolutely spectacular! I saw it at the new Century Theaters on Ethan Way".*

*Thumbs up!!*







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ACE-IT  
Gazette!  
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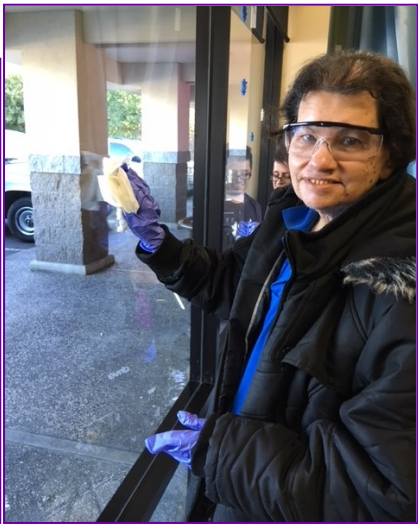
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Page  
Three

2018

### SNC: POST HOLIDAY CLEANUP

Our loyal *Sparkle N' Clean* work crew tackled the front windows this month. They needed to remove all of the leftover holiday decorations and scrub off the sticky gunk from the adhesives. They did a terrific job and now our windows are ready and waiting for the next onslaught of holiday decorations. *Look out! Here come the Valentines!!*



### SOME CUTE NEW BAGS AND AN ADORABLE NEW ANIMAL

On one of our trips to *Project RIDE* this month, we noticed some cute “up-cycled” totes made from feed bags. *Ken* asked *Marisa* who made them, and she gave him the following quote: *“One of our volunteer families is quite crafty and made those. They are actually the same folks responsible for getting our horses trucked here every Monday! They run the craft bazaar event that we hold here in the fall. Those bags are so fun-and they’re from the company that makes our horses’ feed, Elk Grove Milling, so they are Project RIDE through and through!”* When we were done admiring the bags, we made our way into the barn to start our work. Guess who we met there: *Rosie the Mule!* She is very friendly, and they are training her to work with the clients as part of their regular rotation of safe, calm therapy animals. Hopefully, Rosie won’t prove too stubborn to take directions (she is a *mule*, after all)!







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Page  
Four

2018



## OUTDOOR GALORE STORE

We headed up *Roseville* way to check out the new *Bass Pro Shop* store. This place is massive! In addition to every imaginable type of hunting, fishing and camping gear, they have tons of specialty clothing as well as survival supplies and foods. The giant building is decorated with an impressive array of taxidermy animal trophies, and an entire two-story wall is covered with a huge freshwater tank full of live game fish! Hmmm...do you suppose they also sell fancy compasses, maps, and G.P.S. tracking systems in case people get totally lost inside the store and can't find their way out?



### TWO NEW CLIENTS JOIN ACE-IT I. WE'RE FULL!

*Frank T.* and *Marquis F.* both came to us from *Mr. Joel's Class* at *Natomas High School*, but they'd prefer not to be photographed.

### SCIENCE MEETS ART: THE SNOWMAN PROJECT

Our theater group needed a prop for their new Disney-themed show, so we made them our own version of the *Olaf* character for the "*Frozen*" number. *Isn't he cute?*



### Stephanie's Stumpers!

Put on your thinking cap and your *smarty pants* and win a \$10 gift certificate!

We've got a lot of characters in our newsletter, but in what article can you find some real *Cuties??*

Be the first to email or call ACE IT I at 916-564-6117 and let us know the answer and what page it's on and you will fatten your wallet with a \$10 gift certificate!





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Page  
Five

2018

## ATTENDANCE NEWS



### EVERY DAY COUNTS!

Congratulations to the following consumers for their excellent year-to-date attendance records!!



**100%:** MAGDALENA, DANTE, NICKY B., DON B., MELANIE, ELL, XAVIER, DAVID, NGOC, TASI, EARLINE, FRANK, RON, ROSELINE, THERESA, MARICELLA, MARIA, PATTY, K.K., JOSHUA, LISA, LIZZY, JANIS, ROBERT, NIC, DON S., RENEE, DUNCAN, NICOLE, MICHAEL

LORENZO 95%, JUSTIN 95%, SAM 95%, CHILLON 95%, CHUCK 95%, SHENITA 94%, ELEAN 90%, MARIKO 90%

*Thanks, Everyone!*

### VOCABULARY WORD: *Myriad*

*"A countless or extremely great number of people or things"*

### WORDS OF WISDOM

*"Life's most important and urgent question is, 'What are you doing for others?'"*

*~Dr. Martin Luther King, Jr.*



## ACE-IT | COOKING ACADEMY *"Independence With a Spicy Twist!"*



### ZUPPA DI PESCE

*Ken* taught us how to make this rich, savory soup featuring the flavors of the sea: clams, shrimp, sardines, anchovies, and a hearty helping of *Swai* whitefish cut into bite-sized chunks. We



simmered the fish in a zesty broth filled with tomatoes, onions, fennel, bell peppers, carrots, celery, potatoes, garlic, olive oil, and an array of interesting herbs and spices. During the last few minutes, we added in a cup and a half of small orzo pasta.

*Buon appetito!*



### SMARTY PANTS WINNER!

*Lisa* did it again! She found the correct answer ("Chillax") in the *Project RIDE* article about *Lizzy* and *Twilight the Cat* on Page Two. *Stephanie* and *Ken* were both double-impressed with *Lisa's* sleuthing skills.

*Keep up the good work!*



JANUARY BIRTHDAYS	
Larry	January 2nd
Elean	January 5th
Chillon	January 25th
FEBRUARY BIRTHDAYS	
Kim	February 2nd
Vera	February 6th
Janice	February 6th
Mariah	February 10th
Joshua	February 11th
Frank	February 19th
Ron	February 28th





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Go Bag  
Bonus  
Page

2018



## EMERGENCY GO BAG!

As staff reviewed our annual *Flood Emergency Procedures*, CST Leslie mentioned that she had actually purchased a disaster bag that she and her family can have on hand in the event of an emergency. These preparedness bags are often referred to as *"Go Bags"* because they can be quickly found and grabbed easily in an emergency. Leslie told that us her bag is designed to help a group of five (or a family of five) survive for three days. Leslie and her family often go kayaking and camping in the woods, so the need for a bag such as this seemed like a perfect fit. The bag contained a myriad of items, including pouches of drinkable water, a flashlight, a radio, a first aid kit, and even a toilet that can be built out of cardboard! It was very interesting and we had a great time going through the items and talking about what kind of emergency items we each have at home.

*Thanks Leslie!*

