

Holistic Health in Everyday Life

QUARTERLY DIVERSITY LECTURE SERIES

1st Quarter – February 17, 2021 "A Brief Overview of Islam"

Presented by: M. Ishfaq Hussain, MD President of Islamic Society of Evansville (ISE) Kate Mehrzad, Former Principal of ISE Sunday School

This presentation will provide information about the practices and core beliefs of Islam, dispel common misconceptions, and discuss how the Islamic faith influences the social life of its followers. There will also be time allotted for Q&A at the end.

2nd Quarter – June 16, 2021 "Immigrant Families"

Presented by: Juliet Aura, Doctoral Candidate & Instructor, School Psychology Program, Stephen F. Austin State University

Research shows that the face of America is changing, with immigrant-origin children being the fastest growing population segment. These families present with various strengths. However, they also face various challenges and often require emotional and psychological support. The purpose of this seminar is to provide an overview of the profiles of immigrant families and some challenges they face. Finally, some points to consider when working with these families and best practice in assessment and treatment of immigrant families will also be reviewed.

3rd Quarter – August 19, 2021 "Hispanic and Latino Families"

Presented by: Dr. Roselia Juan, Psychology Resident, Deaconess Midtown Dr. Daniela Vidal, Chancellor, Ivy Tech Community College A brief overview into the Latinx culture as well as common stereotypes and barriers faced in modern society will be addressed. Considerations for medical and mental health professionals will also be discussed.

4th Quarter – November 17, 2021 "Diversity Issues in Education"

Presented by: Dr. Vincent Jay Harper Co-founder, Harper Educational Resources Incorporated

Society is placing greater responsibility on educational and social service institutions to provide programs and services that give greater access and inclusion to marginalized populations. Unfortunately, professionals tasked with designing these programs and interventions frequently rely on traditional physiological theories that present bias representations of these persons. Many of the so-called 'innovative' practices found in scholarly literature, in reality, replicate or help reinforce deficit perspectives that misrepresent members of low-socioeconomic status, persons of color, and individuals with disabilities. During this session, participants will engage in collegial discussions that challenge traditional physiological theories and considers alternative psychological and theological approaches to better inform practitioner decision-making.

1st Quarter – January 19, 2022 "Affirmation: The Key for Making a Positive Difference in the Lives of Local LGBTQ People"

Presented by: Jerusha VanCamp Children and Youth Director, First Presbyterian Church, Evansville President and Founder of Greater Evansville Youth

Through personal stories and experiences, Jerusha shares the journey of acceptance, inclusion and the power of affirmation to change lives.

2nd Quarter – April 20, 2022 "Being Created in the Image of God"

Presented by: Gary Mazo, Rabbi, Adath B'Nai Israel Temple

In this presentation, Rabbi Mazo will highlight contemporary and traditional Jewish sources which speak to "diversity" and being created - each of us - exactly as God intended. The presentation will cover Jewish traditions, sources and practices with regards to inclusion, diversity, sexual identity, physical and mental challenges, etc.

3rd Quarter – July 20, 2022 "Lebanese History, Culture and People"

Presented by: Dr. Rana Zayek, faculty member of the Department of Psychology & Wellness

Lebanon is a country grown from a rich, complicated history that embodies much of the human experience. Although sadly known for its longstanding political strife and sectarian conflict, Lebanon is place where culture and landscape come together in a unique way. With snow-topped mountains and pristine beaches less than an hour from each other, it is a locale of great beauty. Yet much of the beauty of this region lies in the diversity of its people and its cultures, which continues to evolve to this day. With arguably one of the best cuisines in the world and a nightlife second to none, pleasure, passion, and artistry run from the main streets of Beirut to the ancient locale of the Cedar in Bcharre. This presentation is designed to illuminate the past and present of this much misunderstood land, and bring an authentic look at what makes Lebanon and its people like no other.

4th Quarter – October 19, 2022 "Men and Masculinity"

Presented by: Jesse A. Steinfeldt, Ph.D., CMPC Indiana University, Bloomington, IN

What does it mean to be a man? In this presentation Dr. Steinfeldt will provide attendees with a better understanding of the dynamics of masculinity socialization and its impact on men's mental health. Drawing from literature in the psychological study of men and masculinities, Dr. Steinfeldt will lay out specific models (i.e., Gender Role Conflict; Conformity to Masculine Norms) of assessing and understanding nuances of men's socialization process, and discussion will include ways that these models have been empirically connected to a host of outcomes, including depression, anxiety, helpseeking and others, as well as on-field and off-field outcomes for male athletes.