

CORE GROUP



Week of: June 20th – June 24th, daily from 10AM – 12PM

CORE GROUP will work on centering, opening and organizing muscles of the body, improving respiration, and engaging the mind in fun exercises. Through strengthening CORE muscles, children will develop increased strength, control, endurance, respiration, and attention that will help them be more independent and successful in activities of daily living.

Accepting children that receive therapy coverage with commercial insurance companies only. Children must be between the ages of 6 and 12 years old. Children must be able to follow instructions and participate in structured activities for up to 1 hour. Children must be able to ambulate (sit, stand, walk, and jump) independently without the use of adults or adaptive equipment. Pre-screening required.

Interested? Contact: Megan Eads, OTR/L
at 815-725-2194 ext. 282

