

# Aquatic Therapy

**Aquatic Therapy** provides a unique setting for occupational and physical therapists to work 1:1 with your child at a local pool. Aquatic therapy is a great way to improve strength, endurance, flexibility, mobility, balance and motor planning for children of a variety of ages and diagnoses. If your child is not currently receiving physical or occupational therapy at Easterseals, an evaluation is required in order to determine the appropriateness of your child for aquatic therapy. In order to participate in aquatic therapy, your child must have therapeutic goals that can be addressed by a physical or occupational therapist in the pool.

## Summer Sessions 2017

Thursdays June 8<sup>th</sup>-August 3<sup>rd</sup> (8 sessions-no sessions the week of July 4<sup>th</sup>)

30-45 minute sessions scheduled during 3:00-5:30PM time slot

Children of all ages welcome

Must be evaluated by a PT or OT at Easterseals and determined appropriate for aquatic therapy

Must have current prescription to receive Aquatic OT and/or PT services in order to participate

Therapy services billed through your insurance provider

OT and/or PT facilitates individual sessions at the Joliet Park District Aquatic Center



Spaces are limited. **Please contact prior to Monday May 5<sup>th</sup>** to ensure your evaluation spot!

Please call or email Lisa Funnell PT, DPT for additional information.

Phone: 815-725-2194 ext. 330 Email: [lfunnell@joliet.easterseals.com](mailto:lfunnell@joliet.easterseals.com)