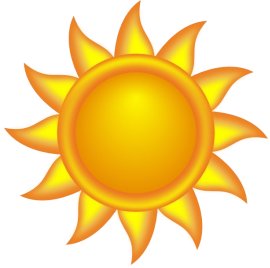


JUMP START NEWS



Volume 11 Issue 6

June 2018

Creative Corner

Happy Father's Day!!

DIY Father's Day gift idea

Supplies

- – Jar/Container
- – Twine/Jute or any ribbon
- Glue Dots/Tape
- -Create a handwritten sign “Daddy. We love you Bear-y much!”



Directions

1. Create your hand written or typed tag.
2. Cut out your tag and attach it to your jar/container.
3. Fill your jar with your treats and tie ribbon or jute around top.



For More Fun!



Children's Books to Read in June

- Summer Days and Nights- Wong Yee
- Ice Cream Summer- Peter Sis
- And then Comes Summer- Tom Brenner
- Mama, Is it Summer Yet?- Nikki McClure
- Summer Color- Diana Murray
- Summer Beat- Betsy Franco-Feeney
- Duck & Goose Go to the Beach- Tad Hills
- Harry By the Sea- Gene Zion
- Summer is Here!- Heidi Pross Gray
- Fred and Ted Go Camping- Peter Eastman
- Wet Dog!- Elise Broach
- Penguin on Vacation- Salina Yoon
- Mouse's First Summer- Lauren Thompson
- Maisy Learns to Swim- Lucy Cousins



Fun Fact

When you wake up in the morning you are taller than when you go to sleep, because you have let your spine straighten back out after all the bending, sitting, and moving you have done!

Parenting Tip of the Month!

Turning Pink? Unprotected skin can be damaged by the sun's UV rays in as little as 15 minutes. Yet, it can take up to 12 hours for skin to show the full effect of sun exposure. So, if your child's skin looks "a little pink" today, it may be burned tomorrow morning. To prevent further burning, get your child out of the sun. Remember to seek shade, cover-up, wear a hat and sunglasses, apply and reapply sun-screen whenever you're outside this summer! Children under 6 months, should never be exposed to direct sunlight.



Food Fun

Apple Ladybug Treats

"Red apples are decorated to look like lady bugs. This is a quick and fun snack that kids will enjoy making and eating. For once kids can play with their food."

Ingredients

- 2 red apples
- 1/4 cup raisins
- 1 tablespoon peanut butter
- 8 thin pretzel sticks

Directions

1. Slice apples in half from top to bottom and scoop out the cores using a knife or melon baller. If you have an apple corer, core them first, then slice. Place each apple half flat side down on a small plate.
2. Dab peanut butter on to the back of the 'lady bug', then stick raisins onto the dabs for spots. Use this method to make eyes too. Stick one end of each pretzel stick into a raisin, then press the other end into the apples to make antennae.



Health and Safety

Summer is a great time to get outside and play! However more time spent outside in the warm weather also increases exposure to bugs and bug bites. Here are some tips!

- When outside, cover children with lightweight clothing and use mosquito netting over strollers and infant seats. Also check your child for ticks at the end of the day if they have been playing outside.
- If you find a tick on your child, use tweezers and pull the tick off of the skin by its head. If you suspect the tick has been embedded for longer than 24 hours, contact your pediatrician.
- When choosing bug repellent, know that many products contain DEET. Research has shown that products with a DEET concentration of less than 30% is safe for children, but is NO amount of DEET is safe for babies under 2 months old.
- Apply bug repellent once a day and do not use a combination sunscreen/bug repellent.
- All-natural bug repellents such as lemon eucalyptus and citronella should NOT be used on children younger than 3 years old, though they may be safe for older children.

Self-Care

Top 5 Benefits of Self Care

- **Better productivity.** When you learn how to say “no” to things that over-extend you and start making time for things that matter more, you slow life down in a wonderful way. This brings your goals into sharper focus and helps you to concentrate on what you’re doing.
- **Improved resistance to disease.** There is evidence that most self-care activities activate your parasympathetic nervous system (PNS). What this means is that your body goes into a restful, rejuvenating mode, helping it to fortify its immune system. So, with better self-care often comes fewer colds, cases of flu and upset stomachs.
- **Enhanced self-esteem.** When you regularly carve out time that’s only about being good to yourself and meeting your own needs, you send a positive message to your subconscious. Specifically, you treat yourself like you matter and have intrinsic value. This can go a long way toward discouraging negative self-talk and your critical inner voice.
- **Increased self-knowledge.** Practicing self-care requires thinking about what you really love to do. The exercise of figuring out what makes you feel passionate and inspired can help you understand yourself a lot better. Sometimes, this can even spark a change in career or a reprioritization of previously abandoned hobbies.
- **More to give.** When you’re good to yourself, you might think you’re being selfish. In truth, self-care gives you the resources you need to be compassionate to others as well. Giving compassion is a bit like filling a bucket; you can’t fill someone else’s if you don’t have enough of your own!



Want More Jump Start?

Follow us on Facebook: <https://www.facebook.com/JumpstartEasterseals/>

Visit our website: <https://parentasexpert.wordpress.com/>



2018 Will County Book Reuse + Recycling Event

June 1-June 3 9am-4pm

Pilcher Park - 2501 Highland Park Dr, Joliet

Residents are invited to bring books and magazines for sharing or recycling to this three day event at Pilcher Park in Joliet. This FREE event is sponsored by Will County Land Use Department and will be held at the Nature Center. Please visit will-countygreen.com and/or willcountylanduse.com or call 815-727-8834

Pixie Fairies and Pirates on the Farm

June 2 11:00am-2:00pm

Siegel's Cottonwood Farm, Crest Hill

Yo Ho! Let's Go! Calling All Pixie Fairies and Lil' Pirates!

Come on out to Siegel's Cottonwood Farm for a fun filled day on the Farm! Recommended for boys and girls ages 2 – 12 years old. Admission is \$22.95 per Pixie Fairy or Lil' Pirate (lunch included). Parents, grandparents, and babies are free (lunch NOT included). Tickets can be purchased at <http://www.cottonwoodfarms.net/cottonwood-events/pixie-fairies-pirates-on-the-farm/>

Star Wars Day

June 2 11:00am

Joliet Public Library-Ottawa St. Branch
Star Wars everywhere!

Opening Day @ Splash Station Waterpark

June 1 11:00am-7:00pm 2780

Channahon Rd, Joliet, Illinois 60436

Join us for Opening Day at Splash Station Waterpark!
Start your summer off right, we can't wait to see you!
Regular admission rates apply.

Sunday Beginners Meditation

June 3, 10, 17, 24 4:00pm-5:00pm

Kriya vedanta Gurukulam-Temple of Harmony

3400 Earl Dr. Joliet, IL

Sunday Beginners Meditation is beautiful opportunity to try meditation as an experiment in life. Meditation is by the seeker, for the seeker, of the seeker. The judge and jury is the seeker him/herself. No prior understanding required. There would be ample opportunity to discuss spiritual aspects and questions. Free to attend. Our best reward when you feel peace deep within.

BINGO

June 6,13,20, 27th 1:00pm - 2:00pm Joliet Public Library - 150 N. Ottawa, Joliet

June 6,13, 20, 27th 2:00pm - 3:00pm Joliet Public Library - 3395 Black Road, Joliet

For children of all ages with adult. Drop by the library for a few games of Bingo. Lots of prizes will be won!

Family Movie Night-Up

June 4 4:30pm White Oak Library-Crest Hill Branch

We are breaking out the popcorn! Bring the whole family to enjoy a movie tonight!

Escape! Discover Your Summer Adventure @ Your Library

June 6 4:00pm White Oak Library-Crest Hill Branch

Escape! Discover Your Summer Adventure @ Your Library!
Kickoff the Summer Reading Challenge with ice cream, games, and a fun community art project in our very own backyard!

Little Explorers

June 6 10:00am

Four Rivers Environmental Education Center-Channahon Children and their parent or guardian are invited to come out and play. A new nature theme is chosen every program with hands-on activities that may include a story, games, dancing, art, a hike, other outdoor activities and more. Themes planned for this season are: April: Bird Eggs; and June, Art in Nature. A variety of group and free play activities are planned. Registration required by calling 815.722.9470 at least two days before each program date or by registering online: <http://bit.ly/2D07eeY>.

Sidewalk Chalk Mural

June 7 1:00pm - 3:00pm

Joliet Public Library - 150 N. Ottawa, Joliet
-For children of all ages with adult. Create a chalk masterpiece on our front sidewalks for all to enjoy!

Everybody Plays!

June 7, 14, 21, 28 10:30am - 12:00pm

Joliet Public Library-150 N. Ottawa, Joliet

Sensory experiences are incredibly important for all babies and toddlers as they learn and grow. Children from birth to three years are invited weekly to play and explore various sensory activities, toys, and textures in our storytime room. It is a great opportunity for children and parents to interact, as well. Drop in and play!

LEGO™ Club

June 7, 14, 21, 28th 2:00-4:00pm

Joliet Library - 3395 Black Road, Joliet

(Children of all ages with adult) The library will supply Lego bricks for free play and the occasional challenge! Are you up for it? No registration required

Tie Dye T-Shirts

June 7 6:00pm - 7:30pm J

Joliet Library - 3395 Black Road, Joliet

For children of all ages with adult. Bring a plain white tee and transform it with groovy tie dye. We will be working with permanent dye so please wear old clothes. Please bring one white cotton t-shirt per registered child. Registration opens May 21, 2018.

Haphazardly Ever After

June 8 7:00pm

Westminster Presbyterian Church, Joliet

Online ticket sales will end May 31st The Youth Drama Team will be presenting the play "Haphazardly Ever After" on Friday, June 8th at 7:00 p.m. and Saturday, June 9th at 2:30 p.m. Tickets are \$10. Tickets for seniors and children under 10 will be \$8.00. There will be an intermission with popcorn, coffee, water

Friday Matinee

June 8 2:00pm - 4:00pm

Joliet Library - 3395 Black Road, Joliet

Children of all ages with adult) Come enjoy a movie and a snack in cool comfort with friends. The movie that will be shown is Wonder. No registration is required

Imagination Playground

June 9 1:00pm - 2:00pm

Joliet Public Library - 150 N. Ottawa, Joliet

For children of all ages with adult. Join us for a giant block build-a-thon and let your kids unlock their creative spirit! No registration

Free Yoga in the Park

Saturday Mornings June 9 – August 25 9:30am – 10:30am at
Briese Park

(Corner of Cedarwood Dr. & Ingalls Ave.)

Taught by Certified Yoga Instructors from Inwood Athletic
Club

Please remember, participants must bring their own mat. Class
is cancelled in the event of inclement weather.

Summer Reading Kickoff

June 9 12:00pm-2:00pm

Channahon Library

Join us for our all ages Summer Reading Kickoff event!

There will be entertainment, face painting, a bouncy
house, food, crafts and more! No registration required.

Lunch Bunch

Joliet Public Library - 150 N. Ottawa, Joliet

For children of all ages. Drop in for a box lunch on Mon-
days and Wednesdays 12:00pm - 1:00pm. No registration.

Begins June 11th and runs until August 1st.

Island Rendezvous

June 9 11am-3pm

501 E. Romeo Rd, Romeoville

Free family fun! Petting zoo, live birds of prey pro-
grams, fire-starting, archery, skillet toss, woodpecker
darts, native longhouse, blacksmith, Grumpy Gaucho
food truck, Lewis University Lacrosse team

Movie Under the Stars

June 11 8:00pm-11:00pm

Deer Crossing Park

1050 W. Romeo Road, Romeoville, Illinois 60446

These FREE events feature pre-movie activities starting
at 8pm. Movies begin at dusk. All park rules apply; con-
cessions will be open for food and drinks.

123 Andrés

June 13 10:30am - 11:30am Joliet Public Library - 150 N.
Ottawa, Joliet

For children of all ages with adult. Families will sing,
shake, and sound out rhythms in English and Spanish
during this exciting, interactive music presentation of
Latin American song and dance. No registration

Play Doh Club

June 13 4:30-5:30pm

Joliet Public Library-150 N. Ottawa, Joliet

(Children of all ages with adult) The library will supply the Play-
Doh. You supply the imagination!

No registration required.

Magician Trent James

June 14 6:30pm - 7:30pm

Joliet Library - 3395 Black Road, Joliet

For children of all ages with adult. Magician Trent James's
high-energy performances combine mind-boggling magic
with humor. His unique sleight of hand magic and fun per-
sonality have made him a huge hit with audiences of all ages.
No registration is required. Space is limited to the first 150
attendees.

Barbie™ Club

June 15, 22, 29 11:00am - 12:00pm

Joliet Public Library-150 N. Ottawa, Joliet

For children of all ages with adult. Join the fun and come and play with our Barbies™ and their dream house! Dolls and accessories will be provided. No registration

Central Park Renovation Celebration (Free)

Join us on Friday, June 15 from 11:00 am to 12:00 noon to celebrate the newly renovated Central Park!
Stroll the meandering path through the new Sensory Garden on a guided tour, and watch a demonstration at the new fitness equipment. Or just relax and enjoy free treats under the new Open Timber Truss Shelter. Better yet, take a break at the new engraved paver garden and plan your message to be written in stone! 24856 W Eames St, Channahon

Movies in the Park

June 15th 8pm -Despicable Me 3 Hartman Recreation Center - 511 N Collins St, Joliet

June 29th 8pm - The Emoji Movie Paul E. Briese Park Ingalls Ave. & 129th Infantry Dr, Joliet

Grab your blanket and snacks and come to this family-friendly FREE event! Movies will be shown on a giant inflatable screen. Concessions will be sold at each event and movies will start at dusk. In case of inclement weather, the movie will be cancelled. Movie titles are subject to change.

Central Park Renovation Celebration

June 15 11:00am-12:00pm Central Park-Channahon

Join us on Friday, June 15 from 11:00 am to 12:00 noon to celebrate the newly renovated Central Park!
Stroll the meandering path through the new Sensory Garden on a guided tour, and watch a demonstration at the new fitness equipment. Or just relax and enjoy free treats under the new Open Timber Truss Shelter.

Concerts in the Park Series!

FREE - Preservation Park (710 Taylor Street) from 6:30pm – dusk.

June 15: The Cruisers, a rock & roll band!

July 20: Nova Soul, soul music!

August 17: James Bulanda, a Frank Sinatra tribute!

September 21: AD3 Acoustic Trio, an acoustic variety!

Fishing Derby (Free) - June 16

Ages 12 years & under

Join us in celebration of the Illinois Department of Natural Resources FREE fishing days! Bring your pole, bait and container to put your fish in. This is a great way to help youth develop a lifelong love of fishing. No pre-registration is required. Check-in will begin at 8:00 AM, fishing will begin at 8:15 AM. We will end fishing at 10:00 AM and all fish must be checked in by 10:15, the awards will begin at 10:30 AM. All participants will receive a ribbon and goodie bag. Top prizes will be awarded to the smallest fish, largest fish and most caught. This event is run on the honor system, the fish must be caught by the children, but assistance may be given for baiting and casting.

Location: I&M State Park - W. Story St, Channahon, IL

Arts & Nature on the River

June 16 Noon-4pm

25055 Walnut Lane, Channahon

Explore the informal venues and galleries at this free arts showcase that offers something for everyone along the event's 0.66 mile trail loop. Plus live music, exhibits, demonstrations, and activities.

Zoo to You Petting Zoo

June 16 10:00am - 2:00pm

Joliet Library - 3395 Black Road, Joliet

For children of all ages with adult. Zoo to You is bringing some animal friends to the library. Pet a mini donkey, a lamb and even a llama, and then check out a book to learn more about them. Sponsored by the Friends of Joliet Public Library. No registration is required.

Prairie Wetland Grand Opening

June 21 1:00pm

Channahon Community Park

Celebrate the Summer Solstice Thursday, June 21 from 1:00 to 3:00 pm by joining us for outdoor fun and exploration at the new Prairie Wetland! (use Community Park west entrance)

Cine en Español – Coco in Spanish

June 22 2:00pm - 4:00pm

Joliet Library - 3395 Black Road, Joliet

For children of all ages with adult. Come enjoy the movie with your family and friends while enjoying traditional Mexican snacks. No registration is required.

Music and Movement

June 23 10:15am - 11:00am

Joliet Library - 3395 Black Road, Joliet

(Ages 0-5 with adult) It's time to MOVE! Join us for this movement-based class, presented by area educator Shantel Eagan, to find out how active (and fun!) reading can be. No registration is required.

Mr. Smarty Pants: Have Balloon Will Travel

June 26 10:30am - 11:30am

Joliet Public Library-150 N. Ottawa, Joliet

For children of all ages. As seen on WGN! Mr. Smarty's ALL NEW balloon show features an amazing "Evel Knievel style" balloon motorcycle jump, a supersonic airplane, a trip back in balloon history, and MORE as he takes kids on a trip through their imagination. No registration

Water Play Day

June 26 10:30am - 12:00pm and 2:00pm - 3:30pm

Joliet Library - 3395 Black Road, Joliet

For children of all ages with adult. Cool off in our DIY water park! No registration is required

Mr. Freeze Cryogenics Show

June 27 6:30pm - 7:30pm

Joliet Library - 3395 Black Road, Joliet

For children of all ages with adult. Join us for an evening of ice, fog, pops and explosions when Fermilab's Mr. Freeze demonstrates cryogenics, the fascinating field of supercooling. No registration is required. Space is limited to the first 150 attendees.

Kindness Rocks

June 28 2:00pm - 4:00pm

Joliet Public Library-150 N. Ottawa, Joliet

For children of all ages with adult. Spread kindness and positive messages with painted rocks. Joliet Rocks and the library will provide the materials and inspiration - you bring the creativity! No registration

Touch-A-Truck (FREE) - June 29

All ages welcome 9:30am-12pm

This FREE family event showcases a variety of vehicles. Come check out an excavator, fire truck, school bus, moving truck and many many more! Everyone can experience these large machines from right behind the wheel. We have expanded our "quiet" hours this year with no horns or running engine from 9:30-10:30 am. Concessions will be available to purchase.

Location: Channahon Lanes/Skateland Recreation Center
25306 W Eames St, Channahon

Movie Date Night at Inwood Golf Course

June 30th at Dusk -

3200 W Jefferson St, Joliet

Grab your blanket and dinner or snacks and bring that special person out for a FREE movie! Movie will be shown at dusk. Adult beverages will be sold separately on site as well. In case of inclement weather, the movie will be cancelled.

City of Morris Concert on the Court House Lawn

Thursday, June 7th at 6:30 pm

Bring your lawn chairs or blanket.

Relax in the cool breezes of a summer night and enjoy a great concert!

Court House Lawn, Washington Street
Morris, IL

Grundy Bank's Brown Paper Bag Friday

Friday, June 8th at 11:30 am- 1:30 pm

Enjoy your own brown bag lunch on the court house lawn.

Hot dog eating contest and music provided.

Court House Lawn, Washington Street
Morris, IL

Children's Fishing Derby

Saturday, June 9th at 9:00 am – 1:00 pm

Enjoy the sunshine while you try to catch the most fish or the biggest fish in our stocked pond.

FREE fishing derby for children ages 2-16!

Godley Park District Pond
Godley, IL

Gebhard Woods Dulcimer and Traditional Music Festival

June 9, 2018 – June 10, 2018

This folk music festival attracts national talent. \$35 per family for a weekend pass.

Visit the website (www.gebharddulcimer.org) for more information.

Goold Park
Morris, IL

3 French Hens French Country Market

Saturday, June 9th at 8:00am – 2:00pm

Antiques, artisans, handcrafted items, fresh produce, baked goods, flowers and more!

Canal Port, Illinois Avenue, Morris, IL

(<http://www.3FrenchHensMarket.blogspot.com>)

Morris Cruise Night

Saturday, June 9th at 6 pm-9 pm

Stroll down Liberty Street to see all of the old classics, newest rides, muscle cars,

Tricked-out and customized cars, trucks and motorcycles.

Downtown Morris, IL

For more information, <https://cruisenight.com>.

We Care of Grundy County Mobile Food Pantry

Wednesday, June 13th at 4:00pm-6:00pm

Bring current photo ID or utility bill/container to carry food items.

Hope 4 Help, Coal City Intermediate School, 100 Baima Street,
Coal City, IL

Coal Black Exotic Reptile Show

Saturday, June 16th at 1:00 – 2:30 pm

Get and learn about tortoises, snakes, lizards, various amphibians and arachnids during this fun and educational program. Registration is required.

Coal City Public Library
Coal City, IL

Father's Day Make & Take

Saturday, June 16th at 10:30pm-2:00pm

For all ages, make a special craft and show dad some love! No registration required.

Minooka Branch Meeting Room
Three Rivers Public Library
Minooka, IL

City of Morris Concert on the Court House Lawn

Thursday, June 21st at 6:30 pm

Bring your lawn chairs or blanket.

Relax in the cool breezes of a summer night and enjoy a great concert!

Court House Lawn, Washington Street
Morris, IL

Touch a Truck (FREE)

Friday, June 29th at 9:30 am – 12 noon

This free family event sponsored by the Channahon Park District showcases a variety of vehicles.

Come check out an excavator, fire truck, school bus, moving truck and many more.

Quiet hours will be from 9:30 – 10:30 am with no horns or running engine.

Channahon Lanes/Skateland Recreation Center
Channahon, IL

All American Country Fair

Saturday, June 30th at 6:00-8:00 pm

Fireworks at dusk!

Please join us for some good ol' All-American summertime fun.

Kids will enjoy the human spheres, trackless train, climbing wall, dunk tank and family friendly games like tug-of-war, bozo buckets and potato sack races. There will be music, food, fun and fireworks.

Godley Park District
Godley, IL

LIBRARY PLAYGROUPS

Joliet Public Library-Main

Toddler Time (18m-3yrs) Thursdays at 9:45am

Curious Little Monkeys Playgroup (birth-36m) Thursdays at 10:15am

Family Storytime in Spanish (all ages) Tuesdays at 6:30pm

Family Storytime (birth-6yrs) Wednesdays at 6:30pm

Joliet Public Library-Black Road

Toddler Time (18m-3yrs) Mondays & Wednesdays at 9:45, 10:45, and 11:45am

Lapsit (birth-24m) Tuesdays, Wednesdays, and Thursdays at 9:15, 10:15, and 11:15am

Family Storytime (birth-6yrs) Tuesdays at 6:30pm and Saturdays at 10:15am

Shorewood Library

Sensory Storytime (birth-1yrs) Select Fridays at 10am (check website for dates)

Itty Bitty Storytime (birth-3yrs) Select Mondays & Tuesdays at 10am (check website for dates)

White Oak Library-Romeoville

Preschool Playtime (2-7yrs) Thursdays at 10:30am

White Oak Library-Crest Hill

Toddler Time (3m-3yrs) Wednesdays at 10:30am

Stay & Play (3m-3yrs) Wednesdays at 11am

STEAM Storytime (2-4yrs) Mondays at 4pm

White Oak Library-Lockport

Music In Motion (2-4yrs) Mondays at 10:30am

Toddler Time (3m-3yrs) Tuesdays and Thursdays at 10:30am

Stay & Play (3m-3yrs) Tuesdays and Thursdays at 11am

Evening Toddler Time (3m-3yrs) Thursdays at 6pm

LIBRARY PLAYGROUPS

Plano Community Library District, Plano, IL

Rhyme Time, (Babies-age 3 with adult)

March 7, and 14, at 10:30am-11:00am or 11:15am-11:45 or 6:00pm.

March 1, 8, and 15 from 10:30am- 11:15am

This lapsit storytime features action rhymes, finger plays, songs, movement activities, a simple story, and parent-child reading time. Call 630-552-2025 to register.

Three Rivers Public Library Minooka, IL

Build It (All ages) Sundays at 1:30 pm

Open Play (All ages) Mondays at 10:00 am

Baby & Me (Birth - 20 months) Wednesdays at 11:00 am

Toddler Time (20 months -3 yrs) Thursdays at 10:30 am

Three Rivers Public Library-Channahon

Family Story Time (all ages) Wednesdays at 7pm

Bookies & Milk (all ages) Thursdays at 7pm

Morris Public Library – Morris, IL

Story Time Wiggle Worm Wednesdays, location and times to be determined

Pajama Storytime (All ages) Thursdays at 6:30 pm

Coal City Public Library District

Sopranos (Birth-23 months) Mondays at 6:00 pm; Wednesdays at 10:00 am.

Sopranos 2.0(2-3 yrs) Wednesdays at 11:00 am

Fun Fridays (All ages) Fridays at 3:00 pm

Wilmington Public Library

Storytime (all ages) Tuesdays and Wednesdays at 10:30am

Sensory Storytime (all ages) Mondays at 12pm

PJ Storytime (all ages) Thursdays at 6pm

Manhattan-Elwood Public Library District

Baby Time (newborn-18 mons) Tuesdays at 10:30 am

Tot Time (18 mons-3yrs) Wednesdays at 10:00 or 10:30 am

Coloring Page

