

## Description

The Oakbrook Physical Therapy Center provides *free* physical therapy services to underserved areas of need. The center is organized and run by Alvernia's Doctor of Physical Therapy students. As the center demands grow so does our need for resources. Together with Easter Seals and a pediatric physical therapy center, we created the Super PT 5K Sprint and 1K Fun Run! The funds from this event will go directly into the community by purchasing therapeutic supplies and funding several camps for Oakbrook and Easter Seals respectively.

**\*Once Registered\***

**Dress Your Best for this Super Hero Themed 5K/1K!**

### **The Event Includes:**

- Professionally timed 5K Run with 38 AWARDS for top three male/female 5K finishers across 6 age groups
- Super 1K Fun Run! for all ages
- Dri-fit shirts for participants of both 5k and 1k
- Light Refreshments following the race

Visit our website at  
**facebook.com/AU.ProBonoPT**  
for course maps and directions

## Entry Fees

### **Registration**

*Forms and payments received by August 23<sup>rd</sup>:*

**5K Super PT Sprint: \$20**

**1K Fun Run: \$10**

*Forms and payments received AFTER August 23<sup>rd</sup> including race day:*

**5K Super PT Sprint: \$25**

**1K Fun Run: \$15**

Shirts are guaranteed with registration forms received prior to Aug. 23<sup>rd</sup> and available on race day while supplies last.

## How to Register

### **Online:**

Register online at the following website:

<https://www.pretzelcitysports.com/onlineform1.php?id=1196>

*\*a small processing fee will be charged from Pretzel City Sport*

### **Mail-In:**

Mail completed Entry Form and check payable to ALVERNIA UNIVERSITY to the following address:

**Greg Schmehl**  
**1163 Cleveland Ave.**  
**Wyomissing, PA 19610**

## Race Day:

Registration and check-in from  
8am to 9:40am

### **PACKAGE PICK-UP:**

Race packages with T-shirts and numbers will be provided at the Package Pick-Up location next to the Registration table on Race Day.

### **Proceeds Benefit:**



**For questions and additional  
information**

**Contact Greg Schmehl at**  
[gregory.schmehl@alvernia.edu](mailto:gregory.schmehl@alvernia.edu)

Please Print Clearly – **Entry Form** – One Per Person

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Male  Female

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_ years old

Email \_\_\_\_\_ Phone \_\_\_\_\_

Registering for  Super Hero 5K Run  Super 1K  T-shirt Size  S  M  L  XL  Child L

Fee Enclosed \$ \_\_\_\_\_ (Checks payable to Alvernia University) or Register on-line!

**Waiver and Release:** I know that running or walking in a road race is a potentially dangerous activity. I should not enter and run/walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running or walking in this event including but not limited to contact with other participants, the effect of the weather, traffic, and the conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I form myself and anyone on my behalf, waive and release Alvernia University, the 5K walk and run committee, the city of Reading, and all other race sponsors, supporters, and officials, their representatives and successors from all claims of liabilities of any kind arising out of this event for any legitimate purpose, and name for any and all purposes.

Signature: \_\_\_\_\_ Date \_\_\_\_\_

(If under the age of 18, a parent or guardian's signature is required.)



Sponsorship forms available on  
Oakbrook Physical Therapy Center's  
Facebook page, or contact Matt Sauer  
at  
[matthew.sauer@alvernia.edu](mailto:matthew.sauer@alvernia.edu)

**Donations may be made  
online or by mail  
registration**

*Thank you!*  
FOR DONATING TO A GREAT CAUSE



TIER BASED SPONSORSHIPS	
PLATINUM	\$400
GOLD	\$300
SILVER	\$200
BRONZE	\$100

*First Annual*  
**Super PT Sprint!**  
**5K and**  
**1K Fun Run**



**Sunday, Sept. 10, 2017**  
10:00AM START



**Alvernia University Campus**  
400 St. Bernadine St.  
Reading, Pa 19607