

Time to commit to
HEALTH & FUN

Easter Seals *presents*

For the second year in a row, starting Monday, January 25, 2016, Easter Seals Clients and family members are invited to participate in the Commit to be Fit program being offered through Easter Seals Joliet Region, Inc. in partnership with Will County Partners for Healthy Families. This 6 week program offers a way to commit to a healthy, active lifestyle, through games, prizes, and events that will keep children motivated and eager to participate! Prizes include raffles, YMCA day pass, Joliet Park District Indoor Pool pass, and a dance party Monday, March 7th from 4:30 - 6:30 PM to those that participate and complete the 6 week Commit to be Fit challenge. Participants must fill out a fitness log each week to be qualified to win. For more information & enrollment, please contact Angelica Hernandez or Hayley Biernacki (815) 725-2194 at Easter Seals.



Monday, January 25th



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