

Therapeutic Pool Program Information

<p style="text-align: center;">Open Swim Membership</p> <p>*Medical Release and Health History form are REQUIRED</p>	<p>Mon: 7:00-8:30am & 12:00-1:30pm Tue: 7:00-8:30am & 12:00-1:30pm Wed: 7:00-8:30am & 12:00-1:30pm Thu: 7:00-8:30am & 12:00-1:30pm Fri: 7:00-8:30am & 12:00-1:30pm</p> <p style="text-align: center;">Independent Exercise</p> <p style="text-align: center;">(Guest fee: \$5 per day)</p>	<p style="text-align: center;">Prices:</p> <p><i>Individual</i> Monthly: \$32.00 Quarterly: \$80.00 Yearly: \$320.00</p> <p><i>Family</i> Monthly: \$45.00 Quarterly: \$115.00 Yearly: \$460.00</p>
<p>Swim Lessons Individual/Group Special Needs</p> <p>*Swim Lesson Health History form must be filled out by parent or guardian</p>	<ul style="list-style-type: none"> • 6 week sessions • 30 minutes once a week • Monday through Friday • Max of 3 kids per group • AM and PM options 	<p style="text-align: center;">Prices:</p> <ul style="list-style-type: none"> • Private lessons \$110 • Group lessons \$90
<p>B.A.T Class</p> <p>*Medical Release and Health History form are REQUIRED</p>	<ul style="list-style-type: none"> • Buns, Abs, and Thighs • Light to moderate exercise • Strengthening and aerobics • Monday, Wednesday, Friday • 10:30am-11:30am • 6 week sessions 	<p style="text-align: center;">Prices:</p> <p style="text-align: center;">\$85.00 Members:\$65.00 (to be a member you must also be a part of open swim)</p>
<p>T'n'T Class</p> <p>*Medical Release and Health History form are REQUIRED</p>	<ul style="list-style-type: none"> • Trim and Tone • Muscle toning and aerobics • Moderate to heavy exercise • Monday, Wednesday, Friday • 5:00pm-6:00pm • 6 week sessions 	<p style="text-align: center;">Prices:</p> <p style="text-align: center;">\$85.00 Members:\$65.00 (to be a member you must also be a part of open swim)</p>