



When Children Won't Eat: Picky Eaters Versus Problem Feeders

Assessment and Treatment Using the SOS Approach to Feeding

Presented by:

Kay A. Toomey, PhD, Bethany CF Kortsha, MA, OTR/L,
and Amanda Foster, MS CCC-SLP

Dates & Location:
Thursday, September 12th through
Sunday, September 15th, 2019
at
HYATT ROSEMONT
6350 N. RIVER ROAD
ROSEMONT, IL 60018
P: (847) 518-1234
**Lodging: For room reservations at the special conference rate of \$119/
night, use the link below or call 847-518-1234 and use group code: STER
Please reserve your room early; special rate available on a first come first
served basis.
<https://www.hyatt.com/en-US/group-booking/ROSEM/G-STER>



Course Description:

The Sequential Oral Sensory (S.O.S) Approach to Feeding workshop is a trans-disciplinary program for assessing and treating children with feeding difficulties and weight/growth problems from birth to 18 years. It integrates posture, sensory, motor, behavioral/learning, medical, and nutritional factors to comprehensively evaluate and manage children with feeding/growth problems.

The 3.75-day Basic Conference is designed for babies, toddlers and small children. Other ages and special populations are covered in the Advanced Workshops.

The focus of the Conference will be assessing and treating infants and young children with Feeding Difficulties and Feeding Disorders. This includes "problem feeders" who may have mild to moderate neurological impairments and/or medical disorders, children with Autism Spectrum disorders, children with motor, oral-motor and/or sensory dysfunction, as well as the "picky eater".

Target audience: Speech Pathologists, Occupational Therapists, Special Educators, Early Intervention Specialists, Nurses, Psychologists, Physicians, Dietitians, Mental Health Workers, other Child Care Providers and Educators.

Note: Training conferences are created for professionals. If parents wish to attend the training workshop, they must be accompanied by the child's therapist.

Learning Objectives:

Upon completion of this course, participants will be able to:

- Identify oral, sensory, motor, cognitive and emotional developmental milestones key to feeding.
- Recognize and describe the major reasons why children won't eat, as based on learning theory principles.
- Identify physical, behavioral, motor, oral-motor, and sensory factors as a part of a Feeding Assessment.
- Apply behavioral and social learning principles, and systematic desensitization strategies to feeding problems.
- Create and implement a S.O.S feeding program for toddlers and young children, in group and individual treatment formats.

About the Instructors:

Dr. Kay A. Toomey is a Pediatric Psychologist who has worked with children who don't eat for almost 30 years. She has developed the SOS Approach to Feeding as a family centered program for assessing and treating children with feeding problems. Dr. Toomey speaks nationally and internationally about her approach. She also acts as a consultant to Gerber Products. Dr. Toomey helped to form The Children's Hospital – Denver's Pediatric Oral Feeding Clinic, as well as the Rose Medical Center's Pediatric Feeding Center. Dr. Toomey co-chaired the Pediatric Therapy Services Department at Rose Medical Center prior to entering private practice. Dr. Toomey acted as the Clinical Director for Toomey & Associates, Inc.'s Feeding Clinic for six years and SOS Feeding Solutions at STAR Institute for eight years. Dr. Toomey is currently the President of Toomey & Associates, Inc., and acts as a Clinical Consultant to the Feeding Clinic at STAR Institute.

Disclosure Statement: Dr. Toomey has the following financial relationship to disclose: Toomey and Associates Inc. receives an honorarium from Easterseals DuPage & Fox Valley for presenting this course. Dr. Toomey is a paid consultant for Nestle Infant Nutrition (Gerber division). She is a paid speaker for STAR Institute for Sensory Processing Disorder. Dr. Toomey has the following nonfinancial relationship to disclose: she is an unpaid Medical Professional Council Member for Feeding Matters, (formerly P.O.P.S.I.C.L.E.).

Bethany CF Kortsha, MA, OTR/L received her Master of Arts degree in Occupational Therapy from The College of Saint Catherine in St. Paul, Minnesota. She completed her Master's thesis on Autism and feeding challenges using the SOS Approach to Feeding. Bethany currently works as a Pediatric Feeding Specialist at the Feeding Clinic at STAR Institute for Sensory Processing Disorder with Dr. Lucy Jane Miller. She is also the Director of Clinical Mentorship for Toomey & Associates, Inc. Prior to joining STAR Institute and Toomey & Associates, Inc., Bethany worked as a member on a multidisciplinary team in a day treatment clinic for children with Autism Spectrum Disorders, SPD, emotional/behavioral disorders, and feeding problems. Additionally, Bethany has completed the STAR Institute's Intensive Mentorship Program and is a certified DIR Floor-time Provider.

Disclosure Statement: Bethany CF Kortsha has the following financial relationship to disclose: she is a paid speaker for Toomey & Associate, Inc. She has no relevant nonfinancial relationships to disclose.

Amanda Foster, MS CCC-SLP, received her Masters degree in Speech-Language Pathology from Massachusetts General Hospital IHP. For over 15 years, Mrs. Foster has worked with children with a variety of diagnoses in school, clinic, hospital, and early intervention settings. She began her feeding career in 2005 at Toomey & Associates, Inc. and then moved to the STAR Center with Dr. Toomey. In 2010, Mrs. Foster started a private practice specializing in providing feeding support for families in their homes and in community settings. Currently, she is the Lead Speech and Feeding Therapist at a multi-disciplinary pediatric clinic in Tulsa, Oklahoma. In addition to presenting The SOS Approach to Feeding with Toomey & Associates, Inc. Mrs. Foster has lectured on swallowing disorders at Metropolitan State College in Denver, Colorado. She also regularly presents on speech and feeding disorders at parent, teacher, and professional seminars.

Disclosure Statement: Amanda Foster has the following financial relationship to disclose: she is a paid speaker for Toomey & Associate, Inc. She has no relevant nonfinancial relationships to disclose.

Course Schedule: 28.50 Contact Hours

DAY 1:

7:30—8:00	Registration
8:00—10:00	I. Introduction
	A. Prevalence
	B. What do we know from the Research?
	C. Tenets of SOS
10:00—10:15	Break
10:15—12:00	D. Top 10 Myths
	II. Feeding Theory - How children learn to AND not to eat
	A. Learning Theory
	1. Feeding Therapy options
	2. Video
12:00—1:00	Lunch
1:00—3:00	B. Myth 1 = Breathing
	C. Motor Skill Acquisition
	D. Oral-Motor Skill Acquisition
3:00—3:15	Break
3:15—5:00	D. Oral-Motor Skill Acquisition - continued
	E. Neurosensory Skill Acquisition
	F. Steps to Eating

DAY 2:

7:30—8:00	Registration
8:00—10:00	II. Feeding Theory - continued
	G. Developmental Food Continuum
	H. Cognitive Development
10:00—10:15	Break
10:15—12:00	II. Feeding Theory – continued
	I. Psychological Developmental Stages
	III. Treatment/Interventions
	A. General Strategies
12:00—1:00	Lunch
1:00—3:00	III. Treatment/Interventions - continued
	A. General Strategies - continued
	B. Food Jags
3:00—3:15	Break
3:15—5:00	IV. Assessment of Feeding Problems
	A. Assessment Process
	B. Referral Candidates
	C. Reasons Children Won't Eat
	D. Child Factors
	E. Environmental Factors
	F. Parent Factors
	G. Practice Video 1

DAY 3:

7:30—8:00	Registration
8:00—10:00	IV. Assessment of Feeding Problems - continued
	H. Practice Videos
	I. Parents' Experience
10:00—10:15	Break
10:15—12:00	V. The SOS Approach to Feeding – Therapy Sessions- continued
	A. Systematic Desensitization
	B. Cues to Eating
	C. Language Use
12:00—1:00	Lunch
1:00—3:00	V. The SOS Approach to Feeding - continued
	D. Therapy Format - Child
	E. Therapy Format – Parent
	F. SOS Data
	G. Building a Food Hierarchy
3:00—3:15	Break
3:15—5:00	V. The SOS Approach to Feeding - continued
	H. Practice Building a Food Hierarchy

DAY 4:

7:30—8:00	Registration
8:00—10:00	V. The SOS Approach to Feeding - continued
	I. Hierarchy Strategies – Moving Children Up the Steps
10:00—10:15	Break
10:15—12:00	J. Practicing Hierarchy Strategies
	K. Video: Progression Within Session
12:00—1:00	Lunch
1:00—3:15**	L. SOS Data
	VI. Managing Maladaptive Behaviors
	A. Overview
	B. Preventing “problem” behaviors
	C. Intervention strategies - basic
	D. Emotion Based Discipline
	VII. The SOS Approach to Feeding Practice
	A. Video Practice: Progression Across Sessions

**** Participants are expected to attend the course for the entire length of each day (8:00 am to 5:00 pm, Days 1-3), and 8:00 am to 3:15pm on the last day in order to receive their Certificate of Attendance and their full CEU credits. Participants will miss crucial information needed to be able to correctly use the SOS Approach to Feeding program if they come late or leave the course early. Please make all travel arrangements to ensure you do not arrive late or need to leave early on any day.**

Level of learning: Intermediate

REGISTRATION FORM

Please complete this form and mail with payment to:
Easterseals DuPage & Fox Valley
Continuing Education Department
830 South Addison Avenue
Villa Park, IL 60181
FAX: 630.620.1148

Registration Fee: \$795

Early Registration Fee: \$725 on or before 7/31/19

****10% discount for groups of 4 or more from the same facility (Registrations must be sent in together; please contact the CE department before sending)**

Name: _____

(This is how your name will be printed on the course completion certificate.)

Title/Position: _____

Organization: _____

Org. address: _____

City: _____

State: _____ **Zip:** _____

Business phone: _____

Home address: _____

City: _____

State: _____ **Zip:** _____

Home phone: _____

E-mail: _____

For credit card payment, please complete:

Type (please circle): Visa, MasterCard, AmEx, Discover

Credit Card #: _____

Expiration Date: _____ **CVV:** _____

Registration fee includes the conference, morning and afternoon snacks. Special lunches will be available for purchase in Networks Restaurant during the conference.

Space is limited— early registration is encouraged. Registration deadline: August 26th, 2019.

Register On-line: <http://www.easterseals.com/dfv/our-programs/employment-training/continuing-education.html>

Cancellations must be in writing and will incur a \$50 processing fee. No refunds granted after August 26th, 2019. If Easterseals or Speaker should need to cancel, course fees will be refunded or transferred to another course at the discretion of the participant.

Special Accommodations: Please notify us of any special accommodations you may have by contacting us at 630.261.6191.

Contact Info:

Phone: 630-261-6191

Email: ce@EasterSealsDFVR.org

www.eastersealsdfvr.org/continuingeducation

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Continuing Education Credits

Continuing education credits for **O.T./P.T.** will be offered through the Illinois Department of Professional Regulation.

Early Intervention credits have been applied for.

All participants will receive a course completion certificate upon successful completion of the conference. No certificates will be awarded until course completion is verified on the final date of the conference.

Speech Therapy:



Easterseals DuPage and the Fox Valley Region is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 2.85 ASHA CEUs (Intermediate level, Professional)

Occupational

Therapy:



APPROVED PROVIDER of CONTINUING EDUCATION
by The American Occupational Therapy Association, Inc.

This Intermediate Level course is offered with AOTA Classification Codes: Categories 1 Domain of OT & 2 Occupational Therapy Processes.