



Medical, Career Development Services & Administrative Offices

100 Deerfield Road
Windsor, CT 06095
860.270.0600
Fax 860.748.4432

**Adult Day Support,
Career Development Services &
Veteran & Military Family Programs**

24 Stott Avenue
Norwich, CT 06360
860.859.4148

**Adult Day Support, Enviroshred,
Enviroclean & Social Enterprises**

22 Prestige Park Circle
East Hartford, CT 06108
860.728.1061

**Award winning Easterseals Capital Region
& Eastern Connecticut Accolades**

- Vocational Rehabilitation Programs CARF Accredited
- CARF Accredited Comprehensive Outpatient Rehabilitation Facility
- One of the Larger Neuropsychological Practices in Connecticut

Connect with Us

easterseals.com/Hartford

EastersealsCREC

www.linkedin.com/company/eastersealsCREC

veteransrallypoint

www.linkedin.com/company/veteransrallypoint



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**Medical
Rehabilitation Health
Assessments**

We participate with most major insurances including Medicaid/Husky

All Abilities. Limitless Possibilities.





Could you or someone you know benefit from counseling, physical therapy, occupational therapy, or speech therapy?

Our services assist individuals post-injury, surgery, illness, or age-related functional decline. We emphasize prevention, diagnosis, and treatment of injuries and disabilities, enabling children and adults to enhance or restore function for independent engagement in daily activities such as education, work, play, and meaningful life roles. Diagnoses include multiple sclerosis, stroke, Alzheimer's disease, Parkinson's disease, intellectual/developmental disability, autism, traumatic brain injury, among others.

What makes us different? A multi-disciplinary clinical team offers a full range of outpatient services.

- We specialize in **one-on-one** therapy sessions that are usually **45 - 60 minutes** long.
- We offer physical therapy, occupational therapy, speech therapy, counseling, and case management **all under one roof!**
- We accept most insurance, including **Medicaid and Husky!**
- We have a full **therapeutic kitchen and bathroom** to practice activities of daily living.
- We customize treatment plans for each patient and their family while our sessions are delivered individually to promote the best possible outcomes.

To get started, have your doctor send a prescription or referral to our confidential fax number: 860-748-4432.

For a copy of our referral form, visit: <http://tinyurl.com/es-medreferral>



Counseling, Therapy & Case Management

We provide services for the prevention and treatment of mental, behavioral and emotional problems. Our staff also provides case management services to assist with program and resource accessibility. Counseling, Therapy & Case Management can address:

- Processing experiences
- Coping difficulties
- Locating resources needed

Physical Therapy

Physical therapy focuses on improving strength, balance, coordination, and mobility. Physical therapy can address:

- **muscle weakness or decreased range of motion** after surgery, injury, or aging
- **difficulty with walking or impaired balance**, with or without falls
- **pain reduction** through the use of electric stimulation, manual therapy, education, and exercise
- **picking up objects** from the floor, getting up and down from seated position, and standing/walking for extended periods of time
- **durable medical equipment** needs, such as a customized wheelchair, shower chair, etc

Occupational Therapy

Occupational therapy focuses on improving self-care skills, eye-hand coordination, home safety, strength, and endurance. Occupational therapy can address:

- **fine motor skills** such as difficulty with buttons, tying shoes, coordination, difficulty writing, holding a cup or using silverware
- **activities of daily living** including difficulty with dressing or home management tasks

- **sensory processing/integration** to improve self-regulation skills
- **cognitive skills** such as attention, organization, and losing track of or forgetting medication doses
- **concerns about home safety**, for instance leaving the stove on, the refrigerator open, tripping on rugs, slips and falls

Speech and Language Pathology

Speech language pathology can enhance or restore a person's ability to communicate through speech and other means and it helps with identifying and resolving problems related to swallowing. Speech therapy can address:

- **communication skills** such as engaging with others and using words to communicate
- speech sound production to **improve speech clarity**
- **language skills** to improve ability to understand directions, tell stories clearly, or help with word-finding
- **cognitive skills** such as memory and organization
- **social skills** such as maintaining conversations and finding common interests

OUR PURPOSE & MISSION:

To lead the way to 100% equity, inclusion, and access for people with disabilities, families and communities by enriching education, enhancing health, expanding employment, and elevating community.

