## Easterseals of SEPA

## 2023-2024 Covid Isolation and Precautions

Easterseals is dedicated to ensuring a safe workplace for staff and a safe learning environment for children.

For the 2023-2024 school year we will be following the following recommendations from the CDC.

Current CDC guidelines are:

You can go back to your normal activities when, for at least 24 hours, both are true:

Your symptoms are getting better overall, and

You have not had a fever (and are not using fever-reducing medication).

When you go back to your normal activities, take added precaution over the next 5 days, such as taking additional steps for cleaner air, hygiene, masks, physical distancing, and/or testing when you will be around other people indoors.

Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.

If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days.

These guidelines can be found at <a href="https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html">https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html</a>

Easterseals of SEPA strongly recommends masking for 5 days after symptoms and/or Fever are not present for 24 hours.