



CARNATION

ACE-IT Gazette!



GARNET

*Content provided, typed, and approved by the consumers of ACE-IT I Editorial Team: Managing Editor *Lisa* and associate editors *Lizzy, Sam, Patty, Tasi, K.K., Duncan, Frank, David C, Elean, Chuck, Linda, Justin, Maria, Xavier, Kim, Ron, Frank, Roseline, Earline, Dante, Sandra, Nic, Maricella, Joshua, and Tyler.*

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2017

ANOTHER LUCKY DOG STORY!



A local 92 year old woman was forced to surrender her dog to the shelter when she entered a nursing home this winter. She was just absolutely heartbroken and praying that her beloved pup could find a wonderful new home. Naturally, the *Easter Seals Facebook Team* came to the rescue! Our own *Stephanie* was following shelter news on Facebook recently and learned that *Sir Blacky* has now been formally adopted by *ACE IT II Site Manager Donna* (photo on right). He was originally going to be fostered by *Diane*, who also works up at ACE-IT II (photo at bottom left), but after he met *Donna*, he was smitten! He cried and cried for her as she was leaving, so she just couldn't resist. Stephanie told Donna what an angel she was and Donna told her that Sir Blacky was very happy and snoring up a storm the first night she got him home! Donna has also gotten the contact information for his previous owner and she will be scheduling regular doggy visits with her. We asked whether Donna could bring Sir Blacky here to work sometime so we can visit with him, and she said she would be happy to. What a sweetheart! Thanks, Diane and Donna, and special thanks to *"Itsie Bitsie Rescue"* for coordinating the original introductions.



PASSIONATE ABOUT ARTWORK

We made the short trip to East Sacramento to see a show at the *SMUD Art Gallery* called *Sonya Fe: Passion of Color*, sponsored in conjunction with the *Sacramento Municipal Art Commission*. Sonya Fe is a Los Angeles born artist, now residing in the Sacramento area. Ms. Fe has published children's stories as well as an instructional book, *"You can Draw Too,"* aimed at helping students illustrate their own storybooks. In 1998, Ms. Fe received the *National Artist Award* from the *California State Senate*. Our favorite painting was a giant canvas featuring wild monkeys!



SMARTY PANTS WINNER

Tyler from ACE IT I was once again the first to correctly answer *Niki's* quiz from the December Gazette. The right answer was *"Rick"* from the OP Support article on Page Two about him being suspected of using magic pixie dust. *Congratulations, Tyler!*





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VOLUNTEERING: DELIVERY TO THE RECEIVING HOME



Janet, our intrepid volunteer, got in touch with *Priya*, the Volunteer Coordinator for the *Children's Receiving Home of Sacramento*. We found lots of cute gift bags and made adorable little tags to go with all the blankets, pillows, and stuffed animals that our sewing class had made for kids. The receiving home serves children ranging in age from toddler to teen, and we were excited to finally deliver our lovingly hand-made gifts. After getting everything packed, we met *Priya* in the lobby of the home to hand over our donations. She was very pleased and thanked us profusely! We were a little disappointed that we didn't get to actually meet with the children, but we understood the need for privacy and security. *Enjoy the gifts, kids!*



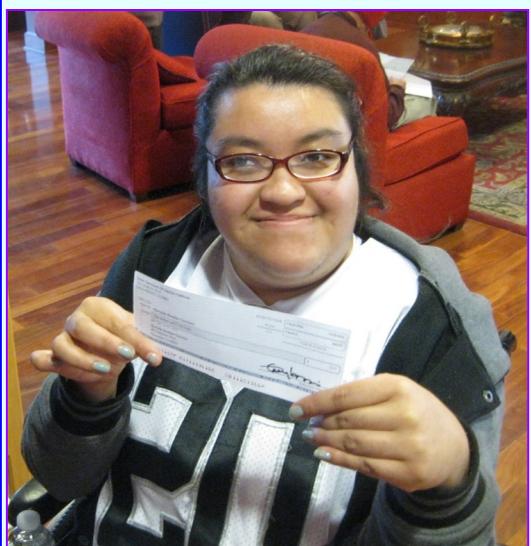
BINGO!

Robert and *Linda* were the big winners at the *Fruitridge Community Center* this month. Robert was very excited when he conquered all comers for a prize of \$4.15! He made sure to tell *Cathie* all about it when he got back to program. Linda won another round and took home \$3.75. While we were having lunch at *Taco Bell* afterward, we decided on a new nickname for our regular group. Henceforth, they shall be known as *The Bingo Bunch!*



FIRST CHECK

Maricella recently completed her job application and training. She has now joined our "*Sparkle N' Clean*" vocational crew. She was very proud to cash her first check with us at *River City Bank!* *Keep up the good work, Maricella!*





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Page Three

2017



WINTER HATS AND ACCESSORIES

We took the short ride over to *St. Vincent di Paul's Thrift Store* and found some fun bargains. *Magdalena* got a cute knitted cap with green pom-poms. *Gina* found a colorful soft hat with scarf-shaped bottom tails and *Earline* picked out an adorable brown bear hat that matched her brown winter coat. Meanwhile, *Roseline* absolutely fell in love with a darling little bead-bedecked white bear, *Lizzy* found two shirts he liked, and *Don S.* scored a big, roomy shoulder bag to hold all of his knitting supplies and assorted paraphernalia. *Great job bargain hunting!*



SEWING WITH JANELLE: RECEIVING HOME VOLUNTEER PROJECTS

Janelle was named *Volunteer of the Year* for 2016, and she's starting the new year right where she left off! She came by to help our sewing class with the group projects that volunteer *Janet* has organized. We have been making items such as stuffed animals, blankets, pillows, and scarves for donation to a local children's receiving home. *Bravo, everyone!*





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2017

SACRAMENTO FINE ARTS CENTER: ANIMAL HOUSE!

This annual animal-themed show is always fun, and this year was no exception! Do you remember last year when we entered our fun cat collage and won a ribbon? We were busy with lots of other projects this year and didn't have anything of our own to display, but we sure enjoyed the show! The wide variety of interesting paintings, photographs, and sculptures was very inspiring. *Renee* was enamored of a fanciful wire bird sculpture while *Larry* and *Chuck* almost got eaten by a big blue dragon! We already have some new ideas for art projects that we might enter next winter. The "Best In Show" prize this year went to a great painting of a colorful little bird perched on top of an old-fashioned camera. It was called "Watch the Birdie"!



NEW STAFF

New C.S.T. *Alexis* joined ACE-IT I at the end of January and we put her right to work.

Welcome to our team!

NEW CLIENT

We snagged another one of *Mr. Joel's* favorite students from *Natomas High School* when *Melanie* joined our program this month.

Welcome to ACE-IT I, Mel!



Niki's QUIZ



Put on your thinking cap and your *smarty pants* and win a \$10 gift certificate!

Usually we are very careful to proof our newsletter to make sure there are no misspellings, but this month we intentionally left in a misspelled word to find out who will be the first to use their eagle eye to spot the booboo!

Be the first to email or call ACE IT I at 916-564-6117 and let us know the answer and where it is in the newsletter and you will fatten your wallet with a \$10 gift certificate!



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ATTENDANCE NEWS



ACE-IT | COOKING ACADEMY "Independence With a Spicy Twist!"



JANUARY



EVERY DAY COUNTS!

Congratulations to the following consumers for their excellent year-to-date attendance records!!

100%: MAGDALENA, NICKY, JUSTIN, LINDA, MELANIE, ELL, XAVIER, DAVID, TASI, EARLINE, FRANK, RON, ROSELINE, MARIA, PATTY, K.K., JOSH, LIZZY, JANICE, ROBERT, BALDIP, DUNCAN, DON S.,

DANTE 95%, DON B., 95%, KIM 95%, THERESA 95%, GINA 95%, NICOLE 95%, NIC 95%, MARICELLA 90%,

Thanks, Everyone!

Vocabulary Word: *Paraphernalia*

"Equipment, apparatus, or furnishing used or necessary for a particular activity"

WORDS OF WISDOM

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the power to turn a life around"

~Leo Buscaglia

SOUP AND SALAD

We decided to keep it simple with this group, so we put together a favorite, healthy combo that everyone can easily make for themselves with a little practice. We made a tasty tomato soup and tossed up a nice fresh garden salad with Romaine lettuce, croutons, and grated cheese along with a loaf of French bread.



GROCERY SHOPPING

Every Tuesday, we go shopping for the Wednesday cooking group. Sometimes, we also find tasty snacks at the deli!



JANUARY BIRTHDAYS

Elean	January 5th
Larry	January 2nd
Nicole	January 9th

FEBRUARY BIRTHDAYS

Reyana	February 3rd
Joshua	February 11th
Kim	February 15th
Frank	February 19th
Ronnie	February 28th





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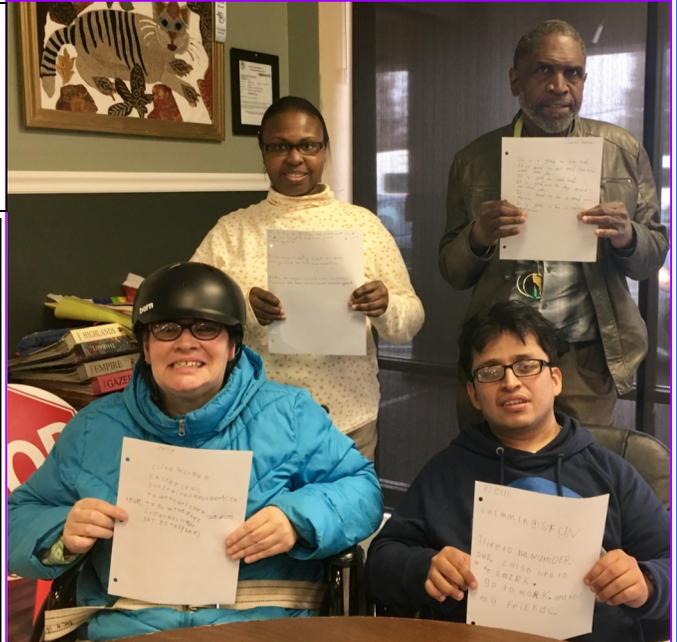
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Poetry Bonus Page

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2017 LIFE SKILLS: POETRY WRITING

Sam
*"It is good to have a job.
 It is good to get paid for the work you do.
 It is good to work hard.
 It is good not to play around on the job.
 It is good to be a good employee."*



Our *Life Skills* class has been studying the fascinating subjects of *Poetry* and *Creative Writing*. *Elean, Patty, Tasi,* and *Sam* all stretched their creative brain muscles and came up with poems describing things that are part of who they are or what they like to do. *Elean* and *Patty* worked on *couplet poems*, which include pairs of lines that rhyme to tell a story. *Tasi* wrote an *autobiographical poem*, meaning it doesn't have to rhyme, but it tells the reader more about the author. *Sam* wrote an *anaphora poem* (anaphora: Greek for "a carrying up or back, refers to a type of parallelism created when lines begin with the same words). It is actually one of the worlds oldest poetic techniques and is often seen in religious and devotional poetry

Tasi
*"I like to go to the gym and work out so I can stay fit and feel good about myself.
 I like to go shopping and to the movies also go out to eat and have fun.
 I like to work when I come to program. It makes me feel confident about myself."*

Elean
*"Swimming is fun,
 I like to be number one.
 I also like to smirk, go to work,
 And help out my friends."*

*It is a good to have a job.
 It is good to get paid for the work you do.
 It is good to work hard.
 It is good not to play around on the job.
 It is good to be a good employee.
 It is good to be a serious employee.*

*Elean
 SWIMMING IS FUN
 I like to be NUMBER ONE. I also like to smirk. go to WORK and help my FRIENDS.*

Patty
*"I like to come to Easter Seals,
 It gives me something to do that is new.
 We do lots of art, we go to the park,
 Sometimes, we do art IN the park!"*

*PATTY
 I like to come to Easter Seals Fun It gives me something to do that is new we go to the park we do lots of ART, we do ART IN THE PARK!*

*I like to go to the Gym and work out so I can stay fit and feel good about myself. 11-17
 I like to go shopping and to the movies also go out to eat and have fun.
 I like to work when I come to program it makes me feel confident about myself.*