

# My Peds OT May 2020

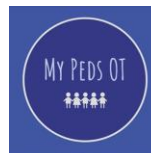
## Fine Motor Challenge #mypedsotFMC

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Write various lines/ letters with your spoon using sugar /salt in a Ziploc bag.	2 Take 5 pictures of your favorite things around your house!
3 Draw one of the pictures you took yesterday using broken crayons.	4 String macaroni to make a necklace or bracelet. Paint macaroni if you want!	5 Make Carboard Lacing Heart using template & lace using string.	6 Roll Playdoh into big ball, Pat down, place pegs like candles & count how many you got in!	7 Use I love you to pieces template below. Rip/cut tissue paper in square & fill heart.	8 Make a Mother's Day card using template below.	9 Bake a cake with mom, be sure to cut the cake mix bag, help mix the batter, & set the timer!
10 Draw a picture of you & mom to give it to her for Mother's Day!	11 Use shaving cream on a paper plate to make letters of child's name.	12 Peel stickers & place them on the different designs	13 Crumple tissue/toilet paper and throw it into laundry basket.	14 Build a tower using blocks, books or legos.	15 Sort Silverware after the dishes have been washed.	16 Cut & glue color squares to clothespins/ paper plate. Put on/remove clothespins from plate.
17 Open various bottles, milk, jars, & cartons.	18 Complete a puzzle real or virtual. Send a picture when done!	19 Sort some coins by size or money value. Wash hands.	20 Finger paint grass, flowers, trees and sun.	21 Using tongs place buttons, beads, cereal in waterbottle.	22 Hide bead, coin, lego & dice in playdoh. Find them!	23 Feed the emoji tennis ball cotton ball or pom pom food.
24 Roll playdoh into balls & play finger soccer.	25 Use Q-tips to dot or paint letters/simple lines/sentences.	26 Place binder/paper clips on papers/cardboard. Count how many did.	27 Glue buttons, beads or sequins onto different shapes.	28 Sort your laundry by different colors: darks, whites and red/pinks.	29 Draw a surprise using chalk on the sidewalk/ chalkboard.	30 Put away groceries in the right place like cans, milk, veggies, fruit, meat.
31 Toilet Paper Roll Emojis						



## Supplies You'll Need For May's Activities:

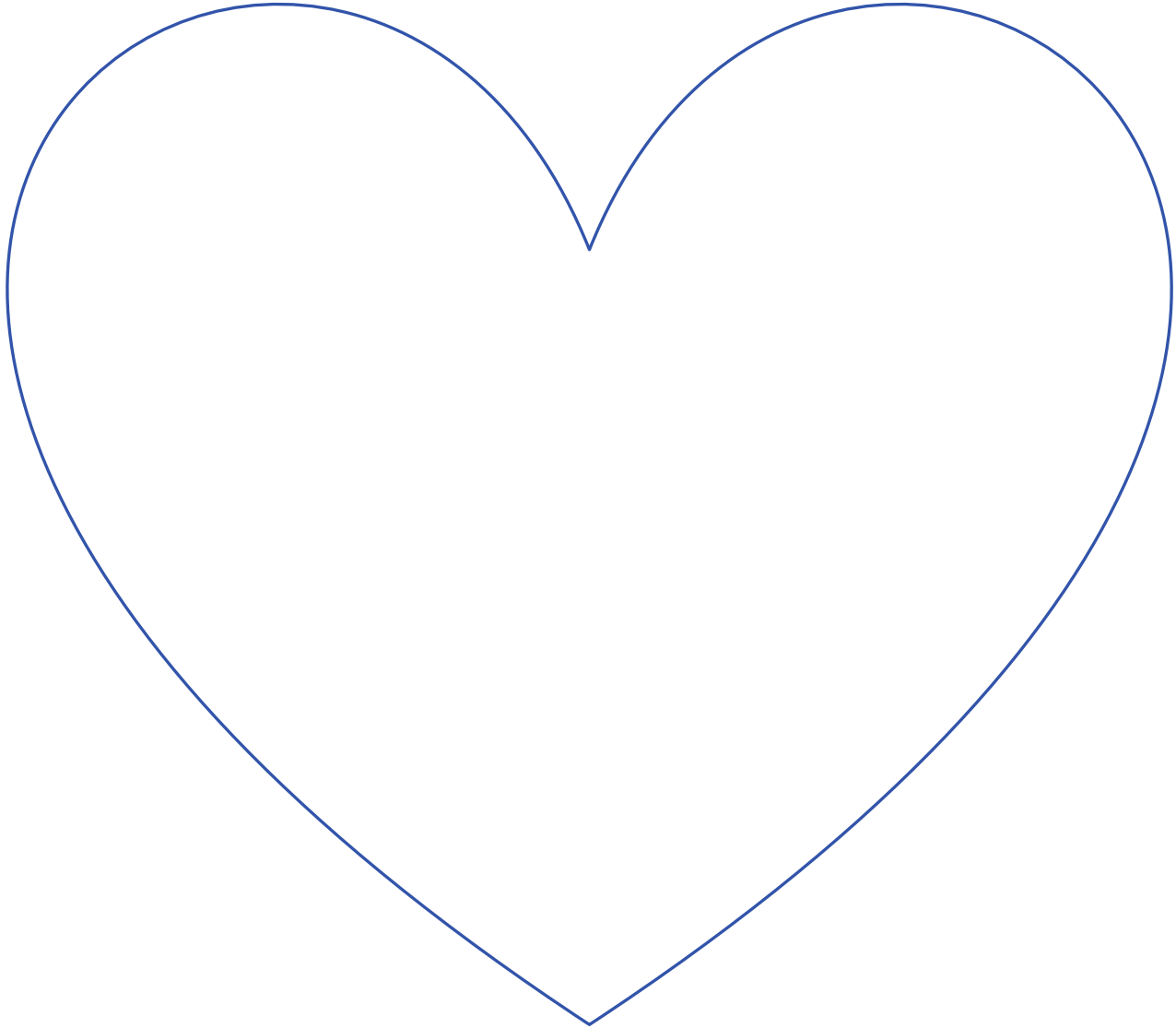
- Ziploc Bags
- Sugar/Salt
- Spoon/Fork/Knives
- Camera/phone
- Crayons/Pencil/Markers/Chalk
- Cake Mix/ingredients/oven, pan + mittens
- Macaroni
- String
- Paint
- WaterBottles/Milk/Jars/Carton
- Cardboard
- Playdoh
- Pegs
- Tissue Paper/Toilet Paper
- Shaving Cream
- Stickers
- Blocks/Books/Legos
- Laundry Basket
- Paper Plates
- Clothespins
- Puzzle/Computer
- Scissors
- Glue
- Coins
- Tongs/Tweezer
- Beads
- Buttons/Sequins
- Cereal
- Cotton balls
- Dice
- Tennis ball
- Q-tips
- Binder/Paper clips
- Paper
- Laundry
- Groceries
- Toilet Paper roll



**May 2&3 - Glue your 5 pictures you took to this page  
& draw your picture on the back page:**

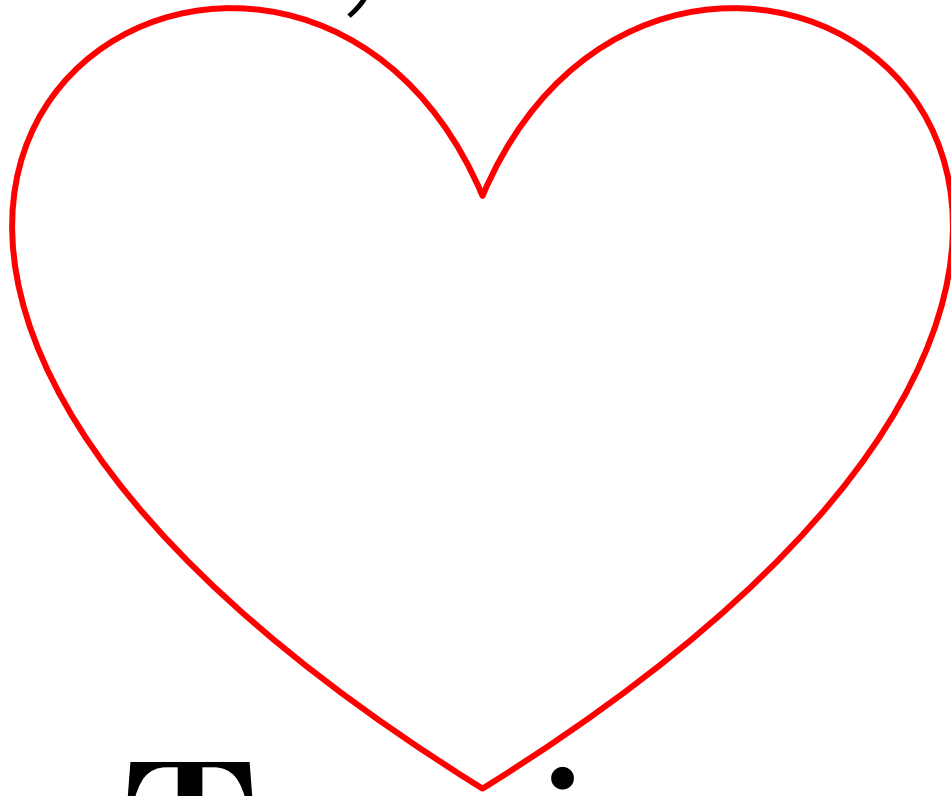


**May 5- Cut Pattern for Cardboard Heart Design:**



May 7- Pattern for Cardboard Heart Design:

**Mom, I love you**



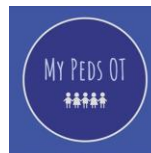
**To pieces!**



# Happy

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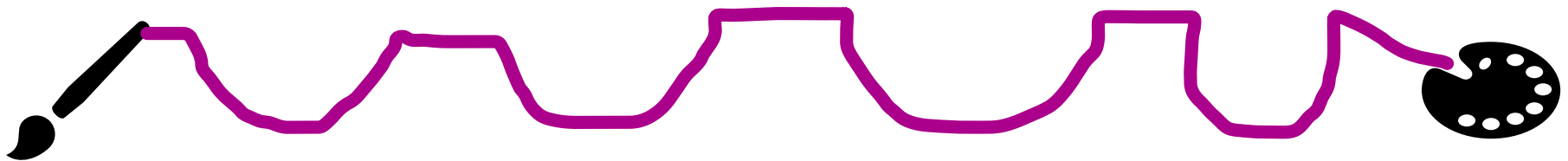
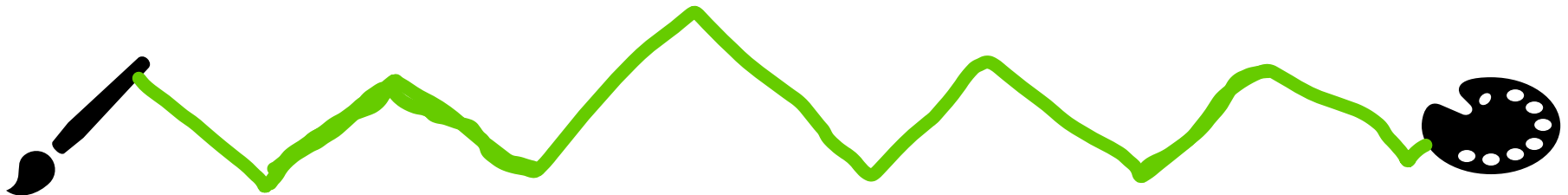
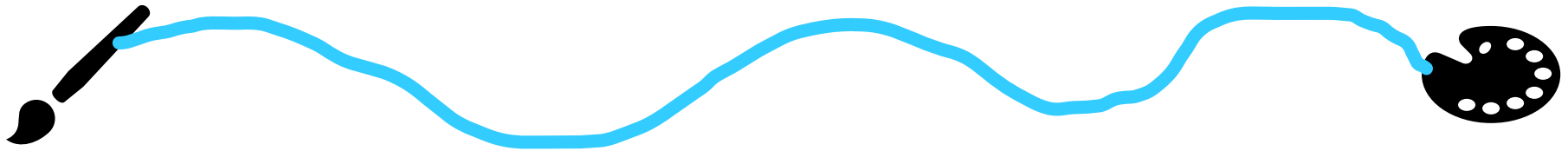
# Day!



May 10- Draw a picture of Mom and you:

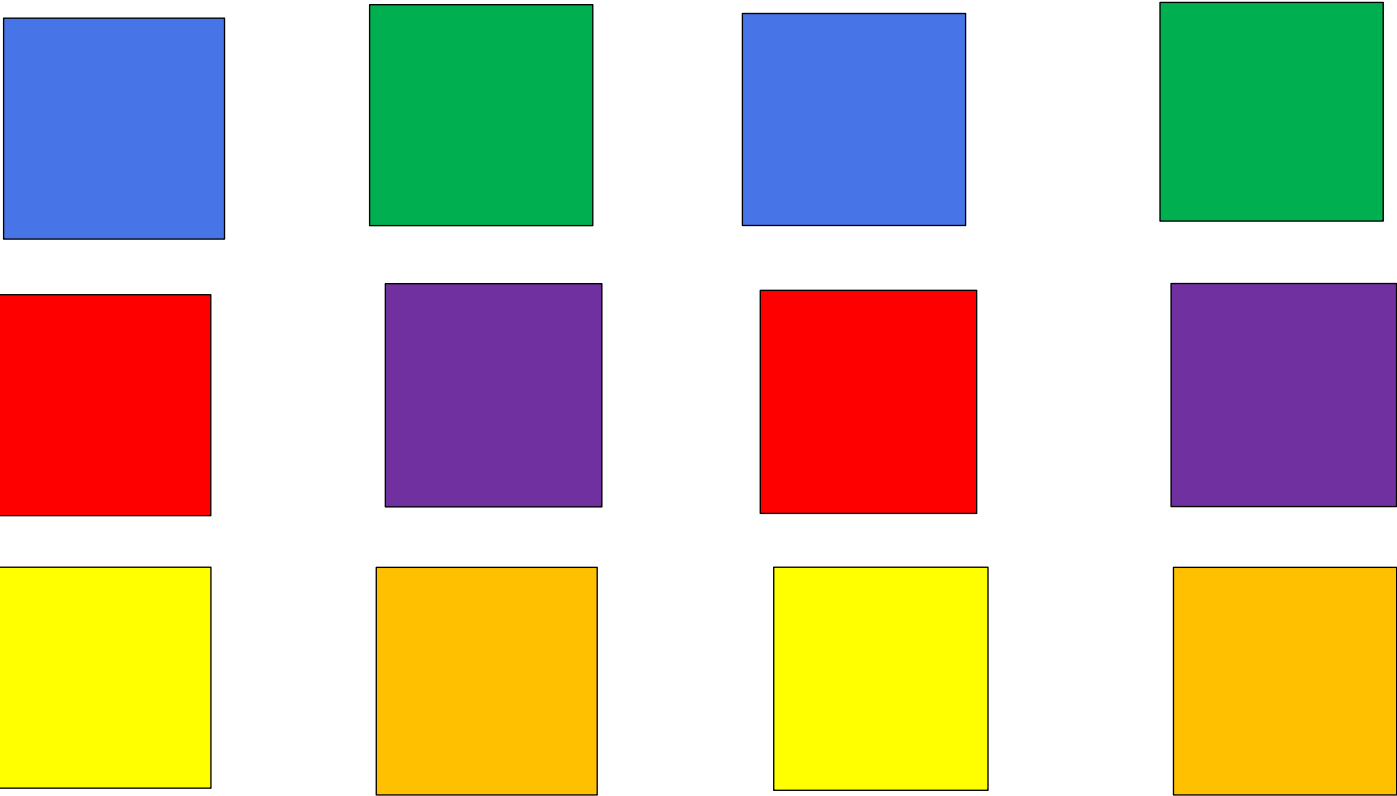


# May 12- Pattern for Sticker Designs:





# May 15- Colored Squares for Clothespins & Paper Plate Activity:



May 27- Glues buttons, beads or sequins to these Shapes:

