

## Your Child's Growth and Developmental Steps from Birth to 36 Months

Babies and toddlers grow and develop at their own pace, but usually can do the following activities by the age listed. If you have concerns about your child, please check with your doctor and contact your local Early Steps office.

	3 Months	6 Months	9 Months	12 Months
Typical Activities	*Pushes up head and chest when	*Rolls from stomach to back	*Looks for hidden toy	*Pulls self up and stands *Says
	on tummy *Moves body	*Has good head control	*Throws toys or objects *Pulls	"Mama", "Baba", or "Dada"
	actively in response to voices	*Laughs while playing	self up, stands while holding on	*Begins to follow simple
	*Chuckles, coos *Enjoys touch	*Reaches and grasps toys,	*Feeds self finger food such as	directions (please come here,
	*Turns head toward sounds	objects *Has predictable sleep	cereal *Imitate sounds like	drink your juice)
	*Soothes with cuddling	pattern *Moves object from	"ooh" and "ahh"	*Waves bye-bye * Presses
	*Smiles *Watches faces and	hand to hand *Sits, but may		buttons on phone, toys *Enjoys
	objects *Kicks feet, moves	need support *Babbles more		being read to
	hands *Brings hands to mouth	than 2 sounds		
Indicators	* Does not watch moving objects	* Unable to roll over *Difficulty	* Unable to sit by self	*Does not use single words like
for	* No startle to sound	lifting head *Does not turn head	*Difficulty picking up objects	"Mama" or "Dada" *Difficulty
Concern		to direction of sound	*Not imitating or babbling	crawling *Needs to use hand to
				maintain sitting

	15 Months	18 Months	24 Months	36 Months
Typical Activities	*Stands and steps towards or	*Walks well, runs a little	*Kicks large ball *Recognizes	*Feeds self *Walks up steps
	Walks *Knows and says four or	*Scribbles *Prefers to feed self	familiar pictures, books	*Says at least 3 word sentences
	five words *Helps to dress by	*Knows names of things, people	*Engages in pretend play (using	*Responds to feelings of others
	holding out arms or legs	*Plays along side other children	spoon as an airplane)	*Completes 3-4 piece puzzle
	*Curious - will explore on own	*Squats to pick up toy	*Uses 2 or 3 words together	*Takes turns during play
		*Beginning pretend play	*Says "mine" *Jumps in place	*Shows interest in potty training
Indicators for Concern	* Unable to stand alone *Does	* Unable to walk without help	* Does not follow simple	*Words/speech not understood
	not point to objects, people	*Does not say at least 15 words	directions *Does not pretend	by others *No interest in other
	*Does not hold own cup	*Not able to feed self with spoon	play *Walks on toes *Difficulty	children *Poor balance, falls
		_	holding large size crayon	frequently

Sources: American Academy of Pediatrics, Department of Pediatrics University of Florida, the Florida Diagnostic and Learning Resources System.

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