EASTER SEALS 2 & 5 PACK MENU JANUARY 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5 PACK	5 PACK	5 PACK	5 PACK	5 PACK	2 PACK	2 PACK
JANUARY 2 20Z CHICKEN TACO 20Z WG SHELL 40Z APPLESAUCE 80Z MILK 40Z COOKED CARROTS 40Z FIESTA BEANS	JANUARY 3 80Z WHITE MAC & CHEESE 1SL WG BREAD W/MARGARINE 40Z PEACHES 80Z MILK 40Z STEWED TOMATOES 40Z MIXED VEGE	JANUARY 4 2OZ MEATLOAF W/GRAVY 1OZ 2SL WG BREAD W/MARGARINE 4OZ 100% JUICE 8OZ MILK 4OZ MASHED POTATO W/ GRAVY 1OZ 4OZ GREEN BEANS	JANUARY 5 20Z FRENCH TOAST STICKS W/MARGARINE 2 OZ SAUSAGE LINKS 40Z 100% JUICE 80Z MILK 40Z BROCCOLI 40Z TATER TOTS SYRUP CUP	JANUARY 6 20Z BEEF PATTY WG WHITE HAMBURGER BUN 40Z APPLESAUCE 80Z MILK 40Z SWEET POTATO PUFFS 40Z SUCCATASH	JANUARY 7 4OZ BEEF CHP COUNTRY FRD STEAK-1OZ BEEF GRAVY 2SL WG BREAD W/MARGARINE 4OZ 100% JUICE 8OZ MILK 4OZ CORN 4OX MIXED VEGE	JANUARY 8 1&1/2OZ COOKED HAM 1SL YELLOW AMERICAN CHEESE WG BUN 4OZ APPLESAUCE 8OZ MILK 4OZ COOKED CARROTS 4OZ YELLOW SQUASH
JANUARY 9 8OZ MAC & CHEESE 1SL WG BREAD W/MARGARINE 4OZ 100% JUICE 8OZ MILK 4OZ COOKED CARROTS 4OZ GREEN BEANS	JANUARY 10 2OZ HAM STEAK 2SL WG BREAD W/MARGARINE 4OZ PINEAPPLE TIDBITS 8OZ MILK 4OZ SWEET POTATO PUFF 4OZ PEAS	JANUARY 11 3.2 ITALIAN SAUSAGE WG BUN 4OZ APPLESAUCE 8OZ MILK 4OZ MASHED POTATOES 4OZ PEPPERS, ONIONS & SPAGHETTI SAUCE	JANUARY 12 2OZ MEATLOAF W/GRAVY 1OZ 2SL WG BREAD W/MARGARINE 4OZ 100% JUICE 8OZ MILK 4OZ MASHED POTATO W/ GRAVY 1OZ 4OZ GREEN BEANS	JANUARY 13 3OZ BREADED CHICKEN PATTY 1SL WG BREAD W/MARGARINE 4OZ APPLESAUCE 8OZ MILK 4OZ BROCCOLI 4OZ BAKED BEANS	JANUARY 14 2OZ BEEF PATTY WG BUN MUSTARD & KETCHUP PKT 4OZ TROPICAL FRUIT 8OZ MILK 4OZ POTATO WEDGE (SOUR CREAM & CHIVE) 4OZ GREEN BEANS	JANUARY 15 3OZ BREADED CHICKEN PATTY 1OZ SPAG SAUCE 1/2OZ MOZZ WG BUN 4OZ 100% JUICE 8OZ MILK 4OZ COOKED CARROTS 4OZ BRUSSELL SPROUTS
JANUARY 16 2OZ SAUSAGE PATTY W/AM CHEESE SL WG ENGLISH MUFFIN 4OZ 100% JUICE 8OZ MILK 4OZ COOKED CARROTS 4OZ POTATO WEDGE (SOUR CREAM & CHIVE)	JANUARY 17 SOFT TACO-20Z BEEF TACO 10Z SHREDDED CHEDDAR WG TORTILLA SHELL 40Z 100% JUICE 80Z MILK 40Z PINTO BEANS 40Z CORN	JANUARY 18 2OZ BEEF PATTY W/CHEESE WG BUN MUSTARD & KETCHUP PKT 4OZ APPLESAUCE 8OZ MILK 5OZ STEWED TOMATOES 4OZ POTATO WEDGE (SOUR CREAM & CHIVE)	JANUARY 19 2 OZ BBQ RIB PATTY 2SL WG BREAD W/MARGARINE 4OZ DICED PEARS 8OZ MILK 4OZ BROCCOLI 4OZ MIXED VEGE	JANUARY 20 2OZ CHICKEN NUGGET WG WAFFLE W/SYRUP PKT 4OZ 100% JUICE 8OZ MILK 4OZ HASHBROWN 4OZ GREEN BEANS	JANUARY 21 2EA STUFFED SHELLS 3OZ SPAGHETTI SAUCE 1SL WG BREAD W/MARGARINE 4OZ PINEAPPLE TIDBITS 8OZ MILK 4OZ TATER TOTS 4OZ GREEN BEANS	JANUARY 22 2OZ SWEDISH MEATBALLS W/GRAVY 3OZ & PENNE 3OZ 1SL WG BREAD W/MARGARINE 4OZ 100% JUICE 8OZ MILK 4OZ COOKED CARROTS 4OZ YELLOW SQUASH
JANUARY 23 2EA CHICKEN LEGS W/PAPRIKA 2SL WG BREAD W/MARGARINE 4OZ APPLESAUCE 8OZ MILK 4OZ SWEET POT PUFF 4OZ MIXED VEGE	JANUARY 24 2OZ SALISBURY STEAK 1OZ BEEF GRAVY 2SL WG BREAD W/MARGARINE 4OZ 100% JUICE 8OZ MILK 4OZ STEWED TOMATO 4OZ MASHED POT W/GRAVY 1OZ	JANUARY 25 20Z DICED CHICKEN W/CHICKEN GRAVY 30Z WHOLE GRAIN BISCUIT 2/10Z 40Z 100% JUICE 80Z MILK 40Z COOKED CARROTS 40Z PEAS	JANUARY 26 20Z TURKEY BURGER WG BUN 40Z PINEAPPLE TIDBITS 80Z MILK 40Z BAKED BEANS 40Z GREEN BEANS MUSTARD & KETCHUP PKT	JANUARY 27 20Z PIZZA BURGER WG BUN 40Z 100% JUICE 40Z TATER TOTS 40Z BROCCOLI 80Z MILK	JANUARY 28 20Z MEATBALLS 30Z TOMATO SAUCE WG BUN 40Z DICED PEARS 80Z MILK 40Z BRUSSELL SPROUTS 40Z MIXED VEGE	JANUARY 29 3OZ BREADED CHICKEN PATTY WG BUN 4OZ 100% JUICE 8OZ MILK 4OZ COOKED CARROTS 4OZ POTATO WEDGE (SOUR CREAM & CHIVE)