# Easter Seals Iowa Camp Sunnyside

## Respite Counselor in Training/Leader in Training Application Instructions

Leader in Training (LIT) applicants must be between the ages of 12 and 15 and have previously attended respite camp to apply. To become a leader in training, please follow the steps below. LIT’s must be able to be supported in a 1:8 staff to camper ratio.

Counselor in Training (CIT) applicants must be 15 years old or older and have previously attended respite camp to apply. To become a Respite Counselor in Training, please follow the steps below. CIT’s must be able to be supported in a 1:10 staff to camper ratio.

STEP 1) Complete the following items:

-Leading in Training or Counselor in Training Application

-2018 Camp Application

-Signed Waiver

STEP 2) Send your application by one of the following methods:

Email: [amason@eastersealsia.org](mailto:amason@eastersealsia.org)

Fax: 515-289-1281   
Attn: Ashley Mason

Mail or Drop Off: Easter Seals Iowa

Attn: Ashley Mason

401 NE 66th Ave

Des Moines, IA 50313

STEP 3) After we have received your application, the applicant will be eligible for an interview. These interviews will take place during your regularly scheduled respite weekends in March.

NOTE: Applications must be received by February 28th to be considered for the 2018 program.

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|  | Easter Seals Iowa Camp Sunnyside |

## Counselor in Training Application 2018

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| Applicant Information |
| |  |  |  |  | | --- | --- | --- | --- | | Full Name: | *(Last)* | *(First)* |  | |  |  | | | |
| Are you age 15 or older? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Please fill out the following information |
| The Respite Counselor in Training (CIT) Program is designed for campers ages 15+ who can be supported in a 1:10 ratio. It has designated counselors and focuses on the traditional activities of camp with additional activities structured around becoming a good role model, leadership and communication skills. CIT’s will assist counselors in various camp activities, including arts and crafts, sports and games, meals, and evening programs. They will attend breakout sessions in which they will learn about leadership and job skills. They will also have the opportunity to volunteer in the community on regularly scheduled respite weekends. |
| What interests you in being a part of the CIT program? |
| |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | |  |  |  |  |  |  | |  |  |  |  |  |  | |
| Do you have interest in becoming a peer mentor? |
| |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | |  | Yes |  | No | |  |  | | --- | --- | |  | Would like more information | | |
|  |
| **Have you participated in the R-CIT program before? \_\_\_\_\_\_\_ # of years: \_\_\_\_\_\_\_** |
| What I would like to learn/gain from this program (check all that apply): |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | Leadership Opportunities |  | Community Volunteering Opportunities |  |  | Benefits Planning | | |  | Peer Mentorship |  | Advocacy/Fundraising Opportunities | |  | Information on Employment Programs/Job Coaching |  | | |
| What activities would you be most interested in assisting with on the weekends? |
| |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | |  | Arts & Crafts |  | Community Dances |  |  |  |  | |  | Sports & Games |  | Evening Programs | |  |  | | --- | --- | |  | Other | |  |  |  | |